

CALENDAR CHOICES

31

THURSDAY

New Year's Eve

10 a.m.: NAMI. At Jack Sprats on Main St. Info: 541-343-7688
Noon-2 p.m.: Gamesquall. At Odd Fellows Lodge, 317 E. Main St.
8:30 p.m.: New Year's Eve Party. Cottage Grove Elks Lodge, 755 N. River Rd. Dine & Dance with Windy Ridge for \$10 pp.

1

FRIDAY

New Year's Day

1:30-3 p.m.: NAMI Connection. At Healing Matrix, 632 Main St. Support group program for people living with mental health issues and is operated by peers for peers. Info: 541-343-7688
5-6 p.m.: Stand for Peace/Occupy CG. Rally in the Community Square, 7th and Main Streets.
6:30 p.m.: Celebrate Recovery. Christ centered recovery program for hurts, habits and hang-ups. At Calvary Chapel Cottage Grove, 1447 Hwy 99 N. Harvey Epperson, Ministry leader 541-520-8071.

2

SATURDAY

10 a.m.: Carl M. Keibelbeck VFW Post #3473. Members meet at 3160 Hillside Dr. Info: 541-942-7099

3

SUNDAY

8-11 a.m.: Community Breakfast. VFW Post #3473, 3160 Hillside Dr. Eggs and Hashbrowns, Choice of Ham or Sausage, Choice of Pancakes or Biscuits & Gravy, Coffee/Juice. Public and families always welcome. Handicap accessible. Adults \$6, Kids (under 12) \$3 Info: Bob 541-895-4051.

1 p.m.: Healthy Food 4 You. Learn to make healthy meals that taste good and save money. Free at CG Seventh-day Adventist Church, 820 S. 10th St. Please RSVP to help plan samples 541-942-6943.

5-6 p.m.: "Sunday Supper". Free supper and brown bag meal to take. Cottage Grove Community Center. Volunteers encouraged to help.

4

MONDAY

Gibbs. Public welcome. 5 cents per card per game

1-4 p.m.: Pine Needle Basketry. Instruction for making pine needle baskets for those 12 years and older. Materials cost depends on project. At Crafty Mercantile on Main Street. Info: Pat Easton 541-530-9221

4:5-5:30 p.m.: Autism Rocks. Autism peer support group meeting at Healing Matrix. Ages 18 and up. Make new friends in a safe and confidential place. Free. Info: Maggie 541-335-1776

5 p.m.: Teen Games. Cottage Grove Library. Tween and Teens invited to play board games. Play available ones at library or bring

dren aged up to 6 years old to enjoy books at the library with support from S. Lane School District Family Resource Center. Library is located at 700 E. Gibbs, Ave.

6:30-8 p.m.: Women's Support Group. Call Womenspace for location, 541-767-3879. Womenspace Crisis Line 24/7 is 541-485-6513.

7 p.m.: Overeaters Anonymous. First Presbyterian Church, 216 S. 3rd St. (corner 3rd and Adams). Enter on 3rd St. No dues, fees or weigh-ins. Info: Saunders 541-942-5883.

Social Club. At Creswell Community Center, 99 S. 1st St, one block south of City Hall. Meet friends old and new. Socialize, learn Tai Chi, learn drawing or painting, play games, work puzzles, do chair yoga, hear speakers, bring handwork, share refreshments. All adults welcome. Info: http://www.facebook.com/creswelllover40

3 p.m.: Veterans Support Services. Reps and caseworkers from the VA available to help veterans connect to resources and benefits. At Healing Matrix, 632 E. Main St. Info: 541-767-3707

4-5 p.m.: CG Youth Choir. Students age 12-16 may join.

Info: 541-942-2360

7 p.m.: CG Recreation Assoc. Meeting. Regular meeting of the CGR board of directors at 1440 S. 8th St. Info: 541-942-3079.

7:30 p.m.: Calvin Funk American Legion Post #32. Members meet 826 W. Main St. Info: 541-767-3735

6

WEDNESDAY

7 a.m.: Kiwanis Club Sunrises. Koffee Kup Restaurant, 1241 Hwy 99N.

9-10 a.m.: KNND 1400 AM Beeper Show. Call in discussion show - various topics/guests. 541-942-5548

10 a.m.: Veterans Assistance. A Veterans Service Officer is available at the VFW Post #3473, 3160 Hillside Dr. for any questions or needs a veteran might have.

