

REMARKABLE CURE FOR DYSPEPSIA

Munyon's Stomach Treatment Performing Miracles.

Munyon Tells You How to Get Well Free of Charge.

A few days ago I received a letter from a young man, who states he is 25 years of age, and has occupied several important positions, but owing to indigestion and inability to sleep he has been unable to concentrate his mind upon his work and has consequently been discharged on the ground of neglect of duty. He goes on to say that he is a young man of steady habits, but for years he has suffered from dyspepsia, which has so affected his nerves that he is unable to sleep, and that it is not neglect upon his part, nor lack of interest, but simply physical weakness. He asks my advice in this matter.

For the benefit of a large number of those similarly situated I propose to answer this letter publicly, hoping that it may be the means of helping many who may be affected in this way.

In the first place the stomach must be well before the nerves can be made strong. The nerves must be made strong before one can sleep well. No one is capable of doing his best who is in any way troubled with indigestion or any form of nervousness. The greatest generals have been men of iron nerve and indomitable will. They have had perfect digestion, being able to eat well and digest all they ate.

It is said Napoleon lost the battle of Waterloo because of a fit of indigestion. Grant's enormous reserve power was due to a well stomach. Abraham Lincoln said that "he did not know that he had a stomach." Grover Cleveland, it is said, could work 18 hours a day, eat a hearty meal at 2 or 3 o'clock in the morning, go to bed and sleep soundly until 9 o'clock and get up refreshed, ready for a new day's work.

Free, Taft is another type of a healthy manhood. Who thinks for one moment that he would be the President of the United States today had he been a dyspeptic or affected with some nervous ailment? I claim that two-thirds of all the failures in professional and business life are due to weak and deranged stomachs.

No business house would care to employ a dyspeptic representative to sell goods for them on the road. One-half the men who stand behind counters today, earning from \$12 to \$15 a week, will never get beyond these figures, for the reason that they are physically weak. They lack the nerve power and commanding strength that come from a good sound stomach.

No one cares to hear a dyspeptic preacher. No matter how pious he may be, he is bound to reflect his bilious and jaundiced condition. He will unconsciously inoculate his hearers with his melancholy feelings.

No one would think of entrusting an important legal case in the hands of a dyspeptic lawyer, any more than he would care to entrust his own life, or that of a dear one in the hands of a physician who is nervous, irritable or a dyspeptic. Men must have good digestion, strong nerves and vital manhood in order to render a clean, clear-cut decision either in medicine, law or business.

I believe more than half of the divorces can be traced to ill health. I want every dyspeptic to try my stomach treatment. It makes old stomachs almost as good as new. Its marvelous power for digesting food and getting the best out of it makes for good rich red blood. This in turn strengthens the nerves, builds up the general system, and will surely prolong life and make it a pleasure to live and do the things allotted to us.

Professor Munyon makes no charge for consultation, or medical advice; not a penny to pay. Address Professor J. M. Munyon's Laboratories, Fifty-third and Jefferson Streets, Philadelphia, Pa.

Truth's Revelation.
I looked at my Brother with the Microscope of Criticism and I said, "How coarse my Brother is!" I looked at him with the Telescope of Scorn and I said, "How small my Brother is!" Then I looked in the Mirror of Truth and I said, "How like me my Brother is!"—Bolton Hall.

Or It Would Wait Long.
This work of helping the world forward happily does not wait to be done by perfect men.—George Elliot.

Has Stood a 58 Year Test

HOSTETTER'S STOMACH BITTERS

Its merit is, therefore, proven in cases of

SICK HEADACHE
SOUR STOMACH
INDIGESTION
CONSTIPATION
BILIOUSNESS
CRAMPS, DIARRHOEA
AND MALARIA

A trial today will convince you that it is the medicine you need. All Druggists.

USES FOR OLD NEWSPAPERS

They Preserve Clothing From Moths, and Are Good for Cleaning Numerous Articles.

