

# CALENDAR CHOICES

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## THURSDAY

**8 a.m.: Chamber of Commerce Greeters Breakfast.** Chamber members that welcome new business to Cottage Grove and assist in networking among businesses. Fundraise for various charitable and educational purposes. Meet at Village Green Resort Restaurant. Info: Amanda 541-942-7300

**9-10 a.m.: Adult Ukulele Class.** Free at CG Library with Nolene. Ukuleles provided.

**9-10 a.m.: KNND 1400 AM Beeper Show.** Call in discussion show - various topics/guests. 541-942-5548

**10 a.m.: NAMI.** At Jack Sprats on Main St. Info: 541-343-7688

**10 a.m.-1 p.m.: Creswell's Over-40 Social Club.** At Creswell Community Center, 99 S. 1st St., one block south of City Hall. Meet friends old and new. Socialize, learn Tai Chi, learn drawing or painting, play games, work puzzles, do chair yoga, hear speakers, bring handwork, share refreshments. All adults welcome. Info: <http://www.facebook.com/creswellover40>

**11 a.m.-2 p.m.: Closet at 6th and Gibbs.** Church of Christ 6th and Gibbs, together with Lane Pregnancy Support Center, offer diapers and maternity, infant and other clothing sizes as supplies allow.

**Noon: CG Rotary Club.** Stacy's Covered Bridge Restaurant, 401 E. Main. Info: 541-942-9489.

**Noon: Lions Club.** Stacy's Covered Bridge Restaurant, 401 E. Main. Info: 541-767-0320.

**4-6 p.m.: Ping Pong.** Free at CG Community Center Reception Hall, 700 E. Gibbs Ave.

**5:15-6:15 p.m.: TLC Community Kitchen.** Free. Trinity Lutheran Church, 675 S. 7th. Doors Open 5 pm. Info: 541-942-2373.

**7-9 p.m.: Hearing Loss Assoc. of Lane County.** Hilyard Center, 2589 Hilyard, Eugene. The Mission of the Hearing Loss Association is to open the world of communication to people with hearing loss by providing information, education, support and advocacy. Meet 2nd Thurs. of ea. mo. Info: Linda Diaz 541-790-1290.

**7:30 p.m.: Lorane Rural Fire Protection District Board Meeting.** Open to the Public. At the Fire Station, 80287 Old Lorane Rd. Info: 541-942-1233.

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## FRIDAY

**9-10 a.m.: KNND 1400 AM Beeper Show.** Call in discussion show - various topics/guests. 541-942-5548

**10:30 a.m.: Story Time for Tots.** Cottage Grove Library. Ages 0-6 recommended (w/parental supervision) to listen to stories and participate in fun filled age appropriate fun.

**1-4 p.m.: Pinochle Playing.** All ages men and women at Senior Center in CG Community Center, 700 E. Gibbs. Any level of player. (Wed. and Fri.) Info:

541-942-3694

**1:30-3 p.m.: NAMI Connection.** At Healing Matrix, 632 Main St. Support group program for people living with mental health issues and is operated by peers for peers. Info: 541-343-7688

**5 p.m.: VFW Community Dinner.** Public and families always welcome. VFW Post #3473, 3160 Hillside Dr. Includes liver and onions, or chicken, mashed potatoes, veg. soup, salad and dessert. Adults \$8, Kids 6-17 \$3, 5 and under free. Handicap accessible. Drug, Smoke and Alcohol Free. Info: John Landon 541-946-3888

**5-6 p.m.: Stand for Peace/Oc-**

erald Valley Resort Event Center. Creswell. Social Hour No-Host Bar starts 5:30 p.m.; Dinner at 6:30 p.m. "Winter Wonderland" theme. Info: 541-942-2411

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## SUNDAY

**8-11 a.m.: Community Breakfast.** Masonic Lodge, 33322 Row River Rd. Adults \$6; Kids Free. OR bring a can or box of non-perishable food (given to Community Sharing) and get \$1 off of the price. Info: 541-942-2353.

**5-6 p.m.: "Sunday Supper".**

## DR. JONATHAN BACKER

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**cupy CG.** Rally in the Community Square, 7th and Main Streets.

**5-8 p.m.: Third Friday Steak Feed.** Cottage Grove Elks Lodge, 755 N. River Rd. Menu includes: Grilled Steak, Baked Potato, Veggies, Salad, Roll and Dessert. Adults \$9 Info: 541-942-3554

**6:30 p.m.: Celebrate Recovery.** Christ centered recovery program for hurts, habits and hang-ups. At Calvary Chapel Cottage Grove, 1447 Hwy 99 N. Harvey Epperson, Ministry leader 541-520-8071.

