22 Million Families in the United States

4 CUPS OF WHEAT FLOUR TO THE POUND

If each family used 4 cups of flour less per week, the saving would be 22 million pounds or 112,244 barrels every week.

The greatest help housekeepers can give to win the war is to make this saving and it can be done by using this recipe in place of white flour bread.

Corn Meal Biscuits

y cup scalded milk 1 cup corn meal 2 tablespoons shortening

teaspoon salt cup white flour 4 teaspoons Royal Baking Powder

Save M cup of the measured flour for board. Pour milk over corn meal, add shortening and sait. When cold, add sifted flour and baking powder. Roll out lightly on floured board. Cut with biscuit cutter and bak in grouped pan fifteen to twenty minutes.

Car new Red, White and Blue booklet, "Best War Time Recipes," containing many or recipes for making delicious and wholesome wheat saving foods, mailed free-address ROYAL BAKING POWDER CO., Dept. H., 135 William Street, New York

FOOD WILL WIN THE WAR

The Halls City News



D. L. WOOD Publisher.

Entered as second-class mail at the postoffice at Falls City, Polk County, Oregon, under the Act of Congress of March 3, 1879.

Telephone-News Office.

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Copy for new ads. and changes should be sent to The News not later than Wednesday. Official Newspaper of the City of Falls City

ISSUED EVERY SATURDAY MORNING

Local News Items

The best show at the Gem tonight Clothes cleaned and pressed. Wm. Bohle.

N. Selig visited with Mrs. Selig

at Eugene, Sunday.

week with a fractured rib. Mrs. Thompson and Katie Barn-

are in Portland this week. ; Lime and Sulphur Spray for

sale at A. F. Courter & Co's. Vola Selig returned Tuesday

from a short visit at Eugene. The Falls City Lumber company have adopted the 8-hour day.

Clarence Powell was called to Portland the first of the week.

to the Dallas hospital Wednesday. mill.

C. E. McPherren and wife were in Dallas Wednesday.

Born Thursday morning, to Mr. and Mrs. S. G. Wood, a son.

Mrs. Dorman and daughter Jaunita were in Dallas Wednes-

Gertrude Moyer and son Clarence of Portland were here Saturday and Sunday.

Marian Crocker came up from her school and visited over Saturday and Sunday.

Otto Teal and little daughter, visited his wife at the Dallas hospital, Saturday.

Fresh Bread, Cakes, Cookies, Pies and other bakery goods, every day, at the Falls City Bakery.

C. E. McPherren has been appointed deputy assessor for this district, and has begun work.

Mrs. A. B. Graham went to Portland Thursday morning where she expects to make her home.

Miss Mary Hammond went to Charles Bradley was in Dallas Salem Thursday to visit Mrs. B. F. Boughey, who is seriously ill.

When you buy, buy for less by 24. Mrs. Clem Cleveland accom-C. L. Hopkins is laid up this buying at the Dallas Bargain nied them, visiting in Portland a House.

Ralph Adams left Monday for Portland to look after the manu-clothes? Better talk to Stahl, the facture and sale of his spark Tailor, about it. Next door to

Wm. Bohle, who has been con- prices reasonable. fined to his home the past two weeks with a severe attack of la grippe is able to be out again.

laid up for several days with a fractured thumb' has commenced having first-class optical work Little Dorothy Oman was taken working again at Cleveland's done at home. Consultation free.

Close attention to

work is the cause

of much Pain and

many Headaches.

Obtain relief by

hand or new, we will sell for less flowers, and also the choir. than the other fellow.

Dallas Bargain House.

There will be services at the M. E. church Sunday morning and evening, conducted by A. S. Mulliattend these services.

Don't forget that Stahl, the Tailor, does cleaning and pressing clothes for ladies and gentlemen. Up-to-date and satisfaction guaranteed. Next door to bakery.

The Ladies Aid of the M. E. Church will give a silver tea, at the home of Mrs. Hellwarth, on Wednesday afternoon, March 13. Half the proceeds will be given to the Red Cross.

We pay more for old rubber boots and shoes, auto tires and inner tubes, than you get any other place. We also pay more for old copper. brass, alumnium, zinc, etc. Highest market price.

Dallas Bargain House.

Alex Stevens and wife motored from Portland to Falls City Feb. Make our store your store. 23, returning home, Sunday, the week, returning home March 3.

> What about that spring suit of the bakery. Fit guaranteed, and

THOMPSON, Portland Eye Specialist, will visit Falls City, Monday, March 18th. Henry Kneebone, who has been People of this city should take advantage of this opportunity of Satisfaction guaranteed. Falls City Hotel all day.

> Bert Cross of Independence is visiting friends here this week. Mr. Cross is quite a Bible student and marvels greatly that ministers claiming to be filled with the spirit and called of God to preach the glad tidings, and yet find so much time to mingle with things of the flesh, such as "acting as a judge at a baby show or leg race." We are inclined to believe that Brother Cross is just a little cross with the preachers. The notion that preachers are in any degree superior in grace and goodness than the average man has almost ceased to exist and in fact are generally regarded as being very, very human.

ward for any case of Catarrh that cannot be cured by Hall's Catarrh

We, the undersigned, have known F. J. Cheney for the last IS years, and believe him perfectly honorable in all business transactions and financially able to carry out any obligations made by his firm. NATIONAL BANK OF COMMERCE,

Hall's Catarrh Cure is taken internally, acting directly upon the blood and mu-cous surfaces of the system. Testimonials sent free. Price 75 cents per bottle. Sold

Take Hall's Family Pills for constipation

Mrs. W. H. Kneebone and little daughter Eva took dinner with Thos. Kneebone Wednesday.

