

**DON'T KNOW THEY
HAVE APPENDICITIS**

Many Cottage Grove people who have chronic appendicitis, which is not very painful, have doctored for years for gas on the stomach, sour stomach or constipation. The New Era Drug Store states if these people will try simple buckthorn bark, glycerine, etc., as compounded in Adler-i-ka, the German appendicitis remedy, they will be surprised at the QUICK benefit. A SINGLE DOSE relieves these troubles INSTANTLY.

**...THE...
First National Bank**

OF COTTAGE GROVE, ORE.
Capital, \$25,000
Surplus, \$25,000

Offer Its Customers

Every safe-guard known to modern banking for security and safety of their funds.

Interest paid on time deposits; interest paid on savings accounts (get a pass-book).

Exchange on all principal cities of the world and travelers' checks.

If you don't read The Sentinel you don't get more than half the news.

PROFESSIONAL CARDS

Graduate Nurse Attending
O. R. GULLION, M. D.
Practice limited to
EYE, EAR, NOSE and THROAT
OFFICE: 306 WHITE TEMPLE
EUGENE, ORE.

Phone 132-Y
KARL K. MILLS
Successor to
MARION VEATCH
Funeral Director :: Embalmer

A. W. KIME, M. D.
Physician and Surgeon
Office Phone 34, Residence Phone 126-J

J. S. MEDLEY
Attorney-at-Law
Special Attention Given to Mining and
Corporation Law.
Office, Woodward Building

Phone Office 47
DR. C. E. FROST
Osteopathic and Medical Physician.
Chronic and Nervous Diseases a Specialty.
COTTAGE GROVE, OREGON

DR. JAS. B. TAYLOR
EYE, EAR AND THROAT DISEASES
A Specialty—Glass Fitting
Office: White Temple, EUGENE

Office Room 14, Woodward Bldg. Telephone
DR. H. H. OWEN
Veterinarian
Graduate Kansas City Veterinary College
COTTAGE GROVE, OREGON

J. N. WATERHOUSE
Teacher of Piano and Organ
Certificated from the Associated Board,
Royal Academy and Royal College of
Music. Residence Second Street.

Office Phone Main 5 Residence, Ma in 121-L
F. L. INGRAM, D. M. D.
Dentist
ALL WORK GUARANTEE D.
Lawson Bldg. Cottage Grove, Ore.

J. E. YOUNG
Attorney at Law
Office on Main Street
COTTAGE GROVE, OREGON

J. C. JOHNSON
Attorney-at-Law
Practice in all Courts of State. Corpora-
tion, mining and Probate law a specialty.
Collection and Insurance.
COTTAGE GROVE, OREGON

Practices in all Courts 25 Years' Experience
H. J. SHINN
ATTORNEY AT LAW
NOTARY PUBLIC
Phone No. 4 COTTAGE GROVE, ORE

Telephone 131-R
F. W. ROBBINS, M. D.
Physician and Surgeon
Office at Residence: 104 S. 5th St. West

L. A. HALL, D. C.
Chiropractor
Cottage Hotel, Tuesday and Friday
of each Week
Central Office: White Temple, EUGENE, ORE

**KING OF DENMARK WRITES
HE LIKES OREGON APPLES**

The king of Denmark personally has approved the quality of Oregon apples. He expressed himself as highly pleased at the excellence of the stock. By personal letter he has expressed his appreciation of the quality of Oregon-grown fruit to L. L. Johnson of Free-water, a former subject of Denmark.

The market for apples is somewhat more active locally. While there is still a very large amount of stock being offered on consignment to the Portland trade, good quality is not nearly so plentiful as it was and slightly better prices are being asked for these.

According to a prominent local commission man, most of the stock now being offered on consignment is so poor that he has been compelled to refuse the supplies and has actually paid cash for what he wanted instead.

Apple market trade in the east is not showing the slightest bit of improvement, trade there remaining unsatisfactory to both seller and shipper. Regarding the general situation Spobel & Day write from New York under date of February 8:

"We are sorry that we cannot write any encouraging news about box apples, but as our circulars always report truthfully the exact situation, so we give it to you and in this world we certainly have to take the bitter with the sweet.

"L. Connolly & Co. of Liverpool cable us after each sale, their market unchanged which means that fresh arrivals of Watsonville Newtowns are selling at 6 to 6s 3d for 4 tiers and 5 to 5s 6d on 4 tiers, with lower quotations on fruit stored in Liverpool partly on account of the increasing decay in it and some of their catalogues show five to eight rotten apples per box.

"M. Isaacs & Sons of London also cable their market unchanged, dull and

slow with the same quotations, i. e.: 5s 6d to 6s 6d on the best of them and 4s to 5s on those showing up with a little decay.

