

CALENDAR CHOICES

21

THURSDAY

9-10 a.m.: Ukulele Classes. Free, all ages welcome, at CG Library with Nolene. Ukuleles provided.

9-10 a.m.: KNND 1400 AM Beeper Show. Call in discussion show - various topics/guests. 541-942-5548

10 a.m.: NAML. At Jack Sprats on Main St. Info: 541-343-7688

10 a.m.-1 p.m.: Creswell's Over-40 Social Club. At Creswell Community Center, 99 S. 1st St, one block south of City Hall. Meet friends old and new. Socialize, learn Tai Chi, learn drawing or painting, play games, work puzzles, do chair yoga, hear speakers, bring handwork, share refreshments. All adults welcome. Info: <http://www.facebook.com/creswellover40>

11 a.m.-2 p.m.: Closet at 6th and Gibbs. Church of Christ 6th and Gibbs, with Lane Pregnancy Support Center, offer diapers and maternity, infant and other clothing sizes as supplies allow.

Noon: CG Rotary Club. Stacy's Covered Bridge Restaurant, 401 E. Main. Info: 541-942-9489.

4 p.m.: Alzheimer's Caregiver Support. Support group for families caring for family members with Alzheimer's meet at Magnolia Gardens. Info: 541-942-0054.

4-6 p.m.: Ping Pong. Free at CG Community Center Reception Hall, 700 E. Gibbs Ave.

5:15-6:15 p.m.: TLC Community Kitchen. Free. Trinity Lutheran Church, 675 S. 7th. Doors Open 5 pm. Info: 541-942-2373.

6:30-8 p.m.: Holistic Wellness through Eastern Spirituality and Western Psychology. Eugene psychiatrist Joseph Arpaia, MD will share tips from his books "Tibetan Wisdom for Western Life" and "Real Meditation in Minutes a Day". Free at South Lane Mental Health, 1345 Birch Ave. Info: 541-942-3939

7:30 p.m.: Eastern Star #4. Meets at the Masonic Center, 33322 Row River Rd. Members only.

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FRIDAY

9-10 a.m.: KNND 1400 AM Beeper Show. See Thursday's listing for detail.

10:30 a.m.: Story Time for Tots. Cottage Grove Library. Ages 0-6 recommended (w/parental supervision) to listen to stories and participate in fun filled age appropriate fun.

1 p.m.: Dorena Grange #835 Meeting. Dorena Grange, 34360 Row River Road. Public invited. Info: Joe Snook 541-942-4733

1-4 p.m.: Pinochle Playing. All ages men and women at Senior Center in CG Community Center, 700 E. Gibbs. Any level of player. (Wed. and Fri.) Info: 541-942-3694

1:30-3 p.m.: NAMI Connection. At Healing Matrix, 632 Main

St. Support group program for people living with mental health issues and is operated by peers for peers. Info: 541-343-7688

5 p.m.: Friday Meal. Free at Church of God 6th & Gibbs.

5 p.m.: VFW Potato Bar Community Dinner. Public and families always welcome. VFW Post #3473, 3160 Hillside Dr. Includes entrée, salad, dessert, and beverage. Adults \$8, Kids 6-17 \$3, 5 and under free. Handicap accessible. Drug, Smoke and Alcohol Free. Info: John Landon 541-946-3888

5-6 p.m.: Stand for Peace/Occupy CG. Rally in the Community

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SUNDAY

8-11 a.m.: Elks Lodge Breakfast.

All you can eat! Ham and/or sausage, eggs as you like 'em, biscuits & gravy, pancakes, French toast, hash browns, coffee and juice. Adults \$6; Kids \$3. 755 N. River Rd. Info: 541-942-3554

5-6 p.m.: "Sunday Supper". Free supper and brown bag meal to take. Cottage Grove Community Center. Volunteers encouraged to help.

ing for detail.

