Avoid Sedative Cough Medicine.

If you want to contribute directly to the occurence of capillary bronchitis and pneumonia use cough medicines that contain codine, morphine, heroin and other sedatives when you have a cough or cold. An expectorant like Chamberlain's Cough Remedy is what is needed. That cleans out the culture beds or breeding places for the germs of pneumonia and other germ diseases. That is why pneumonia never results from a cold when Chamberlain's Cough Remedy is used. It has a world wide reputation for its cures. It contains no morphine or other sedative. For sale by Benson's Pharmacy.

Southern Pacific Railway Time-Table
COTTAGE GROVE STATION

South Bound		North Bound	
No. 13	2:10 a. m.	No. 16	1:36 a. m.
No. 15	7:06 a. m.	No. 18	10:16 a. m.
No. 17	3:26 p. m.	No. 20	2:20 p. m.
No. 19	8:20 p. m.	No. 14	4:35 p. m.

The Family Cough Medicine.

In every home there should be a bottle of Dr. King's New Discovery, ready for immediate use when any member of the family contracts a cold or a cough. Prompt use will stop the spread of sickness. S. A. Stid of Mason, Mich., writes: "My whole family depends upon Dr. King's New Discovery as the best cough and cold medicine in the world. Two 50c bottles cured me of pneumonia." Thousands of other families have been equally benefited and depend entirely upon Dr. King's New Discovery to cure their coughs, colds, throat and lung troubles. Every dose helps. Price 50c and $1.00. All druggists. H. E. Bucklen & Co. Philadelphia or St. Louis.

Taylor & Higgins
CONTRACTORS
Concrete Work a Specialty
COTTAGE GROVE - OREGON

They Make You Feel Good.

The pleasant purgative effect produced by Chamberlain's Tablets and the healthy condition of body and mind which they create make one feel joyful. For sale by Benson's Pharmacy.

Blackmore & McFarland
THE CITY TRANSFER
ALL KINDS OF
Hauling & Draying Done on Short Notice
Piano Moving a Specialty
PHONE 55
OFFICE AT EAGLE CIGAR STORE

Home-Keeping Women Need Health and Strength.

The work of a home-keeping woman makes a constant call in her strength and vitality, and sickness comes through her kidneys and bladder oftener than she knows. Foley Kidney Pills will invigorate and restore her, and weak back, nervousness, aching joints and irregular bladder action will all disappear when Foley Kidney Pills are used. For sale by all dealers everywhere.

Catarrh Cannot Be Cured

with LOCAL APPLICATIONS, as they cannot reach the seat of the disease. Catarrh is a blood or constitutional disease, and in order to cure it you must take internal remedies. Hall's Catarrh Cure is taken internally, and acts directly upon the blood and mucous surfaces. Hall's Catarrh Cure is not a quack medicine. It was prescribed by one of the best physicians in this country for years and is a regular prescription. It is composed of the best tonics known, combined with the best blood purifiers, acting directly on the mucous surfaces. The perfect combination of the two ingredients is what produces such wonderful results in curing catarrh. Send for testimonials, free.
F. J. CHENEY & CO., Props., Toledo, O.
Sold by Druggists, price 75c.
Take Hall's Family Pills for constipation.

Eczema and Itching Cured.

The soothing, healing medication in Dr. Hobson's Eczema Ointment penetrates every tiny pore of the skin, clears it of all impurities—stops itching instantly. Dr. Hobson's Eczema Ointment is guaranteed to speedily heal eczema, rashes, ringworm, tetter and other unsightly eruptions. Eczema Ointment is a doctor's prescripion, not an experiment. All druggists or by mail, 50c. Pfeiffer Chemical Co., Philadelphia and St. Louis.

J. B. PHELPS
Builder and Designer
Estimates Given
Plans Furnished
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"The Shop" Where Good Printing is Done—The Sentinel.

CHURCH NEWS.

Services at the Christian Science Hall every Sunday at 11 and Wednesday evening at 7:30. All are welcome.

