

BIRTHS

Sept. 11, 2015

To Eric Scully and Krystin Livingston of Cottage Grove, twins — a son and daughter.

Sept. 14, 2015

To Christina Rigole of Cottage Grove, a son.

Sept. 15, 2015

To Byron Rentfrow and Kimberly Cunha of Cottage Grove, a daughter.

*Welcoming a new addition?
Send birth info to:
cgnews@cgsentinel.com*

Fasolds celebrate 50th anniversary

Dennis and Yvonne Fasold of Eugene recently celebrated their 50th wedding anniversary with a variety of events, including family gatherings, kissing on the bench outside Hendricks Hall at the UO and staying at Cedarwood Lodge, McKenzie Bridge, in the cabin where they spent their honeymoon.

The couple was married Sept. 5, 1965, in Cottage Grove. Both graduated from Cottage Grove High School — Dennis in '62 and Yvonne (Riddle) in '63, but they met in a bowling league at the University of Oregon. Both graduated from the UO, and Yvonne went on to also earn her Masters and PhD degrees from Oregon.

Their son Jess lives in Springfield. Daughter Shannan lives in Portland with her husband Kris Leeper and their sons Garrett and Kaden.

Dennis owned a carpet cleaning business and did work for countless local residents



and businesses. Yvonne taught middle and high school English for more than 35 years, first in Creswell and then in Eugene.

In retirement, they enjoy traveling, spending time with family, watching their two grandsons play ball, and cheering on the Ducks at sporting events. Yvonne serves in leadership roles for the American Rosie the Riveter Association, Delta Kappa Gamma Education Society and Wesley United Methodist Church.

IN MEMORIAM

Paula F. Ourada
1930-2015

Paula F. Ourada, 85, of Cottage Grove passed away Sept. 20, 2015 from congestive heart failure. She was born March



14, 1930 in Sulzbach, Germany to Gottlob and Frida (Gebhardt) Vollert.

On Sept. 6, 1952 in Boise, Idaho, she and Richard F. Ourada were married. He passed away Dec. 8, 2009.

Paula was a homemaker. She loved giving to others, praying for others, crafts, reading newspapers and novels, baking, and especially her family. She was best known in the community

for her heart to give. Every person entering her home never left empty-handed. Paula inspired others during hard times by her faith in Christ.

Survivors include three daughters, Elizabeth (Gilbert) Myers of Cottage Grove, Christine Ourada of Gresham, and Carolyn (Trevor) Wallis of Louisville, Ky., one son, Richard T. Ourada of Cottage Grove, 13

grandchildren and nine great-grandchildren.

A celebration of life will be held Saturday, Sept. 26 from 10:30 a.m. to 12:30 p.m. at Our Lady of Perpetual Help Parish Center in Cottage Grove with burial at Fir Grove Cemetery in Cottage Grove. Arrangements under the care of Smith-Lund-Mills Funeral Chapel, Cottage Grove.

Steven Lee Elfving
1953-2015

Steven Lee Elfving was born in Cottage Grove, Oregon to Gordon and Jean Elfving, and passed away August 22, 2015. Steve lived in the Cottage Grove area most of his life and settled in the Eugene/ Springfield area in 1985. When he was 17, he joined the United States Army and was honorably discharged August 27, 1973 after an accident. He worked as a security guard for Pinkerton until he was able to get full disability.



Steve loved to build computers and tinker with Ham radios - pretty much anything electronic. Steve's passion for history always left him with a story to tell about any situation. He had a big heart, and was always available day or night if someone needed him. He had many friends with children that he often considered his own. Steve loved spending time with family and friends who will miss him dearly.

He was preceded in death by his parents. Steve leaves behind his daughter and son-in-law Jenny and Edwin Velasquez, his son Jeremiah Wertz, his granddaughter Alona, his sister and her husband Tami and Kirk Knaggs, nephews Joshua and Daniel, and several cousins.

A potluck celebrating Steve's life will be held at Island Park in Springfield on September 26th from 11am-2pm. If you need additional information email: welovestev2015@gmail.com

MOVING UP HIGHER
with *Joyce Meyer*

How to think when...

How your thoughts connect with your words, moods, attitudes...and every single area of your life

enjoys a troubling or painful circumstance, but I've found if we look at it in a hopeful, faith-filled way, we can watch God work all things out for our good (see Romans 8:28).

Enjoying life begins with the thoughts you choose to think.

Please see **JOYCE**, Page 12A

Would you like to be in a good mood every day? You are probably thinking, Yes, of course I would. Who wouldn't? I spent a lot of years being controlled by a variety of moods and believing I had no choice in how I felt. I envied all the "happy people." I used to wonder, What is their secret? Why them and not me?