1:30 p.m.: Partners of People with Parkinson's Disease. Free support group at Parkinson's Resources office, 207 E. 5th Ave., Suite 241. Info: 541-345-2988

3 p.m.: Veterans Support Services. Reps and caseworkers from the VA available to help veterans connect to resources and benefits. At Healing Matrix, 632 E. Main St. Info: 541-767-3707

4-5 p.m.: CG Youth Choir. Students age 12-16. Rehearsals at First Presbyterian Church. Call Joanna Newton 541-942-4550 to audition and register.

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WEDNESDAY

7 a.m.: Kiwanis Club Sunrisers. Koffee Kup Restaurant, 1241 Hwy 99N.

9-10 a.m.: KNND 1400 AM Beeper Show. See Thursday's listing for detail.

10 a.m.-Noon: Genealogical Discussion Group. CG Community Center, 700 E. Gibbs Ave.; Free discussion on genealogical topics such as: research strategy, internet research, genea-

Church of the Nazarene, 152 S. M St. Info: 541-942-4422

6 p.m.: West African Drumming and Dancing Class. Guinean Master Drummer, Fode Sylla. Odd Fellows Hall, 317 Main St. 6 p.m. - Drumming: \$10; 7 p.m. - Dancing: \$10. Call to register or reserve a drum. 541-505-6399 Will continue on Wednesdays.

6:30-9:30 p.m.: Bingo. Cottage Grove Elks Lodge, 755 N. River Rd. Public Welcome. Info: 541-942-0234

7-8:30 p.m.: NAMI Connection. See Friday's listing for detail.

Hours of Museums/History/Genealogy

COTTAGE GROVE GENEALOGICAL SOCIETY LIBRARY
open to the public for research
Tues. thru Sat. 11am-4pm
CG Community Center, 700 E. Gibbs Ave.
Info: 541-942-9570

COTTAGE GROVE MUSEUM
Sat. and Sun. 1-4pm
147 H Street. Donations accepted. Info: 541-968-2254

HISTORICAL SOCIETY LIBRARY
Wed. thru Sat. 1-4pm
Go thru Gold Mining Museum, 737 Main St. Info: 541-942-5022

BOHEMIA GOLD MINING MUSEUM
Wed. thru Sat. 1-4pm
Features local mining history
737 Main St.
Info: 541-942-5022

OREGON AVIATION HISTORY CENTER
Sat. 10am-4pm
2475 Jim Wright Way
(across from Village Green Resort)

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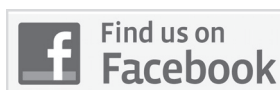


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Square, 7th and Main Streets.
5:30-7:30 p.m.: Fourth Friday Fish Fry. Cottage Grove Elks Lodge, 755 N. River Rd. Menu includes: Fish and Chips w/Cole Slaw. 1 piece basket \$5, 2 piece basket \$7, 3 piece basket \$9. Karaoke 8pm till ??? Info: 541-942-3554

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SATURDAY

11 a.m.-1 p.m.: Hanging Basket Ceremony. At All-America City Square, 7th and Main St. Will feature the poster in honor of those who helped support the Hanging Basket Project in memory of loved ones - eventually will hang in Homestead Furniture window. Enjoy downtown Main Street.

2 and 4:30 p.m.: Culpepper-Merriweather Circus. At Bohemia Park. Advance tickets at Best Little Printhouse, 620 Whiteaker Ave. 541-942-7700. Adult \$10 or Child \$6. Circus Day: Adult \$13; Child \$7. Sponsored by Kiwanis Club of Cottage Grove. www.emcircus.com

4-7 p.m.: CG Grower's Market Kick-Off. Corner of 10th and Washington. Organic produce and handmade crafts.

6:45 p.m.: "WST Sprint Series" Racing at CG Speedway. Opening times: Pit Gates - 2 p.m.; Front Gates - 4 p.m.; Qualifying - 5:30 p.m.; Racing - 6:45 p.m. Info: www.cottagegrovespeedway.com/fan-info/

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MONDAY

MEMORIAL DAY. Remember all your loved ones and the ones who gave their lives for your freedoms in this country.