The mere fact that moths cannot read is no reason why they should devour newspapers, but they do nevertheless. It isn't exactly the newspaper or its editorial policy that moths dislike. It's the ink used in printing the type that makes the moths stay away. That is why, in the absence of moth-proof bags and cedar chests, some housewives pack their furs and woollens away wrapped in newspapers at the end of the winter season and find that is a satisfactory way of preserving them against the ravages of moths. There is nothing better than old newspapers for the same reason.

Old newspapers have many other uses as well. Wet in water, they serve to clean out the stove splendidly. Crusted newspapers are excellent to clean lamp chimneys. They can even be used for an iron holder for an emergency.

Newspapers dipped in lamp oil are useful for cleaning windows. Irons not much soiled can be rubbed on old newspapers and thus made fit for use. Dipped in lamp oil, they are splendid to rub the outside of the dishpan. They keep it bright and shining. Torn in shreds, slightly dampened and scattered over the carpet, they keep down dust when sweeping. They clean the sink of its grease and sediment; nothing is better, for the greasy paper can be at once burned after use.

Many times folded newspapers will serve as a mat to stand hot and blackened pots or kettles on and save scolding the kitchen table. The kitchen stove is kept bright after the cooking of each meal with old papers, and this saves many polishings.

PUREST WATER IS IN FRUIT

It is Plentiful and Needs No Filter—Pineapple is Valuable Aid of Digestion.

In these days of impure drinking water, water famines and filtered water it is well to know that one of the greatest advantages of fruit is that it offers us pure water for which we do not need a filter, to the amount of nearly 50 per cent. in berries and more than 92 per cent. in watermelons.

Oranges and lemons are not only valuable by reason of their potash salts, but especially for their citric acid. A case of paralysis of the entire right side is reported in a medical journal where the juice of oranges, adopted as a regular diet, appeared to perform wonders together with chicken broth.

As an aid of digestion—a really material aid—the pineapple stands alone among the fruit. Its vegetable papain neutralizes—or, perhaps, rather digests—albuminous substances in the stomach.

Fresh pineapple—or, better still, the fresh juice of one—placed in direct contact with eggs, or gelatine, or milk, will prove this fact conclusively by producing a bitter tasting dish.

In cases of catarrhal ailment of the throat, and in its downward connection the alimentary canal or tract, pineapple cannot be overestimated, and it acts with equal force in malarial affections.

As for the date and the plantain, they contain sufficient nutriment to sustain life. The salts and organic acids in the apple tend to improve the quality of the blood.

Nose is Key to Character
According to "Nasologists" Its Shape and Size Tell All About the Individual.

Nasology is not exactly a new science. It is an old one with a new name, and it deals with the scientific study of character through the nose. Like physiognomy it professes to obtain exact knowledge of character from observation of features. The novelty is that it attaches particular and scientific importance to the nose. It discards, of course, the old and loose classification of Roman nose, aquiline nose, snub nose, etc., and goes much more deeply into the subject. A distinguished nasologist has, for instance, devoted special attention to a study of the nose of M. Jaures, the distinguished Socialist leader in the French chamber of deputies.

"The nose of M. Jaures," says the nasologist, "is straight, slender, slightly flattened at the tip and at the same time slightly turned up. The nostrils are not prominent, but are sensitive and vibratory. The nose does not indicate much strength of character. The nostrils show vehemence, passion and an angry temper, and at the same time slyness, cleverness and subtlety. It is the nose of an active and combative man, but not a man of strong will power. The owner of this nose appears to be better armed for attack than for defense, provided, however, that the enemy he attacks be comparatively weak. M. Jaures has the nose of a good hunter after hares, but he should not go after big game."

Four years ago some miscreant made an attempt to destroy the house by fire and heavy loss was inflicted. The mechanics came promptly and rebuilt the damaged section and replaced everything. Within a few weeks, all marks of the fire were erased.

