

Society

If you know a society item and do not inform the newspaper, it is your own fault if it is not printed.

Eva Richmond entertained Thursday evening at 5:00 o'clock for Miss Leah Perkins. Guests were Misses Jessie McCord, Leah Perkins, Belle Burkholder, Lulu Curran, Fern Holcomb, and Mrs. Burkholder. A light luncheon was served.

Leona Society.

(Special to The Sentinel.)
Aug. 7.—Mr. and Mrs. Brown entertained with a dance and card party Saturday night. A luncheon was served at 12 o'clock. Those present were: Mr. and Mrs. Purdin, Mr. and Mrs. James Allen, Mr. and Mrs. Earl Ewing, Mr. and Mrs. John Tucker, Mr. and Mrs. Frank Warren, Miss Florence Purdin, Mrs. W. C. Wilkins, Miss Gladys Purdin, Miss Warren, Oscar Warren, Fred Kinsland, Thos. Ritcherson, Jim Hannah, Mr. Ewing, Jesse Pitcher, Raleigh Donie.

Lorane Society.

Mrs. R. White entertained the ladies last Wednesday, assisted by Miss Eva Wentworth, of California. The house was decorated with sweet peas, ferns and pretty vines, fresh from the tall woods. The following was read by Mrs. Lilly Crowe:

A—Stands for Addie, our Darling president, who was a former Milwaukee resident.

B—Stands for Bailey, the next on the list; ever ready is she in church work to assist.

C—Stands for Crows, of very good intention, but who are too numerous for special mention.

D—Stands for Davis, Elma and Gladys, too; Gladys sings in the choir and Elma in the pew.

E—Stands for Edith; her name we can't omit; she ought to join the ladies' aid and with the nobles sit.

F—Stands for Foster, who is our worthy scribe; she wears a green silk hat and a ditto hat to jibe.

G—Stands for George, Mrs. Bailey's baby boy; he is a sweetheart, his mama's greatest joy.

H—Stands for Horace, a gallant little beau; I guess it's really so—Gladys ought to know.

I—Stands for Ivins, delighted with their brand new girl; ditto grandma—not a clam shell but a mother of Pearl.

J—Stands for Jackson, who once with us did enroll; but by her absence we have an unwritten scroll.

K—Stands for kindness we all owe one another—lady aider, kindred, friend or brother.

L—Stands for Lorane, which for beauty is known for miles upon miles, but not yet fully grown.

M—Stands for Martha, the dearest name we know; if you don't believe it just ask J. H. Crowe.

N, O, P, Q, U and V rhyme quite well with X, Y, Z. (These letters I can't here omit, though I found no names to fit.)

R—Stands for Riggs, our pastor, gone to his home, his little flock left to make their way alone.

S—Stands for Mrs. Sanderson and Mrs. Sparks, who are always as happy as two larks.

T—Stands for the trustees of the M. E. church, you know—Nightingale, Bailey, Ivins, Sparks and Crowe.

W—Stands for Wentworth and neighbor White; to speak their praises gives us delight.

FADS AND FANCIES

Plain custard, cold, and poured over three cupsful of sliced oranges makes a delicious summer pudding.

In the summer delightful informal entertaining may be done with the help of paper tablecloths, dishes and napkins.

Good sandwiches can be made out of bread cut thin and buttered, and then spread with lettuce leaves and smeared on the leaves.

All the left over vegetables, such as string beans, peas, carrots, beets, etc., will make a delicious luncheon salad. They should be chilled and laid on salad leaves with French dressing.

To make carpets or matting look brighter, sprinkle them, when sweeping, with corn meal moistened with kerosene.

By pouring boiling water over the cooking apples they are much easier to peel. This is a considerable saving of time when there is a morning's work to be done.

When cutting new bread dip the knife in warm water. This will keep the bread from crumbling and will facilitate matters considerably.

Cotton crepe is now being used for covers for summer pillows.

Advertising pays—in The Sentinel.

Legal document covers for sale at The Sentinel office.