FREE METHODIST.

Services Sunday at 3 p. m. and 7:30 p. m. Prayer meeting, Wednesday at 7:30 p. m.

METHODIST EPISCOPAL
Horace N. Aldrich, Pastor.

Next Sunday will be observed as Old Peoples' Day, with sermon by the pastor. Theme: "Christianity and Personality." The annual offering for the old peoples' home in Salem will be taken. The special music will be rendered by the large chorus choir recently organized.

In the evening the pastor will have for his subject, "The Door of Opportunity." The men's chorus will sing.

PRESBYTERIAN CHURCH
R. M. Broadbooks, Pastor.

Services next Sunday: Bible school at 10 a. m.; morning worship at 11, subject of sermon, "Speaking the Truth in Love." Evening worship at 7:30. Sermon subject, "Lot's Choice."

Prayer and conference meeting Wednesday evening at 7:30.

BAPTIST CHURCH
Cor. Eleventh and Adams Sts.
C. M. Cobb, Pastor.

Services for next Sunday: Rally day. "The Church Is Not a Field, but a Force." The standard bible school in the whole church at work studying and teaching the Word of God. Next Sunday is the special day set for rallying our forces. 10 a. m. sharp, bible school, in charge of Mrs. Mills; 11 a. m., addresses by both Mr. and Mrs. Cobb, subject, "Our Progress and Our Prospects." Special music by Mrs. Griggs; 6:30 p. m., young people's rally meeting.

CHRISTIAN CHURCH
M. Howard Fagan, Pastor.

Services next Sunday as follows: 9:45 a. m. Bible school; 11 a. m. communion and preaching, sermon, "The Traitor's Kiss," solo by Mrs. Fagan; 6:30 p. m. Christian Endeavor; 7:30 p. m. song service and preaching, sermon, "Conversions at The Temple." Special music at every service.

Maiden Insurance.

The Maiden Insurance company is a singular Denmark institution. It is confined to the nobility, and the nobleman, as soon as a female child is born to him, enrolls her name on the company's books and pays in a certain sum and thereafter a fixed annual amount to the treasury. When the young girl has reached the age of twenty-one she is entitled to a fixed income and to an elegant suit of apartments, and this income and this residence, both almost princely, are hers until she either marries or dies. The society has existed for generations. It has always prospered. Thanks to it, poverty stricken old maids are unknown among the Denmark nobility, but every maiden lady is rich and happy.

Nicely Arranged.

It is related that the negroes were once greatly excited in Johannesburg over a rumor of a Kaffir uprising. One white woman said to her black boy:

"You wouldn't kill your missus, would you?"

"Oh, no," the boy replied; "boy next door kill you, and I kill his missus."

The affair, it seemed, had all been arranged, and very delicately at that. This boy's name was "Machinery." The blacks take any name they hear used among the whites, and "Machinery" is a very common name in Johannesburg.—E. W. Howe's Monthly.

Sound Advice.

"These shoes you sold me last week squeak so that they actually keep me awake nights," said the customer, entering the shoe store.

"My dear sir," replied the shoe dealer reassuringly, "you shouldn't sleep in them"—Yonkers Statesman.

Human Nature.

Tell a man that there are 270,169,325,481 stars and he will believe you. But if a sign says Fresh Paint, he has to make a personal investigation.—Cincinnati Enquirer.

Oh, how hard it is to die and not be able to leave the world any better for one's little life in it!—Abraham Lincoln.

Her Substitute For Oil of Birch.

Instead of yanking them into the house and giving them the "lamming" they deserve, an Atchison woman who was a schoolteacher for many years is trying the following method with her obstreperous children: She calls them to her and says, solemnly and precisely, "My sons, I am surprised at, disgusted with, disappointed in and ashamed of you."—Kansas City Journal.

Then He Went.

He—As I was saying, Miss Maymie, when I start out to do a thing I stay on the job. I'm no quitter. She (with a weary yawn)—Don't I know it?—Baltimore American.