To add to the mystery, a number of attempts have been made to purchase the house and some have sought to rent it, but all without avail. Set amidst the dark green foliage of the surrounding trees, the wide windows seem to stare back enigmatically at the people as they pass by and gaze curiously at the curtained windows shading this inanimate thing of mystery which baffles solution.

346-Pound Woman Fast.
Kirksville, Mo.—Mrs. Sarah Powell of this city has completed a 30-day fast by which she has reduced her weight from 346 pounds to 300. She will begin another fast soon in an effort to further reduce her weight. She hopes ultimately, without impairing her health to reduce to 200 pounds.

HOUSE OF MYSTERY

Illinois Dwelling Which Has Had No Occupants.

Building Was Erected Fifteen Years Ago, But, With Its Elaborate Furnishings, Remains Unused to This Day.

Chrisman, Ill.—The years glide by, the population changes, but the "mystery house" of Chrisman remains unsolved. For fifteen years the residents of this city have sought to penetrate the atmosphere of uncertainty that always surrounds the premises, but all in vain. The curtains are always down, no one appears to take any interest in the future occupation and the identity of the builder or owner remains a secret to this day. There may be material here for a Sherlock Holmes or perhaps a Dickens, and some day, when the story becomes public, there may be abundant food for the gossips. For the present, those who knew, keep their counsel and whether they will ever satisfy the inquisitive public, or not, is a matter of speculation.

It was fifteen years ago that the "mystery house" sprang into being at Chrisman. One spring morning, excavators and bricklayers appeared upon the scene and prepared a cellar and foundation walls for a house. Carpenters followed and later came decorators and furnishers. Every workman was pledged to secrecy and would give the curious villagers no hint of the owner. Crowds would stand around as the mechanics wielded their hammers and saws and fashioned the



The "House of Mystery."

structure into shape, hoping that some clue could be secured concerning the builder. Eagerly they awaited the completion of the structure, being confident that some one would take up their residence there and thus put an end to the speculation. It was the general belief that the builder planned the home for a bride and that a wedding would follow the completion of the structure.

With the departure of the carpenters and decorators, came the furnishers. Expense was not spared to fit up the home in palatial style. The rugs were Oriental; the curtains imported; the china of the highest grade and everything was sumptuous and artistic. Neither money nor time was spared to secure handsome and comfortable results. From parlor to kitchen, from garret to cellar, the house was completed in every detail. The whole was enough to make a woman gasp with delight and admiration. There was nothing lacking but occupants. Strange to relate, they never came.

With the completion of the beautifully furnished home, the shades were dropped, the keys were turned in the lock and the house commenced its long career of idleness. As the years went by, the lawn was trimmed, the shade trees given attention, the exterior and interior painted as made necessary, and everything kept in shape as if the occupants might arrive any day.

With the flight of the years, the people of Chrisman fixed the ownership upon one or the other of two well-to-do young bachelors, but they would never confirm an interrogation. It was the general opinion that they had charge of the building and occasional attention and that some day, one or the other would marry and bring a bride to the vacant home, but the wedding bells were still and the bride came not.

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DUTCH WINDMILL IN KANSAS

Only One in the Sunflower State Still Grinds When the Wind Blows.

Topeka, Kan.—An old Dutch windmill, the kind one sees in pictures of the canals of Europe, has been in operation in Kansas for 40 years and it is still doing duty, making the festive Kansas zephyr do the work that is ordinarily required of water power or steam. The mill stands on the high prairies at Reamsville, a quaint little old village in Smith county. It is 15 miles from a railroad. It was one of the first settlements in the county and many Dutch live on farms near there and their meal and flour is ground as in the old country, by the old windmill. It is the only mill of the kind in the state. One was built



Old Dutch Windmill.

before the war at Lawrence, but this one was blown down several years ago.

The mill was built by Charles Schwarz. He came from Holland. He had been a miller in his native land and when he came to Kansas to seek his fortune on a prairie farm he found it was many miles to a mill.

