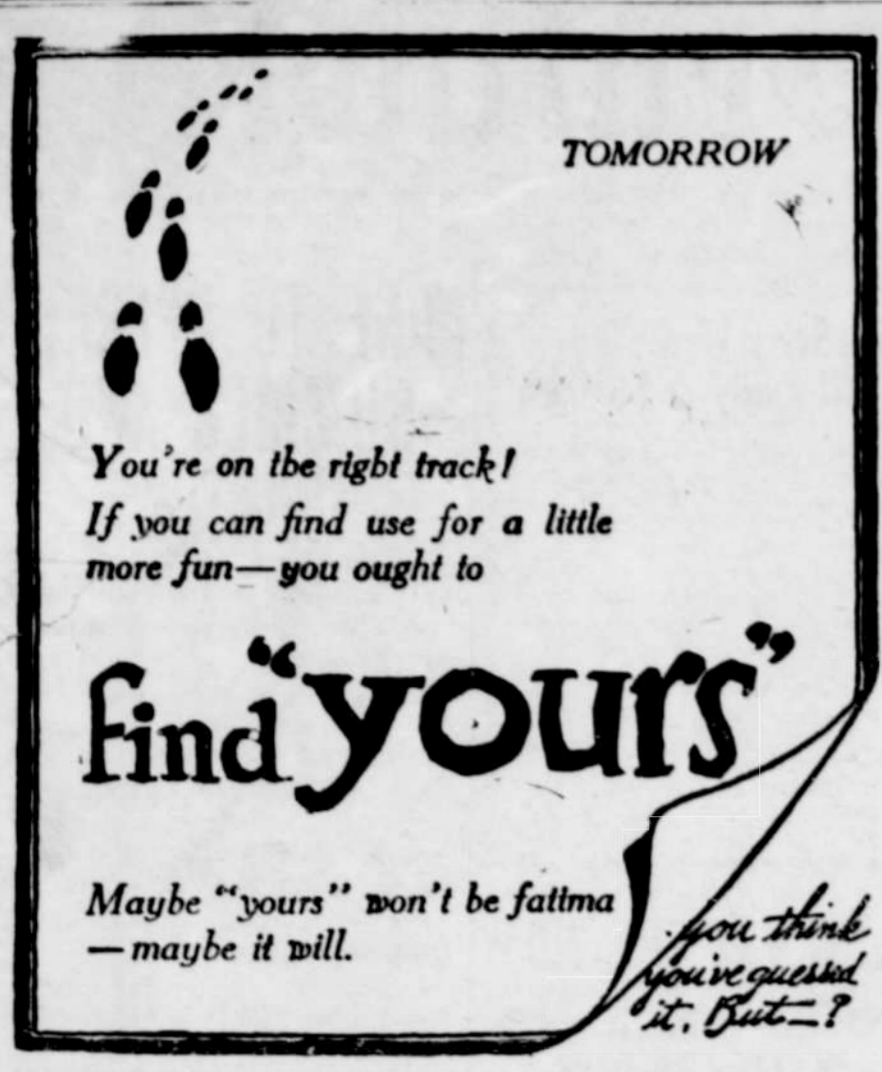


TOMORROW



You're on the right track!
If you can find use for a little
more fun—you ought to

find "yours"

Maybe "yours" won't be fatima
—maybe it will.

*you think
you've guessed
it. But—?*

Society

Mrs. Joe Porter entertained informally Tuesday afternoon in honor of her daughter, Mrs. Daisy Cochran, who is visiting here from Gardiner. Needlework was a feature of the afternoon. A dainty luncheon was served on the porch of the Porter home, consisting of chicken salad, sandwiches, fruit salad, cake and punch. The luncheon tables were prettily decorated with pink sweet peas. The guests were Mrs. Kline, Mrs. Shinn, Mrs. Geo. Hall, Mrs. Will Hall, Mrs. Bader, Mrs. Gleason, Mrs. Swengel, Mrs. Fishburn, Mrs. Stouffer, Mrs. Burkholder, Mrs. Chambers, Mrs. Van Denburg and daughter, Miss Eunice, Mrs. Atkinson and daughter, Miss Della, Mrs. Elbert Bede, Mrs. Rinehart, Mrs. K. K. Mills, Mrs. J. W. Grant, Mrs. W. H. Tyrrell, Mrs. Beager, Mrs. Sutcliffe, Mrs. H. N. Al-drich, Mrs. Wynne, Mrs. Nichols, Mrs. Miller, Mrs. S. E. Cochran and Mrs. Ralph Robinson of Portland.

