



Micro Championship Wrestling
 MCW is a high-powered, explosive, athletic show with just the right touch of comedy thrown in to make it an event for all ages and demographics. These micro athletes may be short in stature, but they are giants in the world of entertainment. This half-hour program premieres on TUFF TV Friday, January 15th at 1:00 AM Pacific, and will repeat at 8:30 PM Pacific.

Home Talk

This series features nationally syndicated television and radio host, Michael King, whose mission is to serve as a home improvement and home construction expert. This half-hour show will address many topics and issues regarding home ownership, introduce the consumer to new and innovative products, provide access to industry experts, and much more. The series premiere of Home Talk on TUFF TV will be Friday, January 15th at 10:30 AM Pacific.

Time (PT)	MONDAY JANUARY 11	TUESDAY JANUARY 12	WEDNESDAY JANUARY 13	THURSDAY JANUARY 14	FRIDAY JANUARY 15	SATURDAY JANUARY 16	SUNDAY JANUARY 17
12:00 AM	ROCKTAGON MMA	WRESTLING WAR CLASSICS	FUTURE STARS OF WRESTLING	PPW - PARAGON PRO WRESTLING	PPW - PARAGON PRO WRESTLING	WHO?MAG TV	
12:30 AM						DMTV	RINGSIDE BOXING
1:00 AM	SLED HEAD 24/7	WINDY CITY POKER	BLITZ TV	HIP SHOW	MCW-MIDGET CHAMP WRESTLING	HEARTLAND POKER (CURRENT)	
1:30 AM	STREET KINGS		XFC MMA	XFC MMA	DAY ZERO		
2:00 AM	BLEND LINE TV	HEARTLAND POKER	HEARTLAND POKER	TCW WRESTLING	MIDTOWN	THE MARVIN SHOW	GLADIATORS OF THE CAGE
2:30 AM	THE MOTOCROSS FILES				SOPWITH TV	TALKING PICTURES	
3:00 AM	NETWORK PAID PROGRAMMING	NETWORK PAID PROGRAMMING	NETWORK PAID PROGRAMMING	NETWORK PAID PROGRAMMING	NETWORK PAID PROGRAMMING	NETWORK PAID PROGRAMMING	NETWORK PAID PROGRAMMING
3:30 AM	NETWORK PAID PROGRAMMING	NETWORK PAID PROGRAMMING	NETWORK PAID PROGRAMMING	NETWORK PAID PROGRAMMING	NETWORK PAID PROGRAMMING	NETWORK PAID PROGRAMMING	NETWORK PAID PROGRAMMING
4:00 AM	NETWORK PAID PROGRAMMING	NETWORK PAID PROGRAMMING	NETWORK PAID PROGRAMMING	NETWORK PAID PROGRAMMING	NETWORK PAID PROGRAMMING	NETWORK PAID PROGRAMMING	NETWORK PAID PROGRAMMING
4:30 AM	NETWORK PAID PROGRAMMING	NETWORK PAID PROGRAMMING	NETWORK PAID PROGRAMMING	NETWORK PAID PROGRAMMING	NETWORK PAID PROGRAMMING	NETWORK PAID PROGRAMMING	NETWORK PAID PROGRAMMING
5:00 AM	NETWORK PAID PROGRAMMING	NETWORK PAID PROGRAMMING	NETWORK PAID PROGRAMMING	NETWORK PAID PROGRAMMING	NETWORK PAID PROGRAMMING	NETWORK PAID PROGRAMMING	NETWORK PAID PROGRAMMING
5:30 AM	NETWORK PAID PROGRAMMING	NETWORK PAID PROGRAMMING	NETWORK PAID PROGRAMMING	NETWORK PAID PROGRAMMING	NETWORK PAID PROGRAMMING	NETWORK PAID PROGRAMMING	NETWORK PAID PROGRAMMING
6:00 AM	NETWORK PAID PROGRAMMING	NETWORK PAID PROGRAMMING	NETWORK PAID PROGRAMMING	NETWORK PAID PROGRAMMING	NETWORK PAID PROGRAMMING	NETWORK PAID PROGRAMMING	NETWORK PAID PROGRAMMING
6:30 AM	NETWORK PAID PROGRAMMING	NETWORK PAID PROGRAMMING	NETWORK PAID PROGRAMMING	NETWORK PAID PROGRAMMING	NETWORK PAID PROGRAMMING	NETWORK PAID PROGRAMMING	NETWORK PAID PROGRAMMING
7:00 AM	NETWORK PAID PROGRAMMING	NETWORK PAID PROGRAMMING	NETWORK PAID PROGRAMMING	NETWORK PAID PROGRAMMING	NETWORK PAID PROGRAMMING	NETWORK PAID PROGRAMMING	NETWORK PAID PROGRAMMING
7:30 AM	NETWORK PAID PROGRAMMING	NETWORK PAID PROGRAMMING	NETWORK PAID PROGRAMMING	NETWORK PAID PROGRAMMING	NETWORK PAID PROGRAMMING	NETWORK PAID PROGRAMMING	NETWORK PAID PROGRAMMING