Noon: Kiwanis Club of CG. El Tapatio, 725 E. Gibbs Ave. Info: Cleo Dahlen 541-767-0795.

1-4 p.m.: Pinochle Playing. All ages men and women at Senior Center in CG Community Center, 700 E. Gibbs. Any level of player. (Wed. and Fri.) Info: 541-942-3694

2-3 p.m.: CG Children's Choir. Accepting students ages 6-11. Rehearsals held at First Presbyterian Church. Call Joanna Newton for registration information 541-942-4550.

2:30 p.m.: Lego Club. Cottage Grove Library. For ages 5-12. A different theme each month.

6 p.m.: CG Art Guild. For more information on location, please call Sujo at 541-942-8913.

6 p.m.: Community Dinner. Free. Church of the Nazarene, 152 S. M St. Info: 541-942-4422

6:30-9:30 p.m.: Bingo. Cottage Grove Elks Lodge, 755 N. River Rd. Public Welcome. Info: 541-942-0234

7 p.m.: Preceptor Beta Lambda. Beta Sigma Phi group meeting. 541-942-9681.

7-8:30 p.m.: NAMI Connection. At Healing Matrix, 632 Main St. Support group program for people living with mental health issues and is operated by peers for peers. Info: 541-343-7688

DR. JONATHAN BACKER

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TUESDAY

9-10 a.m.: KNND 1400 AM Beeper Show. Call in discussion show - various topics/guests. 541-942-5548

11 a.m.-2 p.m.: Adventist Community Services. 820 S. 10th St. Free clothes, shoes, bedding and emergency food boxes. Does NOT pay for electricity, gas, pharmacy or other such bills. Good useable donations welcome (clothes, bedding, bathroom, kitchen towels).

1-3 p.m.: Creswell's Over-40

Rehearsals at First Presbyterian Church. Call Joanna Newton 541-942-4550 to audition and register.

5:15-6:15 pm: TLC Community Kitchen. Free. Trinity Lutheran Church, 675 S. 7th. Doors Open 5 pm. Info: 541-942-2373.

6 p.m.: CG Garden Club. Business meeting at 6 p.m.; Program at 7 p.m.: Garden Art. Kit Porter - fused glass artist and Peggy Severns - terra cotta garden pots decorating. If wish to make and take home, small materials fee. Refreshments served. All welcome. First Presbyterian Church, corner of Adams and 3rd.

9-10 a.m.: KNND 1400 AM Beeper Show. Call in discussion show - various topics/guests. 541-942-5548

11 a.m.-1 p.m.: Caregiver Networking Meeting. Guest speakers. At 1200 E. Quincy, Fellowship Hall. Potluck lunch. Info: Shirley 541-232-0966

11 a.m.-2 p.m.: Closet at 6th and Gibbs. Church of Christ 6th and Gibbs, together with Lane Pregnancy Support Center, offer diapers and maternity, infant and other clothing sizes as supplies allow.

12:45 p.m.: Bingo. Reception Room at Community Center, 700

some from home. Bring a friend or two!

6:30 p.m.: Spanish Storytime. At Cottage Grove Library, 700 E. Gibbs Ave.

6:30 p.m.: CG 912 Project. Speaker: Lane Co Commissioner Faye Stewart discussing the state of the county and his bid for US Senate. Stacy's Covered Bridge Restaurant, 401 E. Main St. Public welcome. Info: cg912project@gmail.com

6:30-7 p.m.: Parents Connect. Fun-filled hour of story-time and literacy activities, songs and crafts. Presented in English and Spanish. For you and your chil-



EXERCISE and FUN

KIDS CLUB
 South Lane School District grades 1-5.
 After school to 6 p.m. Mon-Fri on regular school days.
 Supervised play, homework help and snack.
 Cost: 1st child \$60/mo.; siblings \$40/mo.
 Info: 541-228-2847

Yoga & Meditation
 CG Community Center, 700 E. Gibbs Ave.
 All levels with Gloria.
 Mondays 5-6:15 p.m.
 No class on holidays.
 \$5/class

Yoga & Meditation
 CG Community Center, 700 E. Gibbs Ave.
 All levels with Gloria.
 Saturdays 10-11:30 a.m. \$5/session
 No class on holiday weekends.
 Info: 541-912-7789

Beginners & Intermediate Yoga

CG Community Center, 700 E. Gibbs Ave.
 Info: Jane L. Guerber 541-942-5876
 Wed.: 6 pm \$5/session

Cottage Grove Therapy Pool Aquatic Exercise Classes
 Community Center, 700 E. Gibbs Ave.
 Info: Teresa 541-942-1185
 8:30-9:30 am Mon.-Fri.; 3:00-4:00 pm Tues. & Thurs.; 11:00 am-12 pm Sat.

