

22 Million Families in the United States

4 CUPS OF WHEAT FLOUR TO THE POUND

If each family used 4 cups of flour less per week, the saving would be 22 million pounds or 112,244 barrels every week.

The greatest help housekeepers can give to win the war is to make this saving and *it can be done* by using this recipe in place of white flour bread.

Corn Meal Biscuits

$\frac{3}{4}$ cup scalded milk
1 cup corn meal
2 tablespoons shortening

$\frac{1}{2}$ teaspoon salt
1 cup white flour
4 teaspoons Royal Baking Powder

Save $\frac{1}{2}$ cup of the measured flour for board. Pour milk over corn meal, add shortening and salt. When cold, add sifted flour and baking powder. Roll out lightly on floured board. Cut with biscuit cutter and bake in greased pan fifteen to twenty minutes.

Our new Red, White and Blue booklet, "Best War Time Recipes," containing many other recipes for making delicious and wholesome wheat saving foods, mailed free—address

ROYAL BAKING POWDER CO., Dept. H., 135 William Street, New York

FOOD WILL WIN THE WAR

Local News Items

The best show at the Gem tonight
Clothes cleaned and pressed.
Wm. Bohle.

Mr. and Mrs. W. F. Prime and daughter, Mrs. Milsom and daughter, of Salem, are spending [the week with Dr. G. E. Prime.

Fresh Bread, Cakes, Cookies, Pies and other bakery goods, every day, at the Falls City Bakery.

Mrs. Chappell is staying at Cleve Powell's this week.

Mrs. M. R. Matthews spent last week in Salem visiting with her parents, Mr. and Mrs. W. F. Prime.

For Rent—80 acres $\frac{1}{4}$ mile of Falls City; fair buildings, good water, plenty of fruit; 20 acres in cultivation, balance in pasture. For further information inquire at the News office.

Please get your news items in as early as possible. Write names plainly. We can usually "read readin'", but can't always read writin'."

Dr. Prime has received notice to be ready for active military duty by April 10.

At their regular meeting last Monday night, the city council repealed the ordinance prohibiting Sunday shows. It is reported that a recall is to be started and also an ordinance initiated prohibiting such Sunday amusements.

Mrs. W. Ward was in Salem Thursday.

Miss Mary Hammond has just received a "brand splinter new" piano. It's a 'peach,' the piano.

C. J. Pugh has recovered from an attack of pneumonia.

Mrs. Eva Young, who has been in Monroe since Christmas, visited her sister, Mrs. Harrington, a few days this week.

P. M. Jones has traded his residence property here for Salem property and left Thursday for his new home. His familiar form will be missed from the streets. Mr. Jones has reached the age where the shadows begin to lengthen in the evening, of life, and climbing the school house hill was too much for him; so he decided to spend his remaining days in the level country of the Valley. We hope that he may find his new home all that he expects and that he may yet enjoy many peaceful years.

Mr. Bert Cross has bought the cleaning and pressing parlor of A. B. Stahl and is now open for your business. Mr. Cross is a first-class workman and satisfaction guaranteed or money refunded. Remember, any kind of dry cleaning, pressing or mending promptly and properly done. Call and get acquainted.

The Christian endeavor of the Christian Church entertained the Epworth League of the M. E. Church to an Easter dinner Sunday evening. United services were held later in the church. A very helpful evening was spent.

On Thursday evening there were twenty-eight invited guests at a recital given by the pupils of Miss Hammond. This recital was held at the new studio on the foot bridge.

DR. THOMPSON, the Portland eye sight specialist, will visit Falls City again Friday, April 12. If having eye trouble come in and have the Doctor give your eyes a thorough examination before serious injury results. Eye strain, headaches and vision corrected with properly fitted glasses. Falls City Hotel all day.

BRIDGEPORT GLEANINGS

April 1 1918.

Mr. Barnard and wife were Dallas visitors.

Elias Robertson visited at the home of James Mack Sunday.

James Lee and wife were visitors at the home of Mr. and Mrs. Haponstall.

Chas. Ryan has 17 fine young pigs.

The Lee girls have a new organ.

