

Makes Healthy Bowels

THIS simple rule of health is daily called attention to by every doctor in the land, whose first question to the patient almost invariably is, "Are your bowels regular?" Yet there's not one person in fifty who takes proper care of the bowels. And the result of this foolish neglect is nine-tenths of all ill-health. If today you are unable to free your body of waste matter at the usual time, or if the act causes straining, pains and discomfort, don't let that condition occur again tomorrow. Unless your bowels can carry away the waste materials left after food is digested, decay sets in, the poisons of which, taken up by the blood, increase the risk of Typhoid Fever, Appendicitis, and many other serious diseases. In treating constipation, there is a right way and a wrong way. The wrong way is to take harsh purgatives which even though they do clear the bowels, cause griping and nausea, injure the delicate tissues, and so disturb the normal functions as to cause the return of constipation. The right way is to help Nature to produce natural movement, without pain or discomfort, by using

Rexall Orderlies

More Than One Hundred Million Were Sold Last Year

This enormous quantity was used with good results by busy men who suffered from constipation, due to lack of exercise, or indigestion caused by overwork—by children whose parents realize the harmful effect of common purgatives—by old people whose systems cannot stand anything harsh—by women during pregnancy, and after childbirth, when any medicine with a violent action would be particularly dangerous. Many of these people are your neighbors and friends. Ask anyone who has ever used them—they'll tell you Rexall Orderlies satisfied and helped them.

—a gentle laxative in the form of a chocolate-tasting tablet. One of these tablets eaten just before going to bed will help to restore your bowels to normal activity at a time when, your body being at rest, the medicine can do its best work. As a result of taking that tablet (or say two, if your case is obstinate), your bowels will move easily and naturally in the morning. The use of Rexall Orderlies for a few days afterward will restore normal regularity. Even chronic constipation is benefited by them, and it is not necessary to continue the treatment for a long time, because, instead of driving Nature, they simply help her to help herself.

Sold only at the more than 7,000 Rexall Stores and in this town only by us. Invest pocket tin boxes, 10c, 25c, 50c.

This Is Our Guarantee—You Risk No Money

If Rexall Orderlies do not make your bowels act right, tell us so and we'll give back your money without asking a single question. There is no red tape to this guarantee. It means just what it says. You sign nothing. We won't hesitate, or ask you any questions. Your word is enough. If Rexall Orderlies do not do all you expect them to—if you don't feel better after using them and find that they are the pleasantest-acting and best laxative you have ever used, we want you to tell us and get your money back.

The Modern Pharmacy

C. J. KEM, PROP.

COTTAGE GROVE, OREGON

Rexall Means "KING OF ALL"—Ours is The Rexall Store in this town.

Neighborhood News

LORANE

(Special to The Sentinel)
March 24.—Mr. and Mrs. Herbert Doty have returned from California, where they spent the winter.

Oral Crowe made a trip to Cottage Grove last Wednesday.

J. Hardy Crowe was in Eugene the first of last week.

Richard and Edward Farman returned from the latter's farm the other side of Cottage Grove the first of last week.

Mr. and Mrs. Harvey Currin of Drain are the proud parents of a baby girl, born March 18.

Mrs. W. W. Jackson is in Drain making the acquaintance of her new granddaughter.

The old cheese factory north of Lorane is being remodeled into a bungalow. John Runk is doing the work.

There was a basketball game at the grange hall Saturday night between the Cottage Grove and Lorane teams. The Grove team won the game.

Miss Ruby Slagle of Silk Creek attended the basketball game Saturday evening.

Miss Maude Jackson returned to her studies at the O. A. C. the first of the week.

Mrs. McMillian, Mrs. W. W. Jackson's mother, has returned from California, where she spent the winter.

DIVIDE

(Special to The Sentinel)
March 24.—Mrs. Harve Russell and two children of Comstock were in Divide visiting last week Tuesday.

Mrs. J. A. Mackey and son Cleo were Grove visitors last Monday.