Warren H. Daugherty Aquatic Center
 1440 S. 8th St., 541-942-5533
 Call for public hours, lap swim hours, family swim hours and costs.

Shallow Water Aerobics
 Warren H. Daugherty Aquatic Center
 Mon, Wed, Fri 7:30-8:30 a.m.
 Call 541-942-5585 for more info & cost - first session free.

DRUG and ALCOHOL groups

Thursday

6:30 p.m.: AA Meeting- Rush Hour. Open Meeting. At CG Community Center, 700 Gibbs Ave.

6:30 p.m.: Al-Anon Meeting. At CG Community Center, 700 Gibbs Ave. Info: 541-554-7994 or 541-510-4228

7 p.m.: Narcotics Anonymous Book Study. Open Meeting. At Knights of Columbus, 1025 N. 19th St. Contact: 541-225-7061.

Friday

6:30 p.m.: Celebrate Recovery - At Cavalry Chapel Cottage Grove, 1447 N. Pacific Hwy. Info: 541-520-8071

7 p.m.: Open AA meeting - Good Medicine Group. At CG Community Center, 700 Gibbs Ave., in Activity Room. Info: Karen 541-513-5126.

8 p.m.: AA meeting-Gratitude Group. Open meeting. At Knights of Columbus, 1025 N. 19th St. Info: 541-942-3942.

Saturday

Noon: AA Meeting-Women's Good Grief Group. Closed meeting. Open to women alcoholics only. At Knights of Columbus, 1025 N. 19th St. Info: 541-942-0647 or 541-510-4228.

8 p.m.: AA Meeting-Open Candlelight Group. CG Comm. Center, 700 Gibbs Ave. On the last Sat. of the month - Open AA Speakers Meeting.

8 p.m.: Al-Anon Meeting-Step Study Group. CG Comm. Center, 700 Gibbs Ave.

Sunday

Noon: AA Meeting. At Knights of Columbus, 1025 N. 19th St.

6 p.m.: AA Meeting - New Beginnings. CG Comm. Center, 700 Gibbs Ave.

Monday

7 p.m.: Nar-A-Non Family Meeting. CG Comm. Center, 700 Gibbs Ave. For family and friends of addicts.

7 p.m.: AA Meeting- No Name Group. At Knights of Columbus, 1025 N. 19th St. Info: 541-942-3942.

Tuesday

Noon: AA Meeting- Noon Group. Big Book Study meeting. At Knights of Columbus, 1025 N. 19th. Info: 541-942-3942.

6:30 p.m.: Up the River Group. At Dorena Mercantile. Info: 541-946-1631

7 p.m.: Narcotics Anonymous. "A Way Back to Reality", open participation. At CG Community Center, 700 Gibbs Ave.

Wednesday

7 a.m.: AA Open Meeting. At CG Community Center, 700 Gibbs Ave.

7 p.m.: AA Meeting- Wednesday Night Beginners. Open meeting. At Knights of Columbus, 1025 N. 19th St. Info: 541-942-3942.

WEIGHT LOSS

Tuesday

5 p.m.: Weight Watchers. At Living Faith Assembly, 467 S. 10th St. 541-942-2612.

Thursday

10 a.m.: TOPS OR85. Take Off Pounds Sensibly, a weight-loss support group. At the United Methodist Church, 334 Washington Ave., Fireside Room. Info: Ellen 541-942-0866 .

5:30 p.m.: TOPS OR969. Take Off Pounds Sensibly, a weight-loss support group. Weigh-In: 5:30 pm, Meeting: 6 pm. Meets at Jefferson Park Community Room, 325 5th Street. Info: Elaine 541-942-8547.

5:30 p.m.: TOPS OR1020 (Creswell). Take Off Pounds Sensibly, a weight-loss support group. Weigh-In: 5:30 pm, Meeting: 6 pm. Meets at Creswell Grange Hall, 298 W. Oregon Ave. Info: 541-895-3156.