

CALENDAR CHOICES

9

THURSDAY

8 a.m.: Chamber of Commerce Greeters Breakfast. Chamber members that welcome new business to Cottage Grove and assist in networking among businesses. Fundraise for various charitable and educational purposes. Meet at Village Green Resort Restaurant. Info: Amanda 541-942-7300

9-10 a.m.: Adult Ukulele Class. Free at CG Library with Nolene. Ukuleles provided.

9-10 a.m.: KNND 1400 AM Beeper Show. Call in discussion show - various topics/guests. 541-942-5548

10 a.m.: NAMI. At Jack Sprats on Main St. Info: 541-343-7688

10 a.m.-1 p.m.: Creswell's Over-40 Social Club. At Creswell Community Center, 99 S. 1st St, one block south of City Hall. Meet friends old and new. All adults welcome. Info: <http://www.facebook.com/creswell-over40>

10:15-11:45 a.m.: Charm Bracelet Project. For all local businesses interested in this Chamber of Commerce project. Meets at Community Center.

11 a.m.-2 p.m.: Closet at 6th and Gibbs. Church of Christ 6th and Gibbs, together with Lane Pregnancy Support Center, offer diapers and maternity, infant and other clothing sizes as supplies allow.

Noon: CG Rotary Club. Stacy's Covered Bridge Restaurant, 401 E. Main. Info: 541-942-9489.

Noon: Lions Club. Stacy's Covered Bridge Restaurant, 401 E. Main. Info: 541-767-0320.

4-5:30 p.m.: LGBTQIA Teen Group Meeting. At South Lane Mental Health, 1345 Birch Ave. Info: 541-767-4231

4-6 p.m.: Ping Pong. Free at CG Community Center Reception Hall, 700 E. Gibbs Ave.

5:15-6:15 p.m.: TLC Community Kitchen. Free. Trinity Lutheran Church, 675 S. 7th. Doors Open 5 pm. Info: 541-942-2373.

6:30-7 p.m.: EBID Member Meet-Up. At CG Community Center Reception Hall, 700 E. Gibbs Ave., Appetizers, beverages, and door prizes. Please RSVP asap to ebidcg@gmail.com

7-9 p.m.: Hearing Loss Assoc. of Lane County. Hilyard Center, 2589 Hilyard, Eugene. Meet 2nd Thurs. of ea. mo. Info: Linda Diaz 541-790-1290.

7:30 p.m.: Lorane Rural Fire Protection District Board Meeting. Open to the Public. At the Fire Station, 80287 Old Lorane Rd. Info: 541-942-1233.

10

FRIDAY

9-10 a.m.: KNND 1400 AM Beeper Show. Call in discussion show - various topics/guests. 541-942-5548

10:30 a.m.: Story Time for Tots. Cottage Grove Library. Ages 0-6 recommended (w/parental supervision) to listen to stories and participate in fun filled age appropriate fun.

priate fun.

11:30 a.m.-4 p.m.: Pinochle Playing. All ages men and women at Senior Center in CG Community Center, 700 E. Gibbs. Any level of player. (Wed. and Fri.) Info: 541-942-3694

12:15 p.m.: Rosie the Riveter Meeting. Adult Activity Center, 315 W. 'C' St., Springfield. Any woman who contributed to the war effort during WWII is welcome to come and share your stories. For more info, call 541-942-5877 or 541-942-2894.

1:30-3 p.m.: NAMI Connection. At Healing Matrix, 632 Main St. Support group program for people living with mental health

12

SUNDAY

8 a.m.-noon: Community Breakfast. OLPH Catholic Church, Harvey and 19th St. Eggs, hashbrowns, choice of ham or sausage, and pancakes or biscuits and gravy, coffee and juice. Adults \$6; \$3 12 and under. Info: 541-649-1166

12-4 p.m.: Occupy Medical Free Clinic. At 8th and Oak Streets in Eugene.

2 p.m.: South Lane Amateur Radio Assoc. Masonic Hall,

available ones at library or bring some from home. Bring a friend or two!

5-6:30 p.m.: Community Dinner. First Methodist Church, 334 Washington Ave. Adults \$5. Children free. Info: 541-942-3033

5:30 p.m.: Community Sharing Board Meeting. 20 Thornton Lane. Info: 541-942-2176.

6:30 p.m.: Spanish Story-time. At Cottage Grove Library, 700 E. Gibbs Ave.

6:30-7 p.m.: Parents Connect. Fun-filled hour of story-time and literacy activities, songs and crafts. Presented in English and Spanish. For you and your children aged up to 6 years old to en-

Coburg, Rd., Eugene. Presentation this month on occupational therapy services. Info: 541-345-2988

11 a.m.-2 p.m.: Adventist Community Services. 820 S. 10th St. Free clothes, shoes, bedding and emergency food boxes. Does NOT pay for electricity, gas, pharmacy or other such bills. Good useable donations welcome (clothes, bedding, bathroom, kitchen towels).

