

# CALENDAR CHOICES

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**THURSDAY**

**8 a.m.: Chamber of Commerce Greeters Breakfast.** Chamber members that welcome new business to Cottage Grove and assist in networking among businesses. Fundraise for various charitable and educational purposes. Meet at Village Green Resort Restaurant. Info: Amanda 541-942-7300

**9-10 a.m.: Adult Ukulele Class.** Free at CG Library with Nolene. Ukuleles provided.

**9-10 a.m.: KNND 1400 AM Beeper Show.** Call in discussion show - various topics/guests. 541-942-5548

**10 a.m.: NAMI.** At Jack Sprats on Main St. Info: 541-343-7688

**10-11:30 a.m.: Parkinson's Disease Support Group.** At Trinity Lutheran Church, 675 S. 7th St., Cottage Grove. For partners and caregivers of people with Parkinson's for open sharing information and mutual support. Info: 541-345-2988

**10 a.m.-1 p.m.: Creswell's Over-40 Social Club.** At Creswell Community Center, 99 S. 1st St, one block south of City Hall. Meet friends old and new. Socialize, learn Tai Chi, learn drawing or painting, play games, work puzzles, do chair yoga, hear speakers, bring handwork, share refreshments. All adults welcome. Info: <http://www.facebook.com/creswellover40>

**11 a.m.-2 p.m.: Closet at 6th and Gibbs.** Church of Christ 6th and Gibbs, together with Lane Pregnancy Support Center, offer diapers and maternity, infant and other clothing sizes as supplies allow.

**Noon: CG Rotary Club.** Stacy's Covered Bridge Restaurant, 401 E. Main. Info: 541-942-9489.

**Noon: Lions Club.** Stacy's Covered Bridge Restaurant, 401 E. Main. Info: 541-942-0320.

**4-5:30 p.m.: LGBTQIA Teen Group Meeting.** At South Lane Mental Health, 1345 Birch Ave. Info: 541-767-4231

**4-6 p.m.: Ping Pong.** Free at CG Community Center Reception Hall, 700 E. Gibbs Ave.

**5:15-6:15 p.m.: TLC Community Kitchen.** Free. Trinity Lutheran Church, 675 S. 7th. Doors Open 5 pm. Info: 541-942-2373.

**6-8 p.m.: "Get Happy".** Popcorn and movie, "Get Happy", an Academy Award nominated documentary that explores human happiness throughout the world. Free at South Lane Mental Health, 1345 Birch Ave. Info: 541-942-3939

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**FRIDAY**

**9-10 a.m.: KNND 1400 AM Beeper Show.** Call in discussion show - various topics/guests. 541-942-5548

**10:30 a.m.: Story Time for Tots.** Cottage Grove Library. Ages 0-6 recommended (w/parental supervision) to listen to stories and participate in fun filled age appropriate fun.

**11:30 a.m.-4 p.m.: Pinochle Playing.** All ages men and women at Senior Center in CG Community Center, 700 E. Gibbs. Any level of player. (Wed. and Fri.) Info: 541-942-3694

**1:30-3 p.m.: NAMI Connection.** At Healing Matrix, 632 Main St. Support group program for people living with mental health issues and is operated by peers for peers. Info: 541-343-7688

**5 p.m.: VFW Community Dinner.** Public and families always welcome. VFW Post #3473, 3160 Hillside Dr. Includes pork roast, baked potato with vegetables, soup, salad and dessert. Adults \$9, Kids 6-17 \$4, 5 and

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**SUNDAY**

**12-4 p.m.: Occupy Medical Free Clinic.** At 8th and Oak Streets in Eugene.

**12-5 p.m.: Memorial Day Weekend** at Chateau Lorane/Lake Louise. See Saturday events for more detail.

**5-6 p.m.: "Sunday Supper".** Free supper and brown bag meal to take. Cottage Grove Community Center. Volunteers encouraged to help.

**port Group.** Call Womenspace for location, 541-767-3879. Womenspace Crisis Line 24/7 is Crisis Line is 1-800-281-2800

**7 p.m.: NAMI.** Friends and family free support group at Healing Matrix, 632 Main St. Info: 541-214-1473.

**7 p.m.: Overeaters Anonymous.** First Presbyterian Church, 216 S. 3rd St. (corner 3rd and Adams). Enter on 3rd St. No dues, fees or weigh-ins. Info: Saunders 541-942-5883.

(clothes, bedding, bathroom, kitchen towels).

**3 p.m.: Veterans Support Services.** Reps and caseworkers from the VA available to help veterans connect to resources and benefits. At Healing Matrix, 632 E. Main St. Info: 541-767-3707

**4-5 p.m.: CG Youth Choir.** Students age 12-16 may join. Rehearsals at First Presbyterian Church. Call Joanna Newton 541-942-4550 to audition and register.

