TUFF



#### **United States Junior National** (USJN) Basketball

This half-hour program will highlight the play of the women's AAU and Olympic development basketball league, and follow their dream of being recruited and receiving a Division 1 scholarship. These competing athletes represent women's basketball at the highest high school level. Part one of this series of specials will air on TUFF

TV Saturday, January 30th at 1:30 PM Pacific.

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Time (PT)	MONDAY JANUARY 25	TUESDAY JANUARY 26	WEDNESDAY JANUARY 27	THURSDAY JANUARY 28	FRIDAY JANUARY 29	SATURDAY JANUARY 30	SUNDAY JANUARY 31	
12:00 AM 12:30 AM	ROCKTAGON MMA	WRESTLING WAR CLASSICS	FUTURE STARS OF WRESTLING	PPW - PARAGON PRO WRESTLING	PPW - PARAGON PRO WRESTLING	WHO?MAG TV DMTV		
1:00 AM	SLED HEAD 24/7		BLITZ TV	HIP SHOW	MCW- MIDGET CHAMP, WRESTLING	HEARTLAND POKER	RINGSIDE BOXING	
1:30 AM	STREET KINGS	WINDY CITY POKER	XFC MMA	XFC MMA	DAY ZERO	(CURRENT)		
2:00 AM	BLEND LINE TV		*		MIDTOWN	THE MARVIN SHOW		
2:30 AM	THE MOTOCROSS FILES	HEARTLAND POKER	HEARTLAND POKER	TCW WRESTLING	SOPWITH TV	TALKING PICTURES	GLADIATORS OF THE CAGE	
3:00 AM	NETWORK PAID PROGRAMMING	NETWORK PAID PROGRAMMING	NETWORK PAID PROGRAMMING	NETWORK PAID PROGRAMMING	NETWORK PAID PROGRAMMING	NETWORK PAID PROGRAMMING	NETWORK PAID PROGRAMMING	
3:30 AM	NETWORK PAID PROGRAMMING	NETWORK PAID PROGRAMMING	NETWORK PAID PROGRAMMING	NETWORK PAID PROGRAMMING	NETWORK PAID PROGRAMMING	NETWORK PAID PROGRAMMING	NETWORK PAID PROGRAMMING	
4:00 AM	NETWORK PAID PROGRAMMING	NETWORK PAID PROGRAMMING	NETWORK PAID PROGRAMMING	NETWORK PAID PROGRAMMING	NETWORK PAID PROGRAMMING	NETWORK PAID PROGRAMMING	NETWORK PAID PROGRAMMING	
4:30 AM	NETWORK PAID PROGRAMMING	NETWORK PAID PROGRAMMING	NETWORK PAID PROGRAMMING	NETWORK PAID PROGRAMMING	NETWORK PAID PROGRAMMING	NETWORK PAID PROGRAMMING	NETWORK PAID PROGRAMMING	
5:00 AM	NETWORK PAID PROGRAMMING	NETWORK PAID PROGRAMMING	NETWORK PAID PROGRAMMING	NETWORK PAID PROGRAMMING	NETWORK PAID PROGRAMMING	NETWORK PAID PROGRAMMING	NETWORK PAID PROGRAMMING	
5:30 AM	NETWORK PAID PROGRAMMING	NETWORK PAID PROGRAMMING	NETWORK PAID PROGRAMMING	NETWORK PAID PROGRAMMING	NETWORK PAID PROGRAMMING	NETWORK PAID PROGRAMMING	NETWORK PAID PROGRAMMING	
6:00 AM	NETWORK PAID PROGRAMMING	NETWORK PAID PROGRAMMING	NETWORK PAID PROGRAMMING	NETWORK PAID PROGRAMMING	NETWORK PAID PROGRAMMING	NETWORK PAID PROGRAMMING	NETWORK PAID PROGRAMMING	
6:30 AM	NETWORK PAID PROGRAMMING	NETWORK PAID PROGRAMMING	NETWORK PAID PROGRAMMING	NETWORK PAID PROGRAMMING	NETWORK PAID PROGRAMMING	NETWORK PAID PROGRAMMING	NETWORK PAID PROGRAMMING	
7:00 AM	NETWORK PAID PROGRAMMING	NETWORK PAID PROGRAMMING	NETWORK PAID PROGRAMMING	NETWORK PAID PROGRAMMING	NETWORK PAID PROGRAMMING	NETWORK PAID PROGRAMMING	NETWORK PAID PROGRAMMING	
7:30 AM	NETWORK PAID PROGRAMMING	NETWORK PAID PROGRAMMING	NETWORK PAID PROGRAMMING	NETWORK PAID PROGRAMMING	NETWORK PAID PROGRAMMING	NETWORK PAID PROGRAMMING	NETWORK PAID PROGRAMMING	
8:00 AM	BETA RECORDS E/I	THE OUTDOORSMAN E/I	BETA RECORDS E/I	THE OUTDOORSMAN E/I	BETA RECORDS E/I	PETS IN PARADISE E/I	HEART OF HEALTH LIVE!	
8:30 AM	WM GREAT OUTDOORS	WM GREAT OUTDOORS	WM GREAT OUTDOORS	WM GREAT OUTDOORS	INSIDER EXCLUSIVE	MONEY TV	· ·	