Clarence Anlauf of Anlauf was a Divide visitor Sunday.

Pete Tonoli was a business visitor in town one day last week.

Mildred Dugan went to Diston Saturday, where she will remain for several months.

Mrs. C. Byrd, Mrs. N. Russell and Mrs. Clarence Russell shopped in Cottage Grove Friday.

Jim Martin went to Cottage Grove last Friday.

Fritz Soderstrom returned from Isadora last Wednesday.

Mrs. Angelo Perini was a Grove shopper last Thursday.

Albert Mackey was a visitor in the Grove one day last week.

Mrs. T. Dalgard went to Diston Saturday for a visit.

Jesse Turner has accepted the position of trackwalker between Eugene and Comstock.

Mrs. D. Perini went to Anlauf one day last week.

Mrs. Z. T. Foster went to the Grove last Tuesday.

Mrs. Geo. Long enjoyed a visit last week with her sister, Mrs. T. Wise of Drain.

Mrs. Ernest Hickman has been on the sick list the past few days.

SILK CREEK

(Special to The Sentinel)
March 24.—Amy and Marjorie Gildersleeve went to Lynx Hollow Thursday.

Hiram Wheeler is working for Curtis Veatch.

Rev. Snyder took dinner with S. Bureham and family Sunday.

Mrs. Arthur Woolcott and son called at the dormitory Sunday.

Misses Ruby Slagle and Ethel Damedwood went to the basketball game in Lorane Saturday evening.

Frank Oliver is staying with Alvah Deardorff. Mr. Deardorff has moved back to the W. N. Wheeler place which he rented last fall.

Mr. Willis and sons have nearly finished the ditch which they are putting through Mrs. Thompson's swamp.

Mrs. L. B. Slagle and Mrs. G. H. Gildersleeve visited Mrs. Slagle's parents, Mr. and Mrs. John Damedwood, Friday. Mr. Damedwood is now an invalid.

The Christian Help Band met at the home of Mrs. J. F. Gildersleeve Tuesday afternoon.

E. A. Hamilton was in the neighborhood last week.

Vivian Dwyer was hauling wood for Mr. Gildersleeve the first of the week.

DORENA

(Special to The Sentinel)
March 24.—Mrs. Pret Chrisman of Cottage Grove visited relatives in Dorena last week.

As there were no new cases of scarlet fever, school started again Tuesday.

Misses Fay Eberhart and Mabel Matheson arrived from Portland Tuesday on an extended visit with Mr. and Mrs. Frank Bales.

Miss Rebecca Bales left Friday for a two weeks' visit with her cousin, Mrs. Victor Chapman, at Wendling.

Mrs. John Salee and children of Star visited friends in Dorena from Thursday to Saturday.

Miss Ada Land was a Cottage Grove visitor between trains Saturday.

An interesting game of base ball was played between the Cottage Grove 8th

grade boys and the Dorena school boys, last Friday afternoon. The Dorena boys won the game, score 22 to 9.

Miss Etta Scott and little niece Leona of Cottage Grove visited at the home of her sister, Mrs. Ed. Whitely, from Saturday to Monday.

Among those from here who attended church at Mount View Sunday, were Mr. and Mrs. Chas. Teeters and family, Mr. and Mrs. Elliott and family, Misses Ora England, Oma Land, Ruth and Fern Jennings and Opal Whitely.

Edwin Redford of Cottage Grove visited Robert Shields Saturday and Sunday.

A large crowd from Star attended Christian Endeavor here Sunday evening.

Two of Mr. and Mrs. Negley's sons were visiting their parents last week.

That is in The Sentinel.

Saginaw and Delight Valley.

(Special to The Sentinel)
March 24.—Miss Lyndall Gihler spent a few days in Cottage Grove last week having some dental work done.

Mrs. R. B. Hanna spent Thursday with friends in Cottage Grove.

