



# School Zone



October 28, 2015

A monthly newsletter covering Cottage Grove-area schools

## Dorena K/1 classes visit the Fire Station to learn safety

DORENA ELEMENTARY SCHOOL  
For the Sentinel

On Oct. 8, Dorena students visited the Cottage Grove Fire Station to learn about Fire safety. Students learned about making fire safety plans for their home. They also practiced holding and spraying the fire hose. They learned to crawl and

stay low to get out of their house and to a designated safe place outside the home. Students also watched the fireman put his suit, mask and helmet on. They practiced running to him to remember he is a safe person. Safety is school emphasis, and fire safety is not only important at school. It's an important issue for home safety as well.



## FUTURE SOUTH LANE FIREFIGHTERS

## Students kick off EBIS program at Grove Christian Camp

Students at Dorena School kicked off the start of the Effective Behavior and Instructional Support program with a field day at Grove Christian Camp. Activities for the day emphasized team building and an opportunity to practice the Panther EBIS rules away from school. Students at Dorena know that success is built upon a community of learners who practice our five EBIS expecta-

tions: Be safe, Be respectful, Be responsible, Be Here, and Be Gritty. Students are awarded Pride Panther Bucks for excellent behavior. The school also teaches a "savings" plan where students bank bucks for future purchases at the student store. At the end of the year, students use their Pride Bucks savings to attend a spring Field Day at the Grove camp in May. "



## ON, OH CG!



photo by Jon Stinnett

The Cottage Grove High School Marching Band offers a rendition of the school's fight song to rouse the faithful during a pep rally held downtown Friday afternoon before the football team's Homecoming game. A Lion interception in the end zone in the final seconds of the game gave the team a stirring 19-14 victory over the Junction City Tigers. Game coverage can be found on page 1B.

## Dorena staff trains for CATCH

Dorena staff met with other district employees to train for a Coordinated Approach To Child Health (CATCH). PE teachers, cafeteria managers, teachers, and the principal met on Oct. 9. Teachers learned how to implement the activities, lessons and philosophies that will emphasize

healthier eating and fitness levels for all employees and students. South Lane School District's health and wellness activities also provide a great way for all SLSD employees to lead healthier lifestyles.



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