



Photo by Sam Wright

Senior receiver Brynden Howell runs the ball off a sweep to the right. Howell rushed for 72 yards and two touchdowns on Friday Night



Athlete of the Week

Brynden Howell racks up 165 yards of quick offensive production and returns a kick off for a touchdown

Senior receiver Brynden Howell not only contributed to the high-scoring offensive production of the Lions with two rushing touchdowns and one receiving touchdown. The receiver/defensive back also took a kickoff all the way from inside the 20 to the end zone to help the Lions tie the game up 14-14 in the first half.

Howell's athleticism fits well with Cottage Grove's spread offense.



Lions nab season's first victory at home over Henley

After starting the season with two losses, the Lions regained a passion that Coach Gary Roberts said was lacking in the first two games and pulled off a solid win over a strong opponent

BY SAM WRIGHT
The Cottage Grove Sentinel

The Lions faced off against Henley on Friday, Sept. 18, beating the Hornets 41-33 and snagging their first win of the season. The home-opener brought a certain enthusiasm and energy within the team that was lacking in the first two games.

It was a night for junior quarterback Blake Sentman to shine. Sentman threw an outstanding 20 of 26 passes for 263 yards and two touchdowns. He also ran the ball for 63 yards and another touchdown.

After Cottage Grove gave up a second touchdown through the air, allowing Henley to go up 14-7, Assistant Coach Chris Joyce immediately called for his kick-return team to gather around and listen. Joyce's words proved successful, as Howell returned the kick over 80 yards for a touchdown.

"I just reiterated what we teach them in practice: get your blocks, form your wedges. It was just a regular kick-return right, and everyone executed well," Joyce said.

It was a night for the Lion's highlight reel, as they kept the first half close. After going up 20-14, Henley was marching down the field yet again, and it looked like they would score until the Lions intercepted a pass over the middle. The Lions returned the march and scored at the very end of the first half to tie the game at 20-20.

Newfound confidence and passion came into play in the second half, as the Lions gained a two-touchdown lead and fought off an attempt at a Henley comeback. There was a much different attitude under

the lights this past Friday. "Usually I come to the team with a scouting report of my opponent," Head Coach Gary Roberts said. "But this [past] week, I said 'guys, we need to worry about us and only us right now.'"

And Roberts' concerns were vindicated. "When we play with that kind of passion, we can play with any team in the state," Roberts told his team.

The Lions will be on the road this week to face Elmira.



Photo By Sam Wright

Junior Garrett Woodcock attempts to get the ball past a Sutherlin defender in the Lions' 8-0 victory Thursday night.

Boys' soccer routs Sutherlin

Cottage Grove lays a beating on Sutherlin, winning 8-0

BY SAM WRIGHT
The Cottage Grove Sentinel

Similar to the football team, boys' soccer had been struggling with sluggish starts that didn't match the energy or aggressiveness coaches would normally like to see. This week, however, it seemed to change. Cottage Grove came out extremely aggressive and dominated Sutherlin High School on Thursday, Sept. 17, winning the game 8-0.

"We finally started out very energetic and aggressive," Head Coach Brian Fish stated. Within the first 20 minutes of the game, the Lions were already up 3-0 and extended that to a 5-0 lead by halftime.

Cottage Grove showed great versatility, with five different players scoring seven total goals (Sutherlin scored an own goal) over the span of the match. Scoring leader Kaiden Ramsey found the goal twice Thursday

night but was also accompanied by senior Richie Villalobos, sophomores Kyle Conley and Kyle Browning and senior Scott Anderson in scoring goals.

"We got everyone in on the passing game, that's why we were able to spread the ball around so well," Fish said.

Fish also said that coming out into the second half, the Lions took their foot off the gas slightly. "Sutherlin packed it in on defense, so we had a bit

more trouble scoring in the second half," Fish explained, "but we also didn't want to pour it on too badly when you're up by that much."

The Lions improved their record to 4-1, with their only loss being to the power that is the North Bend soccer program.

This week, the Lions will host the Junction City Tigers and travel to Sweet Home to face the Huskies on Tuesday and Thursday, respectively.



Photo by Sam Wright

Eugenian Carey Hilbert has been attending Cycle the Lakes since its first ride five years ago.

Rotary Club hosts fifth-annual Cycle the Lakes ride

Great weather and great attendance marks a successful event for cyclists

BY SAM WRIGHT
The Cottage Grove Sentinel

The Cottage Grove Rotary Club hosted its annual "Cycle the Lakes" event on Saturday, Sept. 19. The event has now been running for five years, and this year it was blessed with fantastic weather and enthusiastic riders.

The Rotary Club saw yet another high attendance this year, with over 150 pre-registered cyclists, and over 30 who came to register the day of the event, the total being 189 riders. The event chairman, Don Strahan, said that these are great numbers, and it's all thanks to participating riders.

"We saw 192 riders last year, so we're glad we're just as high this year, especially considering we were competing with a Duck home game," Strahan said.

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