



| Time (PT) | MONDAY FEBRUARY 29 | TUESDAY MARCH 1 | WEDNESDAY MARCH 2 | THURSDAY MARCH 3 | FRIDAY MARCH 4 | SATURDAY MARCH 5 | SUNDAY MARCH 6 |
|-----------|-----------------------------|--------------------------|-----------------------------|-----------------------------|-----------------------------|-----------------------------|-----------------------------|
| 12:00 AM | ROCKTAGON MMA | WRESTLING WAR CLASSICS | FUTURE STARS OF WRESTLING | PPW - PARAGON PRO WRESTLING | PPW - PARAGON PRO WRESTLING | WHO?MAG TV | |
| 12:30 AM | | | | | | DMTV | RINGSIDE BOXING |
| 1:00 AM | SLED HEAD 24/7 | WINDY CITY POKER | BLTZ TV | HIP SHOW | MCW- MICRO CHAMP WRESTLING | HEARTLAND POKER (CURRENT) | |
| 1:30 AM | STREET KINGS | | XFC MMA | XFC MMA | DAY ZERO | | |
| 2:00 AM | BLEND LINE TV | HEARTLAND POKER | HEARTLAND POKER | TCW WRESTLING | MIDTOWN | THE MARVIN SHOW | GLADIATORS OF THE CAGE |
| 2:30 AM | THE MOTOCROSS FILES | | | | TALKING PICTURES | TALKING PICTURES | |
| 3:00 AM | NETWORK PAID PROGRAMMING | NETWORK PAID PROGRAMMING | NETWORK PAID PROGRAMMING | NETWORK PAID PROGRAMMING | NETWORK PAID PROGRAMMING | NETWORK PAID PROGRAMMING | NETWORK PAID PROGRAMMING |
| 3:30 AM | NETWORK PAID PROGRAMMING | NETWORK PAID PROGRAMMING | NETWORK PAID PROGRAMMING | NETWORK PAID PROGRAMMING | NETWORK PAID PROGRAMMING | NETWORK PAID PROGRAMMING | NETWORK PAID PROGRAMMING |
| 4:00 AM | NETWORK PAID PROGRAMMING | NETWORK PAID PROGRAMMING | NETWORK PAID PROGRAMMING | NETWORK PAID PROGRAMMING | NETWORK PAID PROGRAMMING | NETWORK PAID PROGRAMMING | NETWORK PAID PROGRAMMING |
| 4:30 AM | NETWORK PAID PROGRAMMING | NETWORK PAID PROGRAMMING | NETWORK PAID PROGRAMMING | NETWORK PAID PROGRAMMING | NETWORK PAID PROGRAMMING | NETWORK PAID PROGRAMMING | NETWORK PAID PROGRAMMING |
| 5:00 AM | NETWORK PAID PROGRAMMING | NETWORK PAID PROGRAMMING | NETWORK PAID PROGRAMMING | NETWORK PAID PROGRAMMING | NETWORK PAID PROGRAMMING | NETWORK PAID PROGRAMMING | NETWORK PAID PROGRAMMING |
| 5:30 AM | NETWORK PAID PROGRAMMING | NETWORK PAID PROGRAMMING | NETWORK PAID PROGRAMMING | NETWORK PAID PROGRAMMING | NETWORK PAID PROGRAMMING | NETWORK PAID PROGRAMMING | NETWORK PAID PROGRAMMING |