Didn't Keep It.

Nell—She took her husband's name in vain. Belle—What do you mean? Nell—In other words, she's divorced.—Philadelphia Record.

Moderation is the pleasure of those who are wise.

Get your "House for Rent" and "House for Sale" signs at The Sentinel office.

BRIEF NEWS OF OREGON

A natatorium is to be added to Seaside's list of summer amusements before another season.

Milk testing devices have been received by the pupils of the public schools of Polk county.

The Southern Pacific Railroad company is settling its taxes of more than $57,000 in Jackson county.

The government forestry service has begun to burn timber tracts in Southern Oregon which are infected with the pine beetle.

Oregon is to have an official exhibit at the Eighth International Dry-Farming Congress and Exposition in Tulsa October 22 to November 1.

A fountain, constructed on Corinthian lines and made in Klamath Falls, has just been tendered to the city by L. M. Schofield.

Freewater has taken steps to build the first link in the proposed macadamized road from Walla Walla to Pendleton.

Three hundred apple packers of Hood River formed an association to adopt a schedule of packing rates and maintain a uniform system of packing.

A number of road districts of Clackamas county are planning to levy a special tax. The county court is in favor of better roads being built throughout the county.

A hen, which is a cross between a Plymouth Rock and a White Leghorn, raised at the Oregon Agricultural College, broke the world's record by laying 291 eggs in a year.

A local option election will be held at Dufur November 4. Petitions were circulated so quietly that only a few of the 'wets' were aware of the plan until the petitions were filed.

From effects of injuries sustained in a fall down a flight of stairs Mrs. Cordelia Mills, aged 81, died at Keno. The woman never recovered consciousness after the fall.

A second crop of strawberies is being harvested by R. J. Taylor, of Independence. There will be on the average of a pound to the plant, or 50 boxes in all.

Klamath Falls is planning to build hitching racks. The city will secure a tract of land near the business section for the accommodation of farmers' teams.

Joseph Schafer, Ph. D., for 13 years head of the history department of the University of Wisconsin, has assumed the duties of general director of the niversity of Oregon extension division. His office will be at Eugene.

Crater Lake being inland and under the control of the state police, State Game Warden Finley can impose a license on persons who fish in it, states Attorney-General Crawford, in an opinion for Governor West.

A force of engineers under the direction of Louis Griswold and W. W. Peters of the state highway commission, has begun the work of surveying a route between Astoria and Westport.

The annual convention of the Oregon State Editorial Association met in Portland. Nearly 75 editors, representing as many newspapers, were present when Colonel E. Hofer called the convention to order.

J. C. La France, convicted of swindling the Modern Woodmen of America out of $3000 by planting a body as his own on the Clackamas river, was sentenced to from one to five years in the penitentiary by Circuit Judge Kavanaugh at Portland.

The hearing in the case of Dallas vs. H. V. Gates, owner of the water system at Dallas, has been set by the railroad commission for October 28, at Dallas. The complaint alleges that excessive charges are being made for the water.

The Oregon Trunk railway traffic department reports that 32,000 sheep have been shipped from Bend during the past 10 days, probably the greatest export movement of sheep in so short a period ever known in the state. The sheep are to be fed in Montana in transit for the Chicago market.

Governor West will not consider extending clemency to Mike Spanos and Frank Seymour, sentenced to be hanged October 31 for the killing of George Dedeskalous, in Medford, who, in a signed statement, attempted to fasten the crime on Thomas Fricas, until a complete investigation has been made.

That Oregon ranks first in the percentage of attendance of school children is a statement made by the school superintendent of Erie county, Pa., in a letter received from him by Superintendent of Public Instruction Churchill. The writer says that his information was obtained from the comparative study of school systems in the various states as compiled by the Russell Sage Foundation.

Representative Hawley has introduced bills appropriating $100,000 each for the purchase of sites and the erection of public buildings at Oregon City, Corvallis, Ashland and Grants Pass. He also has introduced a bill authorizing the establishment of a life-saving station at the mouth of the Suislaw river and one authorizing the establishment of a mining experiment station at Grants Pass.

