

CALENDAR CHOICES

5

THURSDAY

8:30-9:30 a.m.: KNND 1400 AM Beeper Show. Call in discussion show - various topics/guests. 541-942-5548

10 a.m.: NAMI. At Jack Sprats on Main St. Info: 541-343-7688

10 a.m.-1 p.m.: Creswell's Over-40 Social Club. At Creswell Community Center, 99 S. 1st St, one block south of City Hall. Learn more at <http://www.facebook.com/creswellover40>

11 a.m.-2 p.m.: Closet at 6th and Gibbs. Church of Christ 6th and Gibbs, together with Lane Pregnancy Support Center, offer diapers and maternity, infant and other clothing sizes as supplies allow.

Noon: CG Rotary Club. Stacy's Covered Bridge Restaurant, 401 E. Main. Info: 541-942-9489.

Noon-3 p.m.: Adventist Community Services. 820 S. 10th St. Free clothes, shoes, bedding and emergency food boxes. Does NOT pay for electricity, gas, pharmacy or other such bills. Good useable donations welcome (clothes, bedding, bathroom, kitchen towels).

5:15-6:15 p.m.: TLC Community Kitchen. Free. Trinity Lutheran Church, 675 S. 7th. Doors Open 5 pm. Info: 541-942-2373.

6:30 p.m.: Humane Society of CG Board Meeting. Sinclair Room at City Hall. Public welcome to attend.

7:30 p.m.: Eastern Star #4. Meets at the Masonic Center, 33322 Row River Rd. Members only.

8 p.m.: Shakespeare's "12th Night". The lovely Viola, shipwrecked in Havana, Cuba in the 1950s, and believing her twin brother to be dead, dresses up like a man to make her way in a new land. This "very midsummer madness" full of droll wit, cross-dressing, and mistaken identity will bring laughter to your midwinter days. At Cottage Theatre, 700 Village Drive. Tickets: \$19 Adult; \$16 Youth (6-18 yrs.) Call 541-942-8001, online at www.cottagetheatre.org or at door.

6

FRIDAY

8 a.m.: All Professionals Network. A referral organization designed to increase business among its members. A fun proactive group that is interested in the future growth and development of business in Cottage Grove. Meets in Shepherd Room at the Cottage Grove Community Center. Donuts & Coffee served. \$25 annual dues. Info: Laura Harmon 541-870-1681.

8:30-9:30 a.m.: KNND 1400 AM Beeper Show. See Thursday's listing for detail.

9 a.m.: Preschool Music and Art Class. Appropriate for ages birth to 5 and their par-

ents or caregivers. Held at First Presbyterian Church. No sign-up necessary. Info: Joanna Newton 541-942-4550

10:30 a.m.: Story Time for Tots. Cottage Grove Library. Ages 0-6 recommended (w/parental supervision) to listen to stories and participate in fun filled age appropriate fun.

1-4 p.m.: Pinochle Playing. All ages men and women at Senior Center in CG Community Center, 700 E. Gibbs. Any level of player. (Wed. and Fri.) Info: 541-942-3694

1:30-3 p.m.: NAMI Connection. At Healing Matrix, 632 Main

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SATURDAY

10 a.m.: Carl M. Keibelbeck VFW Post #3473. Members meet at 3160 Hillside Dr. Info: 541-942-7099

8 p.m.: Shakespeare's "12th Night". See Thursday listing for detail.

8

SUNDAY

Children free. Info: 541-942-3033

5:30 p.m.: Community Sharing Board Meeting. 20 Thornton Lane. Info: 541-942-2176.

6:30-7 p.m.: Parents Connect. Fun-filled hour of story-time and literacy activities, songs and crafts. Presented in English and Spanish. Parents and children aged up to 6 years old to enjoy books at the library with support from S. Lane School District Family Resource Center. Library is located at 700 E. Gibbs, Ave.

6:30-8 p.m.: Women's Support Group. Call Womenspace for location, 541-767-3879.