10 a.m.-2 p.m.: McFarland Cemetery Open. Historical Society of Cottage Grove welcomes you to visit the Historical McFarland Cemetery. Located off River Rd. at Holly Ave. and Kalapuya St. Info: 541-942-5022

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TUESDAY

9-10 a.m.: KNND 1400 AM Beeper Show. See Thursday's listing for detail.

12 p.m.: South Lane Wheels Board Meeting. 1450 Birch Ave. Open to public. Open comment period provided. Agenda and minutes at www.southlanewheels.org. For more info: Ruth Linoz, Executive Director, 541-942-0456

11 a.m.-2 p.m.: Adventist Community Services. See Thursday's listing for detail.

1-3 p.m.: Creswell's Over-40 Social Club. See Thursday's list-

5 p.m.: Science Pub - Purple Martins. Coast Fork Willamette Watershed Council meets at The Axe & Fiddle Public House, 657 E. Main St. 5-6pm is socializing and updates; 6-7pm is featured speaker: Garrett Dorsey, Wildlife Biologist, US Army Corps of Engineers speaking about Purple Martins at local reservoirs. 10% of food and beverage sales ALL NIGHT will be donated to Watershed Council - just tell your server you'd like to support them. Info: www.coastfork.org

5:15-6:15 p.m.: TLC Community Kitchen. Free. Trinity Lutheran Church, 675 S. 7th. Doors Open 5 pm. Info: 541-942-2373.

6 p.m.: South Lane County Fire & Rescue Budget Meeting. At Station 2-1, 233 E. Harrison Ave., Cottage Grove. Review and approve proposed budget for Fiscal Year 2015-16. Will listen to comments and take questions from public.

6:30-8:30 p.m.: Friends of Mount David. Meets at CG Museum Admin. Offices, corner of H and Birch. Info: 541-942-4269.

7 p.m.: Axe and Fiddle Open Mic Night. Free admission. Sponsored by KSOW 106.7 FM LP Info: 541-942-1067

7 p.m.: CG Recreation Assoc. Meeting. Regular meeting of the CGR board of directors at 1440 S. 8th St. Info: 541-942-3079.

logical computing, sources and much more. Contact: 541-942-9570.

Noon: Kiwanis Club of CG. El Tapatio, 725 E. Gibbs Ave. Info: Cleo Dahlen 541-767-0795.

1-4 p.m.: Pinochle Playing. See Friday's listing for detail.

2-3 p.m.: CG Children's Choir. Students ages 6-11. Rehearsals held at First Presbyterian Church. No audition necessary. Call Joanna Newton for registration information 541-942-4550.

6 p.m.: Community Dinner. Free.

We Want Your News!

The Cottage Grove Sentinel wants to be your source for all things Cottage Grove. But we need your help! If you've got a news tip, we'd be glad to hear about it:

Cottage Grove Sentinel
In person: 116 N. Sixth Street, Cottage Grove
Email: cgnews@cgsentinel.com
Office phone: 942-3325

EXERCISE and FUN

KIDS CLUB
South Lane School District grades 1-5. After school to 6 p.m. Mon-Fri on regular school days. Supervised play, homework help and snack. Cost \$50/month. Info: 541-359-6794
Partial scholarships available.

Yoga - Community Center
Mon. 6-7:30 p.m.; Fri 10-11:30 a.m. \$5 drop in, first class free. Info 541-554-6796

Beginners & Intermediate Yoga
CG Community Center, 7th & Gibbs
Info: Jane L. Guerber 541-942-5876 Wed.: 6 pm \$5/session

Cottage Grove Therapy Pool
Aquatic Exercise Classes
Community Center, 7th & Gibbs.; Info: Teresa 541-942-1185

8:30-9:30 am Mon.-Fri.;
3:00-4:00 pm Tues. & Thurs.;
11:00 am-12 pm Sat.