KINKS IN THE KITCHEN

The protein foods found in eggs, meat, fish, cheese, etc., are the ones most often poorly cooked. Take the egg as an example. Break it into a saucerpan and heat it over the fire, slowly. The egg begins to thicken and forms a soft, jelly like mass. Now if more and more heat be added and the egg allowed to boil, the substance not only thickens, but hardens and toughens. As this protein grows hard and tough its digestibility decreases and its suitability as food is impaired. This will argue against the practice of frying eggs. The fat in which eggs are fried is smoking hot, which means a temperature of 310 degrees, F., or nearly 100 degrees above the temperature of boiling water. Protein subjected to this temperature is hardened and toughened to a degree totally unfitted for food, especially for growing children. Eggs should be cooked below the boiling point. Instead of boiling the egg three minutes to obtain the soft-cooked egg, one should drop the egg in boiling water, turn off the heat or push the pan to the back of the stove and allow the egg to remain in the water seven minutes.

When cheese is exposed to high temperature it becomes tough and caseous. Welsh rarebit made where the cheese is allowed to boil and become stringy, is not digestible food, and has been the means of giving cheese the name of being distinctly indigestible. However, where cheese is cooked at a low temperature, it is a suitable substitute for meat, and can be eaten by young children.

Other examples along this line could be given, but all prove the principle that protein foods are most effectively utilized by the body when tender and delicate. This means that they must be cooked below the boiling point.

TESTED RECIPES

Cheap White Cake—Whites of four eggs, one-half cup butter, one cup sugar, two cups pastry or cake flour, two round teaspoonfuls baking powder, one-half cup water with juice of one-half lemon in one cup water. Cream butter and sugar, then add water and flour alternately (having sifted the baking powder in flour); lastly fold in the whites of eggs and flavor as desired. Bake in a slow oven and ice with white icing.

Vegetable Soup—Take four celeries, four leeks, two turnips, a cabbage, two onions, a few bones, pepper and salt, and five quarts of water. Boil for about three hours, keeping the vegetables always well covered with water. Take up and rub the vegetables through a sieve or cloth and let them boil again for at least an hour. This is a Belgian recipe and is remarkably good.

Apple Junket—Make the junket as usual. Peel and core three apples, cook them with a little water until they are smooth and without lumps, sweeten to taste, and add a little lemon juice and grated rind. Beat up the whites of two eggs until they are stiff, then gradually beat in two tablespoonfuls of granulated sugar. When the apple pieces are cold, mix the two together and beat until thoroughly blended. When the apple junket is quite firm spread the apple mixture over it and garnish with a few preserved cherries.

AMONG THE CHURCHES

[Every religious organization is invited to use this column for announcement of its services and other news. Contributors are requested to omit exhortations and other editorial matter, and to make the announcement of services as concise as possible. Social functions, etc., and news outside of the weekly announcement may be elaborated upon.]

Mrs. Jury will lead the union young people's meeting at the Christian church Sunday evening at 6:30. Subject, "True Beauty and How to Get It." Text: Proverbs 31:10-31.

The union services of the churches will be held at the Christian church next Sunday evening at 7:30. Rev. C. C. Van Gorkum will preach, his subject being "The Double Man." All are most cordially invited to attend.

Christian Church—Bible school at 9:45 a. m. Morning service at 11 a. m. Rev. J. Harmon, of Grants Pass, will preach, his subject being "The Church Divine." In the evening Rev. Harmon will speak at the union services at the Presbyterian church, his subject being "The Gospel of Today." Mrs. Harmon will sing at both the morning and evening services.

Free Methodist—Quarterly meeting services beginning Friday evening and continuing over Sunday. Rev. D. D. Dodge, district elder, will be in charge.

Seventh-day Adventist—Preaching Saturday, August 5, at 2:30 p. m. and 8 p. m. by C. N. Rittenhouse, home missionary secretary for the North Pacific union conference. There will also be

Sabbath school at 11 a. m. All are invited to these services.

Presbyterian Church—D. A. MacLeod, pastor; phone 137R. Bible school at 10 a. m. Morning worship at 11 a. m. Junior Christian Endeavor at 3 p. m. Evening worship at 7:30 p. m.

Christian Science—Services in the chapel at 242 Second street each Sunday at 11 a. m. Regular testimonial meeting each Wednesday at 7:30 p. m. The building is open for the use of the circulating library each Wednesday from 1:30 to 4:30 p. m. All are cordially invited to the services, as well as to make use of the literature.

Catholic Church—Father Moran, pastor. Mass every Sunday at 8 and 10:30 a. m. Sermon at 10:30 a. m.

Methodist Episcopal Church—Horace N. Aldrich, pastor. Sunday school every Sunday at 9:45 a. m. Service with sermon at 11 a. m. and 7:30 p. m. Junior League at 3 p. m. Epworth League at 6:30 p. m.

