8:30-9:30 a.m.: KNND 1400 AM Beeper Show. See Thursday's listing for detail.

10 a.m.: NAMI. At Jack Sprats on Main St. Info: 541-343-7688

10 a.m.-1 p.m.: Creswell's Over-**40 Social Club.** At Creswell Community Center, 99 S. 1st St, one block south of City Hall. Learn more at http://www.facebook.com/creswellover40

11 a.m.-2 p.m.: Closet at 6th and Gibbs. Church of Christ 6th and Gibbs, together with Lane Pregnancy Support Center, offer diapers and maternity, infant and other clothing sizes as supplies allow.

Noon: CG Rotary Club. Stacy's Covered Bridge Restaurant, 401 E. Main. Info: 541-942-9489. Noon-3 p.m.: Adventist

Community Services. 820 S. 10th St. Free clothes, shoes, bedding and emergency food boxes. Does NOT pay for electricity, gas, pharmacy or other such bills. Good useable donations welcome (clothes, bedding, bathroom, kitchen towels).

4 p.m.: Alzheimer's Caregiver Support. Support group for families caring for family members with Alzheimer's meet at Magnolia Gardens. Info: 541-942-0054.

5:15-6:15 p.m.: TLC

Community Kitchen. Free. Trinity Lutheran Church, 675 S. 7th. Doors Open 5 pm. Info: 541-942-2373.

7 p.m.: South Lane County Fire and Rescue Board Meeting. Open to the public. At Creswell Station. Info: 541-942-4493 or 942-3395.

7:30 p.m.: Eastern Star #4. Meets at the Masonic Center, 33322 Row River Rd. Members

8 a.m.: All Professionals

Network. A referral organization designed to increase business among its members. A fun proactive group that is interested in the future growth and development of business in Cottage Grove. Meets in Shepherd Room at the Cottage Grove Community Center. Donuts & Coffee served. \$25 annual dues. Info: Laura Harmon 541-870-8:30-9:30 a.m.: KNND 1400 AM

Beeper Show. See Thursday's listing for detail. 9 a.m.: Preschool Music and

Art Class. Appropriate for ages birth to 5 and their parents or caregivers. Held at First Presbyterian Church. No sign-up necessary. Info: Joanna Newton 541-942-4550

10:30 a.m.: Story Time for Tots. Cottage Grove Library. Ages 0-6 recommended (w/parental supervision) to listen to stories and participate in fun filled age

appropriate fun.

1-4 p.m.: Pinochle Playing. All ages men and women at Senior Center in CG Community Center, 700 E. Gibbs. Any level of player. (Wed. and Fri.) Info: 541-942-3694

1:30-3 p.m.: NAMI Connection. At Healing Matrix, 632 Main St. Support group program for people living with mental health issues and is operated by peers for peers. Info: 541-343-7688

5 p.m.: VFW "Community Invited" Dinner. Public and families always welcome. VFW Post #3473, 3160 Hillside Dr. Includes entrée, salad, dessert,

• Digital X-rays

beverage. Adults \$8, Kids 6-17

\$3, 5 and under free. Handicap

Alcohol Free. Info: John Landon

accessible. Drug, Smoke and

5-6 p.m.: Stand for Peace/

Occupy CG. Rally in the

5-8 p.m.: Third Friday Steak

Feed. Cottage Grove Elks

Lodge, 755 N. River Rd. Menu

includes: Grilled Steak, Baked

Dessert. Adults \$9 Info: 541-

6:30 p.m.: London Grange #937

Meeting. London Grange,

7-9 p.m.: Green Mountain

72746 London Road. Public

invited. Info: Dennis Chapman

Bluegrass Band. At Drain Civic

Admission \$5 pp. Refreshments

available. Presented by North

Douglas Performing Arts

10 a.m.: CG Historical Society.

Program presented by Joanne

Skelton on the history of the

Center, 700 E. Gibbs. Anyone

interested in our area's history

exhibit also in Library Feb. 17-

is welcome. Applegate Trail

Applegate Trail. CG Community

Center, 205 W. A St., Drain.

Potato, Veggies, Salad, Roll and

Community Square, 7th and

541-946-3888

Main Streets.