Students age 12-16. Rehearsals at First Presbyterian Church. Call Joanna Newton 541-942-4550 to audition and register.

5:15-6:15 pm: TLC Community Kitchen. Free. Trinity Lutheran Church, 675 S. 7th. Doors Open 5 pm. Info: 541-942-2373.

5:30-7 p.m.: Willamette Valley Trichotillomania Support Group. Free Peer Support Group. For all who are affected by Trichotillomania, an impulse control disorder. Meets at a private residence. For further info contact: Teresa, 541-767-1730 or email: willamettevalleytrich@yahoo.com

Kahane, 942-3878. Donation jars available for donating to Habitat for Humanity. Help build affordable housing for lower-income families. 6:30-Sign up; 7:00-11:00 Music.

7 p.m.: CG Recreation Assoc. Meeting. Regular meeting of the CGR board of directors at 1440 S. 8th St. Info: 541-942-3079.

11

WEDNESDAY

7 a.m.: Kiwanis Club Sunrisers. Koffee Kup Restaurant, 1241 Hwy 99N.

7 a.m.: South Valley Rotary Club. Café Sheilagh, 1043 Hwy. 99.

8:30-9:30 a.m.: KNND 1400 AM Beeper Show. See Thursday's listing for detail.

11 a.m.: CG Genealogical Society 40th Birthday Party. Potluck (bring something to share) and cake with door prizes at Community Center. Following at 1 p.m. will be Joanne Farris showing how to navigate the Family Search website. Everyone and anyone invited to attend, not limited to members. Drawings to win a fantastic bag of genealogy tools. Info: 541-942-9570

Noon: Kiwanis Club of CG. El Tapatio, 725 E. Gibbs Ave. Info: Cleo Dahlen 541-767-0795.

1-4 p.m.: Pinochle Playing. See Friday's listing for detail.

2-3 p.m.: CG Children's Choir. Accepting students ages 6-11. Rehearsals held at First Presbyterian Church. No audition necessary. Call Joanna Newton for registration information 541-942-4550.

6 p.m.: Community Dinner. Free. Church of the Nazarene, 152 S. M St. Info: 541-942-4422

6:30-9:30 p.m.: Bingo. Cottage Grove Elks Lodge, 755 N. River Rd. Public Welcome. Info: 541-942-0234

7-8:30 p.m.: NAMI Connection. See Friday's listing for detail.

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St. Support group program for people living with mental health issues and is operated by peers for peers. Info: 541-343-7688

5 p.m.: VFW "Community Invited" Dinner. Public and families always welcome. VFW Post #3473, 3160 Hillside Dr. Includes entrée, salad, dessert, beverage. Adults \$8, Kids 6-17 \$3, 5 and under free. Handicap accessible. Drug, Smoke and Alcohol Free. Info: John Landon 541-946-3888

5-6 p.m.: Stand for Peace/ Occupy CG. Rally in the Community Square, 7th and Main Streets.

5-7 p.m.: Chicken Fried Steak Dinner. CG Emblem Club #269. Cottage Grove Elk's Lodge, 755 N. River Rd. Chicken Fried Steak, Mashed Potatoes and Gravy, Veggie, Roll, Salad and Dessert. Cost \$6.50 pp. Public is welcome. Info: 541-942-3554

6:30 p.m.: London Grange Potluck. Public welcome, bring a dish to share. At London Grange Hall at 10 mile post - 72746 London Rd. Info: Dennis Chapman at 541-942-9681

7-9 p.m.: Moveable Feet Community and Family Dance. Live music by Eugene quartet "June Apple" at Creslane Elementary School cafeteria, 996 West A St., Creswell. Folk and traditional dances taught and called by friendly, experienced leaders. School age and up. Free. Info: 541-895-2254

8 p.m.: Shakespeare's "12th Night". See Thursday listing for detail.

2 p.m.: South Lane Amateur Radio Assoc. Masonic Hall, 33322 Row River Rd.. Meeting and information. Free to attend. Info: Mona 541-953-0274

2:30 p.m.: Shakespeare's "12th Night". See Thursday listing for detail.

