

PUT WHAT YOU SAVE HERE ON GROCERIES INTO THE SAVINGS BANK



ORDER WAXTITE Kellogg's TO-DAY

Special For This Week

Albany Flour, 10 sack lots \$1.10
100 lb. sack Chop \$1.25

Special prices on all kinds of feed and flour in quantities.

Roy E. Short

Society

If you know a society item and do not inform the newspaper, it is your own fault if it is not printed

Society is taking a vacation during the hot summer months.

The Kensington club held its annual picnic last Thursday in city park. The women spent the afternoon with fancy work and were joined by the men at 6 o'clock in a big picnic dinner. About forty were present.

The Constellation club held its annual picnic Thursday about 3 1/2 miles out on Row river. About 42 were present. The women went out in the forenoon and had a midday lunch. The men arrived in time for a 6:30 dinner. The women spent the afternoon with fancy work and in pitching horseshoes.

The Woman's Missionary society of the Christian church met Thursday afternoon with Mrs. Emma Ivans. An interesting program was followed by a delightful social hour and refreshments.

The J. J. Weeden and Orville Spear families spent Sunday at the J. H. Shortridge home in honor of "Uncle" Jim's eighty-fifth birthday anniversary.

FADS AND FANCIES

A good way to shrink gingham or other wash goods is so simple that it is worth trying. Put the goods into a pan, cover with boiling water and let stand until cold enough to handle. I have never had a piece of gingham treated in this way shrink afterward, writes a contributor to Mother's Magazine, and the boiling water "sets" the color without in the least injuring the material.

When lamp chimneys are washed with soap the are liable to crack. Washing is not necessary. By holding them in the steam of a boiling kettle for a moment and then rubbing them with a clean cloth, they are easily cleaned.

To frost a cake evenly to the very edge and prevent the icing from running down the sides, double a piece of oiled paper and pin it closely around the cake, letting it come up half an inch above the cake. Then spread the icing quickly and evenly and let the paper stay until the icing has hardened.

Instead of binding or felling seams on lingerie, use narrow lace insertion, one piece on each side of the raw edges; stitch on both sides with the sewing machine. Lace braids, also the bought, ready-made lawn folds, are admirable for the purpose and are easy of manipulation.

Wax the thread thoroughly before attempting to string beads or sew them on any material. This makes the work easier as well as stronger and the thread or silk will never knot.

TESTED RECIPES

Cream of Asparagus Soup—Cut off the very tips of asparagus stalks. Cut the remainder of the stalks into half-inch lengths and boil. Put the tips in a wire strainer and, when the stalks have been boiling in salted water for half an hour, steam the tips over the stalks for another half hour. Then press the stalks through a vegetable press with the water in which they were boiled—it should only be enough to keep them from burning. Mix with hot milk, thicken slightly with cornstarch or flour mixed smooth in a little cold milk, season with salt and paprika, add a tablespoonful of butter, add the steamed tips and serve.

Potato Croquettes—Two cupfuls of mashed potatoes, one spoonful of butter, a bit of celery salt, one teaspoonful of salt, a bit of red pepper, one-quarter teaspoonful of onion, one teaspoonful of chopped parsley. Mix together and roll in egg and cracker crumbs; fry in deep fat and drain on brown paper.

Round Steak Cooked in Gravy—Get one pound of round steak, cut thin; cut into several pieces and brown on the stove with a little butter or clean grease. Bacon is good. Do this about nine o'clock for noon dinner. Then cover with water and set back on range, letting it cook until nearly noon; turn once between and salt it; then thicken the gravy and turn over the meat; add more water as it cooks.

KINKS IN THE KITCHEN

When cooking cabbage or cauliflower do not cover the saucepan; it makes the vegetables tough and discolored.

Put a small piece of stale bread or a crust on top of it and it will absorb all the disagreeable odor.

All green vegetables are improved by the addition to the water of the merest amount of bread soda, a level teaspoonful of sugar and half a teaspoonful of salt.

Let the water cover the vegetables well and do not put them in until it is bubbling all over.

Then let them down in small quantities and by degrees, so that the sudden immersion of a cold mass will not cool the water.

Have a kettle boiling at the side, so as to add fresh water should the vegetables become uncovered through evaporation.

To clean an enameled kettle or pan that has become stained, boil in a solution of baking soda and water for 15 minutes and rub with salt.