942-3554

541-942-9681

Council.



8-11 a.m.: Elks Lodge Breakfast. All you can eat! Ham and/or sausage, eggs the way you like 'em, biscuits & gravy, pancakes, French toast, hash browns, coffee and juice. Adults \$6: Kids \$3. 755 N. River Rd. Info: 541-942-3554

10 a.m.-4 p.m.: Introduction to Sustainable Beekeeping. At Aprovecho, by donation, at 80574 Hazelton Rd. Instructor:

DR. JONATHAN BACKER

Every Smile has a story

• Preventative and Cosmetic Dentistry

Let us be a part of yours!

• Same Day Metal Free Crowns

New Patients Welcome

Mercantile on Main Street. Info: Pat Easton 541-530-9221

1:30 p.m.: Classic Movie Film Festival. A different "classic" movie every month! In Shepherd Room of Cottage Grove Community Center, 700 E. Gibbs Ave. Free popcorn and drinks.

5 p.m.: Teen Games. Cottage Grove Library. Tween and Teens invited to play board games. Play available ones at library or bring some from home. Bring a friend or two!

5-6:30 p.m.: Community Dinner. First Methodist Church, 334 Washington Ave. Adults \$5.

12 p.m.: South Lane Wheels Board Meeting. 1450 Birch Ave. Open to public. Open comment period provided. Agenda and minutes posted at www. southlanewheels.org. For more

info: Ruth Linoz, Executive Director, 541-942-0456 Noon-3 p.m.: Adventist Community Services. See

Thursday's listing for detail. 3 p.m.: Veterans Support Services. Reps and caseworkers from the VA available to help veterans connect to resources and benefits. At Healing Matrix, 632 E. Main St. Info: 541-767-3707



WEDNESDAY

7 a.m.: Kiwanis Club Sunrisers. Koffee Kup Restaurant, 1241 Hwy 99N.

7 a.m.: South Valley Rotary Club. Café Sheilagh, 1043 Hwy.

8:30-9:30 a.m.: KNND 1400 AM Beeper Show. See Thursday's listing for detail.

8:30-9:00am: SMART Start Making a Reader Today -Harrison Elementary School

10 a.m.-Noon: Genealogical **Discussion Group.** CG Community Center, 700 E. Gibbs Ave.; Free discussion on genealogical topics such as: research strategy, internet research, genealogical computing, sources and much more. Contact: 541-942-9570.

11:30-2:00pm: SMART Start Making a Reader Today -Harrison Elementary School Noon: Kiwanis Club of CG. El Tapatio, 725 E. Gibbs Ave. Info:

Cleo Dahlen 541-767-0795. 1-4 p.m.: Pinochle Playing. See Friday's listing for detail.

2-3 p.m.: CG Children's Choir. Accepting students ages 6-11. Rehearsals held at First Presbyterian Church. No audition necessary. Call Joanna Newton for registration information 541-942-4550.

6 p.m.: Community Dinner. Free. Church of the Nazarene, 152 S. M St. Info: 541-942-4422

6 p.m.: West African Drumming and Dancing Class. Guinean Master Drummer, Fode Sylla. Odd Fellows Hall, 317 Main St. 6 p.m. - Drumming Cost: \$10; 7 p.m. - Dancing Cost: \$10 or prepay for 5 classes for \$40 Call to register or reserve a drum. 541-505-6399 Will continue on Wednesdays.

6:30-9:30 p.m.: Bingo. Cottage Grove Elks Lodge, 755 N. River Rd. Public Welcome. Info: 541-942-0234

7-8:30 p.m.: NAMI Connection. See Friday's listing for detail.



"Creating Smiles That Last A Lifetime"

4-5 p.m.: CG Youth Choir.

register.

Students age 12-16 may join.