1 p.m.: Breast Cancer Support Group. Support group for women who have had a diagnosis of breast cancer. For more information and location, call Shelia at 541-942-2309.

6:30-8:30 p.m.: Friends of Mount David. Meets at CG Museum Admin. Offices, corner of H and Birch. Info: 541-942-4269.

6:30-11 p.m.: Open Mic Night for Musicians - Benefits Habitat for Humanity. FREE at Axe and Fiddle, hosted by Roger Kahane, 942-3878. Donation jars available for donating to Habitat for Humanity. 6:30-Sign up; 7:00-11:00 Music.

7 p.m.: CG Recreation Assoc. Meeting. Regular meeting of the CGR board of directors at 1440 S. 8th St. Info: 541-942-3079.

15

WEDNESDAY

7 a.m.: Kiwanis Club Sunrises. Koffee Kup Restaurant, 1241 Hwy 99N.

9-10 a.m.: KNND 1400 AM Beeper Show. Call in discussion show - various topics/guests. 541-942-5548

10 a.m.-Noon: Genealogical Discussion Group. CG Community Center, 700 E. Gibbs Ave.; Free discussion on genealogical topics. Contact: 541-942-9570.

10 a.m.-1 p.m.: Lane County Veterans Services. American Legion Post, 826 Main St., Info: Shannon V. Johnson 541-682-4191

11:30 a.m.-4 p.m.: Pinochle Playing. All ages men and women at Senior Center in CG Community Center, 700 E. Gibbs. Any level of player. (Wed. and Fri.) Info: 541-942-3694

Noon: Kiwanis Club of CG. El Tapatio, 725 E. Gibbs Ave. Info: Cleo Dahlen 541-767-0795.

Noon: Chamber of Commerce Board Lunch. At Chamber of Commerce

2-3 p.m.: CG Children's Choir. Accepting students ages 6-11. Rehearsals held at First Presbyterian Church. No audition necessary. Call Joanna Newton for registration information 541-942-4550.

2-3:30 p.m.: Parkinson's Disease PD+ Support Group. At Eugene Mindworks, 207 E. 5th Ave., Eugene. Info: 541-345-2988

5:15 p.m.: Creswell Community Dinner. Free at New Hope Baptist Church, 597 S. Front St., Creswell.

5:30 p.m.: Alzheimer's & Dementia Caregivers Support Group. Middlefield Oaks Senior Living Community, 1500 Village Drive. Refreshments served. Info: 541-767-3943.

6 p.m.: Community Dinner. Free. Church of the Nazarene, 152 S. M St. Info: 541-942-4422

6:30-8 p.m.: Young Onset Parkinson's Disease Support Group. At Eugene Mindworks, 207 E. 5th Ave., Eugene. Info: 541-345-2988

6:30-9:30 p.m.: Bingo. Cottage Grove Elks Lodge, 755 N. River Rd. Public Welcome. Info: 541-942-0234

7-8:30 p.m.: NAMI Connection. At Healing Matrix, 632 Main St. Support group program for people living with mental health issues and is operated by peers for peers. Info: 541-343-7688

7:30 p.m.: CG Planning Commission. City Hall, 400 E. Main St. Info: 541-942-5501.

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issues and is operated by peers for peers. Info: 541-343-7688

5-6 p.m.: Stand for Peace/Occupy CG. Rally in the Community Square, 7th and Main Streets.

6:30-8 p.m.: Gospel Sing-Along. Old Time Gospel Fellowship, 103 S. 5th St. Anyone who enjoys singing the old time Gospel songs is welcome. Info: Berneda 541-942-3773

8 p.m.: "Scapino!" A fanciful fun-filled farcical frolic, full of slapstick and fast-paced humor. At Cottage Theatre, 700 Village Drive. Tickets: \$20 Adult, \$15 Youth (6-18). Call 541-942-8001, online at www.cottagetheatre.org or at door.

11

SATURDAY

10 a.m.: Al Kennedy Alternative High School Graduation. OLPH Catholic Church Community Center, 19th and Harvey Rd.

10 a.m.: Portland Rose Festival Grand Floral Parade. Downtown Portland. See rosefestival.org for more information.

2 p.m.: Cottage Grove High School Graduation. At CGHS football stadium.

6:45 p.m.: Racing at CG Speedway. Opening times: Pit Gates - 2 p.m.; Front Gates - 4 p.m.; Qualifying - 5:30 p.m.; Racing - 6:45 p.m. Info: www.cottagegrovespeedway.com/fan-info/default.aspx

8 p.m.: "Scapino!" See Friday listings for detail.

