

CALAPOOYA

Springs Hotel

Located at London, Oregon, in

the Calapooya mountains, 800

feet above sea level, twelve

Grove, Ore.

kidney troubles. Very extensive

tage Grove over good roads.

Cottage Grove, Ore.

PROFESSIONAL CARDS

GERTRUDE M. BURDICK

Graduate Nurse

etc. Address

COTTAGE GROVE

Phone 154-R J. B. Lewis Residence

miles from Cottage

### NEPHEW OF LOCAL MAN. (Continued from first page.)

as Knowles, the fireman, standing along-side the boiler with his eyes on the water glass," said the chief engineer after the wreck. "He was a careful and conscientious fireman and 1 cannot think that the result was from water trouble. We were carrying about 200 pounds of steam and had no reason to make fast time, as we were not due down the river until daylight." The pilot house and texas of the steamer were demolished. Nine mem; bers of the crew escaped.

As the steamer was sinking, the crew came pouring out from bunks, all in scanty attire. The life-boat and workboat were launched, although members of the crew who arrived here this morning on the steamer Lurline, say that hardly two minutes could have elapsed from the time that the explosion occurred until the deck was flush with the water.

The steamer continued to remain in an upright position. it is said, as she sank into about 40 feet of water, and it is this fact that prevented the drowning like rats in a trap of a large number of the crew, in the opinion of Cuisine and accommodations some of them, for if she had rolled over excellent. Hot mineral baths, they would have been under the water recommended by physicians for before they could have reached the rheumatism, stomach, liver and deck.

The surviving members of the crew rowed the distance of about three miles grounds with swings, tennis to Kalama, nearly freezing in the cold court, croquet and other amuse- morning air. Nothing was seen of ments. Splendid trout fishing at those who had been in the pilot house, hand. Automobile line from Cot- which was splintered as fine as kindling wood.

Knowles was the son of O. P. Write for full particulars, rates, Knowles of Mapleton and was 22 years of age. He was a single man and had been at work for the Shaver Transpor-Calapooya Springs Co. tation company for some time. The Sarah Dixon was used for towng vessels and scows between Portland and Astoria and was a well-known vessel. Geo. O. Knowles returned from the scene of the wreck Monday, but the body had not yet been found. Archie office Lawson Block Knowles, a brother of the dead man and Geo. Fisk, brother-in-law will remain at Kalama until the body is found or until the raising of the boat demonstrates that it was blown to

> 1115 NAMES PICKED AS GOOD (Continued from page 1.)

sections of the petition containing 9,788 names should be stricken out because to some of the sections the petitions were not attached to every page and because others were tainted with fraud and that a prima facie case of fraud was made. The defendant overcame. according to the findings, a prima facie cause of fraud as to 1785 signatures, leaving 8003 signatures which should be stricken out for all reasons. This THE OSTEOPATHIC PRIMER

THE A. B. C.'s OF OSTEOPATHY FOR BUSY READERS

#### One Cause of Disease-Bony Slips and Displacements

THE theory of osteopathy is that obstructions to the free flow of the blood stream and nerve impulses will cause disease. It will be demonstrated, in this and the following six articles, what these obstructions are and how they act to produce disease.

There is no more wonderful mechanism on earth than the human spine, commonly called the backbone. It is really made up of many sones called vertebrae. It presents a channel throughout its length for the transmission and for the protection of the delicate spinal cord, which is really an extension of the brain. Between each pair of vertebrae there are openings through which nerves pass from the spinal cord to all parts of the body. The spinal column is practically the foundation of the whole body and upon its integrity depends the health and strength of every individual.

This picture shows some of the spinal vertebrae. In the left hand segment, the two lower vertebrae are in normal, correct position. Notice that when so, there is a little spinal "port hole" or "window" formed by their respective structures for the passage of the cerebro-spinal nerves and blood vessels, which is oval, and about the diameter of a pencil. All the upper vertebrae are slipped forward, each one upon its fellow, in such a way as partially to

close this little bony window. When this happens it must fol low that the important work of the nerves, arteries and veins passing through these little openings will in some degree he encroached upon, interfered with. The right hand pic ture puts the "open" and "partly closed state of these win dows in better con trast. Such a mal position between two bones-and any other false position of bones

anywhere in the body constitutes a "bony lesion.