The city park on East Main Avenue was the scene of social gaiety yesterday afternoon when the Eastern Star Chapter gave their annual picnic to the members of Cottage Grove Chapter and to the Masonic lodge and families. The occasion was in honor of the 35th anniversary of the institution of the chapter. About 100 guests were in attendance. The women enjoyed fancy work and the brethren exchanged reminiscences of former anniversaries in days gone by. K. K. Mills dispensed music for the amusement of the happy crowd on an up-to-date Victrola. A bountiful meal was served on four long tables at 6 o'clock.

A reunion of the W. J. Gardner family was held at Lowell Sunday at the home of the oldest daughter, Mrs. Myrtle Morgan. Those present were Mr. and Mrs. W. J. Gardner, Mrs. Ansel Wood and Mrs. Lawrence Phelps of this city, Mr. and Mrs. Will Gardner of California, Mr. and Mrs. Levert Bennett and L. E. Gardner of Salem. Will Gardner of California, who has been quite sick, has just returned to Oregon and the family reunion was held for his benefit.

The ladies of the M. P. G. Club held an enjoyable outing and picnic Tuesday afternoon in Currin Park. Needlework and bathing in the Coast Fork were the diversions of the afternoon. A picnic dinner was served at 5:30.

A Happy Family Reunion.
Mr. and Mrs. A. McKinney are entertaining a household of visitors, including three daughters, a son-in-law and several grandchildren. Mrs. C. B. Johnson and husband of Bentley, Kansas, arrived on Saturday via San Francisco. Mrs. Simmons and daughter of Centralia, Wash., Mrs. Reed and daughter of Kinsley, Kans., and Mrs. Cochlin of Creswell arrived Monday. With the exception of two sons, one of whom resides at Great Bend, Kans., and the other at Ilwaco, Wash., all of Mr. and Mrs. McKinney's children are now under the parental roof and enjoying their first family reunion. The party includes three grandchildren. There are also five great grandchildren, but none of them are here.

A marriage license has been issued to Jephtha Hart and Mrs. Alta E. Spray, both of Cottage Grove.

Mrs. Clara Burkholder entertained the Social Twelve Club at its session last week. The afternoon was spent in "sewing and talking." Refreshments of sherbet, cake and grape juice were served. Guests were Mrs. Merryman, Mrs. C. E. Frost, Mrs. W. M. Watson, Mrs. Helen Sibley, Miss Esther Sibley. Meetings of the club have been called off until the second meeting day in September.

FADS AND FANCIES.
Sleeves are growing larger.
Smoked nightgowns are among the latest.
The best scrap baskets are the simplest ones, closely woven and free from ribbons or other decorations.
Cookies should be put into a cloth-lined stone jar when hot, if you would keep them from melting and crumbling.
A slice of potato is an excellent thing to clean white olecloth which has become disfigured by hot cooking utensils.
Pots and kettles should not be scraped. Use a piece of sandpaper to remove any burned particles or discolorations.
The cartridge belt, with its immita-

Valuable Property to Exchange

I offer in exchange a block of ground known as city square No. 106, St. Charles, Mo., located in the northern part of the city, diagonally across Fourth Street from the large new engine factory which cost in the neighborhood of \$50,000.00. This factory makes gasoline and oil engines which are protected by patent rights. The factory is moving here from St. Mary's, Ohio, and will make very valuable for building purposes, and these lots will be in demand. At present there is a scarcity of dwellings for rent or sale in that part of the city and many of the newcomers will buy and build their own homes. Besides, just six blocks south of this square, is located the American Car & Foundry Company's large steel plant, costing \$1,250,000; and inasmuch as this large plant is pushing up that way, it puts upon this block an additional value which will continue to grow.

Third Street is a macadamized street; Third and Fourth have granite sidewalks, curb and gutter; city water and sewers are accessible, also gas and electric lights. This block is in a nice residence section of substantial homes, and is worth \$10,000 of any man's money. Clear title; no encumbrance.