"Total exports last week were 72,200 boxes. Certain parties here have started shipping heavily, but they are mostly red apples from the northwest. Liverpool boats Wednesday and Thursday of this week had 29,400, the Hamburg boat Thursday 10,900 and to Bremen 3200. We have not the figures of today's London steamers but undoubtedly they are heavy. Our own reports on Watsonville Newtowns show it would have been better to have sold on arrival rather than hold for a better market, remembering the charges and decay coming on. You will note that fresh arrivals over there are selling around 6s which is certainly nothing to brag of; however, that is the market.

"This market on red apples from the northwest continues depressed and all good stock is selling \$1.25, \$1.50, \$1.75 with some off color for one reason or another, \$1.00 to \$1.25 and some even lower. The daily offering at auction has been of apples from the vicinity of Spokane which have been of poor quality and many of them quite ripe, selling from 75c to \$1.15. The 1st inst. there were nearly 400,000 boxes in cold storage here."

CATS KILL MORE BIRDS THAN BOYS

Woman Thinks Owners Should Suffer Under Law.

COTTAGE GROVE, Ore., March 1.—Editor Sentinel: If I could hear Game Warden Knox say, "The killing of birds by cats is practically stopped," I would give The Sentinel the whole credit. In defense of our boys I will say that in the three years that I have lived on this street, I have not witnessed a single attempt by boys to harm birds, although boys are plentiful and rock piles numerous. If boys or their guardians are subject to a fine for bird killing, why are not the owners of cats liable for a similar offense. Give us an operative law, or no law. I have found the remains of three birds not a stone's throw from my porch. Yes, I feed the birds—and love to see them eat, but don't love to see them eaten, and not daring to turn the shot gun loose, lest the marshal should feel called my way, I can only sit down and think swear, and it stays with me and gets mixed up with my prayers and makes me say: "Now I lay me down to sleep, If those 4-ear cats will quiet keep. Should they die before I wake, Be sure, dear Lord, the coals to rake."

A Woman Reader.

**EXPLAINS POSITION ON CHURCHES
Socialist Defines Party's Idea of
Christianity.**

COTTAGE GROVE, Ore., Feb. 25.—Ed. Sentinel: We notice in a great many newspapers of the day severe criticism of socialism and its attitude toward the churches and religion.

A great many who read these criticisms are misled and misinformed, especially if they have never had the opportunity or the inclination to investigate the true stand which the so-

Notice of Marshal's Sale.

Notice is hereby given, that by virtue of a warrant and order of sale duly issued by order of the Common Council of the City of Cottage Grove, Lane County, Oregon, the 2nd day of March, 1912, commanding and requiring me to collect an assessment for street improvement for which a levy and assessment of \$510.97 was duly entered in the docket of City Liens, on page 44 thereof, on the 18th day of September, 1911, which said order commands me to sell all or such a portion of the following described real estate as in my opinion can be sold separately to advantage, to-wit: Beginning at a point 75.75 feet East of the Southeast corner of the Lurch Brothers' warehouse lot, being a point on the South line of the John Cochran Donation Land Claim, run thence East 300.75 feet thence North 132 feet, thence West 234.5 feet and thence Southwest to the place of beginning in the City of Cottage Grove, Lane County, Oregon.

Now, therefore, in the name of the City of Cottage Grove and by virtue of said warrant and order of sale I will on the 29th day of March, 1913, at the hour of 2 o'clock p. m. of said day in front of the City Hall in the City of Cottage Grove, Lane County, Oregon, offer for sale to the highest and best bidder for cash, subject to redemption, all of the above described property or so much thereof as may be necessary to satisfy said lien, together with interest thereon and costs and disbursement of and upon said warrant.

Dated this 27th day of February, 1913.
G. B. PITCHER,
Marshal of the City of Cottage Grove,
Lane County, Oregon. f27-m27

cialists take relative to the church and Christianity.

I wish to state right here that socialism finds no fault with Christianity as taught and practiced by Jesus.

Socialists, like the Jews of old, do not believe that it is right to take usury or increase, neither do they believe that the land should be withheld from mankind by man.

The fight that socialism has with the church today is along these lines.

We hold that usury and increase are the same thing as rents, interest, and profits, and that when the church countenances these things, and that when church members practice these things without protest, that when they insist that these things are right and just, that they have then cut themselves lose from the teachings of Jesus and are no longer Christians and have no right to be called such, and that when they insist on calling themselves Christians while practicing these unchristian acts, that there is no longer any moral obligation to look on these so-called Christians with reverence or respect, or are they entitled to any more respect than any other person who breaks the moral law, and to condemn them in strong language is simply following the teachings of Jesus himself.

It is possible for a man to be a Christian and take usury and increase, provided he strenuously objects and is fearless in his renunciation of the system which compels him to do so, but if he does these things protesting that it is right, no more can he be classed as a Christian.

Socialists do not believe in these things, but are compelled to practice them because it is the established order of doing business, and there is no other way.

If the church wishes to stop the criticism of socialism, all it will have to do is to get christianized and denounce things unchristian, preach a doctrine that has an economic message as well as a spiritual message for the downtrodden, a doctrine which will really and truly allow men to live Christian lives. Then they need fear no more the criticisms of socialism.

