



Pet Tips 'n' Tales

by Mary Ellen "Angel Scribe"

Who-Raw for Rowan!

"A TV comedian joked, 'Who would want a cat? They eat breakfast and spend the rest of the day throwing up,'" said Julia. "But it is no joke! As a Classical Homeopath and Clinical Pet Nutritionist I know that an animal or human who eats and then feels ill is eating unfit food. I have witnessed the benefits of 'real food' for my pets. As a teenager, when I adopted a three month-old puppy, Kody, he was a lethargic, furry lump with a green-snot nose.

One day, I walked passed a homeopathic veterinary clinic with the sign, 'Feed Your Dogs Raw Food'. It was a divine moment! I stumbled onto the answer to my puppy's health and a career.

As soon as I switched Kody from bagged/canned puppy food to raw, he transformed from a little blah-blob to an energetic healthy puppy. It was unbelievable how fast it happened! My cat was having urinary tract crystals, until I too switched him to a raw diet. Since the switch, none of my pets have suffered from alopecia (fur loss), arthritis, digestive problems or diabetes. I was hooked and studied everything I could to help animals live longer and healthier lives. I now offer free diet advice through www.3pnaturals.com or sarah@3pnaturals.com

I've seen huge improvements in the health of pets that are switched to raw. Their blood work and health progression, documented by their veterinarians, is astounding. Chronic vomiting in cats is stopped once they're on a raw diet. All my diabetic cat patients reversed their illness and most of the dogs have gone off or reduced their insulin.

Just like human food, manufactured pet food has a lot of hidden sugar. The definition of animal byproducts seen on pet food labels is: euthanized animals, fur, animals who died



Photo by Mary Ellen "Angel Scribe"

Sarah Griffiths, DCH, CPN and her 50 pound, six-month-old puppy, Rowan, are teachers of pet nutrition. Rowan's favorite part is the eating demonstration!

from unnatural causes/diseased. When I see chicken byproducts, I know that it means a combination of disturbing mystery ingredients. These cleverly disguised ingredients along with low quality processed grains, preservatives, coloring or taste-enhancing chemicals explain why so many animals have allergies - when you have no control of what comes out of the bag, no matter how much you paid for it, you continue paying at a vet's clinic to 'fix' the problem

I can look at a dog/cat and instantly tell which ones are fed packaged or raw food. Raw food is becoming popular and not considered a fad anymore. Pet stores are now offering frozen raw foods because customers are demanding it. If you don't have access to raw food, then purchase the meat at a butcher shop and vegetables at the grocery store. Make a batch and freeze it for convenience. To avoid nutritional deficiencies,

consult with a professional about balancing it correctly.

My six-month-old pup, Rowan, is a rare harlequin colored Beauceron who stands out in a crowd! The Beauceron is a hearty, intelligent, 500 year old breed from France used to herd sheep, but today is used for police, protection work, and scent tracking. They are a hearty breed that generally live for 16 years with few genetic problems. The Doberman originate from the Beauceron. The breed is registered with the American Kennel Club, but to date the Canadian Kennel Club has failed to do so.

Beaucerons are diverse because of their intelligence, athletic skills and even temperament. These dogs are not for first-time dog owners! They need a job to do and their high energy requires a lot of exercise. I work from home, so my lifestyle affords me time to have a super active and intelligent dog.

Rowan also accompanies me when I teach pet health through their food. She is a living example of the food's success and our blog's raw-k star!

I love how Rowan's beautiful-adoring eyes look into mine. She watches and studies whatever I am doing and saying. Because Rowan hails from one of the smartest breeds, she is quick to learn. Since the age of four months, she's being training to scent-track for professional competitions. Once a dog learns to use their nose, you can modify their training to anything; missing persons, drugs, bed bugs, mold, etc. Next she begins a puppy tracking course. She just turned six months old and is already 50 pounds and will weigh 80 when full grown.

TIPS

Raw fed dogs have many benefits; better digestion, less arthritis and they don't smell doggy!

<http://www.3pnaturals.com/pet-nutrition/raw-pet-food-benefits>

Educational website and free newsletters on pet health:

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