

CALENDAR CHOICES

10

THURSDAY

8 a.m.: Chamber of Commerce Greeters Breakfast. Chamber members that welcome new business to Cottage Grove and assist in networking among businesses. Fundraise for various charitable and educational purposes. Meet at Village Green Resort Restaurant. Info: Amanda 541-942-7300

9-10 a.m.: Adult Ukulele Class. Free at CG Library with Nolene. Ukuleles provided.

9-10 a.m.: KNND 1400 AM Beeper Show. Call in discussion show - various topics/guests. 541-942-5548

10 a.m.: NAMI. At Jack Sprats on Main St. Info: 541-343-7688

10 a.m.-1 p.m.: Creswell's Over-40 Social Club. At Creswell Community Center, 99 S. 1st St., one block south of City Hall. Meet friends old and new. All adults welcome. Info: <http://www.facebook.com/creswell-over40>

11 a.m.-2 p.m.: Closet at 6th and Gibbs. Church of Christ 6th and Gibbs, together with Lane Pregnancy Support Center, offer diapers and maternity, infant and other clothing sizes as supplies allow.

Noon: CG Rotary Club. Stacy's Covered Bridge Restaurant, 401 E. Main. Info: 541-942-9489.

Noon: Lions Club. Stacy's Covered Bridge Restaurant, 401 E. Main. Info: 541-767-0320.

4-6 p.m.: Ping Pong. Free at CG Community Center Reception Hall, 700 E. Gibbs Ave.

5:15-6:15 p.m.: TLC Community Kitchen. Free. Trinity Lutheran Church, 675 S. 7th. Doors Open 5 pm. Info: 541-942-2373.

6 p.m.: South Lane County Fire and Rescue Board Meeting. Open to the public. At Station 2-1, 233 E. Harrison Ave. Info: 541-942-4493 or 942-3395.

6-8 p.m.: Science and Human Origins - What Does the Evidence Really Say? Speakers: Ann Gauger and Richard Sternberg, Discovery Institute. Event hosted by various local churches. At CG Library, 700 E. Gibbs Ave.

7-9 p.m.: Hearing Loss Assoc. of Lane County. Hilyard Center, 2589 Hilyard, Eugene. The Mission of the Hearing Loss Association is to open the world of communication to people with hearing loss by providing information, education, support and advocacy. Meet 2nd Thurs. of ea. mo. Info: Linda Diaz 541-790-1290.

7:30 p.m.: Lorane Rural Fire Protection District Board Meeting. Open to the Public. At the Fire Station, 80287 Old Lorane Rd. Info: 541-942-1233.

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FRIDAY

9-10 a.m.: KNND 1400 AM Beeper Show. Call in discussion show - various topics/guests. 541-942-5548

10:30 a.m.: Story Time for Tots. Cottage Grove Library. Ages 0-6 recommended (w/parental su-

pervision) to listen to stories and participate in fun filled age appropriate fun.

12:15 p.m.: Rosie the Riveter Meeting. Adult Activity Center, 315 W. 'C' St., Springfield. Any woman who contributed to the war effort during WWII is welcome to come and share your stories. For more info, call 541-942-5877 or 541-942-2894.

1 p.m.: Dorena Grange #835 Meeting. Dorena Grange, 34360 Row River Road. Public invited. Info: Joe Snook 541-942-4733

1-4 p.m.: Pinochle Playing. All ages men and women at Senior Center in CG Community Center, 700 E. Gibbs. Any level

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SUNDAY

8 a.m.-noon: Community Breakfast. OLPH Catholic Church, Harvey and 19th St. Eggs, hashbrowns, choice of ham or sausage, and pancakes or biscuits and gravy, coffee and juice. Adults \$6; \$3 12 and under. Info: 541-649-1166

2 p.m.: South Lane Amateur Radio Assoc. Masonic Hall, 33322 Row River Rd.. Meeting and information. Free to attend. Info: Mona 541-953-0274

6:30 p.m.: Spanish Storytime. At Cottage Grove Library, 700 E. Gibbs Ave.

6:30-7 p.m.: Parents Connect. Fun-filled hour of story-time and literacy activities, songs and crafts. Presented in English and Spanish. For you and your children aged up to 6 years old to enjoy books at the library with support from S. Lane School District Family Resource Center. Library is located at 700 E. Gibbs Ave.

6:30-8 p.m.: Women's Support Group. Call Womenspace for location, 541-767-3879. Womenspace Crisis Line 24/7 is Crisis Line is 1-800-281-2800

7 p.m.: NAMI. Friends and

gas, pharmacy or other such bills. Good useable donations welcome (clothes, bedding, bathroom, kitchen towels).

