

CALENDAR CHOICES

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THURSDAY

9-10 a.m.: Adult Ukulele Class. Free at CG Library with Nolene. Ukuleles provided.
9-10 a.m.: KNND 1400 AM Beeper Show. Call in discussion show - various topics/guests. 541-942-5548
10 a.m.: NAMI. At Jack Sprats on Main St. Info: 541-343-7688
10 a.m.-1 p.m.: Creswell's Over-40 Social Club. At Creswell Community Center, 99 S. 1st St, one block south of City Hall. Meet friends old and new. All adults welcome. Info: http://www.facebook.com/creswellover40

11 a.m.-2 p.m.: Closet at 6th and Gibbs. Church of Christ 6th and Gibbs, together with Lane Pregnancy Support Center, offer diapers and maternity, infant and other clothing sizes as supplies allow.

Noon: CG Rotary Club. Stacy's Covered Bridge Restaurant, 401 E. Main. Info: 541-942-9489.

4 p.m.: Alzheimer's Caregiver Support. Support group for families caring for family members with Alzheimer's meet at Magnolia Gardens. Info: 541-942-0054.

4-6 p.m.: Ping Pong. Free at CG Community Center Reception Hall, 700 E. Gibbs Ave.

5:15-6:15 p.m.: TLC Community Kitchen. Free. Trinity Lutheran Church, 675 S. 7th. Doors Open 5 pm. Info: 541-942-2373.

7 p.m.: South Lane County Fire and Rescue Board Meeting. Open to the public. At Station 2-1, 233 E. Harrison Ave. Info: 541-942-4493 or 942-3395.

7:30 p.m.: Eastern Star #4. Meets at the Masonic Center, 33322 Row River Rd. Members only.

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FRIDAY

8 a.m.: All Professionals Network. A referral organization designed to increase business among its members. Meets in Shepherd Room at the Cottage Grove Community Center. Donuts & Coffee served. \$25 annual dues. Info: Laura Harmon 541-870-1681.

9 a.m.: Pickleball. At Coiner Park Tennis Courts. Come try it out. Info: Ken 541-729-2077

9-10 a.m.: KNND 1400 AM Beeper Show. Call in discussion show - various topics/guests. 541-942-5548

10:30 a.m.: Story Time for Tots. Cottage Grove Library. Ages 0-6 recommended (w/parental supervision) to listen to stories and participate in fun filled age appropriate fun.

1-4 p.m.: Pinochle Playing. All ages men and women at Senior Center in CG Community Center, 700 E. Gibbs. Any level of player. (Wed. and Fri.) Info: 541-942-3694

1:30-3 p.m.: NAMI Connection. At Healing Matrix, 632 Main St. Support group program for

EXERCISE and FUN

KIDS CLUB
 South Lane School District grades 1-5. After school to 6 p.m. Mon-Fri on regular school days. Supervised play, homework help and snack. Cost \$60/month. Info: 541-359-6794
 Partial scholarships available.

Yoga - Community Center
 Mon. 6-7:30 p.m.; Fri 10-11:30 a.m. \$5 drop in, first class free. Info 541-554-6796

Beginners & Intermediate Yoga
 CG Community Center, 7th & Gibbs
 Info: Jane L. Guerber 541-942-5876 Wed.: 6 pm \$5/session

Cottage Grove Therapy Pool
 Aquatic Exercise Classes

Community Center, 7th & Gibbs;
 Info: Teresa 541-942-1185
 8:30-9:30 am Mon.-Fri.;
 3:00-4:00 pm Tues. & Thurs.;
 11:00 am-12 pm Sat.

Daugherty Aquatic Center
 1440 S. 8th St., 541-942-5533
 Call for public hours, lap swim hours, family swim hours and costs.
 Shallow Water Aerobics
 Daugherty Aquatic Center
 Mon, Wed, Fri 7:30-8:30 a.m.
 Call 541-942-5585 for more

info and cost - first session free.
YOGA & MEDITATION
 CG Community Center, 7th & Gibbs
 All levels with Gloria.
 Saturdays 10-11:30 a.m. \$5/session

people living with mental health issues and is operated by peers for peers. Info: 541-343-7688

5 p.m.: Friday Meal. Free at Church of God 6th & Gibbs.