9:00 AM	ON THE POLE	ON THE POLE	ON THE POLE	ON THE POLE	WORLD TENNIS	LIP 'EM & RIP 'EM	COOP DREAMS	
9:30 AM	SUZUKI GREAT OUTDOORS	SUZUKI GREAT OUTDOORS	SUZUKI GREAT OUTDOORS	SUZUKI GREAT OUTDOORS	BLEND LINE TV	ANGLING EDGE	3B OUTDOORS BC006	
10:00 AM	HOUSECALLS	HOUSECALLS	HOUSECALLS	HOUSECALLS	HOUSECALLS (CURRENT)	DIVERS DOWN TV	REELIN' IN THE KEYS	
10:30 AM	PLANET X	PLANET X	PLANET X	PLANET X	HOME TALK	SPORTINGDOG ADVENTURES	HOT RODS, CUSTOMS, CLASSICS	
11:00 AM	CORE CULTURE	CORE CULTURE	CORE CULTURE	CORE CULTURE	CORE CULTURE	LAKE COMMANDOS	RESTLESS JOSIE	
11:30 AM	ADVENTUDES C. OF THE BODDED	CHEE ON THE WATER	ADVENTUDES C. OF THE BODDED	CHEF ON THE WATER	ADVENTUDES S OF THE BODDED	FISHING THE FLATS	AMERICAN BUILDER	
12:00 PM 12:30 PM	ADVENTURES S. OF THE BORDER REEL ANIMALS	CHEF ON THE WATER REEL ANIMALS	ADVENTURES S. OF THE BORDER	***************************************	ADVENTURES S. OF THE BORDER REEL ANIMALS	FINS AND SKINS REELIN' IN THE KEYS	RACE CENTRAL TV GOLF AMERICA	
1:00 PM	WINGSHOOTING USA	WINGSHOOTING USA	REEL ANIMALS REEL ANIMALS WINGSHOOTING USA WINGSHOOTING USA		WINGSHOOTING USA	USAPL SEC POWERLIFTING	GOLF AMERICA GOLFIN' AROUND	
1:00 PM	CLASSIC RESTOS	CLASSIC RESTOS	CLASSIC RESTOS	CLASSIC RESTOS	V8TV	USAPL SEC POWERLIFTING USJN BASKETBALL	STIHL TIMBERSPORTS	
2:00 PM	XPTV SPORTS	XPTV SPORTS	XPTV SPORTS	XPTV SPORTS	XPTV SPORTS	GOLFIN' AROUND	WOODWALKERS	
2:30 PM	MOTORZ	MOTORZ	MOTORZ	MOTORZ	MOTORZ	GOLF AMERICA	DESTINATION TQ	
3:00 PM	EYE FOR AN EYE	EYE FOR AN EYE	EYE FOR AN EYE	EYE FOR AN EYE	EYE FOR AN EYE	COLLEGE TENNIS REPORT	RACELINE	
3:30 PM	CHEF'S KITCHEN	CHEF'S KITCHEN	CHEF'S KITCHEN	CHEF'S KITCHEN	CHEF'S KITCHEN	WORLD TENNIS	AMERICAN BUILDER	
4:00 PM	MUSIC MIX USA	MUSIC MIX USA	MUSIC MIX USA	MUSIC MIX USA	MUSIC MIX USA	XFC MMA	YAMAHA'S WHITETAIL DIARIES	
4:30 PM	CLASSIC RESTOS	CLASSIC RESTOS	CLASSIC RESTOS	CLASSIC RESTOS	CLASSIC RESTOS	JUNK'D	AMERICANA OUTDOORS	
5:00 PM	HOUSECALLS	HOUSECALLS	HOUSECALLS	HOUSECALLS	HOUSECALLS	SLED HEAD 24/7	GREG'S GARAGE	
5:30 PM	PLANET X	PLANET X	PLANET X	PLANET X	PLANET X	RACE CENTRAL TV	MAD DOG AND MERRILL	
6:00 PM	MW2: REV IT UP!	MW2: REV IT UP!	MW2: REV IT UP!	MW2: REV IT UP!	MW2: REV IT UP!	TALKING PICTURES	CHEF ROC	
6:30 PM	MOTORZ	MOTORZ	MOTORZ	MOTORZ	MOTORZ	HIGHWAY TO FAME	THE MARVIN SHOW	
7:00 PM						RACELINE	THE FLAMING GREEK	
7:30 PM	COLD SQUAD	COLD SQUAD	COLD SQUAD	COLD SQUAD	COLD SQUAD	AUTO WARS	FIRE HOUSE KITCHEN	
8:00 PM	BOUNTY HUNTERS	BOUNTY HUNTERS	BOUNTY HUNTERS	BOUNTY HUNTERS	AT YOUR LEISURE	ADVENTURES S. OF THE BORDER	ANGLES TV	
8:30 PM	ADVENTURES S. OF THE BORDER	CHEF ON THE WATER	ADVENTURES S. OF THE BORDER	CHEF ON THE WATER	MCW- MIDGET CHAMP. WRESTLING	LARYSA UNLEASHED	BRAWL CALL	
9:00 PM	AT YOUR LEISURE	AT YOUR LEISURE	AT YOUR LEISURE	AT YOUR LEISURE	FREEDOM FIGHTERS		UNITED FIGHT ALLIANCE	
9:30 PM	RECON	RECON	BATTLEGROUND	RECON	RECON	TUFF FLICK		
10:00 PM	IN THE FIGHT	IN THE FIGHT	MIDTOWN	IN THE FIGHT	IN THE FIGHT	TULSA	BROOKLYN BRAWLS	
10:30 PM	MAN ON A MISSION	MAN ON A MISSION	MAN ON A MISSION	MAN ON A MISSION	MAN ON A MISSION		MMA:30	
11:00 PM	JBTV	JBTV	JBTV	JBTV	JBTV	HIP SHOW	LAKE COMMANDOS	
11:30 PM	0014	0D1 ¥	9014	0514	3514	OFF THE STREETS	AUTO WARS	