MARRIAGE ON SHIPBOARD.

Authority Vested In Captains of British Vessels.

The captains of British war vessels are authorized by law to act as marriage "registrars," and the wedding ceremony may, therefore, take place on the high seas or on board an English man-of-war on a foreign station, subject to certain prescribed modifications. These indicate that the legality of the marriage depends on the commanding officer's compliance with the conditions of the foreign marriages act of 1892, which, with very slight differences, conforms to the conditions as to age, consent of parents, false oaths, residence, etc., applying to marriages in the United Kingdom.

Although no one may question a captain's authority to perform at sea the marriage ceremony or likewise to perform such service on board a British vessel on a foreign station, if any of the provisions laid down are not fulfilled the secretary of state for the home department has the power by means of a warrant to vary or annul the marriage performed under the act. But in the case of such a marriage the captain who acted as "registrar" is protected from any disastrous consequences ensuing from his act.

Before the passage of the act of 1892 commanding officers of war vessels and merchantmen celebrated marriages on board under an old act, and the marriage was of necessity confirmed on arrival at the nearest port by the British representative there. Where there was no diplomatic or consular representative the captain was empowered to act himself as consul and confirm his own deed.

In the merchant service of Great Britain the skipper enjoys even greater power. He is not obliged to return a certificate, the only compulsion on him being the necessity to "log" the marriage in his official log book, where it may be entered between reports dealing with the vessel's provisioning, her course, the weather encountered, the ships spoken and the many other details of the log.—Harper's Weekly.

HUNTING A POET.

In Shelley's Case It Was Fun, In Joaquin Miller's Dead Earnest.

Mr Stephen Coleridge, great-great-nephew of the Coleridge who wrote "The Ancient Mariner," has published a volume of "Memories," in which he tells some interesting anecdotes of poets not in the family. Both his grandfathers were schoolmates of Shelley, and one of them used to say that he had frequently joined in the diversion known as a "Shelley hunt." This simple sport consisted in "chivying about" from refuge to refuge the too poetic youngster and in gleefully pelting him with whatever missiles came handy.

A lesser poet than Shelley, however, the late Joaquin Miller, was once more eagerly, if less hilariously, hunted. It was not, as "the poet of the Sierras" related it, a schoolboy affair, but a dead in earnest man hunt in the wildest and wooliest west. He had had the misfortune to buy a sorrel horse from a man who had no right to sell the animal. He was mistaken for the horse thief, pursued and overtaken.

There was a convenient cottonwood branching handily across the trail and lariats in plenty. It was a question of his neck. He argued, explained and grew eloquent in vain, when at the most critical instant a witness to his innocent purchase of the beast came up.

"He ain't a thief," the newcomer explained. "He's only a poet."

"It's an awful pity to miss exterminating a poet when it can be did," the leader of his captors remarked thoughtfully after a disgusted pause. "Ever hear any of his poetry? Ever see him write any?"

"No," admitted the witness.

"Then," declared the self appointed judge with regret, "there's proof he ain't a thief, but only hearsay he's a poet. We got to let him go, but if he's got any sense he won't commit poetry agin till he's out of my jurisdiction."

The Duke's Dinner.

The Duke of Wellington was Prince of Waterloo, though he never called himself so, and had many other titles, for which he once had to pay dear. He told a man to order dinner for him at a particular hotel, and the man did so, mentioning all the duke's titles. Presently the duke came and waited a long time. "Is the dinner not coming?" he asked; "why don't you bring the dinner?"

"We are waiting," replied the waiter, "for the rest of the party."

They had prepared dinner for about twenty people.

Crying and Sobbing.

Crying is a contraction of the muscles about the eyes and cheeks, causing a flow of tears by squeezing the lachrymal glands. If continued for some time it leads to sobbing. Sobbing is a series of spasmodic contractions of the diaphragm, causing sudden inspirations and expirations which, passing through the larynx and pharynx, bring about the typical sounds always connected with this process.—New York World.

