

Hi, my name is Ned. And I am addicted to Post-Its

BY NED HICKSON
News Media Corporation

When my wife called to remind me about letting the dogs out at noon, I instinctively retrieved a Post-It from the desk drawer and scrawled "Dogs at noon," then stuck it to the computer monitor. This required shuffling a series of other yellow Post-Its into order of importance, with things like "Call about hair cut," "Go to dry cleaners" and "Clean out van" written on them.

That one, of course, was moved to the very end of the line.

Sadly, they're all things I should be able to remember on my own and usually do; like when I'm starting into the closet for a pair of pants to wear.

Later, I climbed into van and was gently reminded by a shocking-yellow piece of paper to "get gas." It was while sitting at the pump a short time later that the notion of Post-It dependency hit me. In the beginning, I was only an occasional user, jotting down out-of-the-ordinary reminders. You know, things like a doctor's appointment, or that it was time to change the oil.

Then, "Change cat box" and "Take out trash" began appearing on the bathroom mirror, or stuck to the alarm clock — painfully obvious things that were reminders in and of themselves.

My life was becoming sort of a dot-to-dot, or in this instance pad-to-pad, existence, moving from one reminder to the next. What was next?

"Breathe?"
"Swallow?"
"Don't drink soda with Alka-Seltzer?"

So, I decided enough was enough. It was time to end the addiction. For those of you who followed my attempt to give up coffee, you probably know where this is going.

Still, I reached into my shirt pocket, snatched my last, still-cellophaned package of pads and tossed them out the window and into the trash. This was my moment, something I would long remember without a scrap of yellow paper conveniently laced with "stick-um."

"Excuse me, sir," the gas attendant said, interrupting my moment of triumph. "You got another gas card? This one's expired."

Confused, I thumbed through my

wallet as the attendant handed me a yellow slip of paper. "By the way, this fell off the back of your card."

I took it from him and stared at my handwritten reminder:

"Call about gas card."

After handing the attendant my cash, I reluctantly stepped from the truck and, with no small amount of humiliation, dug the Post-Its back out of the trash, opened it and made myself a note.

"Get more Post-Its."

Ned is a syndicated columnist with News Media Corporation. His book, "Humor at the Speed of Life," is available online at Port Hole Publications, Amazon Books and Barnes & Noble. Write to him at nedhickson@icloud.com



We Want Your News!


The Cottage Grove Sentinel wants to be your source for all things Cottage Grove. But we need your help! If you've got a news tip, we'd be glad to hear about it:

Cottage Grove Sentinel
In person: 116 N. Sixth Street, Cottage Grove
Email: cgnews@cgsentinel.com
Office phone: 942-3325

Restaurant

Grab a BITE of Cottage Grove

JOIN US FOR
BREAKFAST or LUNCH
Be Sure to Savor One of Our Bakery Items



BACKSTAGE BAKERY & CAFE

25 S. 7th • CG
541-767-0233

Country Donut
Under new ownership

Now featuring cakes by Candy
Weddings- Birthdays
Anniversaries
Order yours today!



60 Gateway Blvd Cottage Grove
Open: 5am Mon-Sat
6am Sunday
541-942-9080

Now Open

Home Of
Mocha Mondays
&
Two Punch
Tuesdays



Great Prices & two Drive-thru Windows to serve you
New Owners, formally Gold Rush Espresso
541-942-7874 • 185 Thornton Lane
Across from Wal-Mart next to Taco Bell

Mangiano's Pizzeria
*Homemade Pizza ~ Lasagna ~ Spaghetti
Everything made from scratch!*

**2 PASTA DINNERS
& 2 SALAD BARS
\$25.00**

**NEW MENU!!
WE DELIVER!**

Starting at 5 p.m.
Closed Monday, Tue-Thur 11am-8pm
Friday & Saturday 11am-9pm
Sunday 12pm-6pm
Salad Bar & Fun Lottery Room
2915 Row River Rd • 541-942-5432



**Cottage Grove's
First Choice for Pizza!**



Little Caesars
Hot-N-Ready Lunch Combo
11am-2pm EVERYDAY!
\$5.00
CARRY OUT ONLY PLUS TAX

Little Caesars
Cottage Grove
Main & Hwy 99
942-2551
We Deliver

Pizza • Salads • Special Values
Sandwiches • Chicken Wings

Little Caesars
Cottage Grove
Main & Hwy 99
942-2551
We Deliver

DAILY LUNCH & DINNER SPECIALS

NACHO BAR
MONDAYS 5-8PM

**NEW HAPPY HOUR
FOOD MENU 3-7PM**

KARAOKE
THURSDAYS • 9PM-12PM

EL TAPATIO 725 Gibbs • Cottage Grove
Mexican Restaurant & Cantina (541) 767-0457



A Neighborhood Favorite

Daily Specials

\$7.95 Breakfast w/coffee
NEW
Bottomless Homemade French Fries

Open Daily for
Breakfast,
Lunch & Dinner
6 a.m.-10 p.m.
Sun-Thurs
6 a.m. - 10 a.m.
Fri. & Sat.

the **Vintage Inn** FAMILY RESTAURANT



1590 Gateway Blvd. • Cottage Grove • 541-942-7144

Gull & Chill
541-968-1134

"The little blue box with the food that rocks"

"The best in American comfort food."
Burgers, Philly Cheese Steaks, Salads, Fish & Chips, Jumbo Prawns, Soups, Chicken Breast Burgers, Chicken Strip Baskets, Tots, Fries and lots more!
Call ahead for ready-to-go pick-up orders
Mon-Sat 11am - 6pm
Corner of 9th and Whitaker 541-968-1134
Check out our facebook page!