NCIS "About Face"

FRIDAY EVENING

NCIS "Choke Hold"

# Dorena/Culp Creek: 11.1 - ABC/KEZI (Eugene)

- 11.2 CBS/KVAL (Eugene)
- 11.3 NBC/KMTR (Eugene)
- 11.4 FOX/KLSR (Eugene)
- 11.5 PBS/OPB (Eugene) 11.6 - MeTV (Eugene)
- 11.7 KVAL/This TV (Eugene)
- 11.8 CW Network

## **London Springs:** 9.1 - ABC/KEZI (Eugene)

- 9.2 MeTV (Eugene)
- 13.1 CBS/KVAL (Eugene)
- 13.2 KVAL/This TV (Eugene) 13.3 - Grit-TV
- 16.1 NBC/KMTR (Eugene)
- 16.2 CW Network
- 16.3 Comet TV
- 28.1 PBS/OPB (Eugene)
- 28.2 PBS/OPB Plus (Eugene)
- 28.3 OPB Radio (Eugene)
- 34.1 FOX/KLSR (Eugene)
- 34.2 My TV/KEVU (Eugene)



#### Stay tuned!

These messages are brought to you as a public service by South Lane Television. Our goal is to continue serving the community with the highest quality free over-the-air

South Lane Television, Inc. A non profit organization serving South Lane County since 1957.

### Cottage Grove: 5.1 - NBC/KOBI (Medford)

- 9.1 ABC/KEZI (Eugene) 9.2 - MeTV (Eugene)
- 13.1 CBS/KVAL (Eugene)
- 13.2 KVAL/This TV (Eugene) 13.3 - Grit-TV
- 14.1 ION Network
- 14.2 QUBO
- 14.3 ION Life
- 14.4 SLCB CG High School
- 16.1 NBC/KMTR (Eugene)
- 16.2 CW Network 16.3 - Comet TV
- 17.1 KWVT (Portland)
- 27.1 KSLM (Salem)
- 28.1 PBS/OPB (Eugene)
- 28.2 PBS/OPB Plus (Eugene)
- 28.3 OPB Radio (Eugene)
- 34.1 FOX/KLSR (Eugene)
- 34.2 My TV/KEVU (Eugene)
- 37.1 Azteca/Oregon (Spanish)
- 38.1 KHWB/NRB (Springfield)
- 38.2 KHWB/Cornerstone (Spfd) 38.3 - KHWB/Daystar (Springfield)
- 44.1 Pursuit TV (Hunting/Fishing)
- 44.2 360 North (KTOO2, Alaska)
- 44.3 NEWSMAX-TV
- 44.4 FAMILY
- 44.5 Heartland Network
- 44.6 Rev'n-TV Network
- 44.7 PBJ TV Network 47 1 - AMG-TV (Movies)

1 Charter Cable 1 SLTV Cottage	e Grove 1 SLTV London
outh Lane County since 1957.	47.4 - TV SCHEDULE/KNND Radio
fit organization	47.3 - BIZ-TV (Bus. News & Features)
e Television, Inc.	47.2 - TUFF-TV Network
service possible.	47.1 - AIVIG-1 V (IVIOVIES)