Mrs. Holgate and little son Clare, of Cottage Grove spent a few days at the E. J. Sears home last week.

Henry Parazzo came home for a few days from the reserve, where he is working in the camp.

The "Snicket Family" met with Austin Moody Friday evening. Games were played and at a late hour a luncheon was served by the family. All reported having a fine time.

Mr. and Mrs. Grooms and daughter, of Cottage Grove, spent Sunday at the R. B. Hanna home.

C. A. Smith made a business trip to Eugene Saturday, returning on the evening train.

Mrs. Anderson of Cottage Grove, spent Sunday at the L. L. Whitcombe home.

R. B. Hanna came Saturday evening to spend Sunday with his family, returning Monday to Wendling. Hez. Tucker going with him to work in the Booth-Kelly mill.

Mr. Anlauf is visiting at the S. A. Monteith home this week.

Rev. Stanford of Creswell preached Sunday morning. He will fill the pulpit every Sunday in the morning at 11 o'clock, from now on. Sunday school at 10 o'clock.

Henry James spent Saturday in Cottage Grove on business.

S. A. Monteith went to Anlauf Sunday to spend a few days with friends.

WALDEN

(Special to The Sentinel)
March 24.—Mr. and Mrs. R. D. Wilson of Dorena spent Sunday with Mr. and Mrs. Page.

Mrs. D. H. Brumbaugh and Mrs. Floyd Jones and baby visited at the James Porter home Friday.

Mrs. A. Castle spent a few days last week with her daughter, Mrs. Edward Seward, at Silk Creek.

W. W. Hewitt was in Eugene Saturday on business.

James Grivey of Cottage Grove spent Sunday at the Hartzell home.

Mrs. Frank Hartzell and little daughter visited in Cottage Grove last week. Geo. Nolte loaded a car of posts for the S. P. Co last week.

Lee and Elsworth Damedwood were out from Cottage Grove to their farm last Saturday.

Mr. and Mrs. Ed. Jones were in the Grove Thursday.

Mrs. James Lebow visited in the Grove a few days last week.

Mrs. Geo. Laying visited her sister, Mrs. Butte Mooney Tuesday and Wednesday.

J. E. Damedwood was here Monday on business.

Mrs. E. O. Elliott and little son called on Mrs. J. B. Linebaugh Friday evening.

Supervisor Stahlman and wife visited the school Wednesday.

Walker and Lynx Hollow

(Special to The Sentinel)
March 24.—Mrs. L. M. Shephardson of Medford is visiting at the Walker home in Lynx Hollow.

Mrs. Henry Fisher of Medford is visiting at the Fisher home.

Lawrence and Henry Fisher left for Monroe a week ago.

Mrs. Ben Jackson has left the hospital and is visiting friends in Eugene.

Last Friday evening a dance was enjoyed at the hall at Walker.

Ben Jackson has been up to Eugene during the past week.

Mr. and Mrs. R. Y. Porter visited the Grove last Saturday.

Miss Jane Gilchrist spent the weekend at home.

Wilbur Wright, son of J. C. Wright of Walker, has been very sick.

A bunch of the Saginaw base ball stars played a game with the Walker scrubs Sunday.

Miss Pearl Waldron of Eugene was down last week.

Mrs. Marvin Jackson left to visit relatives at Junction City, last Friday.

The cast has commenced rehearsing

for a play to be given some time in April. It is entitled "Engaged by Wednesday."

A number of Creswell folks attended the dance at Walker last Friday.

A pleasant program was rendered at the last Literary meeting.

Miss Holt spent the week-end at her home in Eugene.

Miss Clara Lebow and mother were visitors in Cottage Grove last Saturday.

Miss Sarah Lejoy was in the Grove visiting her sister last week.

Miss Violet Harding of the Hollow was in the Grove last week.

Diston and Rajada.

(Special to The Sentinel)
March 24.—Mrs. Dora Longmire and little daughter Erma of Auburn, Wash., are visiting Mrs. Longmire's relatives here.

