

Declare War on Colds.

A crusade of education which aims "that common colds may become uncommon within the next generation" has been begun by prominent New York physicians. Here is a list of the "don'ts" which the doctors say will prevent the annual visitation of the cold:

- "Don't sit in a draughty car."
- "Don't sleep in hot rooms."
- "Don't avoid the fresh air."
- "Don't stuff yourself at meal time. Overeating reduces your resistance."
- To which we would add—when you take a cold get rid of it as quickly as possible. To accomplish that you will find Chamberlain's Cough Remedy most excellent. Sold by Benson Pharmacy.

Southern Pacific Railway Time-Table

COTTAGE GROVE STATION	
South Bound	North Bound
No. 13 2:10 a. m.	No. 16 1:35 a. m.
No. 15 7:05 a. m.	No. 18 10:15 a. m.
No. 17 3:25 p. m.	No. 20 2:20 p. m.
No. 19 8:20 p. m.	No. 14 4:35 p. m.

A Consumptive Cough.

A cough that bothers you continually is one of the danger signals which warns of consumption. Dr. King's New Discovery stops the cough, loosens the chest, banishes fever and lets you sleep peacefully. The first dose checks the symptoms and gives prompt relief. Mrs. A. F. Mertz of Glen Ellyn, Iowa, writes: "Dr. King's New Discovery cured a stubborn cough after six weeks' doctoring failed to help." Try it, as it will do the same for you. Best medicine for coughs, cold, throat and lung troubles. Money back if it fails. Price 50c and \$1.00. All druggists by mail. H. E. Bucklen & Co., Philadelphia or St. Louis.

Taylor & Higgins

CONTRACTORS

Concrete Work a Specialty
COTTAGE GROVE - OREGON

Tonight.

Tonight, if you feel dull and stupid, or bilious and constipated, take a dose of Chamberlain's Tablets and you will feel all right tomorrow. For sale by Benson Pharmacy.

Blackmore & McFarland

THE CITY TRANSFER

ALL KINDS OF
Hauling & Draying Done
on Short Notice

Piano Moving a Specialty
PHONE 55
OFFICE AT EAGLE CIGAR STORE

Pain in Back and Rheumatism.
Torment thousands of people daily. Don't be one of these sufferers when for so little cost you can get well rid of the case. Foley Kidney Pills begin the good work from the very first dose. They exert so direct an action on the kidneys and bladder that the pain and torment of backache, rheumatism and kidney trouble is soon dispelled. For sale by all dealers everywhere.

There is more Catarrh in this section of the country than all other diseases put together, and until the last few years was supposed to be incurable. For a great many years doctors pronounced it a local disease and prescribed local remedies, and by constantly failing to cure with local treatment, pronounced it incurable. Science has proven Catarrh to be a constitutional disease, and therefore requires constitutional treatment. Hail's Catarrh Cure, manufactured by F. J. Cheney & Co., Toledo, Ohio, is the only Constitutional cure on the market. It is taken internally in doses from 10 drops to a teaspoonful. It acts directly on the blood and mucous surfaces of the system. They offer one hundred dollars for any case it fails to cure. Send for circulars and testimonials.

Address: F. J. CHENEY & CO., Toledo, O.
Sold by Druggists, etc.
Take Hail's Family Pills for constipation.

Saved His Foot.

H. D. Ely of Bantam, O., suffered from horrible ulcer on his foot for four years. Doctor advised amputation, but he refused and reluctantly tried Bucklen's Arnica Salve as a last resort. He then wrote: "I used your salve and my foot was soon completely cured." Best remedy for burns, cuts, bruises and eczema. Get a box today. Only 25c. All druggists or by mail. H. E. Bucklen & Co., Philadelphia or St. Louis.

J. B. PHELPS

Builder and Designer

Estimates Given
Plans Furnished
TELEPHONE 120-L

Calling cards—The Sentinel.

OREGON NEWS NOTES

OF GENERAL INTEREST

Events Occurring Throughout the State During the Past Week.

Mother in Tears Sees Girl.
Salem.—The tears of a mother pleading that she be permitted to see her daughter, whom she had not seen for four years, won the hearts of the state board of control and Mrs. Emma Thompson was given an interview with her eldest child, Lillian Larkin, an inmate of the state industrial school for girls.

The board, however, denied a parole, after a session of almost two hours, in which a committee of four, headed by Mrs. Jean Bennett, of Portland, pleaded that the girl be released.