Mrs. J. S. S. Powell, Mrs. W. ers at Floyd Jones' Thursday.

Mr. and Mrs. Sam Tetherow attended the funeral of Mr. Tetherow's brother, Thos. B. Tetherow, at Independence Wedne:day.

On next Monday R. L. Collins will begin to operate an automobile stage between Falls City and Salem. Mr. Collins assures the public of safe reliable service, employing only experienced drivers.

Wm. Bowick and family arrived safe at their home in Topfield, having spent the winter at Falls more. City. Bad colds made the trip unpleasant but they are glad to be at home.

NOTICE

We, the relatives of the deceased Alfred B. Graham, express our thanks to the many friends for When you need a good cook their kindness in our berevement, stove or any furniture in second- and to those who contributed

NOTICE TO THE PUBLIC

Notice is hereby given that after this date, I will not be re- letter of recommendation to an gan of Salem. A cordial invita- by any other person than my self. saw or heard of before? Yet this tion is extended to everyone to Dated this 15th day of Feb., 1918. is what the editor of a newspaper A. E. Seymour. is expected to do.

LOST

Lost, between Falls City and Dallas on main road, a silver mesh purse. Finder will please C. Powell and children were call- return it to News office. Reward

BRIDGEPORT CLEANINGS

March 4, 1918. Mr. Dagman's son is visiting

Mrs. Bill Smith and children were visitors at the home of Mr.

The Farmers' Union at Bridgeport have finished their hall.

Mr. Gage has just finished sow ing 10 acres of spring wheat and Canada, a week ago Wednesday, expects to sow about 15 cacres

> The boys have been improving their play aparatus.

> Mr. Walt Bird was in this neighborhood this week:

> Tommy Gill has planted about 10 acres of potatoes.

> Mrs. Brown and daughter Ona were visitors at the home of H.

Mrs. Murphy was a visitor at the home of E. H. Gage Saturday.

How many people would give a sponsible for and debts contracted entire stranger, one they never

FALLS CITY MEAT MARKET

C. J. BRUCE, Proprietor.

....UNDER NEW MANAGEMENT

Fresh Beef, Pork, Fish, Poultry, Etc.

Will buy your Beeves, Veals, Hogs and Chickens. CALL AND GIVE US A TRIAL. WE WILL PLEASE YOU.

FALLS CITY MEAT MARKET

MEAT TASTES BETTER COOKED

And tobacco now tastes much better toasted.

You'll know this when you smoke the famous Lucky Strike cigarette, the real Burley cigarette.



It's toasted to develop and seal in the Burley tobacco flavor.



FOR MALDEHYDE

FARMER'S FRIEND

FOR TREATMENT OF

Diseased Grain, Potatoes and Vegetables AND MANY USES ABOUT THE

Home, Stable and Chicken House

FOR SALE AT

Thompson's Drug Store

E. K. PIASECKI ATTORNEY-AT-LAW Farm Loans 5 1-2%

620 Mill Street, - Dallas, Oregon

Business Cards

Falls City Botel Semple Rooms Best Accommodations

F. Drooge, Proprietor

FUNERAL DIRECTOR

R. L. CHAPMAN FUNERAL DIRECTOR

We attend to all work promptly. Dallas and Falls City. Ore.

Bohle's Barber Shop

INTERNATIONAL TAILORING CO.

DALLAS STEAM LAUNDRY Bundles forwarded Wednesday morni &



Candies, Tobaccos and Cigars, at L. B. WONDERLY'S



Headquarters for Candy and Cigar WEATHERLY CONFECTIONERY.

SOUTHERN PACIFIC COMPANY Passenger Train Schedule

WESTBOUND	161	161	167
	am.	am.	pm.
Salem	7:05	9.35	3.45
Dallas	8.15	10.57	5.15
Falls City.	8.45	11.30	5.45
Bl'k Rock.		11:50	
EASTROUND	164	166	170
Total Section With Control Section	am.	pm.	pm
Bl'k Rock		1.00	
Falls City.	9.20	1.20	5.50
Dallas	10.00	1.45	6.25
Salem	11.00	3.10	7.20

Extra copies of The News printed each week, and will have to any address desired, postraid 5 cents

THE TIL your subscription stellinguen.

AWFUL SUFFERING. I suffered untold ago with neuralgia. I thought 1 would go mad with pain. A friend of mine advised me to take Dr. Miles' Anti-Pain

Pills. I did so and the pain stopped almost at once. Then I commenced using Dr. Miles' Nervine and before long I was so that I did; not have these pains any more." B. J. WINTER,

561 E. Platte Ave.,

Colorado Springs, Colo

taking one or two DR. MILES' ANTI-PAIN PILLS

- nieg elderezim redT

don't you want relief?"

Then tone up the Nervous System by using

Dr. Miles'

Restorative Nervine IF FIRST BOTTLE, OR BOX, FAILS TO HELP YOU, YOUR MONEY WILL

BE REFUNDED.

How's This?

We offer One Hundred Dollars Re-

F. J. CHENEY & CO., Toledo, O.