When I finally learned that our mind, mouth, moods and attitudes are all intricately connected. First you think, and then your thoughts turn into words that you speak, and the two of them together affect you emotionally and turn into moods and attitudes.

For years, I paid no attention to what I was thinking, and I didn't make the connection between my thoughts and the rest of my life. But the Lord has taught me many things from His Word about the "mind connection" since those early days, and I'm excited to share some of those truths with you.

Enjoying life begins with a choice

Although we don't always have the power to change every unpleasant circumstance in our lives, we do have the power to change our outlook. Nobody

Edward H. Nickerson
August 8, 1926-August 5, 2015

Edward H. Nickerson was 88 years old. Died at home August 5, 2015. He died from prostate cancer that metastasized to the bone. He has been cremated in accordance with his wishes.

Ed was born to Lumeul and Pearl Nickerson, August 8, 1926 at Johnson, KS. Their family moved to Sheridan, OR when Ed was eight years old. Ed worked in the woods of Oregon in the logging industry many years. He always had a passion for woodworking, making and selling many wood creations. His other hobbies included gardening and fishing.

Ed was preceded in death by his first wife of 57 years Betty, and his son Jim (Betty). He was survived by his second wife Joan, two brothers Kelton of Salem, OR and Delbert of Lacey, WA. And many grandchildren, nieces, nephews, cousins, and friends.

Ed spent a lot of time airing up bicycle tires for neighborhood kids. He will be remembered by his friendly and cheerful manner and by his great woodworking skill and the many heirlooms that he created and left for his family. Ed left Joan and the Mease family with many treasured memories from the last year and a half.

The memorial service will be at Monument View Bible Church, 1173 17 1/2 Road, Fruita, Colorado on September 26th at 11:00 am. Memorial donations may be made to Hope West Hospice at 3090 North 12th Street #B, Grand Junction, CO 81506.



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Martha Barlow
Dec. 4, 1923 - Aug. 22, 2015

Martha Betty Barlow, 91, passed away Aug. 22, 2015 at Kadlec Hospital in Richland. Betty was born Dec. 4, 1923 in Lynch, Nebraska to Otis and Ethel Chapman. She was the fifth of 10 children.

The Chapman's traveled west, eventually ending up in Cottage Grove, Oregon where Betty graduated from Cottage Grove High School.

In 1941 she enlisted in the Army Nurse Corps, receiving her nurse's training at Dewitt Hospital upon which she was commissioned a second lieutenant.

After completion of her training she was transferred to Letterman Army Hospital where she met Army Air Corps Captain Bill Barlow on a blind date. One month after meeting they were married.

Bill and Betty eventually moved to Bainbridge Island in the early 1950s to raise their family.

Betty had always worked in either hospitals or nursing homes. She worked as the head nurse at the Messenger House and later was asked to be the director of nursing at the brand new Winslow Convalescent Center. She continued to work there off and on even after retiring until she retired for the final time when she was in her 70s.

She was very involved with the Bainbridge Rotary Anns, helping tirelessly in the early days of the Rotary Auction to help organize the rummage sale.

Betty and Bill traveled quite a bit after they retired, going to many of Bill's P-47 pilot reunions. Bill passed away in 2013.

She is survived by her three children, Don (Setia) Barlow, Jeri (Dirk) Reinauer, Mary (Brian) Doolin; and 10 grandchildren and 15 great-grandchildren.

Betty is also survived by local brothers Ron Chapman & Richard Chapman and 1 sister, Fern Carpenter of Cottage Grove, and Milo Chapman of Milwaukee, Oregon.



In Honor of All Veterans

The Cottage Grove Sentinel is preparing to publish its "Proud to Have Served," a special section devoted to all military veterans who are Cottage Grove-area residents or have a connection to this area.

If you are interested in sharing your military story in the annual Veterans Day publication, or in updating information that we have published previously, please complete the form below and submit it to the Cottage Grove Sentinel. Service photographs are also welcome.

Submit forms and photos (preferably) by e-mail to cgnews@cgsentinel.com; or by mail to Cottage Grove Sentinel, Attn: Jon Stinnett, PO Box 35, Cottage Grove, OR 97424; or drop forms off at the Cottage Grove Sentinel, 116 6th Street, Cottage Grove.

Please be sure that all materials are carefully labeled with your name and phone number. **ALL FORMS AND PHOTOGRAPHS MUST BE SUBMITTED BY OCTOBER 26, 2015.**

Thank you for participating in this project to remember and honor our veterans.

Name: _____

Contact Phone Number: _____

Branch of Service: _____

Rank Achieved (optional): _____

Dates Served: _____

Where did you serve? _____

Special Information (E.G., POW): _____

Has your veterans information been published previously in the Cottage Grove Sentinel Veterans Publication?
YES NO

Do we have your military photo(s) on file? YES NO
(Note: If you have submitted photos in the past, we will still have them on file.)

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