8:00 AM	BETA RECORDS E/I	THE OUTDOORSMAN E/I	BETA RECORDS E/I	THE OUTDOORSMAN E/I	BETA RECORDS E/I	PETS IN PARADISE E/I	
8:30 AM	WM GREAT OUTDOORS	WM GREAT OUTDOORS	WM GREAT OUTDOORS	WM GREAT OUTDOORS	INSIDER EXCLUSIVE	MONEY TV	HEART OF HEALTH LIVE!
9:00 AM	ON THE POLE	ON THE POLE	ON THE POLE	ON THE POLE	WORLD TENNIS	LIP 'EM & RIP 'EM	COOP DREAMS
9:30 AM	SUZUKI GREAT OUTDOORS	SUZUKI GREAT OUTDOORS	SUZUKI GREAT OUTDOORS	SUZUKI GREAT OUTDOORS	BLEND LINE TV	ANGELING EDGE	3B OUTDOORS BC006
10:00 AM	HOUSECALLS	HOUSECALLS	HOUSECALLS	HOUSECALLS	HOUSECALLS (CURRENT)	DIVERS DOWN TV	REELIN' IN THE KEYS
10:30 AM	PLANET X	PLANET X	PLANET X	PLANET X	HOME TALK	SPORTINGDOG ADVENTURES	HOT RODS, CUSTOMS, CLASSICS
11:00 AM	CORE CULTURE	CORE CULTURE	CORE CULTURE	CORE CULTURE	CORE CULTURE	LAKE COMMANDOS	RESTLESS JOSIE
11:30 AM						FISHING THE FLATS	AMERICAN BUILDER
12:00 PM	ADVENTURES S. OF THE BORDER	CHEF ON THE WATER	ADVENTURES S. OF THE BORDER	CHEF ON THE WATER	ADVENTURES S. OF THE BORDER	FINNS AND SKINS	RACE CENTRAL TV
12:30 PM	REEL ANIMALS	REEL ANIMALS	REEL ANIMALS	REEL ANIMALS	REEL ANIMALS	REELIN' IN THE KEYS	GOLF AMERICA
1:00 PM	WINGSHOOTING USA	WINGSHOOTING USA	WINGSHOOTING USA	WINGSHOOTING USA	WINGSHOOTING USA	USAPL SEC POWERLIFTING	GOLFIN AROUND
1:30 PM	CLASSIC RESTOS	CLASSIC RESTOS	CLASSIC RESTOS	CLASSIC RESTOS	CLASSIC RESTOS	2016 REGGAE MARATHON	STHL TIMBERSPORTS
2:00 PM	XPTV SPORTS	XPTV SPORTS	XPTV SPORTS	XPTV SPORTS	XPTV SPORTS	GOLFIN AROUND	WOODWALKERS
2:30 PM	MOTORZ	MOTORZ	MOTORZ	MOTORZ	MOTORZ	GOLF AMERICA	SLED HEAD 24/7
3:00 PM	EYE FOR AN EYE	EYE FOR AN EYE	EYE FOR AN EYE	EYE FOR AN EYE	EYE FOR AN EYE	COLLEGE TENNIS REPORT	RACELINE
3:30 PM	CHEF'S KITCHEN	CHEF'S KITCHEN	CHEF'S KITCHEN	CHEF'S KITCHEN	CHEF'S KITCHEN	WORLD TENNIS	AMERICAN BUILDER
4:00 PM	MUSIC MIX USA	MUSIC MIX USA	MUSIC MIX USA	MUSIC MIX USA	MUSIC MIX USA	XFC MMA	YAMAHA'S WHITETAIL DIARIES
4:30 PM	CLASSIC RESTOS	CLASSIC RESTOS	CLASSIC RESTOS	CLASSIC RESTOS	CLASSIC RESTOS	JUNK'D	AMERICANA OUTDOORS
5:00 PM	HOUSECALLS	HOUSECALLS	HOUSECALLS	HOUSECALLS	HOUSECALLS	SLED HEAD 24/7	GREG'S GARAGE
5:30 PM	PLANET X	PLANET X	PLANET X	PLANET X	PLANET X	RACE CENTRAL TV	MAD DOG AND MERRILL
6:00 PM	MW2: REV IT UP!	MW2: REV IT UP!	MW2: REV IT UP!	MW2: REV IT UP!	MW2: REV IT UP!	TALKING PICTURES	CHEF ROC
6:30 PM	MOTORZ	MOTORZ	MOTORZ	MOTORZ	MOTORZ	HIGHWAY TO FAME	THE MARVIN SHOW
7:00 PM	COLD SQUAD	COLD SQUAD	COLD SQUAD	COLD SQUAD	COLD SQUAD	RACELINE	THE FLAMING GREEK
7:30 PM						AUTO WARS	FIRE HOUSE KITCHEN
8:00 PM	BOUNTY HUNTERS	BOUNTY HUNTERS	BOUNTY HUNTERS	BOUNTY HUNTERS	BOUNTY HUNTERS	AT YOUR LEISURE	ANGLES TV
8:30 PM	ADVENTURES S. OF THE BORDER	CHEF ON THE WATER	ADVENTURES S. OF THE BORDER	CHEF ON THE WATER	MCW-MIDGET CHAMP WRESTLING	ADVENTURES S. OF THE BORDER	LARYSA UNLEASHED
9:00 PM	AT YOUR LEISURE	AT YOUR LEISURE	AT YOUR LEISURE	AT YOUR LEISURE	FREEDOM FIGHTERS		UNITED FIGHT ALLIANCE
9:30 PM	RECON	RECON	BATTLEGROUND	RECON		TUFF FLICK	BROOKLYN BRAWLS
10:00 PM	IN THE FIGHT	IN THE FIGHT	MIDTOWN	IN THE FIGHT		BREACH OF TRUST	MMA 30
11:00 PM	MAN ON A MISSION	MAN ON A MISSION	MAN ON A MISSION	MAN ON A MISSION	MAN ON A MISSION		LAKE COMMANDOS
11:30 PM	JBTV	JBTV	JBTV	JBTV	JBTV	HIP SHOW	AUTO WARS
						OFF THE STREETS	