| 6:00 AM | NETWORK PAID PROGRAMMING | NETWORK PAID PROGRAMMING | NETWORK PAID PROGRAMMING | NETWORK PAID PROGRAMMING | NETWORK PAID PROGRAMMING | NETWORK PAID PROGRAMMING | NETWORK PAID PROGRAMMING |
| 6:30 AM | NETWORK PAID PROGRAMMING | NETWORK PAID PROGRAMMING | NETWORK PAID PROGRAMMING | NETWORK PAID PROGRAMMING | NETWORK PAID PROGRAMMING | NETWORK PAID PROGRAMMING | NETWORK PAID PROGRAMMING |
| 7:00 AM | NETWORK PAID PROGRAMMING | NETWORK PAID PROGRAMMING | NETWORK PAID PROGRAMMING | NETWORK PAID PROGRAMMING | NETWORK PAID PROGRAMMING | NETWORK PAID PROGRAMMING | NETWORK PAID PROGRAMMING |
| 7:30 AM | NETWORK PAID PROGRAMMING | NETWORK PAID PROGRAMMING | NETWORK PAID PROGRAMMING | NETWORK PAID PROGRAMMING | NETWORK PAID PROGRAMMING | NETWORK PAID PROGRAMMING | NETWORK PAID PROGRAMMING |
| 8:00 AM | BETA RECORDS E/I | THE OUTDOORSMAN E/I | BETA RECORDS E/I | THE OUTDOORSMAN E/I | BETA RECORDS E/I | PETS IN PARADISE E/I | HEART OF HEALTH LIVE! |
| 8:30 AM | WM GREAT OUTDOORS | WM GREAT OUTDOORS | WM GREAT OUTDOORS | WM GREAT OUTDOORS | INSIDER EXCLUSIVE | MONEY TV | |
| 9:00 AM | ON THE POLE | ON THE POLE | ON THE POLE | ON THE POLE | WORLD TENNIS | LIP 'EM & RIP 'EM | COOP DREAMS |
| 9:30 AM | SUZUKI GREAT OUTDOORS | SUZUKI GREAT OUTDOORS | SUZUKI GREAT OUTDOORS | SUZUKI GREAT OUTDOORS | BLEND LINE TV | ANGLING EDGE | 3B OUTDOORS BC006 |
| 10:00 AM | HOUSECALLS | HOUSECALLS | HOUSECALLS | HOUSECALLS | HOUSECALLS (CURRENT) | DIVERS DOWN TV | REELIN' IN THE KEYS |
| 10:30 AM | PLANET X | PLANET X | PLANET X | PLANET X | HOME TALK | SPORTINGDOG ADVENTURES | HOT RODS, CUSTOMS, CLASSICS |
| 11:00 AM | CORE CULTURE | CORE CULTURE | CORE CULTURE | CORE CULTURE | CORE CULTURE | LAKE COMMANDOS | RESTLESS JOSIE |
| 11:30 AM | ADVENTURES S. OF THE BORDER | CHEF ON THE WATER | ADVENTURES S. OF THE BORDER | CHEF ON THE WATER | ADVENTURES S. OF THE BORDER | FISHING THE FLATS | AMERICAN BUILDER |
| 12:00 PM | REEL ANIMALS | REEL ANIMALS | REEL ANIMALS | REEL ANIMALS | REEL ANIMALS | FINNS AND SKINS | RACE CENTRAL TV |
| 12:30 PM | WINGSHOOTING USA | WINGSHOOTING USA | WINGSHOOTING USA | WINGSHOOTING USA | WINGSHOOTING USA | REELIN' IN THE KEYS | GOLF AMERICA |
| 1:00 PM | CLASSIC RESTOS | CLASSIC RESTOS | CLASSIC RESTOS | CLASSIC RESTOS | CLASSIC RESTOS | USA COLLEGIATE POWERLIFTING | GO FLY AROUND |