5 p.m.: VFW Pork Loim Dinner. Public and families always welcome. VFW Post #3473, 3160 Hillside Dr. Includes entrée, salad, dessert, beverage. Adults \$8, Kids 6-17 \$3, 5 and under free. Handicap accessible. Drug, Smoke and Alcohol Free. Info: Bob 541-895-4051

5-6 p.m.: Stand for Peace/ Occupy CG. Rally in the Community Square, 7th and Main Streets.

5-8 p.m.: Third Friday Steak

Info: Ken 541-729-2077
6:45 p.m.: Racing at CG Speedway. Opening times: Pit Gates - 2 p.m.; Front Gates - 4 p.m.; Qualifying - 5:30 p.m.; Racing - 6:45 p.m. Info: www.cottagegrovespeedway.com/fan-info/default.aspx

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SUNDAY

8-11 a.m.: Community Breakfast. Masonic Lodge, 33322 Row River Rd. Adults \$6; Kids Free. OR bring a can or box of

or two!
5-6:30 p.m.: Community Dinner. First Methodist Church, 334 Washington Ave. Adults \$5. Children free. Info: 541-942-3033

6:30 p.m.: Spanish Story-time. At Cottage Grove Library, 700 E. Gibbs Ave.

6:30 p.m.: CG 912 Project. Speaker: Cedric Hayden, House District 7, about this year's legislative session. Stacy's Covered Bridge Restaurant, 401 E. Main St. Open to public and no cost to attend. Info: ce912project@gmail.com

6:30-7 p.m.: Parents Connect. Fun-filled hour of story-time

gas, pharmacy or other such bills. Good useable donations welcome (clothes, bedding, bathroom, kitchen towels).

1-3 p.m.: Creswell's Over-40 Social Club. At Creswell Community Center, 99 S. 1st St, one block south of City Hall. Meet friends old and new. Socialize, learn Tai Chi, learn drawing or painting, play games, work puzzles, do chair yoga, hear speakers, bring handwork, share refreshments. All adults welcome. Info: http://www.facebook.com/creswellover40

1:30 p.m.: Partners of People with Parkinson's. Free at Parkinson's Resources office,

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WEDNESDAY

7 a.m.: Kiwanis Club Sunrisers. Koffee Kup Restaurant, 1241 Hwy 99N.

9-10 a.m.: KNND 1400 AM Beeper Show. Call in discussion show - various topics/guests. 541-942-5548

10 a.m.-Noon: Genealogical Discussion Group. CG Community Center, 700 E. Gibbs Ave.; Free discussion on genealogical topics such as: research strategy, internet research, genealogical computing, sources and much more. Contact: 541-942-9570.

Noon: Kiwanis Club of CG. El Tapatio, 725 E. Gibbs Ave. Info: Cleo Dahlen 541-767-0795.

1-4 p.m.: Pinochle Playing. All ages men and women at Senior Center in CG Community Center, 700 E. Gibbs. Any level of player. (Wed. and Fri.) Info: 541-942-3694

2-3 p.m.: CG Children's Choir. Accepting students ages 6-11. Rehearsals held at First Presbyterian Church. No audition necessary. Call Joanna Newton for registration information 541-942-4550.

6 p.m.: Community Dinner. Free. Church of the Nazarene, 152 S. M St. Info: 541-942-4422

6:30-9:30 p.m.: Bingo. Cottage Grove Elks Lodge, 755 N. River Rd. Public Welcome. Info: 541-942-0234

7 p.m.: Pickleball. At Coiner Park Tennis Courts. Come try it out. Info: Ken 541-729-2077

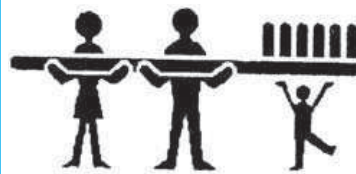
7-8:30 p.m.: NAMI Connection. At Healing Matrix, 632 Main St. Support group program for people living with mental health issues and is operated by peers for peers. Info: 541-343-7688

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Feed. Cottage Grove Elks Lodge, 755 N. River Rd. Menu includes: Grilled Steak, Baked Potato, Veggies, Salad, Roll and Dessert. Adults \$9 Info: 541-942-3554

6 p.m.: Crazy 8s Author Tour. At CG Public Library, 700 E. Gibbs Ave. Featuring Authors: Ruth Tenzer Feldman, Lisa Ohlen Harris, Lindsay Hill, Ellen Waterston, Karen Karbo, Gina Ochsner, Bill Cameron, Alexis M. Smith and George Byron Wright. Info: Books on Main

6:30 p.m.: Celebrate Recovery. Christ centered recovery program for hurts, habits and hang-ups. At Calvary Chapel Cottage Grove, 1447 Hwy 99 N. Harvey Epperson, Ministry leader 541-520-8071.