Several Diston people including Misses Mary and Hester Chalifore and Oscar McAllister were tipped from the buggy in which they were driving to the dance at Wildwood Saturday evening and Miss Hester was quite badly hurt. She was picked up and placed on the bandcar and taken home. The other two occupants of the buggy were not incapacitated and walked home.

Harvey Holderman of Rajada returned home from Cottage Grove Monday to have some dental work done.

Mrs. J. C. Carr visited Mrs. Cox Saturday.

Mr. Tonoli resigned from the forestry service in the reserve last week and went to Divide Saturday.

G. James was a Cottage Grove caller Saturday.

MOUNT VIEW.

(Special to The Sentinel)
March 24.—Mr. and Mrs. J. R. Cooley spent Sunday of last week at the John Sears home.

Mr. and Mrs. Searist were Cottage Grove visitors Tuesday.

Miss Zella Prophet spent Thursday night with Marian Scott.

Miss Bertha Sears visited relatives in Cottage Grove Friday night and attended the grange meeting Saturday.

Will Heath visited relatives in Diston Friday night, returning Saturday.

Mr. and Mrs. Miller, Mr. and Mrs. J. R. Cooley, Charles Sears, George Curran, Louis Mendal, Ida Veatch and Mr. and Mrs. W. D. Heath were Cottage Grove visitors Saturday.

Willard Moss spent Saturday night with Add Heath.

Frank Sears has returned home from Rajada, where he had been employed.

Mr. and Mrs. Charles Teeters, Misses Benetta and Mollie Teeters and Johnny Teeters, Misses Fern and Ruth Jennings, Ora England, Oma Land, Opal Whitely and Mr. and Mrs. Al Elliott and Misses Sarah and Belle Elliott all attended church here from Dorena.

Mrs. R. Martin and Carl Schilling of Walden attended church here Sunday.

Mr. and Mrs. Fred Crowell and Mr. and Mrs. Dave Rissue spent the weekend in Cottage Grove.

Add Heath and Willard Moss were Dorena visitors Sunday afternoon.

Mrs. Walter Pitcher and Jesse Pitcher visited at the Charles Sears home Sunday.

For Sheriff

I hereby announce myself as a candidate for the office of sheriff, subject to the will of the Republican voters at the primaries to be held May 15, 1914. m25-my6 JOHN E. STANIGER.

Mining Location Notices for sale at Sentinel office.

Notice to Creditors.

Notice is hereby give, that Oliver Veatch was on the 5th day of February, A. D., 1914, by the Hon. County Court of Lane County, State of Oregon, appointed administrator of the estate of Jack Yenick, deceased, and all persons having claims against the above estate are hereby notified to file the same with the above named administrator at his office in Cottage Grove, Lane County, State of Oregon, within six months from the date of the first publication of this notice being the 11th day of March, A. D., 1914.

OLIVER VEATCH,

Administrator.

J. M. DEVERES, Attorney for Estate. m25-a22

Notice for Publication.

DEPARTMENT OF THE INTERIOR, U. S. LAND OFFICE AT ROSEBURG, OREGON, February 24, 1914. Notice is hereby given that William H. Wolf, of Oakridge, Oregon, who, on November 28, 1908, made Homestead Entry, Serial No. 02504, for the NE 1/4 of Section 35, Township 20 S, Range 3 E, Willamette Meridian, has filed notice of intention to make final five-year proof, to establish claim to the land above described, before the County Clerk of Lane County, Oregon, at his office at Eugene, Oregon, on the 3rd day of April, 1914.

Claimant names as witnesses: Frank S. Warner of Oakridge, Oregon; Chas. E. McClain of Oakridge, Oregon; Geo. E. Herbert of Oakridge, Oregon; Lewis J. Flock of Oakridge, Oregon. m25-alpd B. F. JONES, Register.