Very True.

"Don't you think peace would be promoted if nations could be persuaded to talk things over deliberately before going to war?"

"Possibly. But sometimes the more you talk things over the more you find to fight about."—Washington Star.

Queers Himself.

Muggins—Longbow boasts that he never tells the truth. Buggins—Don't you believe him. He's an infernal liar.—Philadelphia Record.

FACING SERIOUS DANGER.

Things That Almost Happen Sometimes Bring Gray Hairs.

"It is the things that almost happen which cause gray hairs in this business rather than the things that actually occur," said a veteran captain of an excursion boat.

"Every captain of a passenger carrying boat has the sinking of the Titanic, the Slocum disaster and such accidents on his mind continually, but somehow it's not the accidents that really occur that bring gray hairs.

"My first gray hair appeared when I was thirty-three years old. Then I was running a boat to Coney Island, and in the lower bay fog settled down thicker than mush. I held a compass course, and everything went smoothly enough until it was almost time to change the course and head from the bay toward Coney. I had heard a boat—by her whistle I knew she was a towing tug—pass me further up the bay.

"Even though I could not see the bow of my boat I was hanging with my head out of the pilot house window and straining my eyes to see, when my quartermaster, who was standing on the very peak of the bow, called for me to reverse. I rang for full speed astern and threw the wheel hard to port.

"The fog lifted for an instant and dead ahead of me I saw a scow with 'Dynamite' written on her side and a red flag floating above her. I knew that meant she was loaded with dynamite, and the Lord pity us if we ran her down. I kept the wheel hard over, and it seemed to me the engineer was an eternity in getting the engine reversed. We just grazed the dynamite scow. I learned afterward that she had been in tow of a tug and that the hawser broke and the tug crew had lost sight of the scow in the fog.

"When I got home that night my wife pointed out a gray hair—the first I had ever had.

"My next bad scare came one Sunday when I was captain of another excursion steamer. We were at the pier loading passengers. There were two hawsers out to the pier, and the one astern broke. The gangplanks were out, and, it being a very hot day, people were flocking aboard. There were at least seventy-five persons on the two gangplanks when the hawser broke, and the boat commenced to drift from the pier. I yelled, and the crew tried to force the passengers off the gangplanks, but those in the rear kept pushing, and the crew was helpless.

"There was only one thing to do. I rang for reversed engines. With the bow line out the reversing of the boat naturally backed her up against the dock and held her there, but that bow hawser was an old one, and if it broke the boat would back away and dump every one on the gangplanks into the river.

"To me it seemed like an age, but it was really not more than a minute until they had another line out astern and I could stop the engine. That caused several gray hairs.

"In all my experience I've never had a serious accident; but, as you see, I have a head full of gray hairs caused by things that almost happened."—New York Sun.

Direct or Alternating Currents.

It doesn't matter much the how and why of the difference between a direct current and an alternating current if only you can tell which you are using. Of course you have to know this because appliances are made for one or the other, and no appliance made for an alternating current can be used where direct current is supplied, or vice versa. So to order intelligently you must either ask somebody who knows or find out for yourself. Here is a simple way to tell which is which: Hold a simple magnet bar near a lighted incandescent lamp. If the current is alternating the filament—that is, the part inside the lamp from which the light emanates—will vibrate; if the current is direct the filament will be attracted or repelled as the positive or the negative pole of the magnet is held near the lamp.—New York Sun.

Good Ink, but No Bread.

Sweynheym and Pannartz, the two Germans who were the first to print books in Rome, used paper and types of excellent quality. Their ink on pages printed more than 400 years ago can vie in blackness with the best of the present day. Yet with all their labors they often lacked bread. In a petition to the pope they informed his holiness that their house was full of proof sheets, but that they had nothing to eat.

Between the Two.

"I was so glad when my musical neighbor on one side got rid of his baby grand."