Schwarz saw in this an opportunity for he had been a miller in the old country and the strong winds of Kansas reminded him of the ocean winds that sweep across the dikes of Holland and turn the mills dotted all over that country, so he conceived the idea of making the bold, free winds of the prairie pay toll by turning a mill that should grind the people's grain.

But there was no machinery in this country for such a mill, so with great care and pains, he drew on paper drafts of every wheel and cog and lever and bolt, and taking them to Lincoln, Neb., had the plans worked out and the parts forged in the foundry there.

And for nearly forty years the old mill has been doing duty, working when the wind blows, resting when the calm comes; teaching its genial master many a lesson in patience, furnishing food for the public roundabout, and a competence for the man who saw an opportunity and had the skill and perseverance to accomplish what was, in that day, a really great undertaking.

HOOSIER HAS VALUABLE RELIC

Tattered Battleflag Believed to Have Been in Revolutionary War Owned by Indianapolis Man.

Indianapolis, Ind.—D. L. Mobley, a traveling salesman of this city, possesses a flag which is believed to have been service during the revolutionary war. The flag is tattered, stained and falling to pieces and was obtained in Stockton, Cal., by Mr. Mobley, who purchased it from a Mexican war veteran. The flag bears 13 stars on a field of blue.

The flag came into Mr. Mobley's possession under rather striking circumstances. The salesman was living



Relic of 1776.

In Stockton, and the morning of July Fourth, during the Spanish-American war, started to a downtown store to purchase a flag to adorn his home. As he was going down the street he happened on the veteran, who was hobbling along with the flag under his arm. Mr. Mobley spoke to the veteran, whom he found was trying to sell the flag. The veteran was going to be taken to the poor farm that day and the flag was the only thing he owned. Mr. Mobley purchased the flag, from which the veteran parted almost tearfully, and has preserved it.

Sun Hatches an Egg.
Junction City, Kan.—Ed Houston, a Geary county farmer, says that while walking in a his pasture he heard something chirp. He investigated and found a young chick just coming out of a shell, having been hatched out by the heat of the sun. The chick was placed with a brood and is thriving.

Dr. Pierce's Favorite Prescription

Is the best of all medicines for the cure of diseases, disorders and weaknesses peculiar to women. It is the only preparation of its kind devised by a regularly graduated physician—an experienced and skilled specialist in the diseases of women.

It is a safe medicine in any condition of the system. **THE ONE REMEDY** which contains no alcohol and no injurious habit-forming drugs and which creates no craving for such stimulants.

THE ONE REMEDY so good that its makers are not afraid to print its every ingredient on each outside bottle-wrapper and attest to the truthfulness of the same under oath.

It is sold by medicine dealers everywhere, and any dealer who hasn't it can get it. Don't take a substitute of unknown composition for this medicine of known composition. No counterfeit is as good as the genuine and the druggist who says something else is "just as good as Dr. Pierce's" is either mistaken or is trying to deceive you for his own selfish benefit. Such a man is not to be trusted. He is trifling with your most priceless possession—your health—may be your life itself. See that you get what you ask for.



GILLESPIE SCHOOL OF EXPRESSION

Two-year courses for teachers, readers and public speakers. Graduates after completing two years of post-graduate work, granted professional diplomas. Continuous classes from 9 to 10 o'clock, five days per week. Individual lessons with either the principal or the assistants, afternoons and evenings.

EMMA W. GILLESPIE, Principal.

Plant Feigns Death.

In South America there is a plant—a species of mimosa—which feigns death for the purpose, naturalists think, of preventing grass-eating animals from eating it. In its natural state it is bright green, but as soon as it is touched it collapses into a tangle of apparently dead brown stems.

CHANGE IN WOMAN'S LIFE

Made Safe by Lydia E. Pinkham's Vegetable Compound.