33322 Row River Rd.. Meeting and information. Free to attend. Info: Mona 541-953-0274

2:30 p.m.: "Scapino!" See Friday listings for detail.

5-6 p.m.: "Sunday Supper" Free supper and brown bag meal to take. Cottage Grove Community Center. Volunteers encouraged to help.

13

MONDAY

9-10 a.m.: KNND 1400 AM Beeper Show. Call in discussion show - various topics/guests. 541-942-5548

10 a.m.-4 p.m.: Quilts of Valor. Quilters needed. Meet at VFW Hall, 3160 Hillside Dr. Also need donations of materials. Info: Wanda 541-942-7432 or quiltsforallfoundation.org

11 a.m.-2 p.m.: Closet at 6th and Gibbs. Church of Christ 6th and Gibbs, together with Lane Pregnancy Support Center, offer diapers and maternity, infant and other clothing sizes as supplies allow.

12:45 p.m.: Bingo. Reception Room at Community Center, 700 Gibbs. Public welcome. 5 cents per card per game

1-4 p.m.: Pine Needle Basketry. Instruction for making pine needle baskets for those 12 years and older. Materials cost depends on project. At Crafty Mercantile on Main Street. Info: Pat Easton 541-530-9221

5 p.m.: Teen Games. Cottage Grove Library. Tween and Teens invited to play board games. Play

joy books at the library with support from S. Lane School District Family Resource Center. Library is located at 700 E. Gibbs Ave.

6:30-8 p.m.: Women's Support Group. Call Womenspace for location, 541-767-3879. Womenspace Crisis Line 24/7 is Crisis Line is 1-800-281-2800

7 p.m.: NAMI. Friends and family free support group at Healing Matrix, 632 Main St. Info: 541-214-1473.

7 p.m.: Overeaters Anonymous. First Presbyterian Church, 216 S. 3rd St. (corner 3rd and Adams). Enter on 3rd St. No dues, fees or weigh-ins. Info: 541-942-6403.

7 p.m.: CG City Council. City Hall, 400 Main St. Info: 541-942-5501.

7:30 p.m.: Creswell Grange. Meets at 298 W. Oregon Ave., Creswell. Info: Gary Prichard 541-747-2053

14

TUESDAY

8-9:30 a.m.: Around the Grove Meeting. Connecting the community through networking and making what is good even better. All interested and connected with events in Cottage Grove are welcome. Meet at Healing Matrix, 632 E. Main St.

9-10 a.m.: KNND 1400 AM Beeper Show. Call in discussion show - various topics/guests. 541-942-5548

10:30-noon: Parkinson's Disease Support Group. At Westminster Presbyterian Church, 777

3 p.m.: Veterans Support Services. Reps and caseworkers from the VA available to help veterans connect to resources and benefits. At Healing Matrix, 632 E. Main St. Info: 541-767-3707

4 p.m.: Flag Burning Ceremony. At American Legion, 826 W. Main St. Held by the Boy Scouts, VFW and American Legion members. Drop off your flags to dispose of prior to the event at the VFW or bring to the event.

4-5 p.m.: CG Youth Choir. Students age 12-16 may join. Rehearsals at First Presbyterian Church. Call Joanna Newton 541-942-4550 to audition and register.

5:15-6:15 pm: TLC Community Kitchen. Free. Trinity Lutheran Church, 675 S. 7th. Doors Open 5 pm. Info: 541-942-2373.

5:30-7 p.m.: Willamette Valley Trichotillomania Support Group. Free Peer Support Group. For all who are affected by Trichotillomania, an impulse control disorder. Meets at a private residence. For further info contact: Teresa, 541-767-1730 or email: willamettevalleytrich@yahoo.com

6 p.m.: All America City Square Planning Meeting. Redesign project continued. Meet at CG Armory.

6 p.m.: WOE Heritage Fair Meeting. Meets at WOE Fairgrounds. You are invited to help plan the upcoming WOE Heritage Fair. Bring ideas and your enthusiasm. New volunteers welcome!

6:30 p.m.: CG High School Awards Night. Grades 9-11. In high school cafeteria.