WE	WEEKDAY MORNING  ① Charter Cable ② SLTV Cottage Grove 1 SLTV London																
	7 AM 7:30 8 AM 8:30								9:30	10 AM	10:30	11 AM	11:30	12 PM	12:30		
KEPB	7	28.1	28.1	Nature	Curious	Tiger	Tiger	Sesame	Peg	Dinosaur	Dinosaur	Super	Thomas	Varied Prog	grams		
KEVU	12	34.2	34.2	Varied	Paid	Good Day	Oregon	Minute	Celebrity	Movie		Varied Programs		Crime W.	Varied		
KEZI	4	90	9.1	Good Morn	ing America	1		Live With k	Celly	The View		KEZI 9 Nev	vs Midday	The Chew			
KLSR	11	34.1	34.1	KVAL News	s on Fox	Copeland	Wom	Varied	Divorce	Judge Mat	his	The People	's Court	The 700 Club			
KMTR	6	161)	16.1	Today				Today		Today		The 700 Cl	ub	The Doctors			
CW	14	16.2	16.2	Intellig.	Cops Rel.	Steve Wilk	os Show	Steve Wilk	os Show	Crazy	Crazy	Cheaters	Cheaters	Paid	Paid		
KOBI		61)		Today				Today		Today		Paid	Insider	The Doctor	'S		
KPTV		121)		Good Day	Oregon			Good Day	Or.	The 700 Cl	ub	Paid	Paid	Rachael	Varied		
KRCW	14			(6:00) Eye	Opener	Celebrity	Celebrity	Jerry Sprin	iger	Maury		Steve Wilk	os Show	Jerry Sprin	ger		
KVAL	8	13.1	13.1	CBS This N	Morning			KVAL News	s at 9am	The Price I	s Right	Young & R	estless	News	Bold		
THIS		13.2	13.2	Movie	Varied Pro	grams		Movie		Varied Pro	grams	Movie		Varied Programs			
PURS		44.1		Varied Prog	Varied Programs												
KT002		44.2		Varied Prog	Varied Programs												
OPB+		28.2	28.2	Newsline   Sit/Be Fit   Varied Programs													
A&E	23			Parking	Parking	Dog Bount	y Hunter	Dog Bounty Hunter				Criminal M	inds	Criminal M	inds		
AMC	24			Paid	Paid	Paid	Paid	Movie	Varied Pro	grams	ırams				Movie		
AMG		471)		Balancing	Balancing	Varied	Business	Judge	Judge	Ask Dr. Na	ndi	Insider	OK! TV	Varied	Traveler		
DISC	30			Paid	Paid	J. Meyer	Paid	Varied Pro	grams								
DISN	21			Pirates	Mickey	Tmrrwlan	PJ Masks	Mickey	Goldie	Sofia	Doc	Wil. West	Mickey	PJ Masks	Mickey		
ESPN	31			SportsCent	ter	SportsCen	ter	SportsCen	ortsCenter SportCtr Outside			Football	NFL Inside	rs	NFL Live		
FAM	32			Gilmore Gi	rls	Gilmore Gi	rls	700 Club S	pecial Prog	ramming		Varied Pro	grams				
FX	45			Movie				Movie				Varied	Two Men	Two Men	Mother		
ION	20	141)		Paid	Feldick	Varied Pro	grams	NUMB3RS		NUMB3RS		Varied Pro	grams				
LIFE	29			Paid	Balancing	Unsolved I	Nysteries	Unsolved N	Aysteries	Unsolved I	Nysteries	Frasier	Frasier	Mother	Mother		
NICK	39			Sponge.	Sponge.	Sponge.	Blaze	PAW	PAW	Mutt	Umizoomi	Shimmer	Bubble	PAW	PAW		
SPIKE	38			Paid	Paid	Paid	Paid	Varied Pro	grams								
TBS	10			Married	Married	Married	Married	King	King	King	King	Cleveland	Cleveland	American	American		
TLC	41			Family	Varied Pro	grams		The Little C	Couple	48 Hours: I	48 Hours: Hard Evid.		48 Hours: Hard Evid.		48 Hours: Hard Evid.		
TNT	42			Charmed		Charmed		Supernatur	Supernatural Supernatural				al	Supernatural			
USA	15			Varied Prog	grams							Law & Order: SVU Law & Order: SV			er: SVU		