1-3 p.m.: Creswell's Over-40 Social Club. At Creswell Community Center, 99 S. 1st St., one block south of City Hall. Meet friends old and new. Socialize, learn Tai Chi, learn drawing or painting, play games, work puzzles, do chair yoga, hear speakers, bring handwork, share refreshments. All adults welcome. Info: <http://www.facebook.com/creswellover40>

3 p.m.: Veterans Support Services. Reps and caseworkers from the VA available to help veterans

10 a.m.-Noon: Genealogical Discussion Group. CG Community Center, 700 E. Gibbs Ave.; Free discussion on genealogical topics such as: research strategy, internet research, genealogical computing, sources and much more. Contact: 541-942-9570.

10 a.m.-1 p.m.: Lane County Veterans Services. American Legion Post, 826 Main St., Reps can help Veterans & their Dependents with applications for service connected compensation; non-service connected pension benefits; aid & attendance; applications for health care benefits; Dependent Indemnity Compensation & Widow's pension; educational benefits; and all other Department of Veteran Affairs matters. Info: Shannon V. Johnson 541-682-4191

10:30 a.m.-3:30 p.m.: AARP Tax Assistance. In Reception Hall at Community Center, 700 E. Gibbs Ave. Drop-in basis, no appts. taken. Go to: <http://www.aarp.org/money/taxes/info-01-2011/important-tax-documents.html> to see what you will need to bring with you.

Noon: Kiwanis Club of CG. El Tapatio, 725 E. Gibbs Ave. Info: Cleo Dahlen 541-767-0795.

1-4 p.m.: Pinochle Playing. All ages men and women at Senior Center in CG Community Center, 700 E. Gibbs. Any level of player. (Wed. and Fri.) Info: 541-942-3694

2-3 p.m.: CG Children's Choir. Accepting students ages 6-11. Rehearsals held at First Presbyterian Church. No audition necessary. Call Joanna Newton for registration information 541-942-4550.

5:15 p.m.: Creswell Community Dinner. Free at New Hope Baptist Church, 597 S. Front St., Creswell.

5:30 p.m.: Alzheimer's & Dementia Caregivers Support Group. Middlefield Oaks Senior Living Community, 1500 Village Drive. Refreshments served. Info: 541-767-3943.

6 p.m.: Community Dinner. Free. Church of the Nazarene, 152 S. M St. Info: 541-942-4422

6 p.m.: Preceptor Beta Lambda. Beta Sigma Phi group -St. Patrick's potluck meeting at Sharon Van Gorder's. Info: 541-942-9681.

6:30-9:30 p.m.: Bingo. Cottage Grove Elks Lodge, 755 N. River Rd. Public Welcome. Info: 541-942-0234

7 p.m.: Preceptor Beta Lambda. Beta Sigma Phi group - meeting at Sharon Van Gorder's. Info: 541-942-9681.

7-8:30 p.m.: NAMI Connection. At Healing Matrix, 632 Main St. Support group program for people living with mental health issues and is operated by peers for peers. Info: 541-343-7688

7:30 p.m.: CG Planning Commission. City Hall, 400 E. Main St. Info: 541-942-5501.

DR. JONATHAN BACKER

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Currently Welcoming New Patients - Call for an Appointment!
1551 East Main Street • Cottage Grove • (541) 942-8437

of player. (Wed. and Fri.) Info: 541-942-3694

1:30-3 p.m.: NAMI Connection. At Healing Matrix, 632 Main St. Support group program for people living with mental health issues and is operated by peers for peers. Info: 541-343-7688

5 p.m.: VFW Community Dinner. Public and families always welcome. VFW Post #3473, 3160 Hillside Dr. Includes Oven baked chicken, creamed potatoes, veg's., soup, salad and dessert. Drug, Smoke and Alcohol Free. Info: John Landon 541-946-3888

5-6 p.m.: Stand for Peace/Occupy CG. Rally in the Community Square, 7th and Main Streets.

6:30-8 p.m.: Gospel Sing-Along. Old Time Gospel Fellowship, 103 S. 5th St. Anyone who enjoys singing the old time Gospel songs is welcome. Info: Berneda 541-942-3773

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SATURDAY

2:30-3:30: Be a Hero for the Environment. Fun family event with Mia Jackson from the U of O Museum of Natural and Cultural History. Oregon Native American cultures used natural resources without harming the environment for thousands of years. See and touch artifacts and try out some of the traditional practices. At CG Library, 700 E. Gibbs Ave.