Dorena/Culp Creek:

- 11.1 - ABC/KEZI (Eugene)
- 11.2 - CBS/KVAL (Eugene)
- 11.3 - NBC/KMTR (Eugene)
- 11.4 - FOX/KLSR (Eugene)
- 11.5 - PBS/OPB (Eugene)
- 11.6 - MeTV (Eugene)
- 11.7 - KVAL/This TV (Eugene)
- 11.8 - CW Network

London Springs:

- 9.1 - ABC/KEZI (Eugene)
- 9.2 - MeTV (Eugene)
- 13.1 - CBS/KVAL (Eugene)
- 13.2 - KVAL/This TV (Eugene)
- 13.3 - Grit-TV
- 16.1 - NBC/KMTR (Eugene)
- 16.2 - CW Network
- 16.3 - Comet TV
- 28.1 - PBS/OPB (Eugene)
- 28.2 - PBS/OPB Plus (Eugene)
- 28.3 - OPB Radio (Eugene)
- 34.1 - FOX/KLSR (Eugene)
- 34.2 - My TV/KEVU (Eugene)

Cottage Grove:

- 5.1 - NBC/KOBI (Medford)
- 9.1 - ABC/KEZI (Eugene)
- 9.2 - MeTV (Eugene)
- 13.1 - CBS/KVAL (Eugene)
- 13.2 - KVAL/This TV (Eugene)
- 13.3 - Grit-TV
- 14.1 - ION Network
- 14.2 - QUBO
- 14.3 - ION Life
- 14.4 - SLCB CG High School
- 16.1 - NBC/KMTR (Eugene)
- 16.2 - CW Network
- 16.3 - Comet TV
- 17.1 - KWVT (Portland)
- 27.1 - KSLM (Salem)
- 28.1 - PBS/OPB (Eugene)
- 28.2 - PBS/OPB Plus (Eugene)
- 28.3 - OPB Radio (Eugene)
- 34.1 - FOX/KLSR (Eugene)
- 34.2 - My TV/KEVU (Eugene)
- 37.1 - Azteca/Oregon (Spanish)
- 38.1 - KHWB/NRB (Springfield)
- 38.2 - KHWB/Cornerstone (Spfd)
- 38.3 - KHWB/Daystar (Springfield)
- 44.1 - Pursuit TV (Hunting/Fishing)
- 44.2 - 360 North (KTOO2, Alaska)
- 44.3 - NEWSMAX-TV
- 44.4 - FAMILY
- 44.5 - Heartland Network
- 44.6 - Rev'n-TV Network
- 44.7 - PBJ - TV Network
- 47.1 - AMG-TV (Movies)
- 47.2 - TUFF-TV Network
- 47.3 - BIZ-TV (Bus. News & Features)
- 47.4 - TV SCHEDULE/KNND Radio