The best way to clean the bean pot is to fill it with water, put in some kind of washing powder and cover tight. Then put on the stove and let the water come to a boil. This will make it easy to wash.

Always keep a piece of sandpaper above the sink; you will find it very good to clean pots and pans with.

For a kettle scraper use a square cover from a tin spice or cocoa box. Tip it up on one edge.

Before using your tins for cooking always fill them with cold water, adding a handful of salt, and allow them to stand for several hours; then rinse well in clear, cold water. You will find this worth the trouble, for nothing sticks to them.

AMONG THE CHURCHES

[Every religious organization is invited to use this column for announcement of its services and other news. Contributors are requested to omit exhortations and other editorial matter, and to make the announcement of services as concise as possible. Social functions, etc., and news outside of the weekly announcement may be elaborated upon.]

Presbyterian Church—D. A. MacLeod, pastor; phone 137E. Bible school at 10 a. m. Morning worship at 11 a. m. Junior Christian Endeavor at 3 p. m. Evening worship at 7:30 p. m. Service 11 a. m. Subject, "Our Ever Present Privilege."

Union service at the Methodist church Sunday evening at 7:30 o'clock. The sermon will be preached by Rev. C. C. Van Gorkum, of the Baptist church. Subject, "The Christian Four Square."

Miss Hazel Hazelton will lead the union young people's service at the Methodist church Sunday evening at 6:30. The subject will be "Enthusiasm; Its Value; How to Cultivate It." Isaiah 12:1-6.

Christian Science—Services in the chapel at 242 Second street each Sunday at 11 a. m. Regular testimonial meeting each Wednesday at 7:30 p. m. The building is open for the use of the circulating library each Wednesday from 1:30 to 4:30 p. m. All are cordially invited to the services, as well as to make use of the literature.

Apostolic Faith Mission—Fred Hornshub, pastor. Services every Wednesday evening at Mission hall, opposite depot. Sunday at 3 p. m. Every Wednesday at 8 p. m. Everybody invited to these meetings. No collections taken.

Catholic Church—Father Moran, pastor. Mass every Sunday at 8 and 10:30 a. m. Sermon at 10:30 a. m.

Christian Church—Elizabeth Ware, supply minister. Bible school at 9:45 a. m. Christian Endeavor at 7 p. m. Services at 11 a. m. and 8 p. m.

Methodist Episcopal Church—Horace N. Aldrich, pastor. Sunday school every Sunday at 9:45 a. m. Service with sermon at 11 a. m. and 7:30 p. m. Junior League at 3 p. m. Epworth League at 6:30 p. m.

Baptist Church—C. C. Van Gorkum, pastor. Sunday school 10 a. m. Preaching 11 a. m. and 7:30 p. m. B. Y. P. U. 6:30 p. m. Prayer meeting Thursday at 7:30 p. m.

Seventh-day Adventist Church—Prayer meeting Wednesday at 7:30 p. m. Young People's Missionary Volunteer society Friday at 7:30 p. m. Sabbath

school each Sabbath at 1:30 p. m. Services following.

Free Methodist Services—F. W. Oliver, pastor. Sabbath school, 10:00 a. m. Preaching services, 11:00 a. m. and 8:00 p. m. Prayer meeting, Wednesday, 8:00 p. m. Cordial invitation to all.

Medley Is Complimented.

C. J. Howard, former editor of The Sentinel, in his "Ins and Outs" column in the Eugene Guard, has the following to say about a Cottage Grove citizen:

"Judge J. S. Medley, widely known throughout the state in legal circles, and who recently accepted the appointment of assistant prosecuting attorney for Lane county, has decided to remove his home from Cottage Grove to Eugene. Attorney Medley needs no recommendation from the pen of any writer. From boyhood he has been identified with Lane county. Politically, if one may so express oneself, he was born a democrat, for the best reasons, i. e., his father was one before him—so 'John' had no alternative. As he developed into his sturdy manhood he could see no good reason why he should take it upon himself to remodel his father's views, and so he has remained in the time-honored fold of the clean, conscientious and broader class. Thus we are confronted with the fact that Mr. Medley's friends are not confined to democratic ranks. Perhaps no man in any party in Lane county can boast of more sincere friends in opposition party ranks than can he. This more particularly, by reason that he has not measured the friendship of men by rule and line of political affiliation; and therefore, oftentimes has Mr. Medley subjected himself to party criticism, in that he exercised his right of personal friendship for those in opposition political ranks, whose real worth he had discovered and approved to his satisfaction. As a lawyer and as a student of law he bears the respect, approval and consideration of his legal brothers. The writer of these lines is somewhat acquainted with the citizenship of Cottage Grove, the lifetime home of Mr. Medley, and knows full well the wholesome status of respect and appreciation of the good people of South Lane county for him. That his removal from the second city of Lane county to Eugene will be regretted and weighed as a loss, is vouchsafed; and in proportion to this loss will Eugene have gained in good citizenship. 'John, here's the best wishes for the happiness of you and yours, and your new successes. If we had an extra key to the city, we'd give it you.'

Albany's Postoffice Receipts for the Past Quarter Show a Gain of 13 per cent over those of the same quarter a year ago.

The state public service commission spent last Saturday at Dayton and vicinity to look up alleged hazardous conditions.

It is reliably reported that the West Coast properties in the Bohemia mining district have been sold to Spokane mining men.

Information has reached officials of Portland that L. R. Alderman, city superintendent of schools, is ill in Washington, D. C.

Governor Withycombe has issued a commission to Louis T. Barin, Portland, as ensign, aviation duties only, Oregon naval militia.

Cherry stems are being shipped to Europe from The Dalles to make the poisonous gas that is used by the opposing armies in France.

Company A of McMinnville, which at present is at Palm City, near the Mexican border, has nine sets of brothers in its membership of 83.

After a service of more than 46 years as a volunteer fireman and 16 years on The Dalles police force, John Crate has been retired by the city.

The state public service commission has fixed August 2, at Portland, as the date for hearing the Pacific and Home telephone connection case.

The demand for loganberry juice is increasing at a rapid rate, according to J. O. Holt, manager of the Eugene Fruit Growers' Association cannery.

Mrs. Payton T. Boone, wife of a prominent Hermiston farmer, and her two-year-old daughter, Jane, were fatally burned in a fire at their home.

Notwithstanding the fact that the school was out more than a month ago, Monmouth Training School pupils are working diligently on their school gardens.

Henry S. Westbrook, grand master, and E. E. Sharon, grand secretary of the grand lodge of Oddfellows of Oregon, officially visited Albany lodge last week.

The supreme court holds that the 1915 amendment to the primary law which makes it possible for a candidate to get on the ballot by paying a fee is valid.

The Coos and Curry Hardware Dealers' semi-annual meeting was held at Port Orford and representatives were present from every hardware firm in both counties.

Portland jobbers and manufacturers are exhibiting the greatest confidence in the outcome of the Fourth Annual Buyers' Week, which is to be held August 7 to 12.

Billy Sunday, the famous evangelist arrived in Hood River, accompanied by Mrs. Sunday and their two boys, and will spend the summer on their ranch at Odell.

More than 1400 more residents of Multnomah county ordered liquor during the month of June than during the preceding month, according to the record of affidavits.

The annual tournament of the Willamette Valley Firemen's association will be held this year in Corvallis September 4 and 5. Elaborate preparations have been made for the meet. Cash prizes of \$500 and trophies have already been arranged for.

OREGON NEWS NOTES OF GENERAL INTEREST

Important Occurrences of Past Week Briefly Compiled for Our Readers.

A fresh outbreak of rabies in eastern Oregon stock districts is feared.

A new lodge of Knights of Pythias was instituted at Halfway, in Baker county.

John Day is to have a new, modern postoffice building in the very near future.

A petition for the recall of Councilman Fred Myers, of Florence, has been filed.

Gaugers and allied farmers' clubs will hold an all day picnic at Central Point July 22.

A fine one-story apartment house is contemplated for Pendleton by P. D. Tuill, of Spokane.

Steps are being taken to make the Roundup feature a permanent annual event at Ashland.

Alfalfa seven feet high grown without irrigation is a product of Wasco county this year.

An aviation section of the Oregon naval militia has been formed, with L. T. Barin commanding.

Umatilla county probably will be represented this year with an exhibit at the Oregon state fair.

The fourth annual Epworth League Institute of Oregon opened on the university campus Monday.