Graniteville, Vt.—"I was passing through the Change of Life and suffered from nervousness and other annoying symptoms, and I can truly say that Lydia E. Pinkham's Vegetable Compound has proved worth mountains of gold to me, as it restored my health and strength. I never forget to tell my friends what Lydia E. Pinkham's Vegetable Compound has done for me during this trying period. Complete restoration to health means so much to me that for the sake of other suffering women I am willing to make my trouble public so you may publish this letter."—Mrs. CHAS. BARCLAY, R.F.D., Graniteville, Vt.

No other medicine for woman's ills has received such wide-spread and unqualified endorsement. No other medicine we know of has such a record of cures as has Lydia E. Pinkham's Vegetable Compound.

For more than 30 years it has been curing woman's ills such as inflammation, ulceration, fibroid tumors, irregularities, periodic pains and nervous prostration, and it is unequalled for carrying women safely through the period of change of life.

Mrs. Pinkham, at Lynn, Mass., invites all sick women to write her for advice. Her advice is free, and always helpful.

DR. W. M. PFUNDERS' CELEBRATED OREGON BLOOD PURIFIER

A Tonic, Alterative and Resolvent. The best remedy for Kidneys, Liver and Bowels. Eradicates Pimples, Eruptions and Disorders of the Skin. Purifies the Blood and gives Tone, Strength and Vigor to the entire system.

Conquer Self-Distrust. Self-distrust is the cause of most of our failures. In the assurance of strength there is strength, and they are the weakest, however strong, who have no faith in themselves or their powers.—Bovee.

Good Advice. Rub elbows with the least of the world's people, if you would quicken your brain and soften your heart.—Exchange.

Does Not Color Hair

Ayer's Hair Vigor, as now made from our new improved formula, does not stain or color the hair even to the slightest degree. Gray hair, white hair, blonde hair is not made a shade darker. But it certainly does stop falling hair. No question about that.

Does not change the color of the hair. Formula with each bottle. Show it to your doctor. Ask him about it, then do as he says.

Indeed, we believe it will stop every case of falling hair unless there is some very unusual complication, something greatly affecting the general health. Then you should consult your physician. Also ask him about the new Ayer's Hair Vigor.

Made by the J. C. Ayer Co., Lowell, Mass.



PACIFIC FLY REPELLENT

Drives away Flies, Mosquitoes and Gnats. It protects horses and cattle from attacks of insects, enabling them to feed and sleep in peace. It prevents loss of weight and strength from worry caused by attacks of insects, and from the irritation of their bites and stings. There is a satisfaction in the relief it affords domestic animals from the scourge of maddening parasites and flies, besides the profit in returns. Horses do more work on less feed and cows yield more and better milk when relieved from the frenzy incited by constantly fighting a swarm of voracious, insatiable insects.

Four sizes, 25c, 50c, 75c and \$1.25. Ask your merchant for it. HOYT CHEMICAL CO., Portland, Oregon.

Religion in Daily Life. Your daily duties are part of your religious life, just as much as your elevations.—Beecher.



Whittemore's Shoe Polishes

Finest in Quality, Largest in Variety. They meet every requirement for cleaning and polishing shoes of all kinds and colors.



GILT EDGE the only ladies shoe dressing that positively contains oil. Blacks and Polishes ladies' and children's boots and shoes, shines without rubbing. 25c, "Front Gloss," 10c. DANDY combination for cleaning and polishing all kinds of russet or tan shoes, 25c. "Star" size, 10c. QUICK WHITE makes dirty canvas shoes clean and white. In liquid form so it can be quickly and easily applied. A sponge in every package, so always ready for use. Two sizes, 10c and 25c.

If your dealer does not keep the kind you want, send us his address and the price in stamps for a full size package.

WHITTEMORE BROS. & CO., 20-28 Albany St., Cambridge, Mass. The Oldest and Largest Manufacturers of Shoe Polishes in the World.

Keeley's ALCOHOL CURE

OPIMUM—TOBACCO Habits Positively Cured. Only authorized Keeley Institute in Oregon. Write for further particulars. KEELY INSTITUTE, 71 E. 11TH ST., PORTLAND, OREGON.

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