The vertebrae may not only become displaced laterally but, forward or backward, as well. Compression of the pads of cartilage between the vertebrae may also occur, due to contracted muscles along the spine

UPPERDOPSAL

VERTEBRAE STPAIGHT SPINE

WITH UPPER OPENINGS HALF CLOSED

Any slight variation from the normal of the vertebrae that go to build up the spinal column, may cause a pressure on the nerves as they pass out between the vertebrae and cause disease in the organ they supply

It should not be understood that the nerves become actually pressed between the two bones (vertebrae) as a pressure of this severity we stroy the integrity of the nerves and cause paralysis of the parts supplied by them. A bony lesion acts as a cause of disease by producing a strain of the soft tissues surrounding the joint (with which the nerves are in contact) thus producing inflammation and it is this condition which causes the irritation and pressure to the nerves. These conditions are a very com mon mechanical disturbance of the body. They are brought about by the ordinary wear and tear of life; the innumerable incidents and accidents to which everybody is hourly liable, viz : falls, jars, blows, wrenches, strains and twists from over-exertion. Contractions of muscles, and ligaments, from taking cold, draughts, dampness and exposure often act as causes These mechanical disturbances Osteopathy has now fully demonstrated are important causes in upsetting health, in producing sooner or later, ills functional or structural, acute or chronic. Osteopathy is the only system of treating disease which pays attention to the diagnosis and correction of these conditions, and thereby puts the human machine in good mechanical order.

Next week: A Second Cause of Disease- Chronic Muscular and Other Contractions.

and to be sure of always having plenty of wood.

I would be very happy indeed to have plenty of nice, dry wood.

Perhaps I best tell you about myself. and gave out the information that he I am medium size, have an abundance was already married, in fact, that the

of long, golden hair and heavenly blue happy event had taken place some time or insufficient to assure the validity of be icelore. Here Warnkey says. (Do not before the list of eligibles was pubbe jealous, Herr Warnkey is our Eng- lished. Girls who do not receive re-

Has not yet crossed the dead line. Roy Smith, Cottage Grove Manufacturing Co. Reported beautiful. If ap-Grove, try Albany.

John Coffman, miner. Good looking and never gets mad.

Jack Klopefstein, miner. Jolly Jack at a place with a Dutch name.

A. Alsted and Web Dunn, better J. E. Edwards of Corvallis, formerly known as Mutt and Jeff. Would pro- of this city, will be pleased to know vide amusement for any kind of a girl. that she will sing"Ashamed of Jesus" Bert McKibben, mill man. One of during the morning service. Music the finest fellows of the bunch. No lovers are urged to be present at the girl with a lumbering gait for him. people's popular services for George John Dexner, traveling man. Lives Wood renders a violin solo, "Caveleri at 'Frisco, comes to Cottage Grove Rusticani." Music by large chorus often. Likes the luscious kind of girl. choir and orchestra. Bible school at Lonesome when away from home, 9:45. This department is growing in Dickering for 15-acre tract with John numbers and interest. One hundred Spray. Willing to carry in the wood and seventy-one were present last Sun--after it is split. day. The new graded lessons with

E. Lilly, miner. Would want to their home work are proving most atcelebrate golden anniversary in about tracive. Epworth League devotional two years. meeting at 6:30. All comers made wel-

Alfred Matthews, miller. Strong on come. 'Bome Pride." Wants a girl who Two young people and one adult were kneads the dough.

received into membership in the Meth-Lloyd Stratton, clerk. Would be a odist church on Sunday morning. good hand with children. Has a fine lullaby voice.

The men's class which meets at 10 Henry (Bill) Bailey, carpenter. Is o'clock in the Methodist church every on the square. His wife will have Sabbath morning is succeeding beyond plenty of shelves, but he don't want to all expectations. This questionis up for be shelved for awhile yet. You ought debate on Sunday, "Resolved, That to see him saw. the lives of inconsistent church mem-

Lee Wetmore, miner. Just went bers have made more infidels than the through a bear fight, and has no longer writings and speeches of Robert Ingerany fear of a woman. soll." Affirmative, J. I. Jones; nega-Marksbury & Bangs, Oregon Woolen

tive, Elbert Bede, General topic for Mills Store. Believe that clothes study "Religion a Thing for Every make the man, but that they are more Day. necessary to a woman. Would prefer Baptist Church,-Last Sunday there girls with large number of male rela-

tives. Clarence Morss, A good judge of ing and evening services. In the even-

peaches, and would like to make a ing the pastor's subject was "Are You date. Would prefer a girl with some Fit to Live?" Next Sunday the services in the morning at 11 and in the experience in the drying and canning evening at 7:30. Preaching by the business. Chas. Beidler. Attending school, pastor. The Bible school at 10 in the