Church. Call Joanna Newton

541-942-4550 to audition and

5 p.m.: Science Pub. Coast Fork

meets at The Axe & Fiddle

Public House, 657 E. Main

St. 5-6pm is socializing and

updates; 6-7pm is featured

speaker or topic. Tonight:

Sam Chan of OSU on water

will be donated to Watershed

Council - just tell your server

www.coastfork.org

Willamette Water 2100 Project,

scarcity in the NW. 10% of food

Willamette Watershed Council

Rehearsals at First Presbyterian

Find us on **Facebook**

www.drjonathanbacker.com Bill Bezuk, owner of The

1551 E. Main

Cottage Grove, OR

541-942-8437

tainable-beekeeping. 5-6 p.m.: "Sunday Supper". Free supper and brown bag meal to take. Cottage Grove Community Center. Volunteers encouraged to help.

Eugene Backyard Farmer.

Register at 541-942-8198 or at

www.aprovecho.net/event/sus-



8:30-9:30 a.m.: KNND 1400 AM **Beeper Show.** See Thursday's listing for detail.

8:30-9:00am: SMART Start Making a Reader Today -Harrison Elementry School

11 a.m.-2 p.m.: Closet at 6th and Gibbs. See Thursday's listing for detail. 11:30 a.m.-5:30 p.m.

Bloodmobile. The Lane Blood

Center Bloodmobile will be at the CG Community Center, 700 E. Gibbs Ave. Call 541-484-9111 for an appt. or more information.

11:30-2:00pm: SMART Start Making a Reader Today -Harrison Elementary School

12:45 p.m.: Bingo. Reception Room at Community Center, 700 Gibbs. Public welcome. 5 cents per card per game

1-4 p.m.: Pine Needle Basketry. Instruction for making pine needle baskets for those 12 years and older. Materials cost depends on project. At Crafty

Children free. Info: 541-942-3033

6:30-7 p.m.: Parents Connect. Fun-filled hour of story-time and literacy activities, songs and crafts. Presented in English and Spanish. For you and your children aged up to 6 years old to enjoy books at the library with support from S. Lane School District Family Resource Center. Library is located at 700 E. Gibbs, Ave.

6:30-8 p.m.: Women's Support Group. Call Womenspace for location, 541-767-3879. Womenspace Crisis Line 24/7 is 541-485-6513.

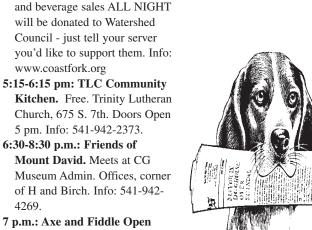
7 p.m.: NAMI. Friends and family free support group at Healing Matrix, 632 Main St. Info: 541-214-1473.

7 p.m.: Overeaters Anonymous. First Presbyterian Church. 216 S. 3rd St. (corner 3rd and Adams). Enter on 3rd St. No dues, fees or weigh-ins. Info: Saunders 541-942-5883.

7 p.m.: CG City Council. City Hall, 400 Main St. Info: 541-942-5501. Will include public hearing on "Main Street Refinement Plan". Copies of current draft of plan at www. cottagegrovemainstreet.com or in Comm. Dev. Dept. at City Hall.



8:30-9:30 a.m.: KNND 1400 AM Beeper Show. See Thursday's listing for detail.



Museum Admin. Offices, corner of H and Birch. Info: 541-942-4269. 7 p.m.: Axe and Fiddle Open Mic Night. Free admission.

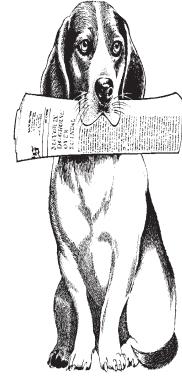
Mount David. Meets at CG

5 pm. Info: 541-942-2373.

6:30-8:30 p.m.: Friends of

Sponsored by KSOW 106.7 FM LP Info: 541-942-1067 7 p.m.: CG Recreation Assoc.

Meeting. Regular meeting of the CGR board of directors at 1440 S. 8th St. Info: 541-942-3079.



EXERCISE and FUN

March 30.

KIDS CLUB

South Lane School District grades 1-5. After school to 6 p.m. Mon-Fri on regular school

Supervised play, homework help and snack. Cost \$50/month. Info: 541-359-6794

Partial scholarships available.