The school board has a half block just east of above block, and expects to build a new public school on it this summer. Of course, that will help a great deal. For value of property, refer to Central Bank.

For name of owner inquire of Sentinel.

I also have 40 or 50 shares of St. Mary's Machine Co. stock that I can trade at 107; this is the price our people paid for 500 shares. I own these shares myself. The price 107 did not take into consideration the new modern plant which our people donated to the factory company. It is worth more money now. But I would put it in at 107 for Cottage Grove city or country improved. If interested call at Sentinel for financial statement.

tion cartridges, is worn by the Parisian women.

If the teapot becomes rusty, put a lump of sugar in it before putting it away. It will smell sweet when you want to use it.

How to Fry Tomatoes.
These are especially good with roast or broiled meat of any sort. To prepare them cut firm tomatoes, perfectly ripe, that have been washed and dried, in slices half an inch thick, without removing the skins. Dust the slices with pepper and salt and dredge with flour. It is a good plan to mix the pepper and salt with the flour. Brown well on both sides in hot olive oil or butter. Cook carefully to avoid breaking the slices, but cook thoroughly, as they are better when cooked through. Drain on paper and serve very hot.

Suggestions for Gaining Flesh.
To gain flesh take plenty of olive oil, eat eggs, butter, cereals and fatty broths, potatoes, peas, beans, corn, carrots and parsnips, figs, dates, nuts, bananas, underdone beefsteak and roast beef. Drink plenty of milk, cream and cocoa. Avoid food that will not digest easily, and be careful to masticate thoroughly what you do eat. Give up the pickles, vinegar and all acids. Exercise freely in the open air, and take plenty of sleep. Don't fret or worry; this will keep one thin more than anything else. Cultivate an easy-going disposition if you possibly can.

Lasting Frosting—Here is a recipe for frosting that will last a long time and keep soft and creamy: Add a pinch of baking powder to the whites of the eggs before beating. Pour over this the boiling syrup.

CHURCH NEWS

[Every religious organization is invited to use this column for announcement of its services and other news. Contributors are requested to omit exhortations and other editorial matter, and to make the announcement of services as concise as possible. Social functions, etc., and news outside of the weekly announcement may be elaborated upon.]

Union Service at City Park.
Union services in the city park Sunday evening at 7 o'clock. D. A. MacLeod will speak on "The Prime Essential of Success." Everybody welcome to come and join in these services.

PRESBYTERIAN CHURCH.
Rev. D. A. MacLeod, Pastor.
Services next Sunday: Bible school at 10; morning worship at 11; Junior Christian Endeavor at 3; evening worship at 8:00. Bible study Wednesday evening.
Service 11 a. m. Subject, "Gospel of Paul."
Service in the city park Sunday evening.

500 ACRE TRACT

nine miles from Cottage Grove, farm land and timber; ten million feet of timber; well watered and on good road; \$20 per acre; will furnish buyer for timber at \$5,000. Veatch, & Spencer. jn23j12

METHODIST EPISCOPAL
Horace N. Aldrich, Pastor
Thursday at 8:00, prayer meeting
Every Sunday: Sunday School at 9:45. S. L. Maekin, superintendent. Graded lessons. Mrs. Maude Wright, superintendent primary department. Junior Epworth League at 3:00, Mrs. Helen Aldrich, superintendent. Epworth League at 7:00, Dr. Richard McCargar, president. Chapter No. 2 at 7:00. Fred. Aldrich, president. Class meeting at 12:15. Services with sermon at 11:00 and 8:00.
Morning, communion service. The annual offering to the supernumerary preachers' fund will be received.
Evening, union service in the city park.

Next Sunday's Program

A delightful trip to the
Calapooya Springs!
CHICKEN DINNER 50c
Ice Cream, etc.
The Calapooya Soft Drinks Are Superior to Any
Mineral Baths, heated all day, 25c
C. E. WILKINSON,
Manager and Leasee.