THU	JR	SD	ΑY	EVEN	IING	(	1 Charter	Cable 🚺 S	LTV Cottag	e Grove 1 S	SLTV Londo	n	J	ANUAF	₹Y 28
				7 PM	7:30	8 PM	8:30	9 PM	9:30	10 PM	10:30	11 PM	11:30	12 AM	12:30
KEPB	7	28.1	28.1	PBS News	Hour (N)	Art Beat	Field	Vera "On Harbour Stree		t" CC Mercy Stre		et CC Film		PBS NewsHour ()	
KEVU	12	34.2	34.2	Dr. Phil 🛈	CC	The Dr. Oz Show (N)		The Menta	The Mentalist ©		The Mentalist ©C		Portland Tosh.0 ()		Two Men
KEZI	4	91)	9.1	ET	Insider	Beyond the	Tank (N)	My Diet Is	Better Than	Yours (N)	CC	News	Jimmy Kim	mel Live	Nightline
KLSR	11	34.1	34.1	Fox News	Million.	American I	dol Hollywoo	d Week con	tinues.	News	Fox	Mod Fam	Mike	Two Men	Anger
KMTR	6	161)	16.1	Big Bang	Big Bang	You, Me an	ıd	The Blackl	ist (N) 🛈	Shades of	Blue (N)	NBC16	Tonight Sh	Meyers	
CW	14	16.2	16.2	Fam. Guy	Fam. Guy	DC's Leger	nds	The 100 (N	) CC	Seinfeld	Seinfeld	Cougar	Cougar	Raising	Commun
KOBI		<b>61</b> 0		NBC	ET	You, Me an	ıd	The Blackl	ist (N) 🛈	Shades of	Blue (N)	News	Tonight Sh	IOW	Meyers
KPTV		121)		FamFeud	FamFeud	American I	dol Hollywoo	d Week con	tinues.	10 O'Clock	News (N)	News	Raymond	Raymond	(:35) TMZ
KRCW	14			Mod Fam	Mod Fam	DC's Leger	C's Legends T		) CC	News	Holly	Mother	Mother	Friends	Friends
KVAL	8	131)	13.1	Jeopardy!	Wheel	Big Bang	Life in	(:01) Mom	Angel-	Elementary	(N) <b>(</b>	News	Late Show	-Colbert	Corden
THIS		13.2	13.2	*** "The	lma & Louis	e" (1991) Susan Sarandon. ★★ "Gang R			Related" (1997) ©			★★ "Shattered" (1991) ©			
PURS		44.1		Big Boys	Colorado	Paid	Explosion	Addiction	Shoot	ATSN:	American	Paid	Paid	Paid	Paid
KT002		44.2		Hometime	Travel	Americas	Cooking	Kitchen	Fresh	Taste	Peregrine	Cooking	Kitchen	Chefs	Moveable
OPB+		28.2	28.2	Doc Martin	<b>()</b> CC	New Tricks		World	T. Smiley	Charlie Ro	se (N) 🛈	PBS News	Hour ()	T. Smiley	T. Smiley
A&E	23			The First 4	8 CC	The First 48 © The First 48 (N) ①			(:01) Nightwatch (N) (:02) The F			irst 48 🛈	(12:01) The	First 48	
AMC	24			(5:30) "Red	Dawn"	*** "Bac	l Boys" (199	95) Martin La	wrence. 🚾		*** "The	e Italian Job" (2003) Mark Wahlberg. ©			
AMG		471)		Sanctuary	() CC	Da Vinci's	Inquest	"Fade to Black" (2006) Danny Husto			n. Cold Squad ()			Forensic	Forensic
DISC	30			To Be Ann	ounced	Fast N' Lou	ıd cc	Diesel Brothers () Diesel Br			thers ()	To Be Ann	ounced		
DISN	21			Austin	Mako	"Cloud 9"	(2014) 🕦 🚾		Liv-Mad.	Best Fr.	K.C.	Girl	Liv-Mad.	Jessie ()	Jessie ()
ESPN	31			College Ba	sketball	SportsCen	ter (N)	SportsCen	ter (N)	SportsCen	ter (N)	SportsCen	ter (N)	SportCtr	Australiar
FAM	32			(:15) ***	"Harry Pott	er and the D	eathly Hallo	ws: Part 1"	(2010) Dani	el Radcliffe.		The 700 Cl	ub 🚾	"The Wedd	ling Date"
FX	45			*** "The	Avengers"	(2012) Robe	rt Downey J	r., Chris Eva	ns.	Baskets	Baskets	Baskets	★ "The Be	nchwarmers	3" (2006)
ION	20	Œ)		Blue Blood	Is CC	Blue Blood	s cc	Blue Blood	ls 🚾	Blue Blood	ls CC	Blue Blood	ls 🔯	Blue Blood	s cc
LIFE	29			Runway: J	unior	Child Geni	us: Battle	Project Ru	nway: Junio	r (N)	(:32) Project	ct Runway:	Junior	Child Geni	us: Battle
NICK	39			Make,	Thunder	"Scooby-D	oo 2: Monst	ers Unleash	ned" 🛈	Full H'se	Full H'se	Friends	Friends	Friends	Friends
SPIKE	38			"Transforn	ners: Reven	ge of the Fa	llen" ()	Lip Sync	Lip Sync	Lip Sync	Lip Sync	Lip Sync	"Transforn	ners: Revenç	ge"
TBS	10			Seinfeld	Seinfeld	Broke Girl	Broke Girl	Big Bang	Big Bang	Broke Girl	Broke Girl	Conan (N)	CC	Broke Girl	Conan
TLC	41			My 600-Lb.	Life ()	My 600-Lb.	Life	Extreme W	eight Loss '	"Nyla" 🕦 🚾	yla" 🛈 🖾 Skin Tight			∩ © My 600-Lb. Life	
TNT	42			Basket	NBA Baske	etball Chicag	o Bulls at Lo	s Angeles La	akers.	Inside the	NBA (N)	NBA Basketball: Knicks at Raptors			
USA	15			Law & Ord	er: SVII	WWF Smar	ckDown! (N)	∩ cc		Colony (N)		Law & Order: SVII Law & Order: SVII			