Daugherty Aquatic Center
1440 S. 8th St., 541-942-5533
Call for public hours, lap swim hours, family swim hours and costs.

Shallow Water Aerobics
Daugherty Aquatic Center
Mon, Wed, Fri 7:30-8:30 a.m.
Call 541-942-5585 for more info and cost - first session free.

DRUG and ALCOHOL groups

Thursday
6:30 p.m.: AA Meeting- Rush Hour. Open Meeting. At CG Community Center, 700 Gibbs Ave.
6:30 p.m.: Al-Anon Meeting. At CG Community Center, 700 Gibbs Ave. Info: 541-554-7994 or 541-510-4228
7 p.m.: Narcotics Anonymous Book Study. Open Meeting. At Knights of Columbus, 1025 N. 19th St. Contact: 541-225-7061.

Friday
6:30 p.m.: Celebrate Recovery - At Cavalry Chapel Cottage Grove, 522 E Whiteaker Ave. Info: 541-520-8071
7 p.m.: Open AA meeting - Good Medicine Group. At CG Community Center, 700 Gibbs Ave., in Activity Room. Info: Karen 541-513-5126.
8 p.m.: AA meeting-Gratitude Group. Open meeting. At Knights of Columbus, 1025 N. 19th St. Info: 541-942-3942.

Saturday
Noon: AA Meeting-Women's Good Grief Group. Closed meeting. Open to women alcoholics only. At Knights of Columbus, 1025 N. 19th St. Info: 541-942-0647 or 541-510-4228.
8 p.m.: AA Meeting-Open Candlelight Group. CG Comm. Center, 700 Gibbs Ave. On the last Sat. of the month - Open AA Speakers Meeting.
8 p.m.: Al-Anon Meeting-Step Study Group. CG Comm. Center, 700 Gibbs Ave.

Sunday
Noon: AA Meeting. At Knights of Columbus, 1025 N. 19th St.
6 p.m.: AA Meeting - New Beginners. CG Comm. Center, 700 Gibbs Ave.
7:15 p.m.: Narcotics Anonymous. Book study. At CG Community Center, back room, 700 Gibbs Ave.

Monday
7 p.m.: Nar-A-Non Family Meeting. CG Comm. Center, 700 Gibbs Ave. For family and friends of addicts.
7 p.m.: AA Meeting- No Name Group. At Knights of Columbus, 1025 N. 19th St. Info: 541-942-3942.

Tuesday
Noon: AA Meeting- Noon Group. Big Book Study meeting. At Knights of Columbus, 1025 N. 19th. Info: 541-942-3942.
6:30 p.m.: Up the River Group. At Dorena Mercantile. Info: 541-946-1631
7 p.m.: Narcotics Anonymous. "A Way Back to Reality", open participation. At CG Community Center, 700 Gibbs Ave.

Wednesday
7 a.m.: AA Open Meeting. At CG Community Center, 700 Gibbs Ave.
7 p.m.: AA Meeting- Wednesday Night Beginners. Open meeting. At Knights of Columbus, 1025 N. 19th St. Info: 541-942-3942.

WEIGHT LOSS

Tuesday
5 p.m.: Weight Watchers. At Living Faith Assembly, 467 S. 10th St. 541-942-2612.

Thursday
10 a.m.: TOPS OR85. Take Off Pounds Sensibly, a weight-loss support group. At the United Methodist Church, 334 Washington Ave., Fireside Room. Info: Ellen 541-942-0866.

5:30 p.m.: TOPS OR969. Take Off Pounds Sensibly, a weight-loss support group. Weigh-In: 5:30 pm, Meeting: 6 pm. Meets at Jefferson Park Community Room, 325 5th Street. Info: Elaine 541-942-8547.

5:30 p.m.: TOPS OR1020 (Creswell). Take Off Pounds Sensibly, a weight-loss support group. Weigh-In: 5:30 pm, Meeting: 6 pm. Meets at Creswell Grange Hall, 298 W. Oregon Ave. Info: 541-895-3156.