**6:30 p.m.: London Grange #937 Meeting.** London Grange, 72746 London Road. Public invited. Info: Dennis Chapman 541-942-9681

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## SATURDAY

**10 a.m.: CG Historical Society.** Program: Native Americans. CG Community Center, 700 E. Gibbs. Anyone interested in our area's history is welcome.

**2:30-3:30 p.m.: "Behind the Pages" Book Club.** At CG Public Library for ages 4-6 grades. Current book being discussed is "A Long Way From Chicago" by Richard Peck. Can still join in the fun even if you have not read the book.

**5 p.m.: Howard Steel Performing.** Free at Old Time Gospel Fellowship, 103 S. 5th St. Available for purchase.

**5:30 p.m.: CG Chamber of Commerce 67th Annual Awards & Installation Banquet.** At Em-

Free supper and brown bag meal to take. Cottage Grove Community Center. Volunteers encouraged to help.

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## MONDAY

**9-10 a.m.: KNND 1400 AM Beeper Show.** Call in discussion show - various topics/guests. 541-942-5548

**10 a.m.: Coffee and Conversation with Rev. Bobby.** At Backstage Bakery, corner of 7th and Main St. Topic: "We See All People, Beings & Life As Expressions of God". No charge to attend. Info: 907-230-5070 or Facebook page "CSLCottageGrove".

**11 a.m.-2 p.m.: Closet at 6th and Gibbs.** Church of Christ 6th and Gibbs, together with Lane Pregnancy Support Center, offer diapers and maternity, infant and other clothing sizes as supplies allow.

**12:45 p.m.: Bingo.** Reception Room at Community Center, 700 Gibbs. Public welcome. 5 cents per card per game

**1-4 p.m.: Pine Needle Basketry.** Instruction for making pine needle baskets for those 12 years and older. Materials cost depends on project. At Crafty Mercantile on Main Street. Info: Pat Easton 541-530-9221

**5 p.m.: Teen Games.** Cottage Grove Library. Tween and Teens invited to play board games. Play available ones at library or bring some from home. Bring a friend or two!

**5-6:30 p.m.: Community Dinner.** First Methodist Church, 334 Washington Ave. Adults \$5. Children free. Info: 541-942-3033

**6:30 p.m.: Spanish Storytime.** At Cottage Grove Library, 700 E. Gibbs Ave.

**6:30 p.m.: CG 912 Project.** Speaker: Brian Whiteside of VDOS Global discussing UVAs (drones). Open to all. Stacy's Covered Bridge Restaurant Conference Room, 401 E. Main St. Info: cg912project@gmail.com

**6:30-7 p.m.: Parents Connect.** Fun-filled hour of story-time and literacy activities, songs and crafts. Presented in English and Spanish. For you and your chil-

learn Tai Chi, learn drawing or painting, play games, work puzzles, do chair yoga, hear speakers, bring handwork, share refreshments. All adults welcome. Info: <http://www.facebook.com/creswellover40>

**1:30-3 p.m.: Parkinson's Disease Alternative & Supplemental Support Group.** Meets at Willamalane Adult Activity Center, 215 C St., Springfield. Topic is complementary approaches to managing the disease. Info: 541-345-2988

**3 p.m.: Veterans Support Services.** Reps and caseworkers from the VA available to help veterans connect to resources and benefits.

computing, sources and much more. Contact: 541-942-9570.

**10 a.m.-1 p.m.: Lane County Veterans Services.** American Legion Post, 826 Main St., Reps can help Veterans & their Dependents with applications for service connected compensation; non-service connected pension benefits; aid & attendance; applications for health care benefits; Dependent Indemnity Compensation & Widow's pension; educational benefits; and all other Department of Veteran Affairs matters. Info: Shannon V. Johnson 541-682-4191

**Noon: Kiwanis Club of CG.** El Tapatio, 725 E. Gibbs Ave. Info: Cleo Dahlen 541-767-0795.

**Noon-1:30 p.m.: Chamber of Commerce Board Members Lunch.** Bring your lunch. At CG Community Center, 700 E. Gibbs Ave.

**1-4 p.m.: Pinochle Playing.** All ages men and women at Senior Center in CG Community Center, 700 E. Gibbs. Any level of player. (Wed. and Fri.) Info: 541-942-3694

**2-3 p.m.: CG Children's Choir.** Accepting students ages 6-11. Rehearsals held at First Presbyterian Church. No audition necessary. Call Joanna Newton for registration information 541-942-4550.

**5:30 p.m.: Alzheimer's & Dementia Caregivers Support Group.** Middlefield Oaks Senior Living Community, 1500 Village Drive. Refreshments served. Info: 541-767-3943.

