



Athlete(s) of the Week



Pictured left to right: Dixie Lawson, Mildred Hand, Beverly Michael and Meagan McNary of Cottage Grove snagged first place in the Super Bowl bowling tournament. The four women won \$1,500, out-bowling everyone in the state.

Adams breaks out, Ducks begin to roll after dominating Cal

After a sluggish start, Oregon racked up 777 total yards on offense in their rout against the Golden Bears on Saturday.

BY SAM WRIGHT
The Cottage Grove Sentinel

The Oregon Ducks celebrated their homecoming night with a victory over the California Golden Bears on Saturday. After what seemed like a gloomy beginning to the game, the Ducks scored 31 unanswered points after being down 10-0 early in the first quarter. Quarterback Vernon Adams Jr. ran the ball into the end zone from ten yards out to tie the game at ten a piece in the second quarter, and from there, the Ducks never looked back.

It was a night to remember for Adams, who completed 17 of 29 passes for 300 yards and four touchdowns through the air. Despite two interceptions, the transfer quarterback got in a groove and was able to extend plays and make miraculous throws on the run. Adams found seven different receivers during the game, with his top receivers Darren Carrington and Bralon Addison on top of the board. Carrington had four receptions for 112 yards and Addison had five receptions for 79 yards along

with two touchdowns. Adams also found Charles Nelson out of the backfield for a 20 yards passing touchdown, along with two passes to Dwayne Stanford for 19 yards and a touchdown.

"We started slow at first, but then we got this going," Adams said of his offense. "The O-line...I owe 'em."

While the passing game was stout, what was even more impressive was the Ducks ability to run the football. Not since the days of Lamichael James or Kenjon Barner has Oregon seen such a performance from the backfield. The Ducks ran the ball a total of 63 times for a whopping 477 yards. Strangely enough, however, the only rushing touchdown came from Adams in the second quarter.

Royce Freeman had another 100+ yard game with 29 carries for 180 yards. But Oregon managed to utilize other weapons in the backfield. Tony Brooks-James ran the ball seven times for 101 yards, Kani Benoit had 94 yards on just eight carries, and Taj Griffin also had eight carries for 59 yards. Had Benoit gotten the ball one or two

more times, Oregon could have had three different rushers with other 100 yards on the game. Adams, too, ran the ball eight times for 43 yards and a touchdown on the ground.

The Ducks reached the height of their offensive production on Saturday, accounting for 777 total yards on offense, a school record.

Defensively, the secondary still struggled, as Cal's star quarterback, Jared Goff, had 329 passing yards, although he only completed 18 of 42 passes. The ground game on the other hand was much better. Oregon held the bears to only 103 total yards rushing. Compare that with Oregon's 477 and the final score doesn't seem to do the Duck's domination justice.

The Ducks head to Palo Alto to take on Stanford next week, which was ranked No. 8 this week and will probably move up after their domination over Colorado.

"We just have to take in one game at a time, we'll get right to looking at game film on Monday," said Adams.

U14 Orange Crush team wins first place in SVA fall soccer

Left to right:
Albert Newton
Berenice Hernandez
Ashton Miller
Coach Jeremy Spear
Braedon Rinck
Easton Nowak
Cameron Ish
Jaden Owens
Arianna Collier
Ben Rodrigues
Carson Sayles (back)
Coach Chelsea Smart
Alyssa Peters
Forest Dewitt
Gage Lydick
Sy Williams
Christian Spear



CGHS fall sports come to an end

Fall sports at Cottage Grove High School wrapped up this past week with no teams making it past the first round of the playoffs. Boys soccer was unlucky as the No. 16 ranked Lions had to play their first playoff game against No. 1 ranked Stayton. The Lions were unable to pull off the upset and lost 2-0. The Volleyball team had similar luck, also being ranked No. 16 and playing against No. 1 ranked Banks who beat the Lions 3-0.

Football was unable to get past their play-in match, falling to Baker City 34-28 in a close and well-fought match.

The most promising of Lions teams was girls' soccer, a team that went into the playoffs ranked No. 8 after winning the Sky-Em league. It was the first time Cottage Grove had won the Sky-Em league in girls' soccer, and Head Coach Vern Stewart was even awarded coach of the year. The Lions went in to play No. 9 ranked Gladstone, but couldn't keep their playoff run alive with a heart-breaking 2-0 loss.

SVA youth volleyball 2015 champions

Volley Girls take first place



Left to right: Coach Merin Waggoner, Madison Goins, Savannah Willits, Logan Zolezzi, Isabel Thompson, Keira Waggoner, Selena Matney, Ann-Marie Barlow, Coach Billie Kittel

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