

MOVING UP HIGHER

with *Joyce Meyer*



Face your fears and defeat them

Do you ever feel fear? We all do at one time or another. And that feeling is never going to go away permanently. The Bible says to "fear not," but this doesn't mean you should never feel scared. It means when you do feel fear, keep going forward and do what you are supposed to do. Or as I like to say, do it afraid.

Learning to confront fear

It was a great revelation to me when I realized that I couldn't control the feeling of fear but I could keep it from controlling me. In those difficult moments in life when there are no answers, or when unexpected change occurs—whatever the situation, I've learned to not live by my feelings and instead face the fear head-on. Even when I'm "shaking in my boots."

There are times when you have to stand your ground and speak God's Word to get the courage you need. For example, Romans 8:31 (NKJV) says, "If God is for us, who can be against us?" And Psalm 27:1 reminds me that if God is on my side, whom shall I fear?

It's not easy, but it's worth it. Sometimes you must suffer through something to defeat your fear of it. For example, in the early part of my ministry I had to suffer the loss of my reputation. Back then, many people thought women shouldn't teach and preach, but it's what God called me to do. And when I stepped out in obedience to God to do it, it wasn't easy.

I was asked to leave my church. I lost friends. And some people just didn't understand.

So I had to confront those early fears of what others thought of me and a fear of being different. Thank God, He helped me press through—because if I had chosen to run from those situations, I wouldn't be here today.

The Israelites are also a good example of people who had to face their fears. In the Old Testament, God brought them out of a terrible life of slavery to take them to the Promised Land, but they were then confronted with a different situation that was terrifying. They ended up facing the Red Sea in front of them and Pharaoh's army behind them. When the Israelites saw their dilemma, they actually thought it would be better to go back to their life of slavery instead of confronting the unknown ahead

of them. They preferred going back to their former life even though it was miserable. All because of fear.

Just picture their situation: the Red Sea in front of them and the Egyptian army behind them. What are they going to do?

Moses told the Israelites in Exodus 14:13 (AMPC), "Fear not; stand still (firm, confident, undismayed) and see the salvation of the Lord which He will work for you today. For the Egyptians you have seen today you shall never see again."

Become bold and courageous

The word fear means "to run or to take flight." So when we give in to fear we always run away from something that we should be confronting. God wanted the Israelites to go forward into the unknown. He wanted them to be so fed up with bondage, they would be willing to trust Him and do what He told them to do – no matter what the situation looked like – instead of going back to slavery. God wanted them to be bold and courageous. And He wants you to be bold and courageous too.

Notice how the Lord said "stand still." That's interesting, because when the emotion of fear has hold of us and our minds are thinking one crazy thing after another, we really just want to run away; but the first thing we need to do is get still. Get out of the emotion, out of our own head, and check with our heart and ask, "What is God saying in this situation?"

Maybe you are in this position right now and you feel like you are between a rock and a hard place. It's like you are between the Egyptian army and the Red Sea and all of your emotions are going haywire. You may feel tempted to call your friends and ask them what you should do. Don't do that. Start by going to God first and waiting on Him.

I encourage you today to stand still, get wisdom and direction from God and His Word, and then do what you believe God is telling you to do. Ask Him for courage. Then you will see the Lord make a way for you to push past your fear and reach the promised land He has ready for you.

Joyce Meyer is a New York Times bestselling author and founder of Joyce Meyer Ministries, Inc.

Norman (Lee) Martindale 1917-2016



Norman Lee Martindale (Lee) was born on June 28th, 1917 in Longmont, Colorado and passed away on March 23, 2016 in Cottage Grove, Oregon of natural causes. He was 98 years old. A premature baby, Lee talked about how his family carried him around on a pillow. He weighed only 29 pounds at the age of 6.

Lee didn't start school until he was 8 years old and after graduating 8th grade, he went to work for his father on the farm until he was 21. He was hired as a carpenter for Green Mountain Dam Project in Colorado and regularly attended church, where he met his future wife, Frances. He followed her family to Wyoming and worked for Union Pacific Coal Company. The two were married in the Rock Springs Assembly of God Church in June of 1942. They moved to Coos Bay, where Lee worked as a farm hand for the Messerle family. In 1965 he was hired by the City of Coos Bay in the Parks Department retiring in 1983. After Frances' passing, Lee came to live near family in Cottage Grove.