2 a.m.: Daylight Saving Time. Turn clocks forward one hour.

5-6 p.m.: "Sunday Supper". Free supper and brown bag meal to take. Cottage Grove Community Center. Volunteers encouraged

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MONDAY

to help.

9-10 a.m.: KNND 1400 AM Beeper Show. Call in discussion show - various topics/guests. 541-942-5548

11 a.m.-2 p.m.: Closet at 6th and Gibbs. Church of Christ 6th and Gibbs, together with Lane Pregnancy Support Center, offer diapers and maternity, infant and other clothing sizes as supplies allow.

12:45 p.m.: Bingo. Reception Room at Community Center, 700 Gibbs. Public welcome. 5 cents per card per game

1-4 p.m.: Pine Needle Basketry. Instruction for making pine needle baskets for those 12 years and older. Materials cost depends on project. At Crafty Mercantile on Main Street. Info: Pat Easton 541-530-9221

5 p.m.: Teen Games. Cottage Grove Library. Tween and Teens invited to play board games. Play available ones at library or bring some from home. Bring a friend or two!

5-6:30 p.m.: Community Dinner. First Methodist Church, 334 Washington Ave. Adults \$5. Children free. Info: 541-942-3033

5:30 p.m.: Community Sharing Board Meeting. 20 Thornton Lane. Info: 541-942-2176.

family free support group at Healing Matrix, 632 Main St. Info: 541-214-1473.

7 p.m.: Overeaters Anonymous. First Presbyterian Church, 216 S. 3rd St. (corner 3rd and Adams). Enter on 3rd St. No dues, fees or weigh-ins. Info: Saunders 541-942-5883.

7 p.m.: CG City Council. City Hall, 400 Main St. Info: 541-942-5501.

7:30 p.m.: Creswell Grange. Meets at 298 W. Oregon Ave., Creswell. Info: Gary Prichard

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TUESDAY

541-747-2053

8-9 a.m.: Main Street Design Meeting. In Sinclair Room at City Hall, 400 East Main St. Works to enhance attractiveness of the business district. Historic building rehab, street and alley clean-up, banners, landscaping, lighting. What would you do? How would you do it? How can we make it a reality? Mission: To create a unique, historic Main Street experience in a friendly, safe and collaborative environment. All welcome with their ideas. Info: Shauna 541-767-4119

9-10 a.m.: KNND 1400 AM Beeper Show. Call in discussion show - various topics/guests. 541-942-5548

11 a.m.-2 p.m.: Adventist Community Services. 820 S. 10th St. Free clothes, shoes, bedding and emergency food boxes. Does NOT pay for electricity,

connect to resources and benefits. At Healing Matrix, 632 E. Main St. Info: 541-767-3707

3-4 p.m.: Alzheimer's Caregiver Support Group. Willamalane Adult Activity Center, 215 W. C St., Springfield. Info: Molly 541-746-9703

4-5 p.m.: CG Youth Choir. Students age 12-16 may join. Rehearsals at First Presbyterian Church. Call Joanna Newton 541-942-4550 to audition and register.

5:15-6:15 pm: TLC Community Kitchen. Free. Trinity Lutheran Church, 675 S. 7th. Doors Open 5 pm. Info: 541-942-2373.

5:30-7:30: "Souper" Supper. Fundraiser for Community Sharing. At OLPH Catholic Church, 1025 N. 19th St. Tickets \$10 pp

6-7:30 p.m.: ACES Family Group. Support group for family and friends of chemically addicted or abusing individuals. Activities provided for children. At Aces Counseling Center, 1551 E. Main St. Info: 541-767-3057.

7 p.m.: CG Recreation Assoc. Meeting. Regular meeting of the CGR board of directors at 1440 S.

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WEDNESDAY

8th St. Info: 541-942-3079.

7 a.m.: Kiwanis Club Sunrisers. Koffee Kup Restaurant, 1241 Hwy 99N.