**6 p.m.: Community Dinner.** Free. Church of the Nazarene, 152 S. M St. Info: 541-942-4422

**6:30-8 p.m.: Young Onset Parkinson's Disease Support Group.** Meets at Riverbend Hospital, Conf. Rm. 12A, 3333 Riverbend Dr., Springfield. Family, friends and care partners welcome. Info: 541-345-2988

**6:30-9:30 p.m.: Bingo.** Cottage Grove Elks Lodge, 755 N. River Rd. Public Welcome. Info: 541-942-0234

**7 p.m.: Preceptor Beta Lambda. Beta Sigma Phi group** - meeting at Gloria Grigg's. Info: 541-942-9681.

**7-8:30 p.m.: NAMI Connection.** At Healing Matrix, 632 Main St. Support group program for people living with mental health issues and is operated by peers for peers. Info: 541-343-7688

**7:30 p.m.: CG Planning Commission.** City Hall, 400 E. Main St. Info: 541-942-5501.

dren aged up to 6 years old to enjoy books at the library with support from S. Lane School District Family Resource Center. Library is located at 700 E. Gibbs, Ave.

**6:30-8 p.m.: Women's Support Group.** Call Womenspace for location, 541-767-3879. Womenspace Crisis Line 24/7 is 541-485-6513.

**7 p.m.: Overeaters Anonymous.** First Presbyterian Church, 216 S. 3rd St. (corner 3rd and Adams). Enter on 3rd St. No dues, fees or weigh-ins. Info: Saunders 541-942-5883.

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## TUESDAY

**8-9 a.m.: Main Street Design Committee Meeting.** All welcome. To gather design ideas to enhance the business district. Meets in Sinclair Room at City Hall, 400 E. Main St. Info: Shauna 541-767-4119

**9-10 a.m.: KNND 1400 AM Beeper Show.** Call in discussion show - various topics/guests. 541-942-5548

**11 a.m.-2 p.m.: Adventist Community Services.** 820 S. 10th St. Free clothes, shoes, bedding and emergency food boxes. Does NOT pay for electricity, gas, pharmacy or other such bills. Good useable donations welcome (clothes, bedding, bathroom, kitchen towels).

**1-3 p.m.: Creswell's Over-40 Social Club.** At Creswell Community Center, 99 S. 1st St, one block south of City Hall. Meet friends old and new. Socialize,

At Healing Matrix, 632 E. Main St. Info: 541-767-3707

**3-4 p.m.: Alzheimer's Caregiver Support Group.** Willamalane Adult Activity Center, 215 W. C St., Springfield. Info: Molly 541-746-9703

**4-5 p.m.: CG Youth Choir.** Students age 12-16 may join. Rehearsals at First Presbyterian Church. Call Joanna Newton 541-942-4550 to audition and register.

**5:15-6:15 pm: TLC Community Kitchen.** Free. Trinity Lutheran Church, 675 S. 7th. Doors Open 5 pm. Info: 541-942-2373.

**6-7:30 p.m.: ACES Family Group.** Support group for family and friends of chemically addicted or abusing individuals. Activities provided for children. At Aces Counseling Center, 1551 E. Main St. Info: 541-767-3057.

**7 p.m.: CG Recreation Assoc. Meeting.** Regular meeting of the CGR board of directors at 1440 S. 8th St. Info: 541-942-3079.

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## WEDNESDAY

**7 a.m.: Kiwanis Club Sunrises.** Koffee Kup Restaurant, 1241 Hwy 99N.

**9-10 a.m.: KNND 1400 AM Beeper Show.** Call in discussion show - various topics/guests. 541-942-5548

**10 a.m.-Noon: Genealogical Discussion Group.** CG Community Center, 700 E. Gibbs Ave.; Free discussion on genealogical topics such as: research strategy, internet research, genealogical



## EXERCISE and FUN

**KIDS CLUB**  
South Lane School District grades 1-5.  
After school to 6 p.m. Mon-Fri on regular school days.  
Supervised play, homework help and snack.  
Cost: 1st child \$60/mo.; siblings \$40/mo.  
Info: [cgkidsclub@gmail.com](mailto:cgkidsclub@gmail.com)  
541-946-3035  
Yoga & Meditation  
CG Community Center, 700 E. Gibbs Ave.  
All levels with Gloria.  
Mondays 5-6:15 p.m.  
No class on holidays.  
\$5/class

Yoga & Meditation  
CG Community Center, 700 E. Gibbs Ave.  
All levels with Gloria.  
Saturdays 10-11:30 a.m. \$5/session  
No class on holiday weekends.  
Info: 541-912-7789

Beginners & Intermediate Yoga

CG Community Center, 700 E. Gibbs Ave.  
Info: Jane L. Guerber 541-942-5876  
Wed.: 6 pm \$5/session

Cottage Grove Therapy Pool  
Aquatic Exercise Classes  
Community Center, 700 E. Gibbs Ave.  
Info: Teresa 541-942-1185  
8:30-9:30 am Mon.-Fri.;  
3:00-4:00 pm Tues. & Thurs.;  
11:00 am-12 pm Sat.