Baptist Church—C. C. Van Gorkum, pastor. Sunday school 10 a. m. Preaching 11 a. m. and 7:30 p. m. B. Y. P. U. 6:30 p. m. Prayer meeting Thursday at 7:30 p. m.

GRANGE FAIR PRIZES

Following is a complete list of the premiums to be awarded at the Grange fair to be held in Cottage Grove September 14, 15 and 16:

FARM PRODUCE

Squash—First \$1.00; second 75c; third 50c.

Pumpkin—First \$1.00; second 75c; third 50c.

Cabbage—First \$1.00; second 75c; third 50c.

Table Beets, half dozen—First \$1.00; second 50c.

Mangel Beets, half dozen—First \$1.00; second 50c.

Carrots, half dozen—First \$1.00; second 50c.

Turnips, half dozen—First \$1.00; second 50c.

Rutabagas, half dozen—First \$1.00; second 50c.

Parsnips, half dozen—First \$1.00; second 50c.

Onions, Yellow Danvers, half dozen—First \$1.00; second 50c.

Onions, Red Danvers, half dozen—First \$1.00; second 50c.

Tomatoes, plate of hot house—First \$1.00; second 50c.

Tomatoes, field grown—First \$1.00; second 50c.

Potatoes, white varieties, half peck—First \$1.00; second 50c.

Potatoes, red varieties, half peck—First \$1.00; second 50c.

Pole Beans—First 75c; second 50c.

Bush Beans—First 75c; second 50c.

Largest and best collection of Squash—First \$2.00; second \$1.00.

Largest and best collection of Pumpkins—First \$2.00; second \$1.00.

Largest and best collection of Mangel Beets—First \$2.00; second \$1.00.

Largest and best collection of Potatoes—First \$2.00; second \$1.00.

Largest and best collection of Shelled Beans—First \$2.00; second \$1.00.

GRAIN AND CORN

Best collection sheaf grain—First \$3.00; second \$2.00.

Best collection shelled grain—First \$2.00; second \$1.00.

Best collection of grasses—First \$3.00; second \$2.00.

Best stalk Yellow Dent field corn—First \$1.00; second 50c.

Best half dozen ears Yellow Dent field corn—First 75c; second 50c.

Largest and best collection Corn in ear—First \$2.00; second \$1.00.

Best stalk white field corn—First \$1.00; second 50c.

Best half dozen ears white field corn—First 75c; second 50c.

Best stalk sweet corn—First \$1.00; second 50c.

Best half dozen ears sweet corn—First 75c; second 50c.

Best pop corn—First \$1.00; second 50c.

FRUIT

Largest and best collection Apples—First \$2.00; second \$1.00.

Largest and best collection Pears—First \$2.00; second \$1.00.

Largest and best collection Peaches—First \$2.00; second \$1.00.

Largest and best collection Plums and Prunes—First \$2.00; second \$1.00.

Best plate (6) of Apples—First 50c; second 25c.

Best plate (6) of Pears—First 50c; second 25c.

Best plate (10) of Plums—First 50c; second 25c.

Best plate (10) of Prunes—First 50c; second 25c.

Best collection of Grapes—First \$1.00; second 50c.

Poultry Exhibit for School Children

Barred Rocks, trio—First \$1.00; second 50c; third 25c.

Buff Orpingtons, trio—First \$1.00; second 50c; third 25c.

Rhode Island Reds, trio—First \$1.00; second 50c; third 25c.

Black Minorcas, trio—First \$1.00; second 50c; third 25c.

White Leghorns, trio—First \$1.00; second 50c; third 25c.

Brown Leghorns, trio—First \$1.00; second 50c; third 25c.

Buff Leghorns, trio—First \$1.00; second 50c; third 25c.

Bantams—First \$1.00; second 50c; third 25c.

Anconas—First \$1.00; second 50c; third 25c.

Ducks

Best white ducks—First \$1.00; second 50c; third 25c.

Best Indian Runner ducks—First \$1.00; second 50c; third 25c.

Poultry Exhibit for Adults

An entry fee will be charged as follows:

Single bird..... 15c

Trio..... 40c

Pen..... 60c

All entry money will be paid back in premiums, all entry money on any breed to go for premiums on that breed. Premiums will be announced as soon as entry money is in.