STOMACH HEALTH OR NO COST TO YOU

Very likely others have advised you to use Rexall Dyspepsia Tablets, because scores of people in this community believe them to be the best remedy ever made for Dyspepsia and Indigestion. That is what we think, too, because we know what they have done for others and what they are made of. We have so much faith in them that we urge you to try them at our risk. If they don't help you, they won't cost you a cent. If they don't do all that you want them to do—if they don't restore your stomach to health and make your digestion easy—just tell us and we will give back your money without a word or question.

Containing Pepsin and Bismuth, two of the greatest digestive aids known to medical science, they soothe the inflamed stomach lining, check heartburn and distress, promote regular bowel action, and make it possible for you to eat whatever you like whenever you like, with the comforting assurance that there will be no bad after-effects. We believe them to be the best remedy made for dyspepsia and indigestion. Sold only at the more than 7,000 Rexall Stores, and in this town only by us. The Modern Pharmacy, C. J. Kem, Prop. Cottage Grove, Oregon.

Notice to Creditors.

ESTATE OF MARIA HARTUNG, deceased. Notice is hereby given, that W. A. Hartung has been, by the County Court of the State of Oregon, in and for Lane County, duly appointed Executor of the Last Will and Testament of Maria Hartung, deceased.

All persons having claims against the estate of said deceased, are hereby notified to present the same, duly verified, to the said W. A. Hartung, in Cottage Grove, Oregon, within six months from this 24th day of March, A. D. 1914.

W. A. HARTUNG, Executor.

H. J. SHINN, Attorney. m25-a22js

Administrator's Notice.

Notice is hereby given that the undersigned has been duly appointed by the County Court of Lane County, Oregon, administrator of the estate of Ella Juliet Grivey, deceased. All persons having claims against said estate are required to present the same to me duly verified at the office of J. E. Young, in Cottage Grove, Oregon, on or before six months after the date of this notice. Dated this 4th day of March, 1914.

J. E. GRIVEY, Administrator of the estate of Ella Juliet Grivey, deceased. mch 4-apl jey

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Attorney-at-Law
Practice in all Courts of State. Corporation, mining and Probate law a specialty. Collection and Insurance.
COTTAGE GROVE OREGON

Volume No. 2

BRIGHT LA FOR I SC

Katzenjammer More

CLAIMS TO HAVE OF ORGANIZ SUPPRESSED DENY

Wilfred Symond who has made life in Grove parents, the fier, city police about: to have his industrial school neesday afternoon here to the farm at he was placed by and it is learned to be sent to th Salem.

The lad, who i Grove as the "or Kid," announced Green Pitcher bel "wanted to go to 'cause that was soldiers and he v soldier and a good

The lad has gon ing and exciting not the least of w on his last visit to the Southern Paci by placing ties ac

A number of st the boy's having a headquarters in a barricaded for the mates. The sup the youthful Nick having had any p and it is thought unusually bright a

dicted to such he and such questiona wrecking, merely for the fun of fooli with the idea that a greater hero of

His parents have commitment to th he has proven hima trol. He was exc his studies at scho statement of Sup and is quite attrac

Verdict

A verdict brought in the suit brought out court asking f the affairs of the S to recover money, week. This suit C. C. Hazelton the sum of \$800.

Small Want Sells All Hull

"Hello! Is this (Dulcet female v "This is John Hu sakes take out the pigs for sale. Folks me to death."

A few days after veration Mr. Hull for the ad, and ex section of a two l sold all the pigs he he hadn't quit selli

Mr. Hull has had before when adverti and he gives all the ad., but there are o are that when Mr. thing for sale, he t and where it can be leave that for th around and find ou those who know M they buy anything going to get exactl he is selling them.

Those for whom paid probably over of these points.

The moral is: I something you wish Then make your ad to the point, and v reader won't have t find the property. means least, give th what you advertise, lish a business repu your goods over an same parties, and i to speak to their ne By observing these can make advertisin as Mr. Hull and a l advertisers do. Th chants as well as far