CHRISTIAN CHURCH
Rev. T. B. McDonald, Pastor.
Services next Sunday as follows: Bible School at 9:45; morning services at 11; Christian Endeavor at 7:00; evening service at 8:00.
Prayer meeting each Thursday evening at 7:30; Ladies' Aid Wednesday afternoons.
All not worshipping elsewhere cordially invited to attend.
Subject of morning sermon, "Some Needed Advice."
No evening service on account of the union service to be held in the park.

FREE METHODIST.
Rhoda Burnett, Pastor.
Preaching services the first and third Sundays of every month at 3 and 7:30. Prayer meeting every Wednesday at 7:30 and on second and fourth Sundays at 3 o'clock.
CHRISTIAN SCIENCE.
Services at the Christian Science Chapel, 242 Second Street, every Sunday at 11, and Wednesday evenings at 7:30. Sunday School at 10. All are welcome. Free library open from 1:30 to 4:30 every Wednesday.

BAPTIST CHURCH
Sunday School at 10:00 a. m., services at 11:00. B. Y. P. U. at 6:30. Prayer meeting Thursday evening at 7:30. B. Y. P. U. at 6:30.

MANY SCHOOL DISTRICTS IN LANE MUST RELEVY

Failed to Give Notice as Required by Provisions of Law of Last Legislature.

All school districts in Lane County which made tax levies at their annual school meeting in excess of six per cent over the 1913 and 1914 levies will be compelled to relevy this tax, according to an opinion handed down by the attorney-general of the State of Oregon. None of the districts making levies in the amount stated gave notice by advertising or posting notice on the doors of the school houses for a period of thirty days as required under the provisions of a statute passed at the last session of the state legislature. But ten days' notice of such meetings was given as required under a former statute regulating the method of making such levies.

Districts in which the levies were increased beyond the six per cent limit will be compelled to hold meetings for the purpose of making levies as provided by the new law.

The attorney-general's opinion expressed in a letter to County Attorney J. M. Devers follows:
"I have your favor of the 23d instant in the matter of school district levy in excess of six per cent over the 1913-14 tax levies, and answering beg to say that I coincide with your opinion that the notice calling the meeting to vote such levy must be published for thirty days prior to the time of the meeting in accordance with section 213, school laws of 1915.
"It is true that said section only mentions board of levy or officer charged with the duty of levying the tax in any taxing district, but sections 211, 212 and 218, specifically refer to school districts, it is evident that it is the intention of the legislature that the statute should apply to them as well as all other taxing districts."

COLT ENTANGLED IN SHAFT CAUSES ACCIDENT

Saginaw, Ore., July 26.—(Special to The Sentinel.)—Mrs. Taplin barely escaped serious injury in a peculiar accident Saturday. She was driving to the rock quarry for Mr. Taplin, when the colt which was accompanying the mare became frightened and entangled its halter in the shaft, falling under its mother. Mr. Taplin was close at hand and came to the rescue. He had to break the buggy shaft in order to rescue the colt. Mrs. Taplin's fingers became entangled and the thumb nail was nearly torn off.

Virginia Minstrels July 29.
The J. W. Johnson Virginia Minstrel Company, which comes to Cottage Grove Thursday, comes with a reputation which the management wishes to uphold, that of being the world's best colored minstrel show. The entertainment consists of singing and dancing, novelty acts, juggling, wire-walking, hoop-rolling, fire-eating, etc. There will be a big street parade and concert at noon. The entertainment is to be given under a large canvas tent somewhere in the downtown district. Special attention will be given to the comfort of ladies and children.

Actors and Near-Actors to Compete For Cash.
Beginning next Monday night, Aug. 2, at the Rex Theater, Monday night will be known as amateur night and in addition to the regular first class show which is always given at this house, amateur performers will be given try-outs. Many local persons of talent have already signified their intention to appear and the management wishes to hear from any persons, young or old, who wish to appear and compete for the cash prizes which are to be awarded after each Monday night's performance. The prizes are \$2.50 first, \$1.00 second.

Elder Comer Kills Alligator.
Mrs. J. Mark Comer, wife of Elder J. Mark Comer, who went from here to India as a missionary, has written a friend in Newport telling of how her husband killed an alligator while a guest at the home of a wealthy Englishman, where they had been sent on account of their health. The steed of the hunters was an elephant and a week or more was spent in hunting before one of the 'gators was finally captured. A number were wounded but always succeeded in getting away. The one captured was killed on the last day of the visit. In its stomach were found the bones and four bracelets. The bracelets were probably from the body of some native woman captured by the animal while she was bathing. Mrs. Comer will have a hand bag made from the hide and Mr. Comer a pocket purse.