5-6 p.m.: "Sunday Supper". Free supper and brown bag meal to take. Cottage Grove Community Center. Volunteers encouraged to help.

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MONDAY

8:30-9:30 a.m.: KNND 1400 AM Beeper Show. See Thursday's listing for detail.

11 a.m.-2 p.m.: Closet at 6th and Gibbs. See Thursday's listing for detail.

12:45 p.m.: Bingo. Reception Room at Community Center, 700 Gibbs. Public welcome. 5 cents per card per game

1-4 p.m.: Pine Needle Basketry. Instruction for making pine needle baskets for those 12 years and older. Materials cost depends on project. At Crafty Mercantile on Main Street. Info: Pat Easton 541-530-9221

5 p.m.: Teen Games. Cottage Grove Library. Tween and Teens invited to play board games. Play available ones at library or bring some from home.

5-6:30 p.m.: Community Dinner. First Methodist Church, 334 Washington Ave. Adults \$5.

Womenspace Crisis Line 24/7 is 541-485-6513.

7 p.m.: NAMI. Friends and family free support group at Healing Matrix, 632 Main St. Info: 541-214-1473.

7 p.m.: Overeaters Anonymous. First Presbyterian Church, 216 S. 3rd St. (corner 3rd and Adams). Enter on 3rd St. No dues, fees or weigh-ins. Info: Saunders 541-942-5883.

7 p.m.: CG City Council. City Hall, 400 Main St. Info: 541-942-5501.

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TUESDAY

8:30-9:30 a.m.: KNND 1400 AM Beeper Show. See Thursday's listing for detail.

10:30 a.m.: Parkinson's Disease Support Group of Lane County. Free at Campbell Community Center, 155 High St., Eugene. Info: 541-345-2988

1 p.m.: Breast Cancer Support Group. Support group for women who have had a diagnosis of breast cancer. For more information and location, call Shelia at 541-942-2309.

Noon-3 p.m.: Adventist Community Services. See Thursday's listing for detail.

3 p.m.: Veterans Support Services. Reps and caseworkers from the VA available to help veterans connect to resources and benefits. At Healing Matrix, 632 E. Main St. Info: 541-767-3707

4-5 p.m.: CG Youth Choir.

6 p.m.: Economic and Business Improvement District (EBID) Meeting. At Community Center, Shepherd Room, 700 E. Gibbs Ave. Info: George Devine 541-942-1301

6:30-8:30 p.m.: Friends of Mount David. Meets at CG Museum Admin. Offices, corner of H and Birch. Info: 541-942-4269.

6:30-11 p.m.: Open Mic Night for Musicians - Benefits Habitat for Humanity. FREE at Axe and Fiddle, hosted by Roger

We Want Your News!

The Cottage Grove Sentinel wants to be your source for all things Cottage Grove. But we need your help! If you've got a news tip, we'd be glad to hear about it:

Cottage Grove Sentinel
In person: 116 N. Sixth Street, Cottage Grove
Email: cgnews@cgsentinel.com
Office phone: 942-3325

EXERCISE and FUN

KIDS CLUB
South Lane School District grades 1-5. After school to 6 p.m. Mon-Fri on regular school days.
Supervised play, homework help and snack. Cost \$50/month. Info: 541-359-6794
Partial scholarships available.

Yoga - Community Center
Mon. 6-7:30 p.m.; Fri 10-11:30 a.m. \$5 drop in, first class free. Info 541-554-6796

Beginners & Intermediate Yoga
CG Community Center, 7th & Gibbs
Info: Jane L. Guerber 541-942-5876 Wed.: 6 pm \$5/session

Cottage Grove Therapy Pool
Aquatic Exercise Classes
Community Center, 7th & Gibbs.; Info: Teresa 541-942-1185

8:30-9:30 am Mon.-Fri.;
3:00-4:00 pm Tues. & Thurs.;
11:00 am-12 pm Sat.