Lee loved all things western, especially horses. He loved birds, woodworking and gardening. More than anything, Lee loved Jesus, his children and grandchildren. Survivors include his daughters Joyce Martindale and Wanda Martindale of Phoenix, Arizona, son Robert Martindale and his wife Teresa of Cottage Grove, Oregon. Grandson Bartley Martindale and his wife Shin Ha of Centreville, Virginia, their children Min Woo, Hanul, Anthony and Karla. Granddaughter Lisa Newton and her husband Keith live in Los Angeles, California with their daughter Keili. Grandson Chad Martindale and his wife Lisa live in Beaverton, Oregon, with their children Kyla, Hannah, Sarah, and Brandon. Lee's sister-in-law LaVeena Martindale lives in Kent, Washington. There are numerous nieces and nephews.

Preceding him in death were his wife Frances, parents Charles and Carlie Martindale, brother, Harold Martindale and his sister Dorothy Brown.

A private family graveside service will be held at Sunset Cemetery in Coos Bay, Oregon on Friday, April 1st and a Celebration of Life will be held at Living Faith Assembly of God at 467 S. 10th St. in Cottage Grove, Oregon at 12 p.m., reception to follow.

BIRTHS

March 24, 2016

To Jessica and Clark Robinson of Cottage Grove, a daughter.

March 25, 2016

To Mary and Darrion Wells of Cottage Grove, a daughter.

IN MEMORIAM

Virginia L. Pershall 1918-2016

Virginia L. Pershall, 97, passed away Jan. 11, 2016 at her home.

Virginia was born to Ira and Mary (McCarty) Castle in Golden, Colo. on April 2, 1918. She married Irvin S. Pershall on Jan. 4, 1935 in Seattle, Wash. She was a homemaker for most of her life and enjoyed gardening, flower arranging, sewing and oil painting. She was a member of the Cottage Grove Seventh-Day



Adventist Church.

Virginia is survived by four daughters, two sons, 12 grandchildren and 14 great-grandchildren.

Virginia is preceded in death by her husband Irvin, infant daughter Darlene, six brothers and two sisters.

A memorial service will be held at 4 p.m. on Saturday, April 2, 2016 at Cottage Grove Seventh-Day Adventist Church at 820 S. 10th Street, Cottage Grove, Oregon 97424.

Memorial contributions may be made to 3 ABN through Mountain View-Colonial Dewitt, 1551 The Dalles Military Road, Walla Walla, WA, 99362. Friends and family may share memories and sign the online guest book at www.mountainview-colonialdewitt.com.

Raade recognized

Jarett Raade, a CGHS 2015 graduate, was recognized last week at Edward Waters College in Jacksonville Florida during the Academic Honors Convocation for making the Dean's list and the All-Academic Gulf Coast Conference list for Cross-Country. Jarett is attending EWC on a four-year Presidential Scholarship and is a member of the cross-country and track teams.



Rotary inducts new members

Cottage Grove's Rotary Club recently initiated four new Rotarians. These civic leaders will assume roles in the various committees in the Cottage Grove Club.

Rotary is made up of five Ave-

nues of Service: Club Service, Vocational Service, Community Service, World Service, and Youth Service.

In Cottage Grove, Rotarians can be seen working on high school scholarships, youth interact programs, youth RYLA training programs, the playground equipment in Coiner Park, Family Relief Nursery and the South Lane Children's Dental Clinic.

Marie Ines Geer 1922-2016

Marie Ines Geer of Cottage Grove, Oregon died March 24, 2016, with complications of old age at 94. Her funeral will be held at Smith-Lund-Mills Funeral Chapel, 123 S. 7th Street., Cottage Grove on April 2, 2016 at 1:00pm.

Marie was born February 24, 1922 south of the present location of the Cottage Grove Lake to Archie and Clara (Lucky) Gilham. She started to Hebron School at age 5 1/2 because she was so eager to learn, could say the alphabet, count to 1,000 & spell many words. She left Hebron as Valedictorian, was on the honor roll all during high school in the last class to graduate from the old Jefferson High School in Cottage Grove in 1939, this time as Salutatorian & in the National Honor Society. She could have gone on to college, but instead married that summer to her sweetheart Roy A. Geer at the courthouse in Eugene. He passed away in March 2011.