Maids Want to Return to Homes.
Albany.—Cecile Diethelm and Hulda Kraner, who came from Lucerne, Switzerland, to marry, after an exchange of photographs and letters with Kasper Kirtz and Herman Young, newcomers, changed their minds after seeing the men in the case. The young women now want to return to their mountain home. They have no money, and a public subscription may be started for them.

Roseburg Couple Wed; Secret Held.
Roseburg.—To be married in their own home, situated on one of Roseburg's busiest residence streets, and to live together for seven days without even the immediate members of their families having knowledge of the event, was the unusual secrecy attached to the wedding of B. F. Shields and Mrs. Carrie Thompson, of this city.

Hop Growers Plan Union.
Salem, Or.—Without a dissenting voice, 76 hop growers of the Willamette valley met here and took steps to effect a permanent organization of similar nature to the big fruit unions that are now uniting the strength of the fruit growers of the northwest.

ORGANIZATION IS FAVORED

Co-operation to be Urged During Farmers' Week.

Corvallis.—Farmers' week at the agricultural college this year is December 8 to 13. While it is designed to make the regular courses in farm production as strong and practical as possible within the five days of instruction and demonstration, the keynote of the course will be rural organization and co-operation. This subject will be presented in lectures and lantern courses by Dr. Hector Macpherson, who returned this fall from a tour of 11 European countries as a member of the American commission. Dr. Macpherson procured an instructive collection of photographs while in Europe, and these will be used to illustrate industrial and economic methods among the rural people of the old world.

Economical production, co-operative marketing, close systems of accounting and cheaper credit are the cardinal points in his doctrine of rural economics.

Hogs Have Cholera.

Pendleton.—Hog cholera has made its appearance in the east end of Umatilla county, and Dr. C. W. Lassen, county veterinarian, has placed the infected animals in quarantine. He estimates that already 100 hogs have died of the disease, and says that the farmers are somewhat alarmed over the epidemic. Serum is being used to prevent any further spread.

Socialist Teacher Cleared.

Quincy.—Mrs. Flora I. Foreman, principal of the Quincy school, received from the school board a vote of vindication of the charges of having taught in her school doctrines of socialism, sedition and atheism. An appeal will be taken to the state board of education for further hearing.

Pender Found Guilty of Murder.

St. Helens.—"Guilty as charged in the indictment" was the verdict of the jury in the case against John A. Pender, charged with murder in the first degree for the killing of Daisy Wehrman on Labor day, 1911, near Scappoose, Columbia county, Oregon.

Grants Pass Asks Cut in Rate.

Grants Pass.—The city has served papers upon the Southern Pacific officials bringing action before the state railroad commission in seeking a reduction of the freight rates on steel rails and structural iron from Portland to this city.

Rewards for Homicides.

Salem.—Governor West in a proclamation has offered a reward of \$2500 for the arrest and conviction of any person who has committed homicide in the state and in another proclamation he revoked all unearned rewards offered heretofore.

Spray's Column

John McAuley has good yearling billy goat for sale.

Here is a home industry. Orr Brown has for sale some nice apple, peach, prune and pear trees. See him before you buy trees.

H. U. Cochran has pair of mules and team of mares for sale.

When you want bacon, hams or lard, call for home cured. You will get it as cheap and of as good a quality as any you can buy. If your grocer hasn't got them, come to the hole in the wall. We sell no other kind. If everyone would buy home made bacon and lard it would be a big boost for the hog business and would keep thousands of dollars at home.

Clover seed at Spray's. Now is a good time to sow it.

Curtis Veatch has for sale two Cotswold buck sheep and two billy goats.

Fred Wright has for sale two registered Cotswold bucks.

L. P. McCoy has a bargain in a small saw mill.

Jersey Heifer and Jersey bull calf, full blood, for sale by L. W. Hunt, Wildwood, Ore.

Eugene Miller has for sale a three quarter Jersey cow, aged 4 years. Phone 22P11.

To trade 1,200 pound driving horse, single, perfectly trustworthy. Will trade for steady horse for logging purposes. Overholser & Son.

You can find at the hole in the wall:

- Flour and Feed
- Salt and Pottery Supplies
- Wagons and Buggies
- Plows and Harrows
- Disks and Cultivators
- Page Wire Fence and Shingles
- Drain Tiles and Sugar
- Grain Drills and Gas Engines
- Dry Goods and Groceries

And men who appreciate a part or all of your trade.