WE	DN	ES	D/	AY EV	ENING	į (	1 Charter	Cable 1 S	LTV Cottag	e Grove 1 S	SLTV Londo	n	J	ANUAF	RY 27
				7 PM	7:30	8 PM	8:30	9 PM	9:30	10 PM	10:30	11 PM	11:30	12 AM	12:30
KEPB	7	28.1	28.1	PBS Newsl	Hour (N)	Nature (N)	() CC	NOVA (N)	Ô	Earthflight-Nat		Wings-Maggie		PBS NewsHour ()	
KEVU	12	34.2	34.2	Dr. Phil 🛈	CC	The Dr. Oz Show (N)		The Closer	() CC	The Closer	() CC	Portland	Tosh.0 ()	Broke Girl	Two Men
KEZI	4	ø	9.1	ET	Insider	Middle	Gold	Mod Fam	blackish	American (	Crime (N)	News	Jimmy Kim	nmel Live	Nightline
KLSR	11	34.1	34.1	Fox News	Million.	American I	dol (N) 🕦	(:01) Secon	nd Chance	News	Fox	Mod Fam	Mike	Two Men	Anger
KMTR	6	161	16.1	Big Bang	Big Bang	Myst-Laura	1	Law & Orde	er: SVU	Chicago P.	D. ()	NBC16	Tonight Sh	low	Meyers
CW	14	16.2	16.2	Fam. Guy	Fam. Guy	Arrow "A.W.O.L." (N)		Supernatur	ral (N) û	Seinfeld	Seinfeld	Cougar	Cougar	Raising	Commun
KOBI		<b>61</b> )		NBC	ET	Myst-Laura		Law & Orde	er: SVU	Chicago P.	D. ()	News	Tonight Sh	ow	Meyers
KPTV		121		FamFeud	FamFeud	American I	dol (N) 🕦	(:01) Secon	nd Chance	10 O'Clock	News (N)	News	Raymond	Raymond	(:35) TMZ
KRCW	14			Mod Fam	Mod Fam	Arrow "A.V	/.O.L." (N)	Supernatur	ral (N) 🛈	News	Holly	Mother	Mother	Friends	Friends
KVAL	8	131)	13.1	Jeopardy!	Wheel	Broke Girl Mike		Criminal Minds (N)		Code Black (N) ()		News Late Show		-Colbert	Corden
THIS		13.2	13.2	*** "Fro	zen River" (	2008) Meliss	a Leo.	★ "Gloria"	(1999, Crim	e Drama) Sh	aron Stone.			Greenwich Village"	
PURS		44.1		The	Whitetail	Open	Cabela's	Road	Whis	NWTF	Love Hunt	Paid	Paid	Paid	Paid
KT002		44.2		House	Steves	Music	Lidia	Cook	BBQ	Mexican	Italy	Lidia	Cook	Project	Moveable
OPB+		28.2	28.2	Practicing	Peac	Verdigris-Will Rogers		World	T. Smiley	Charlie Ro	se (N) 🛈	PBS NewsHour ()		T. Smiley	T. Smiley
A&E	23			Duck D.	Duck D.	Duck D.	Duck D.	Duck D.	Duck D.	TBA	Duck D.	Duck D.	Duck D.	Duck D.	Duck D.
AMC	24			"Live Free-	Die"	* * "Red [	<b>Dawn</b> " (1984	, Action) Pat	rick Swayze.	CC	★★ "Snipe	er" (1993, Ac	tion) Tom Be	erenger.	Matrix
AMG		471)		Sanctuary	O CC	Da Vinci's Inquest "Palo Alto" (2007) Aard			on Ashmore. Cold Squa			d () Forensic		Forensic	
DISC	30			Dual Surviv	val 🚾	Dual Survival		Dual Survival ©		Survivorman: Wild		(:01) Dual Survival ()		Survivorman: Wild	
DISN	21			Austin	Mako	K.C.	K.C.	Liv-Mad.	Bunk'd	Best Fr.	K.C.	Girl	Liv-Mad.	So Raven	So Raven
ESPN	31			Basket	NBA Baske	etball: Mave	ricks at Warri	ors		SportsCen	ter (N)	SportsCent	ter (N)	SportCtr	Australian
FAM	32			(:15) <b>★</b> ★ "I	Dark Shado	ws" (2012) J	lohnny Depp	, Michelle Pfe	eiffer.	Recovery F	Road ()	The 700 Cl	ub 🚾	"The Perfe	ct Man"
FX	45			★ "That's I	My Boy"	★★ "The l	nternship" (	2013, Comed	dy) Vince Va	ughn.	★★ "The li	nternship" (	2013, Come	dy) Vince Va	ughn.
ION	20	141)		Law & Orde	er 🚾	Law & Ord	er 🚾	Law & Orde	er 🚾	Law & Ord	er 🚾	Law & Ord	er 🚾	Law & Ord	er 🚾
LIFE	29			Little Women: LA		Little Wom	en: LA	Little Wom	en: LA	Little Wom	en	Little Wom	en	Little Wom	en: LA
NICK	39			Make,	Thunder	Henry	Nicky	Nicky Full H'se Full		Full H'se	Full H'se	Friends	Friends	Friends	Friends
SPIKE	38			★★ "Iron N	Man 2" (2010	), Action) Ro	bert Downey	Jr. 🛈		★ "G.I. Joe	: The Rise o	of Cobra" (2	009) Channii	ng Tatum. 🛈	
TBS	10			Seinfeld	Seinfeld	Big Bang	Big Bang	Big Bang	Big Bang	Big Bang	Big Bang	Conan (N)	CC	Broke Girl	Conan
TLC	41			My 600-Lb.	Life ()	My 600-Lb.	Life ()	My 600-Lb.	Life ()	Skin Tight	(N) CC	My 600-Lb.	Life ()	Skin Tight () ©	
TNT	42			Castle ()		Castle ()		Castle ()		Castle ()		Castle ()	CSI: NY 🛈 🚾		
	1	1										1	1		

NCIS CC (DVS)