When a man gets on a box and says, "To blazes with Christianity," he does not mean the Christianity of Jesus Christ, but the so-called Christianity of today which prides itself on its good work by taking endowments and existing on the usury thereof, by investing in lands and property and using the increase thereof to exploit the tiller or keeper of part his earnings for its use.

This is something which a socialist cannot do, and it is something he will not do.

Criticize he will, and must, for his very soul goes out to these downtrodden parts of humanity, whom he knows are victims of a system which is vicious, mean and ungodly.

Let the church teach real Christianity, let the preachers teach men and women that the established order of business is unjust, sinful and wrong, that to be able to practice Christianity we must establish a new order in society where economic justice prevails, and where every man will be able to enjoy the fruits of his own labor, where usury and increase are unknown, then you will see the church filled to overflowing with the common people, for these same common people will hear such things gladly and will rejoice with great joy when such an order is established.

Religion is one of the strongest traits in the human character and given an opportunity it will develop, but when beaten down, trampled upon and reviled by an economic system that knows nothing but usury and increase, it loses itself in the mire of miserable existence and sodden social rottenness.

If the church refuses to come to the assistance of the common man, if it attend strictly to the spiritual side of man's existence and allows the material side to be exploited and abused, then the church is lost for this economic side will be heard.

Too much wealth is just as abominable as too little and a leveling up must take place. Any institution, be it church or school, which refuses to assist in this leveling process, is lost.

This advice then to the church and school. Take warning, if you refuse to teach economic justice, there will come a time when economic justice will be established and you will be left out.

—G. F. KING.

**Comparative
Digestibility
of Food**

Made with different Baking Powders

From a Series of Elaborate Chemical Tests:

An equal quantity of bread (biscuit) was made with each of three different kinds of baking powder—cream of tartar, phosphate, and alum—and submitted separately to the action of the digestive fluid, each for the same length of time.

The relative percentage of the food digested is shown as follows:

Bread made with
Royal Cream of Tartar Powder:
100 Per Cent. Digested

Bread made with
phosphate powder:
68 1/4 Per Cent. Digested

Bread made with
alum powder:
67 3/4 Per Cent. Digested

These tests, which are absolutely reliable and unprejudiced, make plain a fact of great importance to everyone: Food raised with Royal, a cream of tartar Baking Powder, is shown to be entirely digestible, while the alum and phosphate powders are found to largely retard the digestion of the food made from them.

Undigested food is not only wasted food, but it is the source of very many bodily ailments.

SASH and DOOR Catalog—free

It will pay you to find out what Sash, Doors and Millwork cost in Seattle, manufactured and sold under our simple system.

3 Panel Doors, inspected, 15 sizes	\$1.40	Casement Sash, 10 designs, 46 sizes, up from	\$.62
Craftsman Bungalow Doors, interior	\$1.75	Inside Window Trim, 10 pieces, no waste	\$.80
3-ply Fir Veneer Doors, guaranteed, 7'8" x 6'8", 1 1/2 in. thick	\$2.75	Inside Door Trim, 6 pieces, tied in 3 bundle	\$.60
Craftsman Front Doors, many designs, up from	\$5.00	2-Light Windows, 24x30, check rail, glazed	\$1.21
Cottage Front Doors, many designs, up from	\$2.25	Medicine Cabinets, with mirrors, "built-in" style	\$6.00

We have our own mill, run it our way—most economically—and sell GUARANTEED quality material DIRECT TO YOU through our big illustrated catalog No. 37 which is sent free.



O. B. WILLIAMS CO.
SASH AND DOORS
1943 FIRST AVE. SO. SEATTLE

Boy Kills Cougar.

Lloyd Porter, a 12-year-old boy, who lives with his parents on a homestead above Butte Falls, has set a record for big game killing which will be hard to equal by any boy of his age. Last week, according to Mr. Porter, who is in the city on business, the youngest killed a huge cougar which measured 11 feet 11 inches from tip to tip. At Christmas Lloyd was presented with a

30-30 rifle and since that time has hunted considerably. Recently he ran across a fresh cougar track and trailed the brute for about three miles when he came up with it in a clearing. Two shots laid the cougar low.—Medford Mail Tribune.

The value of a paper to a community can be accurately measured by what outsiders think of it. The Sentinel is willing to be thus measured.

LOANS

\$100,000 to Loan on Improved Farm Land. Rates Reasonable

Bank of Cottage Grove

Within a 15 mile circle around IMPERIAL there are now several hundred prosperous farmers raising enormous crops of wheat, rye, barley, oats, potatoes, vegetables, etc. Poultry raising is also highly successful.

Three large stock ranches, owning several thousand horses and cattle are also in this circle.

IMPERIAL is now the trading point and will soon be the shipping point (the railroads are now building) for the products from thousands of acres surrounding it.