No rabbits accepted.

FANCY WORK AND FLOWERS

Towels

Embroidery—First 50c; second 25c.

Crochet—First 50c; second 25c.

Sofa Pillows

Embroidery—First 50c; second 25c.

Outline—First 50c; second 25c.

Crochet—First 50c; second 25c.

Lunch Cloth and Center Piece

Embroidery—First 50c; second 25c.

Crochet—First 50c; second 25c.

Hand Made Rugs—First \$1.00; second 50c.

Ladies' Gowns—First 50c; second 25c.

Hand Bags

Crochet—First 50c; second 25c.

Tatting—First 50c; second 25c.

Pillow Slips

Crochet—First 50c; second 25c.

Embroidery—First 50c; second 25c.

Yokes

Crochet—First 50c; second 25c.

Tatting—First 50c; second 25c.

Quilts

Silk—First 50c; second 25c.

Cotton—First 50c; second 25c.

Worsted—First 50c; second 25c.

Dresser Sets—First 50c; second 25c.

Baby Bonnets

Tatting—First 50c; second 25c.

Crochet—First 50c; second 25c.

Best display of pieces by individuals—First \$1.00; second 75c; third 25c.

Hand Made Laces—First 75c; second 50c; third 25c.

Relics and Curios—First 75c; second 50c; third 25c.

Cut Flowers—First 75c; second 50c; third 25c.

Plants—First 75c; second 50c; third 25c.

CANNED GOODS

All canned goods must be in quart jars.

Largest and best collection Peaches—First \$1.50; second \$1.00; third 75c.

Largest and best collection Cherries—First \$1.50; second \$1.00; third 75c.

Largest and best collection Strawberries—First \$1.50; second \$1.00; third 75c.

Largest and best general collection of canned fruit in quart jars—First \$2.00; second \$1.00; third 75c.

Largest and best general collection of Vegetables—First \$1.50; second \$1.00; third 50c.

Largest and best collection of Sweet Pickles in quart jars—First \$1.50; second \$1.00; third 50c.

Best Collection Jellies, 12 varieties—First \$1.50; second \$1.00; third 50c.

Dried Fruit, 2 1/2 lbs. each variety—First \$1.50; second \$1.00; third 50c.

Largest and best collection of Canned Meat, different varieties—First \$2.00; second \$1.50; third \$1.00.

One pound best Dairy Butter—First 75c; second 50c; third 25c.

PASTRY

1 loaf Potato Yeast Bread—(Continued on next page)

First 50c; second 25c.

1 loaf Salt Rising Bread—First 50c; second 25c.

1 loaf Brown Bread—First 50c; second 25c.

CAKE

Light Layer Cake—First 75c; second 50c.

Best Devil Food Cake—First 75c; second 50c.

Best Sponge Cake—First 75c; second 50c.

PIES

Best Vinegar Pie—First 50c; second 25c.

Best Cream Pie—First 50c; second 25c.

Best Mince Pie—First 50c; second 25c.

Best Apple Pie—First 50c; second 25c.

Premiums for School Children

Girls under 15

Best half dozen jars canned fruit—First \$1.50; second \$1.00.

Jellies, 6 varieties—First \$1.50; second \$1.00.

Boys under 15

Best piece of furniture—First \$1.50; second \$1.00.

Best agricultural exhibit—First \$1.50; second \$1.00.

Cash prizes given for sports by children each day, Friday and Saturday.

BABY SHOW

Baby Show will be on September 16 at 2 o'clock.

Prettiest baby girl over one year and under two—First \$1.50; second \$1.00.

Prettiest boy baby over one year and under two—First \$1.50; second \$1.00.

Prettiest baby girl one year and under—First \$1.50; second \$1.00.

Prettiest boy baby one year and under—First \$1.50; second \$1.00.

LAND OFFICE ANSWERS QUERIES

So Many Questions Asked, Circular Is Issued to Answer Them.

So much interest is manifested in the approaching opening of the Oregon & California land grant lands to settlement, and so many questions are asked, that the United States land office at Roseburg has issued the following circular letter:

A list of these lands by township and range in the several counties within the Roseburg land district, will be mailed to any one requesting such list for any particular county, or the lists for the entire district will be sent if desired.

Based on the list of lands given in the decree of the court, the approximate acreage of unsold railroad lands in the several counties of this district, at the time the suit was instituted, was as follows: