



BY BETTY KAISER
For the Sentinel

Cook's Corner

The daily special is—zucchini!



STUFFED BAKED ZUCCHINI SPECIAL

(Kaiser's Country Diner)

- 2 large or several small zucchini
- 1 pound ground meat
- 1/2 cup onion, finely chopped
- 1/2 cup bell pepper, finely chopped
- 2 cups cooked rice
- 16 ounces tomato or spaghetti sauce
- 1 teaspoon basil
- Garlic salt and black pepper to taste
- Topping: combine salsa and catsup to make 1 cup (or more)

Wash zucchini and put in oven on a foil lined baking dish. Add about 1/2 inch hot water. Cover and steam; turn after 15 minutes and cook until "al dente." Remove from oven and cool. Slice in half lengthwise; remove seeds and turn over to drain on paper towels.

In the meantime, cook the rice. While it is cooking, brown the meat with onion and bell pepper. Drain. Add rice, sauce and seasonings. Spray a foil lined baking pan with non-stick spray. Put the zucchini cut side up and fill with stuffing. Spoon on topping, cover with foil and bake until hot and lightly brown. (This serves 4-6 people with leftovers)

GILGERT'S RED PEPPER RELISH

- 12 large red peppers
- 1-1/2 teaspoons pickling salt
- 2 cups fresh lemon juice or white vinegar
- 3 cups sugar

First: Remove the stems, seeds and ribs from the peppers. Run them through a food grinder. Put them in a non-aluminum bowl and toss with the salt. Let stand for 1 hour.

Second: Drain liquid from the peppers. In a

large heavy saucepan, mix the peppers with lemon juice and sugar. Bring to a soft boil, lower the heat and simmer about 1 hour until the relish thickens somewhat. Low heat is important; the relish burns easily. Stir frequently. The color should be a nice, darkish red.

Last: Pack the hot relish in hot sterilized half-pint jars. Process according to your canner instructions unless refrigerating. When cool, wipe off the jars and store in a cool, dark place.

GILGERT'S ZUCCHINI RELISH

(Makes about 10 cups)

- 10 cups sliced zucchini
- 4 cups sliced yellow onion
- 5 tablespoons pickling salt
- 1 large green pepper, stemmed, seeded
- 1 large red pepper, stemmed, seeded
- 2-1/2 cups white vinegar
- 4-1/2 cups granulated sugar
- 1 teaspoon dry mustard
- 1 teaspoon turmeric
- 1 teaspoon celery salt
- 1/2 teaspoon black pepper
- 1 tablespoon cornstarch

First Part: Put the zucchini and onions through a meat grinder. Put them in a non-aluminum bowl and stir in the salt. Cover and refrigerate overnight. Next morning drain well, put in a large colander lined with cheesecloth, place in the sink and run cold water through the mixture. Drain again. This will get rid of most of the salt.

Second Part: Grind the two peppers. (Two green would do but the red gives some spots of color and spicy flavor.)

Third Part: In a large kettle, combine the vegetables and remaining ingredients. Bring to a soft boil. Lower the heat and simmer 30 minutes, stirring frequently to avoid scorching.

Place the hot relish in hot sterilized pint or half pint jars and seal. Process according to your canner instructions unless refrigerating. After 24 hours, wipe off the cooled jars, wash the rings, replace and store in a cool, dark place.

Keep it simple and keep it seasonal! Betty Kaiser's Cook's Corner is dedicated to sharing a variety of recipes that are delicious, family oriented and easy to prepare. Contact her at 942-1317 or email bchatty@bettykaiser.com

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Excellent References

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(Before 7pm please)



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Worship Directory



6th & Gibbs Church of Christ
195 N. 6th St. • 541-942-3822
Pastor: Aaron Earlywine
Youth & Families Pastor: Seth Bailey
Services: 9am and 10:30am
Christian Education
Nursery for pre-k - 3rd Grade
www.6thandgibbs.com

Calvary Baptist Church
77873 S 6th St • 541-942-4290
Pastor: Riley Hendricks
Sunday School: 9:45am
Worship: 11:00am
The Journey: Sunday 5:00pm
Praying Thru Life: Wednesday 6:00pm

Calvary Chapel Cottage Grove
1447 Hwy 99 (Village Plaza)
541-942-6842
Pastor: Jeff Smith
Two Services on Sun: 9am & 10:45am
Wednesday Service 6:45 pm
Child Care 10:45am Service Only
Youth Group Bible Study:
Wed. 6:45 pm & Sat. 6 pm
www.cgcalvary.org