More than one quart of liquor for every man, woman and child in The Dalles was shipped in during June.

One hundred and fifty Presbyterian ministers and laymen attended the session of the Synod of Oregon in Eugene.

A new schedule that will cut 40 minutes from the running time of the Eugene-Marshfield train is being prepared.

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QUARANTINE LANE COUNTY ASKED

Health Officer Would Guard Against Outbreak of Infantile Paralysis

State Authorities Guard Borders and No Danger Is Anticipated, but Cities Are Requested to Exercise Every Precaution.

So far no cases of infantile paralysis have been reported from this territory, and there seems but little likelihood that there will be, according to Dr. W. L. Cheshire, county health officer. However, that officer is taking no chances, and has transmitted to the city officials of Cottage Grove, Eugene, Springfield, and Junction City the orders of the state board of health, and the urgent recommendation that these cities appoint a competent nurse to meet the incoming interstate trains and make a census of all small children from points outside of Oregon, and note particularly whether or not they have any fever.

About six years ago a number of cases of infantile paralysis existed in Lane county, particularly in Springfield, and in the Oakridge territory near the railroad camps that were then in operation on the Natron out-off. There is the possibility, too, that the disease which is causing so many deaths in New York city may spread to the coast, and to guard against this the most careful inspection is being made. The state of Oregon is guarding the boundaries of the state carefully, and it is not likely that any cases will escape detection and reach Lane county.

To make assurance doubly sure, however, Dr. Cheshire is urging the cities to heed the warning of the state board of health.

Do You Know That

Intelligent motherhood conserves the nation's best crop?

Heavy eating like heavy drinking shortens life?

The registration of sickness is even more important than the registration of deaths?

The U. S. Health Service cooperates with state and local authorities to improve rural sanitation?

Many a severe cold ends in tuberculosis?

Sedentary habits shorten life?

Neglected adenoids and defective teeth in childhood menace adult health?

IS IT TRUE?

that high interest oftentimes means low security? Everyday events seem to prove it.

If you can be content with normal interest and want to be absolutely sure of your principal, then this strong National Bank has much to offer.

A savings account can be opened here with one dollar or more, or which we will pay you a fair interest. Peace of mind is worth something.

Think it over and consult us.

The Old Reliable
First National Bank
Cottage Grove, Oregon



Does Your Horse Kick On His Feed?

A POORLY FED HORSE

reflects discredit on its owner, but the owner gets the worst of the deal because economy in feeding the horse affects its working capacity as well as its appearance. If your horse kicks on his feed you can correct it by buying your feed here, as you get the best quality for the least outlay. Farmers, contractors and horse owners generally know that our feed is always up to the standard.

STERLING FEED CO.

SOUTHERN PACIFIC TIME TABLE

North Bound	South Bound
No. 16—1:37 a. m.	No. 13—1:37 a. m.
No. 18—9:40 a. m.	No. 15—7:03 a. m.
No. 20—1:35 p. m.	No. 17—3:16 p. m.
No. 14—4:32 p. m.	No. 19—7:32 p. m.
No. 48—8:10 p. m. (from Divide only).	

BICYCLE REPAIRING.

SOLDERING OF ALL KINDS.

H. F. OAKES

Can allow you more for your old wheel on a new guaranteed wheel, than anyone in the county.

Furniture Repairing a Specialty.

Baby carriages repaired, tires put on. Satisfaction guaranteed. Will call and deliver any work.

BICYCLES, SUNDRIES, ETC. PHONE 36-Y SCHLEEF BUILDING

NEWPORT

Reduced Fares for Summer Trips

When summer comes and a vacation outing is planned, remember Newport is cool. The breeze from off the mighty Pacific never fails. With the many diversions and attractions to pass the hours away, surely you could find no better place for your vacation.

The Cost is Low

Round Trip Tickets are on sale daily from all Southern Pacific stations in Western Oregon. The return limit is October 31st.

2

DAILY TRAINS FROM ALBANY AND CORVALLIS MAKE EXCELLENT CONNECTIONS

"Coos Bay Railroad Celebration; Marshfield and North Bend, August 24th, 25th and 26th Low Round Trip Fares.

Write for illustrated booklet "Newport" or ask local agent for complete information.

John M. Scott, General Passenger Agent, Portland, Ore.

Southern Pacific