

CALENDAR CHOICES

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THURSDAY

9-10 a.m.: Adult Ukulele Class. Free at CG Library with Nolene. Ukuleles provided.

9-10 a.m.: KNND 1400 AM Beeper Show. Call in discussion show - various topics/guests. 541-942-5548

10 a.m.: NAMI. At Jack Sprats on Main St. Info: 541-343-7688

10 a.m.-1 p.m.: Creswell's Over-40 Social Club. At Creswell Community Center, 99 S. 1st St, one block south of City Hall. Meet friends old and new. Socialize, learn Tai Chi, learn drawing or painting, play games, work puzzles, do chair yoga, hear speakers, bring handwork, share refreshments. All adults welcome. Info: <http://www.facebook.com/creswellover40>

10:30-11:30 a.m.: Sing-Along. At CG Community Center, 700 E. Gibbs Ave. All welcome.

11 a.m.-2 p.m.: Closet at 6th and Gibbs. Church of Christ 6th and Gibbs, together with Lane Pregnancy Support Center, offer diapers and maternity, infant and other clothing sizes as supplies allow.

Noon: CG Rotary Club. Stacy's Covered Bridge Restaurant, 401 E. Main. Info: 541-942-9489.

4 p.m.: Alzheimer's Caregiver Support. Support group for families caring for family members with Alzheimer's meet at Magnolia Gardens. Info: 541-942-0054.

4-6 p.m.: Ping Pong. Free at CG Community Center Reception Hall, 700 E. Gibbs Ave.

5:15-6:15 p.m.: TLC Community Kitchen. Free. Trinity Lutheran Church, 675 S. 7th. Doors Open 5 pm. Info: 541-942-2373.

7 p.m.: South Lane County Fire and Rescue Board Meeting. Open to the public. At Station 2-1, 233 E. Harrison Ave. Info: 541-942-4493 or 942-3395.

7:30 p.m.: Eastern Star #4. Meets at the Masonic Center, 33322 Row River Rd. Members only.

1:30-3 p.m.: NAMI Connection. At Healing Matrix, 632 Main St. Support group program for people living with mental health issues and is operated by peers for peers. Info: 541-343-7688

5-6 p.m.: Stand for Peace/Occupy CG. Rally in the Community Square, 7th and Main Streets.

5:30-7:30 p.m.: Fourth Friday Fish Fry. Cottage Grove Elks Lodge, 755 N. River Rd. Menu includes: Fish and Chips w/Cole Slaw. 1 piece basket \$5, 2 piece basket \$7, 3 piece basket \$9. Karaoke 8pm till ??? Info: 541-942-3554

6:30 p.m.: Celebrate Recovery. Christ centered recovery pro-

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SUNDAY

8-11 a.m.: Community Breakfast. Elks Lodge, 755 N. River Rd. All you can eat! Ham and/or sausage, eggs the way you like 'em, biscuits & gravy, pancakes, French toast, hash browns, coffee and juice. Adults \$6; Kids \$3. Info: 541-942-3554

12 p.m.: CPR/AED Class. Adult, child and infant skills taught and practiced. At CG Seventh-day Adventist Church, 820 S. 10th St. Free, but if you need a

5 p.m.: Teen Games. Cottage Grove Library. Tween and Teens invited to play board games. Play available ones at library or bring some from home. Bring a friend or two!

6:30 p.m.: Spanish Storytime. At Cottage Grove Library, 700 E. Gibbs Ave.

6:30-7 p.m.: Parents Connect. Fun-filled hour of story-time and literacy activities, songs and crafts. Presented in English and Spanish. For you and your children aged up to 6 years old to enjoy books at the library with support from S. Lane School District Family Resource Center. Library is located at 700 E. Gibbs, Ave.

community Center, 99 S. 1st St, one block south of City Hall. Meet friends old and new. Socialize, learn Tai Chi, learn drawing or painting, play games, work puzzles, do chair yoga, hear speakers, bring handwork, share refreshments. All adults welcome. Info: <http://www.facebook.com/creswellover40>

1:30-3 p.m.: Parkinson's Disease Care Partner Support Group. Partners and caregivers meet for open sharing info and mutual support. At Eugene Mindworks, 207 E. 5th Ave., Eugene. Info: 541-345-2988

3 p.m.: Veterans Support Services. Reps and caseworkers from

Hwy 99N.