Prizes for Boys and Girls.
Two trips to the state fair, with all expenses paid, are offered to the two boys winning the highest score in their club at the Lane County fair this fall. The boys will be allowed to spend a full week there. Their khaki uniform will also be furnished them free.

In addition to sending the boys to Salem, the fair board is offering a prize to the girl making the best individual exhibit of sewing and fancy needlework of not less than ten articles, all different. For the first prize, in this class the offer is \$7.50, second prize \$5.00, third prize \$2.50. Prizes of the same amounts are offered to the girl making the best individual exhibit of cooking, baking, canned fruit and vegetables of not less than ten exhibits, all different.

The schools of the country are also asked to enter a team of five girls to compete for prizes in the cooking and serving of hot biscuits, baked apples and coffee. These are to be served to the visitors at the fair. The prizes of-

ferred for this are, to the team winning first place, an engraved silver cup; to the team winning the second prize, \$5.00; third prize, \$2.50.

The county school officials are very anxious that a number of entries be made for each of these prizes. Details of this contest will be furnished by the fair board upon application. The entries in the domestic science cooking contest must be in before September 15, when time will be assigned to each contestant. For information from the fair board address communications to Walter B. Jones, secretary, Eugene, Oregon.

Consumption of Sugar.
The consumption of sugar per capita in the United States is estimated to be more than ten times what it was a hundred years ago. During the past fifty years, the consumption has averaged about 83 pounds per capita. A hundred years ago the consumption of sugar varied widely. It was usually, however, between 4 and 10 pounds a year. Great Britain consumed 92 pounds per capita more than the United States in 1911, but France and Germany used far less, the per capita consumption being 39 and 42 pounds, respectively.

Home Made "Kogan" Juice.
Take clean, fresh, ripe loganberries and heat to the boiling point with just enough water to keep from burning; remove from the fire at once and strain through a coarse sack. Take the juice, sweeten with three pounds of sugar to each gallon, set back on the stove and again heat to the boiling point, not letting it boil. Pour into ready cleaned and heated bottles and seal immediately. Common soda or pop bottles and good for this purpose, to be corked and sealed with paraffine; or, glass fruit jars sealed in the usual way. The bottled juice is then set away in a cool and dry place, where it will keep for a long time. When wanted for use it is simply poured from the bottles, diluted to taste, and it is then a fit drink for a prince.

MAIDEN TOILS ON FARM YET HEADS CLASS

(Continued from first page.)

He has the ability to concentrate his attention, and is socially efficient, for he has come into possession of the social virtues of promptness, regularity, helpfulness and human sympathy.

During the four years of high school training the student has gained much that he would have lost had he stopped at the end of the eighth grade. As a result of athletic training he has acquired physical strength and skill, poise of body, powers of endurance and a spirit of fairness and honesty. He is stronger intellectually and possesses the culture which the high school studies give. He has been thinking for four years as an adult, consequently reaching more mature judgment. If he has taken vocational training he is now ready to earn a living, but if not his increased powers will greatly aid him.

Should he desire to pursue his education still further, he is prepared to enter college. Probably the most convincing argument in favor of higher education is that it gives the person a higher plane of thought. "As one thinketh in his heart, so is he," and noble thoughts make noble character. And, after all, the greatest possible good that can come to anyone is the enrichment, ennoblement and beautifying of the character.

Does not all this clearly show the value of high school education? Did you ever hear a person say that he was sorry that he had completed the high school? No, you have not; but how many times you have heard these words escape the lips of unsuccessful men: "If I had gone on to school and been fully prepared I would not be the failure I am today!" The world is calling for trained men, educated men. The best positions are being filled by those who are most capable, and by those who have thoroughly prepared themselves.

In "Who's Who in America" 60 per cent of all mentioned are college graduates and 70 per cent have attended college. Only 50 per cent have gone no further than the high school, and 16 per cent have obtained all their education in schools of like grade.