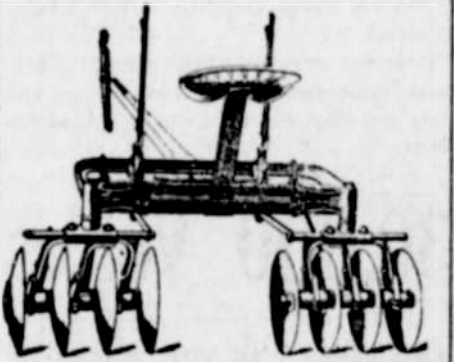
Now we come to the time of year when every farmer needs a disk harrow. Try disk your field now, before the fall rains come, you will make the weeds come up so when you plow they will be turned under. You will also find the plow will run lighter and do better work.

Spring wagon for sale. Inquire of H. U. Cochran or J. F. Spray.

Farmers! Raise more clover, cows and hogs.

Dry Goods at cost at the hole in the wall.

What is the use of using so much elbow grease when gasoline is so cheap? Come and see our little engine. Just



the thing to run your separator, washing machine, churn or pump. This boy doesn't wear out any clothes, uses about as much gasoline as the average boy would 'lasses.

Car No. 1 Shingles at Spray's.

Car of Tile at Spray's.

Car of Salt at Spray's.

Machine Oil of all kinds for sale at Spray's.

For sale or trade, two and one-half h. p. Webber Gas Engine. Good condition. Curtis Veatch.

Groceries and Dry Goods at the hole in the wall.

I pay cash for chickens, eggs, hies, grain, mohair and wool.

If you need an engine, see ours and get our prices before you buy.

Wagons, Buggies, Harrows, Plows, Cultivators, Discs, Binders, Mowers and Rakes at the hole in the wall.

Curtis Veatch has Duroc Jersey sows for sale.

Page field fence is spring steel, best by every test. Phone 162.

John Deere and Oliver Plows at Spray's.

Do you need a cream separator? See our Blue Bell. It is a good one and the price is right.

Buy your feed and flour of Spray. Phone 162.

See our new two-way gang plow. It turns it down hill going and coming. Our new platform scales are now ready for use. Come and weigh your horses and hay.

Farmers! Come in and see our manure spreader. Something new.

Lone Pine Has Star School.

Upon his first visit to the Lone Pine school Thursday, Supervisor Aylesworth declared it entitled to all the 15 stars. This is the first school he has so honored. Mr. Aylesworth also declared that for cleanliness, neatness, discipline, good work; in fact for all the requisites of an ideal school, Lone Pine is the best one he has ever visited.

BRIEF NEWS OF OREGON

Hillsboro's saloons must close at 10 o'clock hereafter, instead of at midnight.

The Oregon supreme court holds that workmen's compensation law will not become operative until June 30 of next year, owing to restrictions of the constitution.

The Booth-Kelly Lumber company's machine shops at Wendling, said to be the largest of the kind in the state, were destroyed by fire at a loss of perhaps \$15,000.

At a meeting of stockholders at Dallas it was decided to erect a \$10,000 hospital. Frank J. Coad was elected president of the association, and Miss Edith Starbuck secretary.

Ashland citizens are considering the plan of installing water meters throughout the city. A dozen of the meters have been ordered from the Westinghouse company for trial.

Completion of preliminary surveys for the development of 45,000 horsepower within the next five years at Clear Lake, in the Cascade mountains, 75 miles east of Eugene, is announced.

The state water board has extended the time for the completion of Portland's reservoirs and canals at Clear Fork, on the Sandy river, from which water supply is assured, to June 1, 1920.

State Engineer Lewis will not recommend that approximately 20,000 acres of land in the central Oregon irrigation project be patented until he is convinced that the land can be reclaimed.

Ten thousand turkeys have been shipped from Douglas county to San Francisco, the farmers receiving about \$20,000 for the birds. The birds were sent to San Francisco because of the higher prices prevailing there.

As a result of movements by commercial clubs of the county and inhabitants of rural districts for better roads, many miles of public highways in Polk county are ready for winter use by automobiles.

A plant for the pasteurizing of milk, the first in Eugene, will be opened about the first of the month by a corporation formed by five men, four of them Danes, and the project backed by over 40 Danes of the colony west of Eugene.