Joe Gage is expecting a large crop of strawberries this year.

Mrs. Haponstall was a visitor at Bridgeport this week.

NOTICE

Parties having contracted loganberries are requested to call at the Bank and sign contracts.
C. J. Pugh.

SCHOOL NOTES

A student body meeting was held last Thursday for the purpose of electing a new secretary-treasurer and an athletic leader to take the place of Velma Goodspeed. Grace Hastings was elected sec-treasurer and Lurena Treat was elected athletic leader. Mesdames Davis, Valier, Batorney, Wicklander and Hall visited school last week.

The "Starlets," one side of the literary society, gave the following program last Friday afternoon:
Song—Lurena Treat, Lois Beard
Recitation—Olive Deal
Deut, Piano and Violin—
Lota Bradley, Treval Powers
Dedication of Service Flag—
Mr. Lowe

At assembly last Friday morning the 2d grade gave the following program:

Dialogue—2d grade
Song—2d grade
Star Spangled Banner—School
Flag Salute—School

Last Friday evening a basket social was held at the gymnasium for the purpose of raising money to pay for the piano. Some of the money will be given to the Armenians. A program was given, after which shadows were sold. Games were played until a late hour.

The Ladies Aid of the M. E. Church gave an afternoon farewell party at the home of Mrs. Mehrling, for Mrs. Tetherow. They presented her with a beautiful gold thimble.

WANTED

Second-hand, good sacks. Will pay 8cts cash. N. SELIG.

FOR COUNTY TREASURER

A. V. R. Snyder desires to succeed himself and will go before the people at the primary election, May 17, as Republican candidate, and would thank the people for their votes.
(Pd. Adver.)

FOR STATE SENATOR

I hereby announce my candidacy for the Republican nomination for State Senator for the senatorial district composed of Polk and Benton counties, subject to the decision of the Republican voters at the primary election to be held May 17, 1918.
(Pd. Adver.)

THE FATEFUL

FOR YOU

For Your Country
THE TIME TO SUBMIT
or
CONQUER
IS HERE

Donated to Liberty Loan Campaign
Thompson's Drug Store

E. K. PIASECKI

ATTORNEY-AT-LAW

Farm Loans 5 1-2%

620 Mill Street, Dallas, Oregon

Business Cards

HOTEL

Falls City Hotel

Sample Rooms

Best Accommodations

F. Drozga, Proprietor

FUNERAL DIRECTOR

R. L. CHAPMAN

FUNERAL DIRECTOR

We attend to all work promptly.

Dallas and Falls City, Ore.

Bohle's Barber Shop

AGENCY OF

INTERNATIONAL TAILORING CO.

DALLAS STEAM LAUNDRY

Bundles forwarded Wednesday morning



Candies, Tobaccos and Cigars, at
L. B. WONDERLY'S.



Headquarters for Candy and Cigars
WEATHERLY CONFECTIONERY.

**"Stop that headache!
It's stopping your work"**



Pain and Ill Health
rob you of all your
efficiency.

DR. MILES'
ANTI-PAIN PILLS
quickly relieve Pain, but
at the same time, when
over-work or nervousness
is the cause,

Dr. Miles'
Restorative Nervine
should be used to relieve
the cause.

IF FIRST BOX, OR BOTTLE, FAILS
TO BENEFIT YOU, YOUR MONEY
WILL BE REFUNDED.

SEVERE HEADACHE.
"I once had terrible headaches and feared La Grippe. I could not attend to my work. I took some of Dr. Miles' Anti-Pain Pills and the pain was quickly gone. Then I started using Dr. Miles' Restorative Nervine and the trouble vanished completely and I felt well and active once more."
HENRY FARNHAM,
Spring Valley, Minn.



—CONCERT ENTERTAINERS—

The DeMoss Family of Musical Art

WILL APPEAR IN THE CHRISTIAN CHURCH
THURSDAY, APRIL 11, 8:00 P. M.

Music lovers should by all means
hear them in their great production

ADMISSION 35 AND 30 CENTS.



THE GUNS AND THE MEN BEHIND THE GUNS

BUY A LIBERTY BOND