Marie had lived two miles from where she was born for the last 71 1/2 years until moving into Middlefield Oaks in Cottage Grove in 2011. She knew the sons & daughters of the pioneers who settled the land under the waters of the Cottage Grove Lake and wrote the history in her book, "They Called It Hebron."

Roy & Marie had one daughter, Barbara, who married Paul Funk. He was like a son to them.

Marie's life was all about family. She loved taking photos, decorating birthday cakes for everyone, and writing poetry. They both played music: she played a violin since just a girl, and Roy a dobra guitar. Other loves were the wild animals & birds on their place, as well as dogs & cats, flowers at home or gardens they visited, collecting cream pitchers, buttons, and reading. She did crosswords puzzles, played Bingo, watched Wheel of Fortune & Jeopardy, and the Olympics when they were on. She loved decorating for the holidays, especially Christmas and St. Patrick's Day.

Visits to the Oregon Coast were treasured both before and after they owned a little cabin north of Yachats. They were both extremely patriotic and members of Hebron Grange and the Cottage Grove Methodist Church.

Marie is survived by her daughter Barbara & son-in-law Paul Funk; four grandchildren Vickie (Earl) Long, Bonnie (Mike) Allen, Sandra Funk, Greg (Carrie) Funk; great-grandchildren: Joe (Tiffany) Padilla, Linda Long, Sarah (Chris) Carpenter, Jennifer (James) Gardner, Steve Allen, Joshua (Emily) Funk, Robert Funk, Sam Funk, Calvin Funk; great, great-grandchildren: Rio Cournoyer, Xander Charette, Ava & Lillie Gardner. A sister Laurabel (Glen) Gilham Means pre-deceased her. Family and friends will remember her each time they hear a bird's song or see a flower.

Burial will be at Taylor-Lane Cemetery off London Road., south of Cottage Grove, Oregon with Smith-Lund-Mills Funeral Chapel in charge of Arrangements.



Peggy Blye Lintula 1949-2016

Peggy Blye Lintula, born November 22, 1949, in Huron, South Dakota, to Elizabeth Blye Eckman McGee and Jack Clint McGee, Jr., passed away peacefully at home in Eugene on March 13. The cause was ovarian cancer.

At the age of twelve Peggy moved with her family from South Dakota

to Lewiston, Idaho, where she attended Lewiston High School and graduated from Lewis-Clark State College with a degree in education. She earned her Master's Degree in Education from Washington State University and an Administrative Endorsement from the University of Oregon.

Peggy was a K-12 educator for 45 years, first as a classroom teacher, and for the last 25 years as director of A Primary Connection, South Lane School District's Family Resource Center in Cottage Grove, Oregon. She was the longest serving coordinator in Lane County's nine school-based community/family resource centers. Peggy worked primarily in family education, teaching parenting education classes, English Language Learners, parenting teens, and directing numerous early childhood readiness to learn programs. She worked tirelessly in the area of child abuse prevention education, first in Washington State, and then in Oregon. Peggy received numerous accolades for her dedication to early childhood education, including teacher of the year in both Clarkston School District (Washington) and South Lane School District in Cottage Grove.

Peggy enjoyed travel, baking, and music of all kinds, and especially loved to dance and play her euphonium in the Eugene New Horizons Band. Her smile and generous spirit won many hearts, including those of countless children, and parents indebted to her for her parenting guidance. She was a bright light and a force for positive change and justice. Peggy embodied and shared these quotations with friends:

"Be nice whenever possible. It's always possible." -- HHDL

"Be the change you wish to see in the world." -- Gandhi

Peggy is survived by her partner of 24 years, Ann Tedards, a sister, Debra McGee (Patty Hine), a brother, Jack McGee (Marcy), and three nieces, Amanda Cryderman (Brian), Akasha McGee (Jonathan) and Kalikah McGee. She was preceded in death by her parents and a brother, Brent McGee. The family wishes to thank WVCI, Clinic of Natural Medicine, Turning Point Center and Cascade Hospice for their extraordinary care.

A celebration of life will be held on Friday, April 22, at 4:30 PM at The Shedd in Eugene (868 High Street). In lieu of flowers, please consider a donation to South Lane School District, designating your gift to "Peggy's A Primary Connection" (online, or mail to 455 Adams Ave., Cottage Grove, OR 97424)

Arrangements entrusted to Musgrove Family Mortuary. Please access the obituary and you are invited to sign the guestbook at musgroves.com

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