Yoga - Community Center Mon. 6-7:30 p.m.; Fri 10-11:30 a.m. \$5 drop in, first class free. Info 541-554-6796

Beginners & Intermediate Yoga CG Community Center, 7th & **Gibbs**

Info: Jane L. Guerber 541-942-5876 Wed.: 6 pm \$5/session

Cottage Grove Therapy Pool Aquatic Exercise Classes Community Center, 7th & Gibbs.; Info: Teresa 541-942-1185

8:30-9:30 am Mon.-Fri.; 3:00-4:00 pm Tues. & Thurs.; 11:00 am-12 pm Sat.

Daugherty Aquatic Center 1440 S. 8th St., 541-942-5533 Call for public hours, lap swim hours, family swim hours and costs.

Shallow Water Aerobics Daugherty Aquatic Center Mon, Wed, Fri 7:30-8:30 a.m. Call 541-942-5585 for more info and cost - first session free.

DRUG and ALCOHOL groups

Thursday

6:30 p.m.: AA Meeting- Rush Hour. Open Meeting. At CG Community Center, 700

6:30 p.m.: Al-Anon Meeting. At CG Community Center, 700 Gibbs Ave. Info: 541-554-7994 or 541-510-4228

7 p.m.: Narcotics Anonymous Book Study. Open Meeting. At Knights of Columbus, 1025 N. 19th St. Contact: 541-767-0906

6:30 p.m.: Celebrate Recovery - At Cavalry Chapel Cottage Grove, 522 E Whiteaker Ave. Info: 541-520-8071

7 p.m.: Open AA meeting - Good Medicine Group. At CG Community Center, 700 Gibbs Ave., in Activity Room. Info: Karen

8 p.m.: AA meeting-Gratitude Group. Open meeting. At Knights of Columbus, 1025 N. 19th St. Info: 541-942-3942.

Noon: AA Meeting-Women's Good Grief Group. Closed meeting. Open to women alcoholics only. At Knights of Columbus, 1025 N. 19th St. Info: 541-942-0647 or 541-510-4228.

8 p.m.: AA Meeting-Open Candlelight Group. CG Comm. Center, 700 Gibbs Ave. On the last Sat. of the month - Open AA Speakers

8 p.m.: Al-Anon Meeting-Step Study Group. CG Comm. Center, 700 Gibbs Ave.

6 p.m.: AA Meeting - New Beginners. CG Comm. Center, 700 Gibbs Ave. 7:15 p.m.: Narcotics Anonymous. Book study.

7 p.m.: Nar-A-Non Family Meeting. CG Comm. Center, 700 Gibbs Ave. For family and friends of addicts.

At CG Community Center, back room,700

7 p.m.: AA Meeting- No Name Group. At Knights of Columbus, 1025 N. 19th St. Info: 541-942-3942.

Noon: AA Meeting- Noon Group. Big Book Study meeting. At Knights of Columbus, 1025 N. 19th. Info: 541-942-3942. 6:30 p.m.: Up the River Group. At Dorena

Mercantile. Info: 541-946-1631 7 p.m.: Narcotics Anonymous. "A Way Back to Reality", open participation. At CG Community Center, 700 Gibbs Ave. Wednesday

7 a.m.: AA Open Meeting. At CG Community Center, 700 Gibbs Ave.

7 p.m.: AA Meeting- Wednesday Night Beginners. Open meeting. At Knights of Columbus, 1025 N. 19th St. Info: 541-942-

WEIGHT LOSS

5 p.m.: Weight Watchers. At Living Faith Assembly, 467 S. 10th St. 541-942-2612.

Thursday

10 a.m.: TOPS OR85. Take Off Pounds Sensibly, a weightloss support group. At the United Methodist Church, 334 Washington Ave., Fireside Room. Info: Ellen 541-942-0866.

5:30 p.m.: TOPS OR969. Take Off Pounds Sensibly, a weightloss support group. Weigh-In: 5:30 pm, Meeting: 6 pm. Meets at Jefferson Park Community Room, 325 5th Street. Info: Elaine 541-942-8547.

5:30 p.m.: TOPS OR1020 (Creswell). Take Off Pounds Sensibly, a weight-loss support group. Weigh-In: 5:30 pm, Meeting: 6 pm. Meets at Creswell Grange Hall, 298 W. Oregon Ave. Info: 541-895-3156.