9-10 a.m.: KNND 1400 AM Beeper Show. Call in discussion show - various topics/guests. 541-942-5548

10 a.m.-Noon: Genealogical Discussion Group. CG Community Center, 700 E. Gibbs Ave.; Free discussion on genealogical topics such as: research strategy, internet research, genealogical computing, sources and much more. Contact: 541-942-9570.

Noon: Kiwanis Club of CG. El Tapatio, 725 E. Gibbs Ave. Info: Cleo Dahlen 541-767-0795.

1-4 p.m.: Pinochle Playing. All ages men and women at Senior Center in CG Community Center, 700 E. Gibbs. Any level of player. (Wed. and Fri.) Info: 541-942-3694

2-3 p.m.: CG Children's Choir. Accepting students ages 6-11. Rehearsals held at First Presbyterian Church. No audition necessary. Call Joanna Newton for registration information 541-942-4550.

6 p.m.: Community Dinner. Free. Church of the Nazarene, 152 S. M St. Info: 541-942-4422.

6:30-9:30 p.m.: Bingo. Cottage Grove Elks Lodge, 755 N. River Rd. Public Welcome. Info: 541-942-0234

7-8:30 p.m.: NAMI Connection. At Healing Matrix, 632 Main St. Support group program for people living with mental health issues and is operated by peers for peers. Info: 541-343-7688

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1551 East Main Street • Cottage Grove • (541) 942-8437

gram for hurts, habits and hang-ups. At Calvary Chapel Cottage Grove, 1447 Hwy 99 N. Harvey Epperson, Ministry leader 541-520-8071.

7 p.m.: "Flashbak". Presented by North Douglas Performing Arts Council at Drain Civic Center, 205 W. A St.. Classic rock and 50's, 60's and 70's music. Admission \$5 pp. Doors open 6:30 p.m. Info: www.ndpac.org

course completion card there is a \$20 fee for the card. Books available for use at the class. MUST pre-register at 541-942-6943.

5-6 p.m.: "Sunday Supper". Free supper and brown bag meal to take. Cottage Grove Community Center. Volunteers encouraged to help.

5 p.m.: "The Martian". Free family movie at London Grange on London Rd. MPI0. Rated PG-13.

6:30-8 p.m.: Women's Support Group. Call Womenspace for location, 541-767-3879. Womenspace Crisis Line 24/7 is 541-485-6513.

7 p.m.: NAMI. Friends and family free support group at Healing Matrix, 632 Main St. Info: 541-214-1473.

7 p.m.: Overeaters Anonymous. First Presbyterian Church, 216 S. 3rd St. (corner 3rd and Adams). Enter on 3rd St. No dues, fees or weigh-ins. Info: Saunders 541-942-5883.

7 p.m.: CG City Council. City Hall, 400 Main St. Info: 541-942-5501.

the VA available to help veterans connect to resources and benefits. At Healing Matrix, 632 E. Main St. Info: 541-767-3707

4-5 p.m.: CG Youth Choir. Students age 12-16 may join. Rehearsals at First Presbyterian Church. Call Joanna Newton 541-942-4550 to audition and register.

5 p.m.: Science Pub - "Truffles of Willamette Valley". Coast Fork Willamette Watershed Council meets at The Axe & Fiddle Public House, 657 E. Main St. 5-6pm is socializing and updates; 6-7pm is featured speaker or topic. 10% of food and beverage sales ALL NIGHT will be donated to Watershed Council - just tell your server you'd like to support them. Info: www.coastfork.org

5:15-6:15 pm: TLC Community Kitchen. Free. Trinity Lutheran Church, 675 S. 7th. Doors Open 5 pm. Info: 541-942-2373.

6:30-8:30 p.m.: Friends of Mount David. Meets at CG Museum Admin. Offices, corner of H and Birch. Info: 541-942-4269.

7 p.m.: Axe and Fiddle Open Mic Night. Free admission. Sponsored by KSOW 106.7 FM LP Info: 541-942-1067

7 p.m.: CG Recreation Assoc. Meeting. Regular meeting of the CGR board of directors at 1440 S. 8th St. Info: 541-942-3079.

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FRIDAY

9 a.m.: Bloodmobile. The Lane Blood Center Bloodmobile will be at the CG High School, 1375 S. River Rd., Cottage Grove. Call 541-484-9111 for an appt. or for more information.