Very balky. Reported fickle. Wants morning. The Bible school is growing and the attendance is very gratifya wife who would not get jealous. Joe Smith. Also going to school ing. An urgent invitation is given to Reported to be studying domestic all to attend young people's meeting at 6:30 every Sunday evening. Prayer cience. Selden Powell. Sings bass, but is meeting every Wednesday evening at

no sucker. Would rock the cradle in 7:30. the deep, or in his sleep, or something

like that.

at the Baptist church last Sunday Will Carey, head sawyer for Beaver morning. His theme was "The Relig-Lumber Co. at Prescott. Commonly ion of the Heart." A splendid audiand affectionately known as "Rusty." ence enjoyed his discourse. Mr. Grath-Longs to get back to Cottage Grove well is a theological student from the and would like a girl who would fureast and is spending some time in the nish a comfortable home. western states.

C. W. Grathwell, of Virignia and Henry Hexum called the Sentinel up elsewhere. In the city selling alumi-Young or middle aged man, residing the day after the list was published num ware guaranteed to wear 25 in or near some good town in Lane years, and his love is made of the same county, and who has a wide reputation kind of stuff. and good standing, can have position

for one year, or more, worth \$150.00 The Sentinel would like to correct per month. Must be able to invest the statement that has been made that

young people will volunteer for special gospel work and as soon as possible take a course of study in the Eugene plications are not answered at Cottage Bible university. Offering for Christian education will be taken.

Methodist Church, Next Sabbath Robert Sutcliffe gives two of the most Buddie Shortridge, logger. One of important messages he has delivered the most sedate young men in the city. during his pastorate. Topic at 11, "Thoughts;" at 7:30 he answers the started around the world, but stopped question "Which Church Is the Church of Christ?" The many friends of Mrs.

were good audiences both at the morn-

S. W. Grathwell occupied the pulpit

COW TIPS POUNDS

> **Proof** of Cot Finest St World Is Here Durii

Volume VI

MONSTE

BOVI

That the to Grove in a st in the world w when a female pounds and r grass was bro Cooley ranch east of this Lincoln for eld Another rer the beef was of 1,795 poun weight of 1,00 small percenta A former s thousands of c says that this equaled in the edge and that to Portland fre The success ing with stock Grove's claim for that pury needed for th

this case ampl When it com root crops for be beaten. Clover, vetc

rape and root and yield abun winter and yie acre. From c near Cottage ( one ton of el and twelve thirty-six tons Alfalfa is r proper cultivat crops a year h: rigation.

Your easter know somethin are living in. Sentinel, 5c.

## Lovers of Gr Gett

MASSEUSE COTTAGE GROVE OREGON J. N. WATERHOUSE

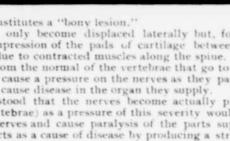
Teacher of Piano and Organ Certificated from the Associated Board, Royal Academy and Royal College of Music. Residence Second Street. left only a total of 5612 good names,

Office Phone Main 5 Residence, Main 121

Phones Office 47 Office Main Ares. 103-R Office Main Office Hours: 1 to 6 p. m. DR. H. H. SOMERS OSTEOPATHIC PHYSICIAN Chronic and Nervous Diseases a Specialty. pieces. OREGON

fond.

know on baking days that I would



SPINAL

OPENING

SPINAL

OPENING

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FORPERVE

HALFCLOSED

F. L. INGRAM, D. M. D. Dentist ALL WORK GUARANTEED. Lawson Bldg. Cottage Grove, Ore

# J. E. YOUNG

Attorney at Law Office on Main Street, West Side

COTTAGE GROVE :: :: OREGON

## J. C. JOHNSON

Attorney-at-Law Practice in all Courts of State. Corporation, mining and Probate law a specialty ings of the lower court. Collection and Insurance.

Telephon

COTTAGE GROVE,

Office Room 14, Woodward Bldg.

DR. H. H. OWEN Veterinarian

COTTAGE GROVE, OREGON Graduate Kansas City Veterinary College

COTTAGE GRUVE CAMP, No. 6424 M. W. of A., meets the first and third Tuesday of each month at Elks' Hall. Visitors Welcome

> C. W. WALLACE, Consul. ORVEL KNAPP, Clerk.

## Southern Pacific Railway Time-Table COTTAGE GROVE STATION

South	h Bound	North	Bound
No. 15	1:26 a. m.	No. 16	1:48 a. m.
No. 18	6:42 a. m.	No. 14	2:25 a. m.
No. 19	3:01 p. m.	No. 18	11:02 a. m.
No. 17	9:32 p. m.	No. 20	3:56 p. m.