"I suppose so."

"But I got no relief from that, for my neighbor on the other side has a grand baby."—Baltimore American.

A Hypocrite.

Teacher (after explaining the character of the Pharisee)—And now what do we mean by a "hypocrite?" Pupil—Please, miss, a man wot says he is wot he isn't, but he ain't.—London Punch.

More Important.

"I feel as if I were going to have appendicitis."

"Well, I need a new gown, so you'll just have to wait."—Life.

Flat Refusal.

Jack—So Kitty gave you a flat refusal? Cholly—Yes, she said she wouldn't live in one or with one.—Boston Transcript.

He who knows most grieves most for wasted time.—Dante.

Chronic Dyspepsia.

The following unsolicited testimonial should certainly be sufficient to give hope and courage to persons afflicted with chronic dyspepsia: "I have been a chronic dyspeptic for years, and of all the medicine I have taken, Chamberlain's Tablets have done me more good than anything else," says W. G. Mattison, No. 7 Sherman St., Hornellsville, N. Y. For sale by Benson's Pharmacy.

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WILL DO YOUR
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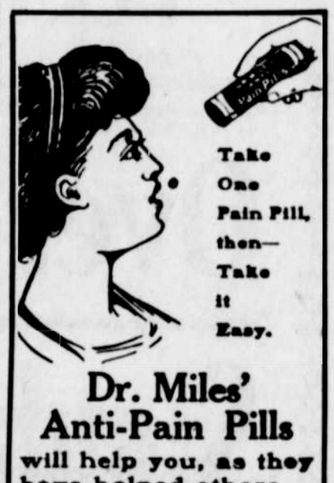
Quick Help to Backache and Rheumatism.

The man or woman who wants quick help from backache and rheumatism, will find it in Foley Kindey Pills. They act so quickly and with such good effect that weak, inactive kidneys that do not keep the blood clean and free of impurities, are toned up and strengthened to healthy vigorous action. Good results follow their use promptly. For sale by all dealers everywhere.



Dr. Miles' Anti-Pain Pills
will help you, as they have helped others.
Good for all kinds of pain. Used to relieve Neuralgia, Headache, Nervousness, Rheumatism, Sciatica, Kidney Pains, Lumbago, Locomotor Ataxia, Backache, Stomachache, Carsickness, Irritability and for pain in any part of the body.
"I have always been subject to neuralgia and have suffered from it for years. While visiting my son and suffering from one of the old attacks, he brought me a box of Dr. Miles' Anti-Pain Pills. I used them as directed and after taking them it was the first time in years the neuralgia ceased from the use of medicine." MRS. E. C. HOWARD, 402 Greene St., Dowagiac, Mich.
At all druggists. 25 doses 25c.
MILES MEDICAL CO., Elkhart, Ind.

A Marvelous Escape.

"My little boy had a marvelous escape," writes P. F. Bastiams of Prince Albert, Cape of Good Hope. "It occurred in the middle of the night. He got a very severe attack of croup. As luck would have it, I had a large bottle of Chamberlain's Cough Remedy in the house. After following the directions for an hour and twenty minutes he was through all danger." Sold by Benson's Pharmacy.

For wet weather,— dry clothes and comfort
wear Tower's
Fish Brand REFLEX SLICKER

It is all you want, or can get, in a rough and ready service coat. Thoroughly waterproof and strong at every point.
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A Gentle and Effective Laxative.

A mild, gentle and effective laxative is what people demand when suffering from constipation. Thousands swear by Dr. King's New Life Pills. Hugh Tallman of San Antonio, Tex., writes: "They are, beyond question, the best pills my wife and I have ever taken." They never cause pain. Price 25c at druggists, or by mail, H. E. Bucklen & Co. Philadelphia or St. Louis.

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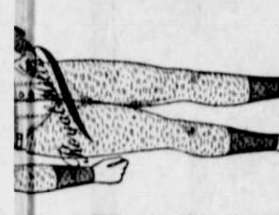
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