9-10 a.m.: KNND 1400 AM Beeper Show. Call in discussion show - various topics/guests. 541-942-5548

EXERCISE and FUN

KIDS CLUB
South Lane School District
grades 1-5.
After school to 6 p.m. Mon-Fri
on regular school days.
Supervised play, homework
help and snack.
Cost: 1st child \$60/mo.; siblings \$40/mo.
Info: cgkidsclub@gmail.com
541-946-3035

Yoga & Meditation
CG Community Center, 700 E. Gibbs Ave.
All levels with Gloria.
Saturday's 10:00-11:30 a.m.
No class on holidays.
\$5/class
No class on holiday weekends.
Info: 541-912-7789

Beginners & Intermediate Yoga
CG Community Center, 700 E. Gibbs Ave.
Info: Jane L. Guerber
541-942-5876
Mon & Wed.: 6 pm \$5/session

Cottage Grove Therapy Pool Aquatic Exercise Classes
Community Center, 700 E. Gibbs Ave.
Info: Teresa 541-942-1185
8:30-9:30 am Mon.-Fri.;
3:00-4:00 pm Tues. & Thurs.;
11:00 am-12 pm Sat.

Warren H. Daugherty Aquatic Center
1440 S. 8th St., 541-942-5533
Call for public hours, lap swim hours, family swim hours and costs.

Shallow Water Aerobics
Warren H. Daugherty Aquatic Center
Mon, Wed, Fri 7:30-8:30 a.m.
Call 541-942-5585 for more info & cost - first session free.

Addiction Recovery groups

Thursday
6:30 p.m.: AA Meeting- Rush Hour. Open Meeting. At CG Community Center, 700 Gibbs Ave.

6:30 p.m.: Al-Anon Meeting. At CG Community Center, 700 Gibbs Ave. Info: 541-554-7994 or 541-510-4228

7 p.m.: Narcotics Anonymous Book Study. Open Meeting. At Knights of Columbus, 1025 N. 19th St. Contact: 541-225-7061.

Friday
6:30 p.m.: Celebrate Recovery. At Calvary Chapel Cottage Grove, 1447 Hwy 99 N Info: 541-520-8071

7 p.m.: Open AA meeting - Good Medicine Group. At CG Community Center, 700 Gibbs Ave., in Activity Room. Info: Karen 541-513-5126.

8 p.m.: AA meeting-Gratitude Group. Open meeting. At Knights of Columbus, 1025 N. 19th St. Info: 541-942-3942.

Saturday
Noon: AA Meeting-Women's Good Grief Group. Closed meeting. Open to women alcoholics only. At Knights of Columbus, 1025 N. 19th St. Info: 541-942-0647 or 541-510-4228.

8 p.m.: AA Meeting-Open Candlelight Group. CG Comm. Center, 700 Gibbs Ave. On the last Sat. of the month - Open AA Speakers Meeting.

8 p.m.: Al-Anon Meeting-Step Study Group. CG Comm. Center, 700 Gibbs Ave.

Sunday
Noon: AA Meeting. At Knights of Columbus, 1025 N. 19th St.

6 p.m.: AA Meeting - New Beginnings. CG Comm. Center, 700 Gibbs Ave.

Monday
7 p.m.: Nar-A-Non Family Meeting. CG Comm. Center, 700 Gibbs Ave. For family and friends of addicts.
7 p.m.: AA Meeting- No Name Group. At Knights of Columbus, 1025 N. 19th St. Info: 541-942-3942.

Tuesday
Noon: AA Meeting- Noon Group. Big Book Study meeting. At Knights of Columbus, 1025 N. 19th. Info: 541-942-3942.
6:30 p.m.: Up the River Group. At Dorena Mercantile. Info: 541-946-1631
7 p.m.: Narcotics Anonymous. "A Way Back to Reality", open participation. At CG Community Center, back room, 700 Gibbs Ave.

Wednesday
7 a.m.: AA Open Meeting. At CG Community Center, 700 Gibbs Ave.

7 p.m.: AA Meeting- Wednesday Night Beginners. Open meeting. At Knights of Columbus, 1025 N. 19th St. Info: 541-942-

WEIGHT LOSS

Tuesday
5 p.m.: Weight Watchers. At Living Faith Assembly, 467 S. 10th St. 541-942-2612.

Thursday
10 a.m.: TOPS OR85. Take Off Pounds Sensibly, a weight-loss support group. At the United Methodist Church, 334 Washington Ave., Fireside Room. Info: Ellen 541-942-0866 .

5:30 p.m.: TOPS OR969. Take Off Pounds Sensibly, a weight-loss support group. Weigh-In: 5:30 pm, Meeting: 6 pm. Meets at Jefferson Park Community Room, 325 5th Street. Info: Elaine 541-942-8547.

5:30 p.m.: TOPS OR1020 (Creswell). Take Off Pounds Sensibly, a weight-loss support group. Weigh-In: 5:30 pm, Meets at Creswell Grange Hall, 298 W. Oregon Ave. Info: 541-895-3156.