Stay tuned!

These messages are brought to you as a public service by South Lane Television. Our goal is to continue serving the community with the highest quality free over-the-air television service possible.

South Lane Television, Inc. A non profit organization serving South Lane County since 1957.



WEDNESDAY EVENING

	7 PM	7:30	8 PM	8:30	9 PM	9:30	10 PM	10:30	11 PM	11:30	12 AM	12:30
KEPB	28.1	PBS NewsHour (N)	Nature (N) (i)	NOVA (N) (i)	Earthflight-Nat	Omaha Beach: Honor	PBS NewsHour (i)					
KEVU	34.2	Dr. Phil (i) (i)	The Dr. Oz Show (N)	The Closer (i) (i)	The Closer "Ruby"	Portland Tosh.0 (i)	Broke Girl	Two Men				
KEZI	9.1	ET Insider	Middle Gold	Mod Fam blackish	American Crime (N)	News Jimmy Kimmel Live	Nightline					
KLSR	34.1	Fox News Million.	American Idol (N) (i)	Second Chance (i)	News Fox	Mike Two Men	Anger					
KMTR	16.1	Big Bang Big Bang	Myst-Laura	Law & Order: SVU	Chicago PD (N) (i)	News Tonight Show	Meyers					
CW	16.2	Fam. Guy Fam. Guy	The Flash (i) (i)	Arrow (i) (i)	Seinfeld Seinfeld	Cougar Cougar	Raising	Commun				
KOBI	61	NBC ET	Myst-Laura	Law & Order: SVU	Chicago PD (N) (i)	News Tonight Show	Meyers					
KPTV	121	FamFeud FamFeud	American Idol (N) (i)	Second Chance (i)	10 O'Clock News (N)	News Raymond	Raymond	(:35) TMZ				
KRCW	14	Mod Fam Mod Fam	The Flash (i) (i)	Arrow (i) (i)	News Holly	Mother Friends	Friends					
KVAL	13.1	Jeopardy! Wheel	Broke Girl Mike	Criminal Minds (N)	Code Black (N) (i)	News Late Show-Colbert	Corden					
THIS	13.2	*** "For a Few Dollars More" (1965) Clint Eastwood. (i)			**** "Red River" (1948) John Wayne. (i)		Sea Hunt					
PURS	411	West West	Frnds Deer Soc	Road The Hit	Turkey Colorado	Paid Paid	Paid					
KTOO2	412	House Steves	Music Lidia	Cook BBQ	Mexican Italy	Lidia Cook	Project	Langbein				
OPB+	28.2	Cool Spaces! (i)	Cool Spaces! (i)	World T. Smiley	Charlie Rose (N) (i)	PBS NewsHour (i)	T. Smiley	T. Smiley				
A&E	23	Duck D. Duck D.	Duck Dynasty (i)	Duck D. Duck D.	Jep Jep	Duck D. Duck D.	(:12:01) Duck Dynasty					
AMC	24	(4:30) "Armageddon"	** "U.S. Marshals" (1998, Action) Tommy Lee Jones. (i)	*** "The Fugitive" (1993) (i)								
AMG	411	Sanctuary (i)	Da Vinci's Inquest	** "Goodbye America" (1997, Action)	Cold Squad (i)	Forensic Forensic						
DISC	30	Dual Survival (i)	To Be Announced	Dual Survival (N) (i)	To Be Announced	(:01) Dual Survival (i)	To Be Announced					
DISN	21	Bunk'd K.C.	Austin Austin	Best Fr. Liv-Mad.	Austin Liv-Mad.	Girl Best Fr.	So Raven	So Raven				
ESPN	31	Basket NBA Basketball	Miami Heat at Los Angeles Clippers.	SportsCenter (N)	SportsCenter (N)	NBA Basketball						
FAM	32	(:15) ** "National Treasure: Heat of Secrets" (2007, Action)	Shadowhunters (i)	The 700 Club (i)	"ParaNorman" (2012)							
FX	45	** "The Wolverine" (2013, Action) Hugh Jackman. Premiere.	American Horror	American Horror	American Horror							
ION	20	Law & Order (i)	Law & Order (i)	Law & Order (i)	Law & Order (i)	Law & Order (i)	Law & Order (i)					
LIFE	29	Celebrity Wife Swap	Celebrity Wife Swap	Celebrity Wife Swap	Celebrity Wife Swap	Child Genius: Battle	Celebrity Wife Swap					
NICK	39	Make, Thunder	Henry Nicky	Full H'se Full H'se	Younger (i) (i)	Teachers Friends	Friends	Friends				
SPIKE	38	**** "Saving Private Ryan" (1998, War) Tom Hanks, Edward Burns. (i)				*** "Casino" (1995)	Robert De Niro. (i)					
TBS	10	Seinfeld Seinfeld	Big Bang Big Bang	Big Bang Big Bang	Big Bang Big Bang	Conan (N) (i)	Broke Girl	Conan				
TLC	41	My 600-Lb. Life (i)	My 600-Lb. Life (i)	My 600-Lb. Life (N)	Skin Tight (N) (i)	My 600-Lb. Life (i)	Skin Tight (i) (i)					
TNT	42	Castle (i)	Castle (i)	Castle (i)	Castle (i)	Castle (i)	CSI: NY Decisions.					
USA	15	** "The Fast and the Furious" (2001) Vin Diesel.		** "2 Fast 2 Furious" (2003, Action) (i)	Colony	NCIS: Los Angeles						