9-10 a.m.: KNND 1400 AM Beeper Show. Call in discussion show - various topics/guests. 541-942-5548

10:30 a.m.: Story Time for Tots. Cottage Grove Library. Ages 0-6 recommended (w/parental supervision) to listen to stories and participate in fun filled age appropriate fun.

1 p.m.: Dorena Grange #835 Meeting. Dorena Grange, 34360 Row River Road. Public invited. Info: Joe Snook 541-942-4733

1-4 p.m.: Pinochle Playing. All ages men and women at Senior Center in CG Community Center, 700 E. Gibbs. Any level of player. (Wed. and Fri.) Info: 541-942-3694

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SATURDAY

10 a.m.-1 p.m.: cgFEAST2. At Healing Matrix, 632 E. Main St. Local Food Movement update and discussion of 2016 action plan.

Noon-3 p.m.: Native American Cultural Event. Free to attend at CG Library, 700 E. Gibbs Ave. Nez Perce Elder and great-grand grandson of Chief Joseph, Roy Hayes Jr., will share storytelling, drumming, singing and other cultural aspects of Pacific NW People. Native items on display and more.

4 or 6:30 p.m.: 7th Annual Crab Feed. Benefits Habitat for Humanity in Cottage Grove. At OLPH Catholic Church, 1025 N. 19th, at 4 p.m. or 6:30 p.m. \$25 pp. Limited seating, so pre-purchase tickets at Bookmine, 702 E. Main or Habitat Office, 2155 Getty Circle or call 541-767-0358.

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MONDAY

9-10 a.m.: KNND 1400 AM Beeper Show. Call in discussion show - various topics/guests. 541-942-5548

11 a.m.-2 p.m.: Closet at 6th and Gibbs. Church of Christ 6th and Gibbs, together with Lane Pregnancy Support Center, offer diapers and maternity, infant and other clothing sizes as supplies allow.

12:45 p.m.: Bingo. Reception Room at Community Center, 700 Gibbs. Public welcome. 5 cents per card per game

1-4 p.m.: Pine Needle Basketry. Instruction for making pine needle baskets for those 12 years and older. Materials cost depends on project. At Crafty Mercantile on Main Street. Info: Pat Easton 541-530-9221

1:30 p.m.: Classic Movie Film Festival. A different "classic" movie every month! In Shepherd Room of Cottage Grove Community Center, 700 E. Gibbs Ave. Free popcorn and drinks.

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TUESDAY

9-10 a.m.: KNND 1400 AM Beeper Show. Call in discussion show - various topics/guests. 541-942-5548

12 p.m.: South Lane Wheels Board Meeting. 1450 Birch Ave. Open to public. Open comment period provided. Agenda and minutes posted at www.southlanewheels.org. For more info: Ruth Linoz, Executive Director, 541-942-0456

11 a.m.-2 p.m.: Adventist Community Services. 820 S. 10th St. Free clothes, shoes, bedding and emergency food boxes. Does NOT pay for electricity, gas, pharmacy or other such bills. Good useable donations welcome (clothes, bedding, bathroom, kitchen towels).

1-3 p.m.: Creswell's Over-40 Social Club. At Creswell Com-

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WEDNESDAY

7 a.m.: Kiwanis Club Sunrises. Koffee Kup Restaurant, 1241



Zero In on a New Career

Professional Management 216
 Assistant Manager

EXERCISE and FUN

KIDS CLUB
 South Lane School District grades 1-5.
 After school to 6 p.m. Mon-Fri on regular school days.
 Supervised play, homework help and snack.
 Cost: 1st child \$60/mo.; siblings \$40/mo.
 Info: cgkidsclub@gmail.com 541-946-3035
Yoga & Meditation
 CG Community Center, 700 E. Gibbs Ave.
 All levels with Gloria.
 Mondays 5-6:15 p.m.
 No class on holidays.
 \$5/class

CG Community Center, 700 E. Gibbs Ave.
 Info: Jane L. Guerber 541-942-5876
 Wed.: 6 pm \$5/session
Cottage Grove Therapy Pool
 Aquatic Exercise Classes
 Community Center, 700 E. Gibbs Ave.
 Info: Teresa 541-942-1185
 8:30-9:30 am Mon.-Fri.;
 3:00-4:00 pm Tues. & Thurs.;
 11:00 am-12 pm Sat.

