Softball picks up its first victory

It has not been the best season for Cottage Grove softball to say the least, but last Tuesday the Lions were able to steal their first win at Sisters. Cottage Grove defeated the Outlaws 12-10. The win put a halt to a 12-game losing streak that started the first game of the season against North Bend. Head Coach Cheryl Frieze says the team's struggles come from an overall young and inexperienced squad.

So far, the Lions have been outscored by their opponents 259-48 and are having a difficult time finding a consistent pitcher. But with so many devastating blowouts, including a 24-12 loss to Sisters the week before, a 12-10 victory is an immensely positive turn around. The biggest loss of the season was a 27-0 rout by Pleasant Hill. To come from losses such as that to a 12-10 victory is no stroke of luck. Any win this season will testify to the tenacity of this struggling softball team and will display the drastic improvements the team has made.



Bowling Champs: Meri Rollers and Cottage Mixers



BLUE SUNSHINE-Meri Rollers round one winners.



COTTAGE BOWL-Meri Rollers round two winners.



KELLY TRAILER REPAIR-Cottage Mixers round three winners.



MOM'S GIRLS-Meri Rollers round three winners.



Caring for your Health

WE OFFER:

McKenzie Method

- Spine CareOrthopedic/Sports RehabJob InjuriesMVAWork Conditioning Foot Care • Chronic Pain Syndrome
 Stabilization Therapy • Manual Therapy
- Fitness Club during clinic hours
- Convenient location within the Safeway



1498 E. Main St., Suite 109, Cottage Grove • 541-767-2750 • www.





Elks Lodge - 755 N. River Rd Cottage Grove, OR 97424 Phone: (541) 942-3554 21+ event

Pre Sale tickets are available at the Book Mine and Grocery Outlet in Cottage Grove

\$40 per Couple \$125 per Table Sponsorship \$25 per Person

EVENT HIGHLIGHTS INCLUDE:

Dinner and a fun interactive "Game Show" featuring participants winning prizes while raising money for SLYF. Guests will also have the opportunity to bid on exciting auction items, gift certificates, trips, U of O Duck football tickets and much more.

Help us fulfill the hopes and dreams of our youth and for sponsor and donation information.



GROCERYOUTLET

Schedule vour appointment Today! Not Valid on any service Exceeding \$100 • Expires 04-30-16 Not valid with any other offer.

Our People Really Make The Difference!



11-942-4415 • 27<u>75 Row River Road • bra</u>ds<u>ch</u>ev<u>y.c</u>om _

With your subscription you receive access to the mobile friendly Cottage Grove Sentinel e-Edition.

- Get Local & Breaking News, Sports and Classifieds
- View our News Archives
- Read Special Publications



View it on your computer, tablet and smartphone, with unlimited access, no need to download an app.

Not taking advantage? Call or email us today!

Cottage Grove Sentinel www.cgsentinel.com

541-942-3325

You **trusted** local news, sports and special publications since 1889. get involved today. Contact Haylie Hume at 775-293-0901

SLYF Mission is to provide youth with organized competition in a safe environment, instill the values of education, provide safe gear and equipment and proper education for concussion awareness, acquaint the players with the fundamentals of the game rules, blocking and tackling and teach sportsmanship, discipline and love of the game.