WEEKDAY MORNING

	7 AM	7:30	8 AM	8:30	9 AM	9:30	10 AM	10:30	11 AM	11:30	12 PM	12:30
KEPB	28.1	Curious Curious	Tiger Tiger	Sesame Peg	Dinosaur Dinosaur	Super Thomas	Varied Programs					
KEVU	34.2	Varied Paid	Good Day Oregon	The Real	Movie	Crime Watch Daily						
KEZI	9.1	Good Morning America	Live With Kelly	The View	KEZI 9 News Midday	The Chew						
KLSR	34.1	KVAL News on Fox	Copeland Wom	Varied Divorce	Judge Mathis	The People's Court	The 700 Club					
KMTR	16.1	Today	Today	Today	Today	The 700 Club	The Doctors					
CW	16.2	Intellig. Cops Rel.	Steve Wilkos Show	Steve Wilkos Show	Crazy Crazy	Cheaters Cheaters	Paid Varied					
KOBI	61	Today	Today	Today	Today	Paid Insider	The Doctors					
KPTV	121	Good Day Oregon	Good Day Or.	The 700 Club	Paid Paid	Rachael Ray						
KRCW	14	(6:00) Eye Opener	Celebrity Jerry Springer	Celebrity Jerry Springer	Maury	Steve Wilkos Show	Jerry Springer					
KVAL	13.1	CBS This Morning		KVAL News at 9am	The Price Is Right	Young & Restless	News Bold					
THIS	13.2	Movie	Varied Programs	Movie	Varied Programs	Movie	Varied					
PURS	411	Paid	Varied Programs									
KTOO2	412	Varied Programs										
OPB+	28.2	Newsline	Sti/Be Fit	Varied Programs								
A&E	23	Parking Parking	Dog Bounty Hunter	Dog Bounty Hunter	Criminal Minds	Criminal Minds	Criminal Minds					
AMC	24	Paid Paid	Paid Paid	Movie	Varied Programs							
AMG	411	Balancing Balancing	Varied Business	Judge Judge	Ask Dr. Nandi	Insider OK! TV	Varied Traveler					
DISC	30	Paid Paid	J. Meyer Paid	Varied Programs								
DISN	21	Mickey Mickey	Tmrwlan Mickey	Mickey Goldie	Sofia Doc	Wil. West Mickey	Mickey Mickey					
ESPN	31	SportsCenter	SportsCenter	SportsCenter	SportCtr Outside	Football Insiders	Varied NFL Live					
FAM	32	Daddy Gilmore Girls	Gilmore Girls	700 Club	The 700 Club	Varied Programs						
FX	45	Movie	Movie	Varied Movie	Varied Programs	Varied Programs	Mother					
ION	20	Paid Feldick	Varied Programs	NUMB3RS	NUMB3RS	Varied Programs						