| 1:30 PM | XPTV SPORTS | XPTV SPORTS | XPTV SPORTS | XPTV SPORTS | XPTV SPORTS | 2016 MIAMI MARATHON | STHL TIMBERSPORTS |
| 2:00 PM | MOTORZ | MOTORZ | MOTORZ | MOTORZ | MOTORZ | GOLF AMERICA | WOODWALKERS |
| 2:30 PM | EYE FOR AN EYE | EYE FOR AN EYE | EYE FOR AN EYE | EYE FOR AN EYE | EYE FOR AN EYE | COLLEGE TENNIS REPORT | SLED HEAD 24/7 |
| 3:00 PM | CHEF'S KITCHEN | CHEF'S KITCHEN | CHEF'S KITCHEN | CHEF'S KITCHEN | CHEF'S KITCHEN | WORLD TENNIS | RACELINE |
| 3:30 PM | MUSIC MIX USA | MUSIC MIX USA | MUSIC MIX USA | MUSIC MIX USA | MUSIC MIX USA | XFC MMA | AMERICAN BUILDER |
| 4:00 PM | CLASSIC RESTOS | CLASSIC RESTOS | CLASSIC RESTOS | CLASSIC RESTOS | CLASSIC RESTOS | JUNK'D | YAMAHA'S WHITETAIL DIARIES |
| 4:30 PM | HOUSECALLS | HOUSECALLS | HOUSECALLS | HOUSECALLS | HOUSECALLS | RACE CENTRAL TV | AMERICANA OUTDOORS |
| 5:00 PM | PLANET X | PLANET X | PLANET X | PLANET X | PLANET X | SLED HEAD 24/7 | GREG'S GARAGE |
| 5:30 PM | MW2: REV IT UP! | MW2: REV IT UP! | MW2: REV IT UP! | MW2: REV IT UP! | MW2: REV IT UP! | RACE CENTRAL TV | MAD DOG AND MERRILL |
| 6:00 PM | MOTORZ | MOTORZ | MOTORZ | MOTORZ | MOTORZ | TALKING PICTURES | CHEF ROC |
| 6:30 PM | COLD SQUAD | COLD SQUAD | COLD SQUAD | COLD SQUAD | COLD SQUAD | HIGHWAY TO FAME | THE MARVIN SHOW |
| 7:00 PM | BOUNTY HUNTERS | BOUNTY HUNTERS | BOUNTY HUNTERS | BOUNTY HUNTERS | BOUNTY HUNTERS | RACELINE | THE FLAMING GREEK |
| 7:30 PM | ADVENTURES S. OF THE BORDER | CHEF ON THE WATER | ADVENTURES S. OF THE BORDER | CHEF ON THE WATER | ADVENTURES S. OF THE BORDER | AUTO WARS | FIRE HOUSE KITCHEN |
| 8:00 PM | AT YOUR LEISURE | AT YOUR LEISURE | AT YOUR LEISURE | AT YOUR LEISURE | AT YOUR LEISURE | DESTINATION TQ | ANGLES TV |
| 9:00 PM | RECON | RECON | RECON | RECON | RECON | LARYSA UNLEASHED | BRAWL CALL |
| 9:30 PM | IN THE FIGHT | IN THE FIGHT | IN THE FIGHT | IN THE FIGHT | IN THE FIGHT | TUFF FLICK THE RED FURY | UNITED FIGHT ALLIANCE |
| 10:00 PM | MAN ON A MISSION | MAN ON A MISSION | MAN ON A MISSION | MAN ON A MISSION | MAN ON A MISSION | HIP SHOW | HIP SHOW |
| 10:30 PM | JBTV | JBTV | JBTV | JBTV | JBTV | OFF THE STREETS | LAKE COMMANDOS |
| 11:00 PM | | | | | | | |
| 11:30 PM | | | | | | | |