6:30 p.m.: London Grange #937 Meeting. London Grange, 72746 London Road. Public invited. Info: Dennis Chapman 541-942-9681

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 SATURDAY

7 a.m.-5 p.m.: Rotary Cycle the Lakes. At Bohemia Park. Adults \$49; 17 and under \$39. Various lengths of bicycle rides to choose from. Register at : www.cyclethelakes.org

10 a.m.: CG Historical Society Program - "The year 1915". CG Community Center, 700 E. Gibbs. Anyone interested in our area's history is welcome.
Noon: Pickleball. At Coiner Park Tennis Courts. Come try it out.

non-perishable food (given to Community Sharing) and get \$1 off of the price. Info: 541-942-2353.

5-6 p.m.: "Sunday Supper". Free supper and brown bag meal to take. Cottage Grove Community Center. Volunteers encouraged to help.

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 MONDAY

9 a.m.: Pickleball. At Coiner Park Tennis Courts. Come try it out. Info: Ken 541-729-2077

9-10 a.m.: KNND 1400 AM Beeper Show. Call in discussion show - various topics/guests. 541-942-5548

11 a.m.-2 p.m.: Closet at 6th and Gibbs. Church of Christ 6th and Gibbs, together with Lane Pregnancy Support Center, offer diapers and maternity, infant and other clothing sizes as supplies allow.

12:45 p.m.: Bingo. Reception Room at Community Center, 700 Gibbs. Public welcome. 5 cents per card per game

1-4 p.m.: Pine Needle Basketry. Instruction for making pine needle baskets for those 12 years and older. Materials cost depends on project. At Crafty Mercantile on Main Street. Info: Pat Easton 541-530-9221

5 p.m.: Teen Games. Cottage Grove Library. Tween and Teens invited to play board games. Play available ones at library or bring some from home. Bring a friend

and literacy activities, songs and crafts. Presented in English and Spanish. For you and your children aged up to 6 years old to enjoy books at the library with support from S. Lane School District Family Resource Center. Library is located at 700 E. Gibbs, Ave.

6:30-8 p.m.: Women's Support Group. Call Womenspace for location, 541-767-3879. Womenspace Crisis Line 24/7 is 541-485-6513.

7 p.m.: Overeaters Anonymous. First Presbyterian Church, 216 S. 3rd St. (corner 3rd and Adams). Enter on 3rd St. No dues, fees or weigh-ins. Info: Saunders 541-942-5883.

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 TUESDAY

9-10 a.m.: KNND 1400 AM Beeper Show. Call in discussion show - various topics/guests. 541-942-5548

9-10 a.m.: Children 8+ Ukulele Class. Free at CG Library with Nolene. Ukuleles provided.

12 p.m.: South Lane Wheels Board Meeting. 1450 Birch Ave. Open to public. Open comment period provided. Agenda and minutes posted at www.southlanewheels.org. For more info: Ruth Linoz, Executive Director, 541-942-0456

11 a.m.-2 p.m.: Adventist Community Services. 820 S. 10th St. Free clothes, shoes, bedding and emergency food boxes. Does NOT pay for electricity,

207 E. 5th Ave., Suite 241, Eugene. Info: 541-345-2988

3 p.m.: Veterans Support Services. Reps and caseworkers from the VA available to help veterans connect to resources and benefits. At Healing Matrix, 632 E. Main St. Info: 541-767-3707

4-5 p.m.: CG Youth Choir. Students age 12-16 may join. Rehearsals at First Presbyterian Church. Call Joanna Newton 541-942-4550 to audition and register.

5 p.m.: Science Pub. Topic: "Soil Nutrition: How It Relates to Your Food and Health" with Marjory House, Agronomist. Coast Fork Willamette Watershed Council meets at The Axe & Fiddle Public House, 657 E. Main St. 5-6pm is socializing and updates; 6-7pm is featured speaker or topic. 10% of food and beverage sales ALL NIGHT will be donated to Watershed Council - just tell your server you'd like to support them. Info: www.coastfork.org

5:15-6:15 pm: TLC Community Kitchen. Free. Trinity Lutheran Church, 675 S. 7th. Doors Open 5 pm. Info: 541-942-2373.