EXERCISE and FUN

KIDS CLUB
South Lane School District grades 1-5.
After school to 6 p.m. Mon-Fri on regular school days.
Supervised play, homework help and snack.
Cost: 1st child \$60/mo.; siblings \$40/mo.
Info: cgkidsclub@gmail.com
541-946-3035

Yoga & Meditation
CG Community Center, 700 E. Gibbs Ave.
All levels with Gloria.
Saturday's 10:00-11:30 a.m.
No class on holidays.
\$5/class
No class on holiday weekends.
Info: 541-912-7789

Beginners & Intermediate Yoga
CG Community Center, 700 E. Gibbs Ave.
Info: Jane L. Guerber
541-942-5876
Mon & Wed.: 6 pm \$5/session

Cottage Grove Therapy Pool Aquatic Exercise Classes
Community Center, 700 E. Gibbs Ave.
Info: Teresa 541-942-1185
8:30-9:30 am Mon.-Fri.;
3:00-4:00 pm Tues. & Thurs.;
11:00 am-12 pm Sat.

Warren H. Daugherty Aquatic Center
1440 S. 8th St., 541-942-5533
Call for public hours, lap swim hours, family swim hours and costs.

Shallow Water Aerobics
Warren H. Daugherty Aquatic Center
Mon, Wed, Fri 7:30-8:30 a.m.
Call 541-942-5585 for more info & cost - first session free.

Addiction Recovery groups

Addiction Recovery Groups

Thursday
6:30 p.m.: AA Meeting- Rush Hour. Open Meeting. At CG Community Center, 700 Gibbs Ave.
6:30 p.m.: Al-Anon Meeting. At CG Community Center, 700 Gibbs Ave. Info: 541-554-7994 or 541-510-4228

7 p.m.: Narcotics Anonymous Book Study. Open Meeting. At Knights of Columbus, 1025 N. 19th St. Contact: 541-225-7061.

Friday
6:30 p.m.: Celebrate Recovery. At Calvary Chapel Cottage Grove, 522 E. Whiteaker Ave. Info: 541-520-8071

7 p.m.: Open AA meeting - Good Medicine Group. At CG Community Center, 700 Gibbs Ave., in Activity Room. Info: Karen 541-513-5126.

8 p.m.: AA meeting-Gratitude Group. Open meeting. At Knights of Columbus, 1025 N. 19th St. Info: 541-942-3942.

Saturday
Noon: AA Meeting-Women's Good Grief Group. Closed meeting. Open to women alcoholics only. At Riverside Community Church of God, 1255 River Rd. Info: 541-942-2809 or 541-914-3003.

8 p.m.: AA Meeting-Open Candlelight Group. CG Comm. Center, 700 Gibbs Ave. On the last Sat. of the month - Open AA Speakers Meeting.

8 p.m.: Al-Anon Meeting-Step Study Group. CG Comm. Center, 700 Gibbs Ave.

Sunday

Noon: AA Meeting. At Knights of Columbus, 1025 N. 19th St.

6 p.m.: AA Meeting - New Beginnings. CG Comm. Center, 700 Gibbs Ave.

Monday
6 p.m.: AA Open Meeting for women only. "We're working on it!" Church of Christ, 6th & Gibbs. Info: Billie 541-228-4751 or Elaine 541-510-4228.

7 p.m.: Nar-A-Non Family Meeting. CG Comm. Center, 700 Gibbs Ave. For family and friends of addicts.

7 p.m.: AA Meeting- No Name Group. At Knights of Columbus, 1025 N. 19th St. Info: 541-942-3942.

Tuesday
Noon: AA Meeting- Noon Group. Big Book Study meeting. At Knights of Columbus, 1025 N. 19th. Info: 541-942-3942.

6:30 p.m.: Up the River Group. At Dorena Mercantile. Info: 541-946-1631

7 p.m.: Narcotics Anonymous. "A Way Back to Reality", open participation. At CG Community Center, back room, 700 Gibbs Ave.

Wednesday
7 a.m.: AA Open Meeting. At CG Community Center, 700 Gibbs Ave.

7 p.m.: AA Meeting- Wednesday Night Beginners. Open meeting. At Knights of Columbus, 1025 N. 19th St. Info: 541-942-

WEIGHT LOSS

Tuesday
5 p.m.: Weight Watchers. At Living Faith Assembly, 467 S. 10th St. 541-942-2612.

Thursday
10 a.m.: TOPS OR85. Take Off Pounds Sensibly, a weight-loss support group. At the United Methodist Church, 334 Washington Ave., Fireside Room. Info: Ellen 541-942-0866 .

5:30 p.m.: TOPS OR969. Take Off Pounds Sensibly, a weight-loss support group. Weigh-In: 5:30 pm, Meeting: 6 pm. Meets at Jefferson Park Community Room, 325 5th Street. Info: Elaine 541-942-8547.

5:30 p.m.: TOPS OR1020 (Creswell). Take Off Pounds Sensibly, a weight-loss support group. Weigh-In: 5:30 pm, Meeting: 6 pm. Meets at Creswell Grange Hall, 298 W. Oregon Ave. Info: 541-895-3156.