The 2016 Miami Marathon

From its gleaming condominiums and towers that look over the waves of the Atlantic Ocean, Miami is no doubt one of the nation's most colorful, cosmopolitan and unique cities. The marathon winds along a scenic course and features many views of Miami Beach. Saturday, March 5th at 1:30 PM Pacific.

Destination TQ

Trophy Quest airs every Saturday at 8:00 PM Pacific on TUFF TV.

SLTV Channel 44.7 Changes to Frost Great Outdoors

Luken Communications has consolidated its PBJ programming with its other networks and has replaced the exited network with Frost Great Outdoors on SLTV channel 44.7.

Luken has had some challenges with its children's network recently. Program acquisition costs, sponsorship issues, and rising technical costs were cited as reasons for making a change. We hate to see the loss of the children's programming but we understand their situation. The QUBO Network on channel 14.2 is still available as a primary destination for children, along with the many other networks that cater to children as a part of their service, such as OPB.

Many of the PBJ programs will be eventually be available on The Family Channel on 44.4, as a part of Luken Communications' goal of bringing quality family television into homes across America. In addition to Frost Great Outdoors, SLTV also offers Luken's Rev'n Network, an auto and motorcycle enthusiast network on 44.6, Heartland TV, a country music channel on 44.5, TUFF-TV on channel 47.2, and Retro-TV which SLTV rebroadcasts from KSLM in Salem on channel 27.1.

Frost Great Outdoors features outdoor lifestyle adventures and is a good complement to Pursuit TV on our channel 44.1.

Viewers are invited to watch the rolling program schedule on Channel 47.4 to see what is on Frost Great Outdoors and all 35 channels of South Lane Television's FREE-TV service in Cottage Grove.

South Lane Television also operates two rural FREE-TV systems at London Springs and Dorena/Culp Creek.

Happy TV viewing,
Lloyd Williams, President
SOUTH LANE TELEVISION, INC.



These messages are brought to you as a public service by South Lane Television. Our goal is to continue serving the community with the highest quality free over-the-air television service possible.

Stay tuned! South Lane Television, Inc. A non profit organization serving South Lane County since 1957.

WEEKDAY MORNING

Charter Cable SLTV Cottage Grove 1 SLTV London

| | 7 AM | 7:30 | 8 AM | 8:30 | 9 AM | 9:30 | 10 AM | 10:30 | 11 AM | 11:30 | 12 PM | 12:30 |
|-------|--------------------------|---------------|--------------------|---------------|--------------------|-----------------|--------------------|-----------------|--------------------|-----------|-------------------|----------|
| KEPB | 28.1 Nature | Curious | Tiger | Tiger | Sesame | Peg | Dinosaur | Dinosaur | Super | Thomas | Varied Programs | |
| KEVU | 34.2 Varied | Paid | Good Day Oregon | | Minute | Celebrity | To Be Announced | | Judge Mathis | | Crime Watch Daily | |