# 0. & S. E. R. R. COMPANY. TIME TABLE NO. 5.

To Take Effect June 19, 1909.

F. BOUND A.M. Mis. STATIONS A M. COTTAGE GROVE ..... AR 12 00 WALDEN CERRO GORDO. 7.59 6.7 DORENA WICKS. WILDWOOD

Two extra trains for passengers only leaves ottage Grove on Tuesday and Saturday at 2:30 returning arrives at Cottage Grove at 5:30

Contage Grove on Fuesday and Saturday at 2:30 p. m., returning arrives at Cottage Grove at 5:30 p. m.
Subject to change without notice.
All outward freight to station where there is no agent will be left at risk of owner.
Stage leaves Disston after arrival of train on Monday, Wednesday and Friday for Orseco.
Freight will not be received at the O. & S. R.
R. R. Depot after 5 p. m.. To insure forwarding. on next train freight must be delivered in ample time to permit of its being billed.

the petitions. Further, the findings show that there were 57 sections which did not have petitions printed at the top of each

page, but on each section the first page contained signatures securely fastened to and facing both the bill to be referred to and the petitions. These first pages contain 1,115 names, which, added to the 5,612, admitted to be valid, makes a total of 6,727 names, or a sufficient number of signatures to make the referendum valid. These signatures, it is contended by defendants counsel, can be easily segregated

from the remainder, against which there is no taint of fraud from the find-

OREGON Soul-Stirring Proposals Received. (Continued from first page.)

> silence, the most ardent affection for fully guarded, what would your feelregard, at the beginning of the year. a little faster in response to the fearin the fear that you had already ful throbbing of my own? Would you planned to "feather a nest" for be surprised to find my every thought another girl.

> But now our fears have fled. We yet, is it so. hasten to apprise you of the condition "Since the first day that I met you, of our hearts, which are pining for one Dearie, I could not forget you. loving look, one loving word and the You've been my ideal.' consolation of knowing that we have Your image is ever before me. not loved in vain.

> Yes, dearest Harry, you must notice, working or at rest, I seem to see you too, the pronoun "I" has never been hovering near. I cannot keep my heart used in this little epistle. No, dear from longing. You alone of all I have Harry, not only one but Two desolate ever met or known have aroused my maidens lay their hearts at your feet. affections. And, oh! how lonely will Deal not harshly with us, but choose be my way if it must be parted from between EYES OF BLUE and

EYES OF BROWN.

Schwarzburg, Senderhausen, Germany.-Herr Martin Anderson, Cottage Grove, Ore.-My Dear Mr. Anderson: your love now means to me. I see in the Berlin Gazette an item copied from The Cottage Grove Sentiw. BOUND nel the list of eligible men of your not only existence, but a golden dream. You can save if you try. No matwe women to choose our mates, I select your name from all the others as the one of my choice.

I belong to a club of eighteen young women who are studying the English want American husbands. We had in- made by your adorer.

tended to go to Kansas and marry farmers, but since reading of the chances Cottage Grove offers we have

decided to go to Oregon, the home of boquet. the snow-capped mountains, the beau- The originals of these letters can be tiful Willamette valley and the land of seen by inquiring of those to whom addressed. big red apples.

Oh! It must be superb! And the A. B. WOOD, Manager. timber, the beautiful firs and cedars The Sentinel now on sale.

lish teacher and has no wood. I can make fine sauer kraut, Schweit-

zerkase and German coffee cake, of which I hear the Americans are very from the list last week have rushed in I shall expect an early answer telling

me on which ship to sail. Very affectionately your

Katherine Wilhelmina Geweceky. P. S.-If you will promise never, have been the first white male child never to return to Utah, or again to born in Lane county, and hasn't eat five suppers in one evening, I will changed color since. Good family always split the kindling and build the tree, would furnish board for desirable fires.-KATHA. wife. .

P. S.-The English for Geweckey is Gavica. (Translated by James Hemenway.) Cottage Grove, Ore., Jan. 20, 1912.

-Mr. Ren Sanford.-Darling: If you today could look deep into my heart and read there the secret I have careyou and only hesitated to express our ings be? Would your heart beat just companied by a subscription to The

Whether asleep or awake, whether

yours

But, surely, dear boy, you will listen to my pleading. You cannot turn from me now when you realize how much

Without you life will be a barren waste; while with you it would mean,

has not been thrown away has now

my appeal and remember that the de- in and let us explain to you how

TRIPPHOSIA REN.