Warren H. Daugherty Aquatic Center
 1440 S. 8th St., 541-942-5533
 Call for public hours, lap swim hours, family swim hours and costs.

Shallow Water Aerobics
 Warren H. Daugherty Aquatic Center
 Mon, Wed, Fri 7:30-8:30 a.m.
 Call 541-942-5585 for more info & cost - first session free.

DRUG and ALCOHOL groups

Thursday
 6:30 p.m.: AA Meeting- Rush Hour. Open Meeting. At CG Community Center, 700 Gibbs Ave.
 6:30 p.m.: Al-Anon Meeting. At CG Community Center, 700 Gibbs Ave. Info: 541-554-7994 or 541-510-4228
 7 p.m.: Narcotics Anonymous Book Study. Open Meeting. At Knights of Columbus, 1025 N. 19th St. Contact: 541-225-7061.

Friday
 6:30 p.m.: Celebrate Recovery. At Calvary Chapel Cottage Grove, 522 E. Whiteaker Ave. Info: 541-520-8071
 7 p.m.: Open AA meeting - Good Medicine Group. At CG Community Center, 700 Gibbs Ave., in Activity Room. Info: Karen 541-513-5126.
 8 p.m.: AA meeting-Gratitude Group. Open meeting. At Knights of Columbus, 1025 N. 19th St. Info: 541-942-3942.

Saturday
 Noon: AA Meeting-Women's Good Grief Group. Closed meeting. Open to women alcoholics only. At Knights of Columbus, 1025 N. 19th St. Info: 541-942-0647 or 541-510-4228.
 8 p.m.: AA Meeting-Open Candlelight Group. CG Comm. Center, 700 Gibbs Ave. On the last Sat. of the month - Open AA Speakers Meeting.
 8 p.m.: Al-Anon Meeting-Step Study Group. CG Comm. Center, 700 Gibbs Ave.

Sunday
 Noon: AA Meeting. At Knights of Columbus, 1025 N. 19th St.
 6 p.m.: AA Meeting - New Beginnings. CG Comm. Center, 700 Gibbs Ave.
Monday
 7 p.m.: Nar-A-Non Family Meeting. CG Comm. Center, 700 Gibbs Ave. For family and friends of addicts.
 7 p.m.: AA Meeting- No Name Group. At Knights of Columbus, 1025 N. 19th St. Info: 541-942-3942.
 7 p.m.: Drug Addicts Anonymous. Book Study (DAA uses the AA Big Book). At Church of the Nazarene, 206 Cedar St., Drain, Ore. Info: 530-701-9150

Tuesday
 Noon: AA Meeting- Noon Group. Big Book Study meeting. At Knights of Columbus, 1025 N. 19th. Info: 541-942-3942.
 6:30 p.m.: Up the River Group. At Dorena Mercantile. Info: 541-946-1631
 7 p.m.: Narcotics Anonymous. "A Way Back to Reality", open participation. At CG Community Center, back room, 700 Gibbs Ave.

Wednesday
 7 a.m.: AA Open Meeting. At CG Community Center, 700 Gibbs Ave.
 7 p.m.: AA Meeting- Wednesday Night Beginners. Open meeting. At Knights of Columbus, 1025 N. 19th St. Info: 541-942-

WEIGHT LOSS

Tuesday
 5 p.m.: Weight Watchers. At Living Faith Assembly, 467 S. 10th St. 541-942-2612.

Thursday
 10 a.m.: TOPS OR85. Take Off Pounds Sensibly, a weight-loss support group. At the United Methodist Church, 334 Washington Ave., Fireside Room. Info: Ellen 541-942-0866 .

5:30 p.m.: TOPS OR969. Take Off Pounds Sensibly, a weight-loss support group. Weigh-In: 5:30 pm, Meeting: 6 pm. Meets at Jefferson Park Community Room, 325 5th Street. Info: Elaine 541-942-8547.

5:30 p.m.: TOPS OR1020 (Creswell). Take Off Pounds Sensibly, a weight-loss support group. Weigh-In: 5:30 pm, Meeting: 6 pm. Meets at Creswell Grange Hall, 298 W. Oregon Ave. Info: 541-895-3156.