| KEZI | 9.1 Good Morning America | | | | Live With Kelly | | The View | | KEZI 9 News Midday | | The Chew | |
| KLSR | 34.1 KVAL News on Fox | Copeland | Wom | | Varied | Divorce | Judge Mathis | | The People's Court | | The 700 Club | |
| KMTR | 16.1 Today | | | | Today | | Today | | The 700 Club | | The Doctors | |
| CW | 16.2 Intellig. | Cops Rel. | Steve Wilkos Show | | Steve Wilkos Show | | Crazy | Crazy | Cheaters | Cheaters | Maury | |
| KOBI | Today | | | | Today | | Today | | Paid | Insider | The Doctors | |
| KPTV | Good Day Oregon | | | | Good Day Or. | | The 700 Club | | Varied | Paid | Rachael | Varied |
| KRCW | (6:00) Eye Opener | Celebrity | Celebrity | | Jerry Springer | | Maury | | Steve Wilkos Show | | Jerry Springer | |
| KVAL | 13.1 CBS This Morning | | | | KVAL News at 9am | | The Price Is Right | | Young & Restless | | News | Bold |
| THIS | 13.2 (6:30) Movie | | Varied Programs | | Movie | | Varied Programs | | Movie | | Varied | |
| PURS | 4.1 Paid | | Varied Programs | | | | | | | | | |
| KTOO2 | 4.2 Varied Programs | | | | | | | | | | | |
| OPB+ | 28.2 Newsline | St/Be Fit | Varied Programs | | | | | | | | | |
| A&E | 23 Parking | Parking | Duck D. | Duck D. | Dog | Varied | Dog | Varied | Criminal Minds | | Criminal Minds | |
| AMC | 24 Paid | Paid | Paid | Paid | Movie | Varied Programs | | | | | Movie | Varied |
| AMG | 4.1 Balancing | Balancing | Varied | Business | Judge | Judge | Ask Dr. Nandi | | Insider | OK! TV | Varied | Traveler |
| DISC | 30 Paid | Paid | J. Meyer | Paid | Varied Programs | | | | | | | |
| DISN | 21 Mickey | Mickey | Pirates | Sofia | Wil. West | Doc | Varied Programs | | | | | |
| ESPN | 31 SportsCenter | | SportsCenter | | SportsCenter | | Outside | | Insiders | NFL Live | | The Jump |
| FREE | 32 Young | Gilmore Girls | | Gilmore Girls | | 700 Club | The 700 Club | | Last Man | Last Man | Last Man | Last Man |
| FX | 45 Movie | | | | Movie | Varied Programs | | | Two Men | Two Men | Mother | |
| ION | 20 1.1 Paid | Feldick | Varied Programs | | NUMB3RS | | NUMB3RS | | Varied Programs | | | |
| LIFE | 29 Paid | Balancing | Unsolved Mysteries | | Unsolved Mysteries | | Unsolved Mysteries | | Mother | Mother | Charmed | Varied |
| NICK | 39 Sponge. | Sponge. | Sponge. | Blaze | PAW | PAW | Mutt | Umizoomi | Bubble | PAW | Shimmer | PAW |
| SPIKE | 38 Paid | Varied | Paid | Paid | Varied Programs | | | | | | | |
| TBS | 10 Married | Married | Married | Married | King | King | King | King | Cleveland | Cleveland | American | American |
| TLC | 41 Quints | Quints | Couple | Varied | Couple | Varied | Evidence | Varied Programs | | | Evidence | Varied |
| TNT | 42 Charmed | | Charmed | | Supernatural | | Supernatural | | Supernatural | | Supernatural | |
| USA | 15 Varied Programs | | | | Law & Order: SVU | | Law & Order: SVU | | Law & Order: SVU | | Law & Order: SVU | |