A few extra copies of this issue of

plies to their applications to him will understand what the reason is. Several eligibles who were omitted

Leap Year Girls Write Letters.

(Continned from first page )

with names, which are here given : Sam Newcomb, engineer. Lots of

steam. Was never known to be in love, but might take a chance. J. B. Rouse, mill man. Reported to or 80.

Rev. VanGorkum, pastor Baptist church. Is reported to have married several girls-for other people. A girl + + with a propensity for pulling hair

would not bother him. J. W. Grant, printer and publisher. Would furnish the invitations free of charge. All applications must be ac-Sentinel.

Jackson Goddard, school teacher. No objection to a widow with children. and action was of and all for you? And Presumed to have been spoken for by a clerk in one of the Grove's leading stores. Wants a girl who will walk the chalk line.

> Fred Beidler, little but all there. All applications answered. Geo. Bohlman, tailor. Does not re-

> quire anyone to sew on buttons. Roy Short, clerk. A long chance.

city, and as this is the year allotted to To call you mine, to know that my love ter how small the amount may be, become my fondest hope. Don't de- if persistently saved, it will soon spise my petitions, but listen now to accumulate to a large sum. Step

votion and love of a whole life will be this institution can be of service to Holy Spirit and in Fire." At some language and American ways, for we yours if you'll only accept the offer you, no matter whether you are a time in the near future he will speak business man or an ordinary la-

please signify by sending the promised the people-rich and poor, men, women and children.

....THE.... First National Bank Young People and the World Work."

"THE OLD RELIABLE"

\$250.00, Address in own handwriting it receives a commission from the pastors of the city for the publication of J. E. Smith, 513 Chamber of Com merce, Portland, Oregon. j11-18c this list.

The Sentinel will make a 25 per cent discount on wedding stationery to all girls who pick out a husband from the lists it has published.

A list of leap year girls looking for husbands will be published in a week

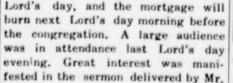
A few extra copies of this edition of The Sentinel on sale.

CHURCH NEWS

Presbyterian Church.-There will be the usual high grade and up-to-date services Sunday, January 28th. Pastor A. S. Mason will preach both morning and evening. Morning subject, "A Song of Service." Evening subject, 'Hypocrites." The popular and talented choir of the church will sing at both services and render special selections appropriate to the occasion.

The Ladies Aid society of the Presbyterian church will hold a monthly dime social at the home of Mrs. Du-Bruille Wednesday evening, January 21st. All friends of the church and congregation are very cordially invited to be present and an enjoyable evening is promised.

Church of Christ. -- Mrs. Bessie Lathe Scovell, college secretary of the young people's department of the national W. C. T. U., will address the public next Monday evening, Jan. 29th, at the Church of Christ. The last of the debt that had been hanging over the Church of Christ for some time was raised at the morning service last Lord's day, and the mortgage will



Hoven on the subject, "Baptism in the on "The Gift of the Holy Spirit," which P. S.-If your answer be "yes" borer. This bank is a bank for all is given to all Christians at conversion. People are hungry for the simple word of God and, according to the statement of the pastor, they certainly get it at the Church of Christ. Next Lord's day

evening, the subject will be, "The Young People and the World Work." teer service. It is hoped that many

in the latest Itry Book -ja The Chas. H. Lilly Co., S.

Information on Powltr





If I have to put up with any more of this poor harness. By the horned toads of Texas, if I buy any more harness any other place than at Legat's, I hope to goodness they put me in an asylum.

# Full Line of Harness, and Saddles

ALL KINDS OF HORSE GOODS FIFTY YEARS EXPERIENCE

LEGAT'S, COTTAGE GROVE



Lovers of t games, base b for a sight of a ster out playir foment the blo No definite

have been mad that Cottage G team again 1 there will be so

# COLONIST

RAILWAYS (

1

10

From March ly Reduc

All the tri have joined has spring colonist the west, and a settlers is en opinon seems to should make it that the west c any more labor west needs just and large mea and not people west holds as ever for invest there are alread

The colonist and good for si rates to South follows: Brist cago, \$33; Mi and Spokane, St. Louis, #32; 75; Missouri such as St. I Bluffs, Kansas

in the big citie.

# **GRANGE TO**

**One Hundred** Waitin

Cottage Gro another mons the session be Degree work w ner will be serv There are sti ceive degrees. der of those membership co er is propitiou pected to be on