**5:15-6:15 pm: TLC Community Kitchen.** Free. Trinity Lutheran Church, 675 S. 7th. Doors Open 5 pm. Info: 541-942-2373. **7 p.m.: CG Recreation Assoc.**

**9-10 a.m.: KNND 1400 AM Beeper Show.** Call in discussion show - various topics/guests. 541-942-5548

**10 a.m.: Veterans Assistance.** A Veterans Service Officer is available at the VFW Post #3473, 3160 Hillside Dr. for any questions or needs a veteran might have.

**11:30 a.m.-4 p.m.: Pinochle Playing.** All ages men and women at Senior Center in CG Community Center, 700 E. Gibbs. Any level of player. (Wed. and Fri.) Info: 541-942-3694

**Noon: Kiwanis Club of CG.** El Tapatio, 725 E. Gibbs Ave. Info: Cleo Dahlen 541-767-0795.

**2-3 p.m.: CG Children's Choir.** Accepting students ages 6-11. Rehearsals held at First Presbyterian Church. No audition necessary. Call Joanna Newton for registration information 541-942-4550.

**2:30 p.m.: Lego Club.** Cottage Grove Library. For ages 5-12. A different theme each month.

**5:15 p.m.: Creswell Community Dinner.** Free at New Hope Baptist Church, 597 S. Front St., Creswell.

**6 p.m.: CG Art Guild.** For more information on location, please call Sujo at 541-942-8913.

**6 p.m.: London Springs Community 4-H Club Meeting.** At London Grange. Info: noahs-arc@earthlink.net or 541-946-5868.

**6 p.m.: Community Dinner.** Free. Church of the Nazarene, 152 S. M St. Info: 541-942-4422

**6:30-9:30 p.m.: Bingo.** Cottage Grove Elks Lodge, 755 N. River Rd. Public Welcome. Info: 541-942-0234

**7 p.m.: Preceptor Beta Lambda.** Beta Sigma Phi group - Yardstick and root beer floats meeting at Judy's. Info: 541-942-9681.

**7-8:30 p.m.: NAMI Connection.** At Healing Matrix, 632 Main St. Support group program for people living with mental health issues and is operated by peers for peers. Info: 541-343-7688

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under free. Handicap accessible. Drug, Smoke and Alcohol Free. Info: John Landon 541-946-3888

**5-6 p.m.: Stand for Peace/Occupy CG.** Rally in the Community Square, 7th and Main Streets.

**5:30-7:30 p.m.: Fourth Friday Fish Fry.** Cottage Grove Elks Lodge, 755 N. River Rd. Menu includes: Fish and Chips w/Cole Slaw. 1 piece basket \$5, 2 piece basket \$7, 3 piece basket \$9. Karaoke 8pm till ??? Info: 541-942-3554

**6-8 p.m.: Art Walk - "Trash Art".** In Historic Downtown CG. Look for merchants with flags. View artwork, visit with local artists. Participating merchants provide appetizers, wine tasting and in-store specials. Info: Randy Deering 541-942-0057 or email [randydeering61@gmail.com](mailto:randydeering61@gmail.com)

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**SATURDAY**

**12-5 p.m.: Memorial Day Weekend** at Chateau Lorane/Lake Louise. Dance to DJ Prostar and taste over 15 different wines. \$8 pp. Picnic supplies and pulled pork sandwiches available for purchase or bring your own picnic. Info: 541-942-8028

**6:45 p.m.: Racing at CG Speedway.** Opening times: Pit Gates - 2 p.m.; Front Gates - 4 p.m.; Qualifying - 5:30 p.m.; Racing - 6:45 p.m. Info: [www.cottagegrovespeedway.com/fan-info/default.aspx](http://www.cottagegrovespeedway.com/fan-info/default.aspx)

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**MONDAY**

**MEMORIAL DAY 12-5 p.m.: Memorial Day Weekend** at Chateau Lorane/Lake Louise. See Saturday events for more detail.

**6:30-8 p.m.: Women's Sup-**

**9-10 a.m.: KNND 1400 AM Beeper Show.** Call in discussion show - various topics/guests. 541-942-5548

**11 a.m.-2 p.m.: Adventist Community Services.** 820 S. 10th St. Free clothes, shoes, bedding and emergency food boxes. Does NOT pay for electricity, gas, pharmacy or other such bills. Good useable donations welcome

Meeting. Regular meeting of the CGR board of directors at 1440 S. 8th St. Info: 541-942-3079.

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**WEDNESDAY**

**7 a.m.: Kiwanis Club Sunrises.** Koffee Kup Restaurant, 1241 Hwy 99N.

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### EXERCISE and FUN

**KIDS CLUB**  
 South Lane School District grades 1-5.  
 After school to 6 p.m. Mon-Fri on regular school days.  
 Supervised play, homework help and snack.  
 Cost: 1st child \$60/mo.; siblings \$40/mo.  
 Info: [cgkidsclub@gmail.com](mailto:cgkidsclub@gmail.com)  
 541-946-3035

**Yoga & Meditation**  
 CG Community Center, 700 E. Gibbs Ave.  
 All levels with Gloria.  
 Saturday's 10:00-11:30 a.m.  
 No class on holidays.  
 \$5/class  
 No class on holiday weekends.  
 Info: 541-912-7789

**Beginners & Intermediate Yoga**  
 CG Community Center, 700 E. Gibbs Ave.  
 Info: Jane L. Guerber  
 541-942-5876  
 Mon & Wed.: 6 pm \$5/session

**Cottage Grove Therapy Pool Aquatic Exercise Classes**  
 Community Center, 700 E. Gibbs Ave.  
 Info: Teresa 541-942-1185  
 8:30-9:30 am Mon.-Fri.;  
 3:00-4:00 pm Tues. & Thurs.;  
 11:00 am-12 pm Sat.