THURSDAY EVENING

Charter Cable SLTV Cottage Grove 1 SLTV London

MARCH 3

| | 7 PM | 7:30 | 8 PM | 8:30 | 9 PM | 9:30 | 10 PM | 10:30 | 11 PM | 11:30 | 12 AM | 12:30 |
|-------|--|---|--|--------------------|---|------------|--------------------------------------|-------------------------|-------------------|-------------------|------------------|------------|
| KEPB | 28.1 PBS NewsHour (N) | | Art Beat | Idaho | Vera "Old Wounds" (N) | | Mercy Street | | Film | | PBS NewsHour (N) | |
| KEVU | 34.2 Dr. Phil (N) | | The Dr. Oz Show (N) | | The Mentalist | | The Mentalist | | Portland | | Tosh.0 (N) | Broke Girl |
| KEZI | 9.1 ET | Insider | Grey's Anatomy (N) | The Family "Pilot" | Away-Murder | | News | Jimmy Kimmel Live | News | Jimmy Kimmel Live | Nightline | |
| KLSR | 34.1 Fox News | Million. | American Idol "Top 8 Perform" | | News | Fox | Mod Fam | Mike | Two Men | Anger | | |
| KMTR | 16.1 Big Bang | Big Bang | You, Me and | | The Blacklist | | (:01) Shades of Blue | NBC16 | Tonight Show | | Meyers | |
| CW | 16.2 Fam. Guy | Fam. Guy | DC's Legends | | The 100 "Thirteen" | | Seinfeld | Seinfeld | Cougar | Cougar | Raising | Commun |
| KOBI | NBC | ET | You, Me and | | The Blacklist | | (:01) Shades of Blue | News | Tonight Show | | Meyers | |
| KPTV | FamFeud | FamFeud | American Idol "Top 8 Perform" | | 10 O'Clock News (N) | | News | Raymond | Raymond | (:35) TMZ | | |
| KRCW | Mod Fam | Mod Fam | DC's Legends | | The 100 "Thirteen" | | News | Holly | Mother | Mother | Friends | Friends |
| KVAL | 13.1 Jeopardy! | Wheel | Big Bang | Life in | (:01) Mom | Broke Girl | Elementary (N) (N) | News | Late Show-Colbert | | Corden | |
| THIS | 13.2 ** "First Knight" (1995) Sean Connery. | | | | ** "The Magnificent Seven" (1960) Yul Brynner. | | | | | | "One More Time" | |
| PURS | 4.1 ** "Rocky IV" (1985) Sylvester Stallone. | | | | ** "The Green Mile" (1999, Drama) Tom Hanks, David Morse. | | | | | | | |
| KTOO2 | 4.2 Hometown | Travel | Journey | Martha | Kitchen | Fresh | Lifestyle | Americas | Martha | Kitchen | Chefs | Pépin |
| OPB+ | 28.2 Doc Martin (N) | | New Tricks (N) | | World | T. Smiley | Charlie Rose (N) (N) | | PBS NewsHour (N) | | T. Smiley | T. Smiley |
| A&E | 23 Beyond Scared | | Juvenile Lifers | | Behind Bars | | Kids Behind Bars: Lost for Life | | TBA | | Juvenile Lifers | |
| AMC | 24 ** "Rocky IV" (1985) Sylvester Stallone. | | | | ** "The Green Mile" (1999, Drama) Tom Hanks, David Morse. | | | | | | | |
| AMG | 4.1 Sanctuary (N) | | Da Vinci's Inquest | | ** "Boomerang" (1992) Eddie Murphy. | | Insider | OK! TV | Forensic | Forensic | | |
| DISC | 30 Gold Rush (N) | | Gold Rush (N) | | To Be Announced | | Gold Rush (N) | | Gold Rush (N) | | Gold Rush (N) | |
| DISN | 21 (6:00) Movie | | "Spy Kids: All the Time in the World in 4D" | | Movie (N) | | Girl | Dog | Good | Good | | |
| ESPN | 31 College Basketball | | SportsCenter (N) | | SportsCenter (N) | | SportsCenter (N) | | SportsCenter (N) | | SportsCenter (N) | |
| FREE | 32 ** "Hocus Pocus" | | (:15) ** "Dark Shadows" (2012) Johnny Depp, Michelle Pfeiffer. | | The 700 Club | | "Frankenweenie" | | | | | |
| FX | 45 Hancock | ** "Identity Thief" (2013) Jason Bateman. | | | Baskets | Baskets | Baskets | ** "Hancock" (2008) (N) | | | | |
| ION | 20 1.1 Blue Bloods | | Blue Bloods | | Blue Bloods | | Blue Bloods | | Blue Bloods | | Blue Bloods | |
| LIFE | 29 Project Runway | | Project Runway | | Project Runway | | Child Genius: Battle | | Project Runway | | Project Runway | |
| NICK | 39 Paradise | Henry | ** "Zookeeper" (2011) Kevin James. | | Full H'se | Full H'se | Friends | Friends | Friends | Friends | | |
| SPIKE | 38 (6:30) * "Gone in Sixty Seconds" (2000) | | Lip Sync | Lip Sync | Lip Sync | Lip Sync | * "Gone in Sixty Seconds" (2000) (N) | | | | | |
| TBS | 10 Seinfeld | Seinfeld | Broke Girl | Broke Girl | Big Bang | Big Bang | Broke Girl | Broke Girl | Conan (N) | | Full | Conan |
| TLC | 41 My 600-Lb. Life (N) | | My 600-Lb. Life | | Extreme Weight Loss "Ashley" (N) | | Fat Chance | | | | My 600-Lb. Life | |
| TNT | 42 Basketball | | NBA Basketball: Thunder at Warriors | | Inside the NBA (N) | | NBA Basketball: Spurs at Pelicans | | | | | |
| | | | | | | | | | | | | |