Secretary Lane has ordered a public sale at Hermiston, December 27, of several hundred acres of Maxwell land on the Umatilla irrigation project. All the lands to be sold are centrally situated and each tract has an adequate water supply.

The committee working for prohibition in the election at Albany expended \$46.65, according to a campaign statement filed by Mrs. Elizabeth Robinson, secretary of the committee. The prohibitionists won by a majority of 41 votes, but saloonmen may bring a contest.

Senator Chamberlain has introduced a bill authorizing the secretary of war to turn over the Sand Island revenues to the Oregon fish commission. Also resolutions from the Pendleton commercial association advocating flood control and reclamation of swamp lands in the south.

Although he has held various public offices in Marion county for more than 40 years, has served on juries and otherwise acted in public capacities, J. R. Landon was unseated as mayor of Woodburn by Circuit Judge Kelly on the ground that he is not an American citizen.

The Oregon State Sunday School association probably will meet in Albany in annual convention in April. The meeting place has not been decided upon definitely, but many of the members of the committee which will make the selection have indicated a willingness to come to that city.

Senator Chamberlain has introduced a bill appropriating \$10,000 to aid the agricultural department in importing sheep for breeding purposes. The department desires to aid farmers and ranchmen in obtaining types most suitable to their particular requirements.

With a reserve of 34.8 per cent which is almost 10 per cent more than required by law; with nearly \$5,000, 000 more loans outstanding, and yet over \$3,000,000 more cash on hand or due from other banks than this time last year, the 170 state and 85 national banks of Oregon reflect the prosperity of this state.

Sunday performances at the moving picture shows in the Coquille valley cities will be a thing of the past if the wishes of some are granted. At Myrtle Point one faction made so much objection to the Sunday performances that the city council has passed an ordinance which prohibits the opening of the show house on Sunday.

Grading on the Skikyou mountain section of the Pacific highway through Jackson county was started Friday under the provisions of the first contract to be let under the new bonding highway laws. The section of road covers 13 miles, and the contract price for the grading was \$107,840, which is the largest contract for highway construction ever let on the Pacific coast.

WILSON-SAYRE WEDDING SOCIAL EVENT

Marriage Ceremony Performed in Historic East Room of White House.

Washington.—Occupying first place in the important events of the week at the nation's capital was the wedding Tuesday afternoon of Miss Jessie Wilson, second daughter of President and Mrs. Wilson. The ceremony was performed in the historic East room of the white house, on the very spot where Miss Nellie Grant married Algernon C. F. Sartorius on May 21, 1873, and where later Miss Alice Roosevelt was joined in wedlock to Nicholas Longworth.

An altar had been erected before the broad window at the east side of the room, as was done for the Roosevelt wedding. Before the altar was a broad dais, on which the bridal party stood.

Miss Wilson, attended by her maids, entered the East room through the main doorway, from the inner apartment, leaning on the arm of her father. Mr. Sayre, Dr. Wilfred T. Grenfell, of the Labrador mission, the best man, and the Rev. Sylvester W. Beach, awaited her at the altar. To one side were the diplomatic corps. Opposite them were the guests of the senate and the house and in another group the personal friends of the Wilson family and the representatives of Washington residential society.

OPPOSE INSURANCE CURB

Fraternal Congress Disturbed by Policy of Wisconsin.

Chicago.—Condemnation of activities of state insurance commissioners in the internal affairs of fraternal insurance orders was expressed in resolutions adopted here by the executive board of the National Fraternal congress.

The resolution resulted from reports of officials of the Independent Order of Foresters of Toronto that the insurance commissioner of Wisconsin had demanded a change in plans for a special assessment of 80,000 members which the order's constitution does not call for. The resolution asserts that such a policy "finds no warrant in the laws of any state and if successfully pursued will be destructive to the fraternal insurance system."

Washington University Regent Named

Olympia, Wash.—Eldridge Wheeler, for many years head of the schools of Montesano and now mayor of that city, a prominent democrat, was appointed a regent of the university of Washington to succeed Howard G. Cosgrove, son of the late governor, who resigned recently.

HUERTA WILL NOT RELINQUISH OFFICE

Mexico City.—Resigned, apparently, to those conditions which make it necessary to carry on a dilatory campaign against his enemies, President Huerta and his official dependents appear serene.

It has been rumored that congress would not continue to meet; that it would be automatically dissolved and that General Huerta was about to quit office. All these reports have been disproved. Congress has launched in to what promises to be a prolonged session.