Warren H. Daugherty Aquatic Center  
1440 S. 8th St., 541-942-5533  
Call for public hours, lap swim hours, family swim hours and costs.

Shallow Water Aerobics  
Warren H. Daugherty Aquatic Center  
Mon, Wed, Fri 7:30-8:30 a.m.  
Call 541-942-5585 for more info & cost - first session free.

## DRUG and ALCOHOL groups

Thursday  
6:30 p.m.: AA Meeting- Rush Hour. Open Meeting. At CG Community Center, 700 Gibbs Ave.

6:30 p.m.: Al-Anon Meeting. At CG Community Center, 700 Gibbs Ave. Info: 541-554-7994 or 541-510-4228

7 p.m.: Narcotics Anonymous Book Study. Open Meeting. At Knights of Columbus, 1025 N. 19th St. Contact: 541-225-7061.

Friday

6:30 p.m.: Celebrate Recovery. At Calvary Chapel Cottage Grove, 522 E. Whiteaker Ave. Info: 541-520-8071

7 p.m.: Open AA meeting - Good Medicine Group. At CG Community Center, 700 Gibbs Ave., in Activity Room. Info: Karen 541-513-5126.

8 p.m.: AA meeting-Gratitude Group. Open meeting. At Knights of Columbus, 1025 N. 19th St. Info: 541-942-3942.

Saturday

Noon: AA Meeting-Women's Good Grief Group. Closed meeting. Open to women alcoholics only. At Knights of Columbus, 1025 N. 19th St. Info: 541-942-0647 or 541-510-4228.

8 p.m.: AA Meeting-Open Candlelight Group. CG Comm. Center, 700 Gibbs Ave. On the last Sat. of the month - Open AA Speakers Meeting.

8 p.m.: Al-Anon Meeting-Step Study Group. CG Comm. Center, 700 Gibbs Ave.

Sunday  
Noon: AA Meeting. At Knights of Columbus, 1025 N. 19th St.

6 p.m.: AA Meeting - New Beginnings. CG Comm. Center, 700 Gibbs Ave.

Monday

7 p.m.: Nar-A-Non Family Meeting. CG Comm. Center, 700 Gibbs Ave. For family and friends of addicts.

7 p.m.: AA Meeting- No Name Group. At Knights of Columbus, 1025 N. 19th St. Info: 541-942-3942.

7 p.m.: Drug Addicts Anonymous. Book Study (DAA uses the AA Big Book). At Church of the Nazarene, 206 Cedar St., Drain, Ore. Info: 530-701-9150

Tuesday

Noon: AA Meeting- Noon Group. Big Book Study meeting. At Knights of Columbus, 1025 N. 19th. Info: 541-942-3942.

6:30 p.m.: Up the River Group. At Dorena Mercantile. Info: 541-946-1631

7 p.m.: Narcotics Anonymous. "A Way Back to Reality", open participation. At CG Community Center, back room, 700 Gibbs Ave.

Wednesday

7 a.m.: AA Open Meeting. At CG Community Center, 700 Gibbs Ave.

7 p.m.: AA Meeting- Wednesday Night Beginners. Open meeting. At Knights of Columbus, 1025 N. 19th St. Info: 541-942-

## WEIGHT LOSS

Tuesday  
5 p.m.: Weight Watchers. At Living Faith Assembly, 467 S. 10th St. 541-942-2612.

Thursday  
10 a.m.: TOPS OR85. Take Off Pounds Sensibly, a weight-loss support group. At the United Methodist Church, 334 Washington Ave., Fireside Room. Info: Ellen 541-942-0866 .

5:30 p.m.: TOPS OR969. Take Off Pounds Sensibly, a weight-loss support group. Weigh-In: 5:30 pm, Meeting: 6 pm. Meets at Jefferson Park Community Room, 325 5th Street. Info: Elaine 541-942-8547.

5:30 p.m.: TOPS OR1020 (Creswell). Take Off Pounds Sensibly, a weight-loss support group. Weigh-In: 5:30 pm, Meeting: 6 pm. Meets at Creswell Grange Hall, 298 W. Oregon Ave. Info: 541-895-3156.