Center for Spiritual Living Cottage Grove
700 Gibbs Ave (Community Center)
Rev. Bobby Lee
Meets Sunday 3:00 p.m.
Info: 541-767-0182 (Mrs. "T")

Church of Christ
420 Monroe St • 541-942-8565
Sunday Service: 10:30am

Cottage Grove Bible Church
1200 East Quincy Avenue
541-942-4771
Pastor: Bob Singer
Worship 8:30am, 11am
Sunday School: 9:45am
Youth Group Mondays 6:30pm
AWANA age 3-8th Grade,
Wednesdays Sept-May, 6:30pm
www.cgbible.org

Cottage Grove Faith Center
33761 Row River Rd. • 541-942-4851
Lead Pastor: Isaac Hovet
www.cg4.tv
Sumer Schedule Sunday, Service - 10am
Full Children's Ministry available

Covered Bridge Nazarene Church
152 S. M St.
541-942-4422
Pastor: Cindy Slaymaker
Sunday School: 9:30am
Worship 10:30am

Delight Valley
Church of Christ
33087 Saginaw Rd. East
541-942-7711
Pastor: Bob Friend
Two Services:
9am - Classic in the Chapel
10:30am - Contemporary in the Auditorium

First Baptist Church
301 S 6th St 541-942-8242
Pastor: Steve Johnson
Sunday School: 9:30am
Worship: 11:00am
Come Worship with us

First Presbyterian Church
3rd and Adams St • 541-942-4479
Pastor: Rev. Bruce Cameron
Worship: 10:00am
Sunday School: 10:00am
www.cgpresbynews.com

Grove Community Church
77820 Mosby Creek Rd.
Cottage Grove, OR 97424
541-942-0123
Pastor: Bryan Parsons
Worship: 10:30 a.m.
Nursery: Infant - Pre-K
Kid's Church: K to 5th grade

Hope Fellowship
United Pentecostal Church
100 S. Gateway Blvd. • 541-942-2061
Pastor: Dave Bragg
Worship: 11:00am Sunday
Bible Study: 7:00pm Wednesday
www.hopefellowshippupc.com
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Living Faith Assembly
467 S. 10th St. • 541-942-2612
Pastor Rulon Combs
Sunday School All Ages 9am
Worship & Children's
Church 10:30 am
"The Bridge" Sat Evening Service 6:00pm
Youth 180 Mondays 5:30-8pm
Children's Breakout Class: Wed. 6:30pm

Non-Denominational Church of Christ
1041 Pennoyer Ave * 541-767-0447
Preachers: Tony Martin & Robert Evans
Sunday Bible Study: 10:00am
Sunday Worship: 10:50am & 5:30pm
www.pennoyervavococ.com

Old Time Gospel Fellowship
103 S. 5th Street • 541-942-4999
Pastor: Herb Carson
Sunday Service: 10:00am
Sunday Bible Study: 6:00pm
We sing the old time hymns.

Our Lady of Perpetual Help and St. Philip Benizi
Catholic Churches
1025 N. 19th St.
541-942-3420 / 541-942-4712
Pastor: Roy L. Antunez, S.J.
Euch. Liturgies; Sat. 5:30pm
Sun. 10:30am
St. Philip Benizi, Creswell:
552 Holbrock Lane • 541-895-8686
Sunday: 8:30am

St. Andrews Episcopal Church
1301 W. Main • 541-767-9050
Rev. Lawrence Crumb
"Church with the flags."
Worship: Sunday 10:30am
All Welcome

Seventh-day Adventist Church
820 South 10th Street
541-942-5213
Pastor: Kevin Miller
Bible Study: Saturday, 9:15 am
Worship Service: Saturday, 10:40 am
Mid-week Service: Wednesday, 1:00 pm

Trinity Lutheran Church
6th & Quincy • 541-942-2373
Pastor: James L. Markus
Sunday Worship 9:30am
Adult Education 10:45am
Comm. Kitchen Free Meal Tue & Thur
5:00pm TLC Groups
trinitylutherancottagegrove.com

United Methodist Church
334 Washington • 541-942-3033
Pastor: Lura Kidner-Miesen
Worship: 10:30am
Adult & Sunday School: 9:30am
Comm. Dinner (Adults \$5, Kids Free)
Mon. 5-6:30pm
cottagegroveumc.org

"VICTORY" Country Church
913 S. 6th Street • 541-942-5913
Pastor: Barbara Dockery
Worship Service: 10:00am
Message: 11:00am
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Our Worship Directory is a weekly feature in the newspaper. If your congregation would like to be a part of this directory, please contact the Cottage Grove Sentinel at 541-942-3325.