6:30-8:30 p.m.: Friends of Mount David. Meets at CG Museum Admin. Offices, corner of H and Birch. Info: 541-942-4269.

7 p.m.: Axe and Fiddle Open Mic Night. Free admission. Sponsored by KSOW 106.7 FM LP Info: 541-942-1067

7 p.m.: CG Recreation Assoc. Meeting. Regular meeting of the CGR board of directors at 1440 S. 8th St. Info: 541-942-3079.

DRUG and ALCOHOL groups

Thursday

6:30 p.m.: AA Meeting- Rush Hour. Open Meeting. At CG Community Center, 700 Gibbs Ave.

6:30 p.m.: Al-Anon Meeting. At CG Community Center, 700 Gibbs Ave. Info: 541-554-7994 or 541-510-4228
7 p.m.: Narcotics Anonymous Book Study. Open Meeting. At Knights of Columbus, 1025 N. 19th St. Contact: 541-225-7061.

Friday

6:30 p.m.: Celebrate Recovery - At Cavalry Chapel Cottage Grove, 1447 N. Pacific Hwy. Info: 541-520-8071

7 p.m.: Open AA meeting - Good Medicine Group. At CG Community Center, 700 Gibbs Ave., in Activity Room. Info: Karen 541-513-5126
8 p.m.: AA meeting-Gratitude Group. Open meeting. At Knights of Columbus, 1025 N. 19th St. Info: 541-942-3942.

Saturday

Noon: AA Meeting-Women's Good Grief Group. Closed meeting. Open to women alcoholics only. At Knights of Columbus, 1025 N. 19th St. Info: 541-942-0647 or 541-510-4228.

8 p.m.: AA Meeting-Open Candlelight Group. CG Comm. Center, 700 Gibbs Ave. On the last Sat. of the month - Open AA Speakers Meeting.

8 p.m.: Al-Anon Meeting-Step Study Group. CG Comm. Center, 700 Gibbs Ave.

Sunday

Noon: AA Meeting. At Knights of Columbus, 1025 N. 19th St.
6 p.m.: AA Meeting - New Beginnings. CG Comm. Center, 700 Gibbs Ave.

Monday

7 p.m.: Nar-A-Non Family Meeting. CG Comm. Center, 700 Gibbs Ave. For family and friends of addicts.
7 p.m.: AA Meeting- No Name Group. At Knights of Columbus, 1025 N. 19th St. Info: 541-942-3942.

Tuesday

Noon: AA Meeting- Noon Group. Big Book Study meeting. At Knights of Columbus, 1025 N. 19th. Info: 541-942-3942.
6:30 p.m.: Up the River Group. At Dorena Mercantile. Info: 541-946-1631
7 p.m.: Narcotics Anonymous. "A Way Back to Reality", open participation. At CG Community Center, 700 Gibbs Ave.

Wednesday

7 a.m.: AA Open Meeting. At CG Community Center, 700 Gibbs Ave.
7 p.m.: AA Meeting- Wednesday Night Beginners. Open meeting. At Knights of Columbus, 1025 N. 19th St. Info: 541-942-3942.

WEIGHT LOSS

Tuesday

5 p.m.: Weight Watchers. At Living Faith Assembly, 467 S. 10th St. 541-942-2612.

Thursday

10 a.m.: TOPS OR85. Take Off Pounds Sensibly, a weight-loss support group. At the United Methodist Church, 334 Washington Ave., Fireside Room. Info: Ellen 541-942-0866.

5:30 p.m.: TOPS OR969. Take Off Pounds Sensibly, a weight-loss support group. Weigh-In: 5:30 pm, Meeting: 6 pm. Meets at Jefferson Park Community Room, 325 5th Street. Info: Elaine 541-942-8547.

5:30 p.m.: TOPS OR1020 (Creswell). Take Off Pounds Sensibly, a weight-loss support group. Weigh-In: 5:30 pm, Meeting: 6 pm. Meets at Creswell Grange Hall, 298 W. Oregon Ave. Info: 541-895-3156.