**Warren H. Daugherty Aquatic Center**  
 1440 S. 8th St., 541-942-5533  
 Call for public hours, lap swim hours, family swim hours and costs.

**Shallow Water Aerobics**  
 Warren H. Daugherty Aquatic Center  
 Mon, Wed, Fri 7:30-8:30 a.m.  
 Call 541-942-5585 for more info & cost - first session free.

### Addiction Recovery groups

Addiction Recovery Groups

**Thursday**  
 6:30 p.m.: AA Meeting- Rush Hour. Open Meeting. At CG Community Center, 700 Gibbs Ave.  
 6:30 p.m.: Al-Anon Meeting. At CG Community Center, 700 Gibbs Ave. Info: 541-554-7994 or 541-510-4228  
 7 p.m.: Narcotics Anonymous Book Study. Open Meeting. At Knights of Columbus, 1025 N. 19th St. Contact: 541-225-7061.

**Friday**  
 6:30 p.m.: Celebrate Recovery. At Calvary Chapel Cottage Grove, 522 E. Whiteaker Ave. Info: 541-520-8071  
 7 p.m.: Open AA meeting - Good Medicine Group. At CG Community Center, 700 Gibbs Ave., in Activity Room. Info: Karen 541-513-5126.  
 8 p.m.: AA meeting-Gratitude Group. Open meeting. At Knights of Columbus, 1025 N. 19th St. Info: 541-942-3942.

**Saturday**  
 Noon: AA Meeting-Women's Good Grief Group. Closed meeting. Open to women alcoholics only. At Riverside Community Church of God, 1255 River Rd. Info: 541-942-2809 or 541-914-3003.  
 8 p.m.: AA Meeting-Open Candlelight Group. CG Comm. Center, 700 Gibbs Ave. On the last Sat. of the month - Open AA Speakers Meeting.  
 8 p.m.: Al-Anon Meeting-Step Study Group. CG Comm. Center, 700 Gibbs Ave.

**Sunday**

Noon: AA Meeting. At Knights of Columbus, 1025 N. 19th St.  
 6 p.m.: AA Meeting - New Beginnings. CG Comm. Center, 700 Gibbs Ave.

**Monday**  
 6 p.m.: AA Open Meeting for women only. "We're working on it!" Church of Christ, 6th & Gibbs. Info: Billie 541-228-4751 or Elaine 541-510-4228.  
 7 p.m.: Nar-A-Non Family Meeting. CG Comm. Center, 700 Gibbs Ave. For family and friends of addicts.  
 7 p.m.: AA Meeting- No Name Group. At Knights of Columbus, 1025 N. 19th St. Info: 541-942-3942.

**Tuesday**  
 Noon: AA Meeting- Noon Group. Big Book Study meeting. At Knights of Columbus, 1025 N. 19th. Info: 541-942-3942.  
 6:30 p.m.: Up the River Group. At Dorena Mercantile. Info: 541-946-1631  
 7 p.m.: Narcotics Anonymous. "A Way Back to Reality", open participation. At CG Community Center, back room, 700 Gibbs Ave.

**Wednesday**  
 7 a.m.: AA Open Meeting. At CG Community Center, 700 Gibbs Ave.  
 7 p.m.: AA Meeting- Wednesday Night Beginners. Open meeting. At Knights of Columbus, 1025 N. 19th St. Info: 541-942-

### WEIGHT LOSS

**Tuesday**  
 5 p.m.: Weight Watchers. At Living Faith Assembly, 467 S. 10th St. 541-942-2612.

**Thursday**  
 10 a.m.: TOPS OR85. Take Off Pounds Sensibly, a weight-loss support group. At the United Methodist Church, 334 Washington Ave., Fireside Room. Info: Ellen 541-942-0866 .

5:30 p.m.: TOPS OR969. Take Off Pounds Sensibly, a weight-loss support group. Weigh-In: 5:30 pm, Meeting: 6 pm. Meets at Jefferson Park Community Room, 325 5th Street. Info: Elaine 541-942-8547.

5:30 p.m.: TOPS OR1020 (Creswell). Take Off Pounds Sensibly, a weight-loss support group. Weigh-In: 5:30 pm, Meeting: 6 pm. Meets at Creswell Grange Hall, 298 W. Oregon Ave. Info: 541-895-3156.