Suits "Blowback" (N) | Mod Fam | Mod Fam | Mod Fam | Mod Fam

**JANUARY 29** 

WEI	ΕK	DA	Υ	AFTEI	RNOOI	N (	1 Charter	Cable 1 S	LTV Cottag	e Grove 1 S	SLTV Londo	n					
				1 PM	1:30	2 PM	2:30	3 PM	3:30	4 PM	4:30	5 PM	5:30	6 PM	6:30		
KEPB	7	28.1	28.1	Charlie Ro	se (N) ①	Nature	Builder	Cat in the	Arthur	Martha	WordGirl	Odd	Wild Kratt	Varied	Business		
KEVU	12	34.2	34.2	Law CI	Varied	Wendy Williams		The Real		Dish Nat.	Holly	TMZ (N)	Portland	The 700 CI	ub 🚾		
KEZI	4	90	9.1	General Ho	spital (N)	Rachael Ra	y CC	Hot	Hot	Jdg Judy	Jdg Judy	News	ABC	News	News		
KLSR	11	34.1	34.1	Friends	Friends	Raymond	Middle	Cleveland	FamFeud	FamFeud	Anger	Broke Girl	Mike	Mod Fam	Simpsons		
KMTR	6	16.1	16.1	Days of ou	r Lives (N)	Steve Harv	ey 🔯	Meredith V	ieira	Ellen DeGe	eneres	NBC 16	NBC 16	News	NBC 16		
CW	14	16.2	16.2	Paid	Paid	Rules	Rules	Bill Cunningham		King	King	King/Hill	Cleveland	American	American		
KOBI		61)		Days of ou	r Lives (N)	Meredith Vieira FABLife ♠ © T			The Dr. Oz	Show ()	News	News	News	News			
KPTV		121		Wendy Wil	liams	The Real		TMZ Live (	N) CC	Jdg Judy	Jdg Judy	5 O'Clock	News (N)	6 O'Clock	News (N)		
KRCW	14			Bill Cunnin	gham	Maury 🛈 🛭	C	Steve Wilk	os Show	Crime Wat	ch Daily	Two Men	Two Men	Seinfeld	Seinfeld		
KVAL	8	13.1	13.1	The Talk (	CC	Let's Make	a Deal	Deal The Dr. Oz Show ①			CC	News	CBS	News	Inside Ed.		
THIS		13.2	13.2	Movie			Movie						Movie				
PURS		44.1		Varied	Paid	Varied Pro	grams										
KT002		44.2		Steves Varied Programs					Moveable	Varied Pro	grams	Lidia	Cook	Project	Moveable		
OPB+		28.2	28.2	Varied Programs T. Smiley New			News	DW News	Business	PBS News	Hour (N)	Varied Pro	grams				
A&E	23			Criminal Minds The First 48			8	The First 4	8	Varied Pro	grams						
AMC	24			(12:00) Mo	vie	Varied Pro	grams						Movie				
AMG		471)		Movie				Planet X	Whacked	Forensic	Forensic	Leverage [	CC	Republic o	f Doyle ()		
DISC	30			Varied Pro	grams												
DISN	21			Sofia	Sofia	The 7D	Mako	Varied Pro	aried Programs								
ESPN	31			NFL Live	Question	Around	Pardon	SportsCen	ter (N)	College Ba	sketball	Varied Pro	grams	College Basketball			
FAM	32			Varied Pro	grams	Middle	Varied Pro	grams									
FX	45			Mother	Mother	Varied Pro	grams	Two Men	Two Men	Mike	Mike	Movie	Varied Pro	grams			
ION	20	141)		Varied Pro	grams												
LIFE	29			Grey's Anatomy Grey's Anatomy			Grey's Ana	ntomy	Grey's Ana	atomy	Varied Pro	grams					
NICK	39			Blaze	Blaze	Alvinnn!!!	Parents	Sponge.	Sponge.	Sponge.	Sponge.	Alvinnn!!!	Alvinnn!!!	Henry	Thunder		
SPIKE	38			Movie	Varied Pro	grams											
TBS	10			American	American	Fam. Guy	Fam. Guy	New Girl	New Girl	Friends	Friends	Friends	Friends	Seinfeld	Seinfeld		
TLC	41			Dateline: R	eal Life	Dateline: R	eal Life	Dateline: R	leal Life	Dateline: F	leal Life	Dateline: R	Real Life	Varied Pro	grams		
TNT	42			Bones		Bones		Bones		Castle		Varied Programs					
USA	15			Law & Ord	er: SVU	Law & Ord	er: SVU	Law & Ord	er: SVU	Law & Ord	er: SVU	Law & Ord	er: SVU	Law & Ord	er: SVU		