Daugherty Aquatic Center
1440 S. 8th St., 541-942-5533
Call for public hours, lap swim hours, family swim hours and costs.

Shallow Water Aerobics
Daugherty Aquatic Center
Mon, Wed, Fri 7:30-8:30 a.m.
Call 541-942-5585 for more info and cost - first session free.

DRUG and ALCOHOL groups

Thursday

6:30 p.m.: AA Meeting- Rush Hour. Open Meeting. At CG Community Center, 700 Gibbs Ave.

6:30 p.m.: Al-Anon Meeting. At CG Community Center, 700 Gibbs Ave. Info: 541-554-7994 or 541-510-4228

7 p.m.: Narcotics Anonymous Book Study. Open Meeting. At Knights of Columbus, 1025 N. 19th St. Contact: 541-767-0906.

Friday

6:30 p.m.: Celebrate Recovery - At Cavalry Chapel Cottage Grove. 522 E Whiteaker Ave. Info: 541-520-8071

7 p.m.: Open AA meeting - Good Medicine Group. At CG Community Center, 700 Gibbs Ave., in Activity Room. Info: Karen 541-513-5126.

8 p.m.: AA meeting-Gratitude Group. Open meeting. At Knights of Columbus, 1025 N. 19th St. Info: 541-942-3942.

Saturday

Noon: AA Meeting-Women's Good Grief Group. Closed meeting. Open to women alcoholics only. At Knights of Columbus, 1025 N. 19th St. Info: 541-942-0647 or 541-510-4228.

8 p.m.: AA Meeting-Open Candlelight Group. CG Comm. Center, 700 Gibbs Ave. On the last Sat. of the month - Open AA Speakers Meeting.

8 p.m.: Al-Anon Meeting-Step Study Group. CG Comm. Center, 700 Gibbs Ave.

Sunday

6 p.m.: AA Meeting - New Beginners. CG Comm. Center, 700 Gibbs Ave.
7:15 p.m.: Narcotics Anonymous. Book study. At CG Community Center, back room, 700 Gibbs Ave.

Monday

7 p.m.: Nar-A-Non Family Meeting. CG Comm. Center, 700 Gibbs Ave. For family and friends of addicts.
7 p.m.: AA Meeting- No Name Group. At Knights of Columbus, 1025 N. 19th St. Info: 541-942-3942.

Tuesday

Noon: AA Meeting- Noon Group. Big Book Study meeting. At Knights of Columbus, 1025 N. 19th. Info: 541-942-3942.

6:30 p.m.: Up the River Group. At Dorena Mercantile. Info: 541-946-1631

7 p.m.: Narcotics Anonymous. "A Way Back to Reality", open participation. At CG Community Center, 700 Gibbs Ave.

Wednesday

7 a.m.: AA Open Meeting. At CG Community Center, 700 Gibbs Ave.

7 p.m.: AA Meeting- Wednesday Night Beginners. Open meeting. At Knights of Columbus, 1025 N. 19th St. Info: 541-942-3942.

WEIGHT LOSS

Tuesday

5 p.m.: Weight Watchers. At Living Faith Assembly, 467 S. 10th St. 541-942-2612.

Thursday

10 a.m.: TOPS OR85. Take Off Pounds Sensibly, a weight-loss support group. At the United Methodist Church, 334 Washington Ave., Fireside Room. Info: Ellen 541-942-0866.

5:30 p.m.: TOPS OR969. Take Off Pounds Sensibly, a weight-loss support group. Weigh-In: 5:30 pm, Meeting: 6 pm. Meets at Jefferson Park Community Room, 325 5th Street. Info: Elaine 541-942-8547.

5:30 p.m.: TOPS OR1020 (Creswell). Take Off Pounds Sensibly, a weight-loss support group. Weigh-In: 5:30 pm, Meeting: 6 pm. Meets at Creswell Grange Hall, 298 W. Oregon Ave. Info: 541-895-3156.