Does not this prove conclusively that the things worth while are accomplished by educated people; that the educated man is better fitted to cope with the varied problems of human existence; to see, to feel, to grasp, and to enjoy the greatest good and beauty in the world, and to arrive nearer the goal of perfection toward which man is ever striving? Tonight, at the close of our high school career, we stand upon the threshold of that larger and grander institution, the School of Life.

My friends, give to your children their just due, the birthright of every free American—an Education.

State of Ohio, City of Toledo, Lucas County.
I, Frank J. Cheney, make oath that I am the senior partner of the firm of F. J. Cheney & Co., doing business in the City of Toledo, County and State aforesaid, and that said firm will pay the sum of ONE HUNDRED DOLLARS for each and every case of Catarrh that cannot be cured by the use of HALL'S CATARRH CURE.
FRANK J. CHENEY.
Sworn to before me and subscribed in my presence, this 6th day of December, A. D. 1916.
(Seal) A. W. GLEASON,
Notary Public.
Hall's Catarrh Cure is taken internally and acts directly upon the blood and mucous surfaces of the system. Send for testimonials, free.
F. J. CHENEY & CO., Toledo, O.
Sold by all Druggists.
Take Hall's Family Pills for constipation.

Real Estate Bargains

Watch This Column For Some of the Good Things in This Vicinity.

75 acres near Denmark, level black land, covered with young pine, few acres under plow, fenced on three sides. Splendid gravelled road (county) runs through place, abutting on cooperative cheese factory. \$35.00 per acre, half price.

120 acre tract one mile from Denmark, good house, good road to house, salmon stream runs through place, about 20 acres of this rocky and covered with white cedar, balance good land. \$10.00 per acre.

160 acre tract, two miles from Denmark, hill land, heavily timbered at one time, killed by forest fires. Good grass land, enough white cedar for ranch use, about 40 acres level enough to plow. Not all in a body, in three different forties, springs on each one, 320 acres adjoin that can be bought right with comfortable house and small barn and half fenced, and joining forest reserve. \$10.00 per acre.

Coast land near postoffice and stores, where grass grows all the year, 7 cheese factories in this vicinity and one of the best dairy communities in the state. Railroad will be built near there within the next two years.

You may look far and wide for anything to compare to the foregoing three properties, but you cannot beat them for future values.

20 acres, modern bungalow, "new," good bottom land, everything, tools and stock to go with the place. Price \$4500. Good place to own and can play even here.

6 acres near Cottage Grove, box house and fair barn, bottom land, all cultivated. Price \$750.

10 acres adjoining Cottage Grove, all under cultivation, family orchard, good house and barn. This is a bargain at \$3500, easy terms.

152 acres black loam, 16 miles east of Cottage Grove, 7-room house, 3 barns, 60 acres cleared and under cultivation, school and depot on place.

90 acres pasture, all fenced, an ideal place for stock and dairy, water piped to barn. \$5000, 1/2 cash and balance to suit.

Cottage Grove is the place to which you will eventually come. Climate unsurpassed, and if you have tired of the frozen north, and the extreme heat of the east, write me today for bargains, if you mean business.

F. M. HARRISON.

You'll be surprised at the things you do not know that appear in The Sentinel every week. apr17

Cottage Grove Transfer

HARREL & COMPTON
We solicit a share of your patronage.
We do all kinds of
Hauling and Heavy Dray Work
PIANO MOVING A SPECIALTY.

Office: Elite Confectionery, Phone 72
Auto Dray for Quick Delivery
Visiting cards—The Sentinel.

Blackmore & McFarland

The City Transfer
All Kinds of
Hauling & Draying Done on Short Notice

Piano Moving a Specialty
WOOD AND COAL
Phone 55
Office at Eagle Cigar Store

Safety

FIRST AND LAST

Coupled with Service and Courteous Treatment is what you get at

The First National Bank

The Old Reliable

For the protection of our depositors we have:

CAPITAL	\$25,000.00
SURPLUS and Undivided Profits	40,000.00
STOCKHOLDERS' Liability	25,000.00
A Total of	\$90,000.00

The officers and stockholders are all successful and well-to-do business men.

Another protection is 24 years of successful business and backed up by the United States

FEDERAL RESERVE BANK.

We want your business