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				7 PM	7:30	8 PM	8:30	9 PM	9:30	10 PM	10:30	11 PM	11:30	12 AM	12:30
KEPB	7	28.1	28.1	PBS News	Hour (N)	Wash	Idols	Scott & Ba	iley ©	Luther	Luther			PBS NewsHour ()	
KEVU	12	34.2	34.2	Dr. Phil 🛈	CC	The Dr. Oz Show (N)		Bones () ©		Bones () CC		Portland Tosh.0 ()		Broke Girl	Two Men
KEZI	4	90	9.1	ET	Insider	Last Man Dr. Ken		Shark Tank	Shark Tank ©		O CC	News	Jimmy Kim	mel Live	Nightline
KLSR	11	34.1	34.1	Fox News	Million.	MasterChet	rChef () Hell's Kitchen (N) No		News	Fox	Mod Fam	Mike	Two Men	Anger	
KMTR	6	<b>(61)</b>	16.1	Big Bang	Big Bang	Undate	Super	Grimm (N)	Ô	Dateline N	BC ©	NBC16	Tonight Show		Meyers
CW	14	16.2	16.2	Fam. Guy	Fam. Guy	The Vampii	re Diaries	The Origina	als (N) ()	Seinfeld	Seinfeld	Cougar	Cougar Raising		Commun
KOBI		61)		NBC	ET	Undate	Super	Grimm (N)	Û	Dateline N	3C ©	News	Tonight Show		Meyers
KPTV		121)		FamFeud	FamFeud	MasterChet	fû	Hell's Kitch	nen (N)	10 O'Clock	News (N)	News	Raymond	Raymond	(:35) TMZ
KRCW	14			Mod Fam	Mod Fam	The Vampii	re Diaries	The Origina	als (N) ()	News	Holly	Mother	Mother	Friends	Friends
KVAL	8	131)	13.1	Jeopardy!	Wheel	Undercove	r Boss (N)	Hawaii Five	e-0 CC	Blue Blood	s CC	News	Late Show	·Colbert	Corden
THIS		13.2	13.2	*** "No	Way Out" (1	987) CC		★★★ "Nar	row Margin'	" (1990) 🚾			ust" (2001)	Ryan Phillippe. ©	
PURS		44.1		Koenig	Guns &	Paid	Outd'r	Fisher	Carnivore	Outdoors	Koenig	Paid	Paid	Paid	Paid
KT002		44.2		Old	Globe Trek	ker ()	Lidia	Cook	Simply	Sara's	Equitrek	Lidia	Cook	Project	Moveable
OPB+		28.2	28.2	WPC 56 ()	CC	The Last E	nemy 🔯	T. Smiley		Charlie Rose (N) ()		PBS NewsHour ()		T. Smiley	T. Smiley
A&E	23			Criminal M	inds ()	Criminal Mi	inds ()	(:01) Unfor	gettable	(:01) Unfor	gettable	(:02) Crimii	nal Minds	Criminal M	inds ()
AMC	24			(5:30) "Bad	l Boys"	★★ "Rocky IV" (1985) Sylvester Stallone.				★★★ "Firs	t Blood" (19	982, Action) [	CC	"Rambo Pa	art II"
AMG		<b>47</b> 0		Sanctuary	() CC	Da Vinci's Inquest "The Grave" (2001, Dran			ama) E. Roberts. Cold Squa					Forensic	
DISC	30			Gold Rush	() CC	Gold Rush	- The Dirt	(:01) Gold I	Rush (N)	Deadliest J	ob	(:03) Gold I	Rush ()	Deadliest Job	
DISN	21			Bunk'd	Mako	Star Darl.	K.C.	K.C.	Girl	Gravity	Gravity	K.C.	K.C.	Jessie ()	Jessie ()
ESPN	31			Winter X G	ames	SportsCent	ter (N)	SportsCent	ter (N)	SportsCen	ter (N)	SportsCent	ter (N)	Aust. Open	
FAM	32			(6:00) **	"Twilight" (2	2008, Romance) Recovery Road ()			Shadowhunters () The 700 C			lub © "Robin Hood"			
FX	45			"The Aven	gers"	★★ "The V	Volverine" (2	2013) Hugh J	Jackman, Hir	oyuki Sanad	а.	★★ "The V	Volverine" (	2013, Action)	1
ION	20	Œ)		Criminal M	inds ()	Criminal Mi	inds ()	Criminal M	inds ()	Criminal M	inds ()	Saving Hop	oe ()	Saving Hop	oe ()
LIFE	29			Bring It! "Hell Week"		Bring It! (N	) CC	Bring It! (N	) CC	(:02) The R	ap Game	Little Wom	en	(12:02) Brir	ng It!
NICK	39			Make It Pop	p (N) 🛈	Parents	Harvey	Full H'se	Full H'se	Full H'se	Full H'se	Friends	Friends	Friends	Friends
SPIKE	38			Cops ()	Cops ()	Cops ()	Cops ()	Bellator MM	MA Live (N S	Same-day Ta	pe) 🛈	(:15) Cops	Cops ()	Cops ()	Jail ©
TBS	10			Seinfeld	Seinfeld	Broke Girl	Broke Girl	Broke Girl	Broke Girl	★★ "We're	the Millers	" (2013) Jenr	nifer Aniston.		Angie
TLC	41			Say Yes	Say Yes	Say Yes	Say Yes	Say Yes	Say Yes	Love;	Swipe	Say Yes	Say Yes	Love;	Swipe
TNT	42			Bones ()	C	★★★ "The	Blind Side"	(2009) Sand	dra Bullock.	★★ "Flight		tplan" (2005) Jodie Foste		er.	Red Eye
USA	(15)			Mod Fam	Mod Fam	Mod Fam	Mod Fam	Mod Fam	Mod Fam	Mod Fam	Mod Fam	Mod Fam	Mod Fam	★★ "The P	ronosal"

1 Charter Cable SLTV Cottage Grove 1 SLTV London