According to his intimates, no one realizes more fully than he the desperate straits of his government, but he has reiterated his intention of pounding away at his enemies until he or they have won.

The army levy has caused something like a panic among men and women of the lower classes, since even women are being forced into service as "soldaderas." The streets of the city at night are practically deserted. Workmen resort to innumerable subterfuges to escape the clutches of the drafting agents.

Race for Senate Intent of Allishe.

Boise, Idaho.—Chief Justice James F. Allishe intends to become a candidate for United States senator, subject to the will of the republican primaries. This is settled with the friends of the chief justice, who have been circulating the information in the state.

4 Cavalry Troops Go After Navajos.

Albuquerque, N. M.—In two special trains four troops of the Twelfth United States cavalry, passed through here on the way to Gallup, where they will detain and march 100 miles overland to Shiprock agency, on the Navajo reservation to quell an incipient uprising among the Indians there.

Philippine Commission Adopts Law.

Manila.—The anti-slavery law as passed by congress, except for several slight amendments, was adopted by the Philippine commission.

A Night of Terror.

Few nights are more terrible than that of a mother looking on her child choking and gasping for breath during an attack of croup, and nothing in the house to relieve it. Many mothers have passed nights of terror in this situation. A little forethought will enable you to avoid all this. Chamberlain's Cough Remedy is a certain cure for croup and has never been known to fail. Keep it at hand. For sale by Benson Pharmacy.

COTTAGE GROVE TRANSFER CO.

L. L. HARRILL, Prop.

WILL DO YOUR

DRAINING AND MOVING

promptly and satisfactorily. They have every facility for handling all classes of goods, and simply solicit a trial. Feed Barn and Fire Proof Vault in Connection.

All kinds of Hauling & Piano Moving
Phone No. 72 Cottage Grove

For Children There is Nothing Better.

A cough medicine for children must help their coughs and colds without bad effects on their little stomachs and bowels. Foley's Honey and Tar exactly fills this need. No opiates, no sour stomach, no constipation follows its use. Stuffy colds, wheezy breathing, coughs and croup are all quickly helped. For sale by all dealers everywhere.

"Clean Up the Bowels and Keep Them Clean"

There are many remedies to be had for constipation, but the difficulty is to procure one that acts without violence. A remedy that does not perform by force what should be accomplished by persuasion is Dr. Miles' Laxative Tablets. After using them, Mr. N. A. Waddell, 315 Washington St., Waco, Tex., says:

"Almost all my life I have been troubled with constipation, and have tried many remedies, all of which seemed to cause pain without giving much relief. I finally tried Dr. Miles' Laxative Tablets, and found them excellent. Their action is pleasant and mild, and their chocolate taste makes them easy to take. I am more than glad to recommend them."

"Clean up the bowels and keep them clean," is the advice of all physicians, because they realize the danger resulting from habitual constipation. Do not delay too long, but begin proper curative measures. Dr. Miles' Laxative Tablets are a new remedy for this old complaint, and a great improvement over the cathartics you have been using in the past. They taste like candy and work like a charm. A trial will convince you.

Dr. Miles' Laxative Tablets are sold by all druggists, at 25 cents a box containing 25 doses. If not found satisfactory after trial, return the box to your druggist and he will return your money.

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Nervous and Sick Headaches.

Torpid liver, constipated bowels and headaches. Take Dr. King's New Life Pills, you will be surprised how quickly you will get relief. They stimulate the different organs to do their work properly. No better regulator for liver and bowels. Take 25c and invest in a box today. At all druggists or by mail. H. E. Bucklen & Co., Philadelphia and St. Louis.

When it rains

do you depend on a shower-proof or do you wear a Fish Brand Reflex Slicker and enjoy the rain because you're dry and comfortable? Made for rough and ready service, and so waterproof that not a drop reaches you even through the openings between the buttons. The Reflex Edge does it.

\$3.00 at your dealer's
Satisfaction Guaranteed
A. J. Tower Co., Boston
Tower Canadian Limited, Montreal
1919 Toronto Catalog free FISH BRAND

Would Make Them Better if They Could.

The makers of Foley Kidney Pills know that they have absolutely the best combination of curative and healing medicines for kidney and bladder ailments and urinary irregularities that it is possible to produce. This is why Foley Kidney Pills are the best medicine for the purpose you can buy. For sale by all dealers everywhere.

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APPLY
SENTINEL OFFICE