

The Falls City News

D. L. WOOD
Publisher

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Official Newspaper of the City of Falls City

ISSUED EVERY SATURDAY MORNING

What Women Like to Know

For Outdoor Work.

In the rush of outdoor work women are donning overalls. Those here illustrated are of khaki, the fullness confined in box plaits at the waist, which



KHAKI OVERALLS.

also affords pockets. Trimmed with khaki in white stripes at pocket and neck. Design by Franklin Simou & Co., New York city.

Treatment of Children Who Have Prickly Heat

Grown folks sometimes forget just how tormenting prickly heat may be, but it takes very little to remind us. The delicate skin of babies and little children is greatly irritated by the free perspiration of hot weather, and fine, red pimples appear, sometimes covering a large surface. The itching is tormenting and often upsets a nervous child to a marked extent. Flannel underclothing is particularly irritating; put muslin or linen next to the affected parts, and if the weather permits lighten the clothing. Give frequent sponge baths of soda water, using cooking soda and having the water just a little cooler than the body. Allow this to dry without wiping.

Another remedy is to bathe with equal parts of vinegar and water. Dry by patting with a linen cloth, then use a good talcum powder freely. An excellent dusting powder that may be used instead of talcum is made of equal parts of subnitrate of bismuth and boric acid. Little or no soap should be used in the daily bath, as it tends to cause further irritation. The soda or vinegar bath is especially good just at bedtime, as it quiets and soothes the child for the night. Try to keep him always in the coolest available spot and protect him from flies and mosquitoes.

How to Save Soap.
Here is a method of effecting an economy in regard to odd scraps and ends of soap without the necessity for shredding and reaking. Perforate the sides and top of an old mustard tin with a number of small holes (a skewer and a small hammer will quickly produce these) and place the soap fragments inside. On washing day just let the tin and its contents lie immersed with the clothes for a few minutes, and on stirring the water you will find that you have a thick, frothy lather ready to wash them in. Drain the tin, and it will be ready for work again next week.

Pickling Beets.
Cook the beets until tender, then left them out into cold water. Let them stand a few minutes, when the skin will slip off easily. While the beets are cooking prepare the vinegar by putting in salt, pepper and sugar to taste and have it boiling hot by the time the beets are ready. Drop the beets in the prepared vinegar and let them boil until all are thoroughly heated through, then pack in glass cans and pour the sirup over them and seal tight.

Food Value of Potatoes.
Potatoes (both Irish and sweet) when cooked furnish about as much body fuel as an equal weight of cooked cereals; they contain less protein and fat, but more mineral substances.

MARRIAGE.

Is not marriage an open question when it is alleged from the beginning of the world that such as are in the institution wish to get out and such as are out wish to get in?—Ralph Waldo Emerson.

I know not which live more unnatural lives, Obeying husbands or commanding wives.—Benjamin Franklin.

Household Hints

Use surplus chicken fat while fresh and sweet for cakes or other things in which butter is used.

When stitching thin material, as silk, etc., baste paper on the back and stitch through. This will prevent its "drawing."

When the brush bristles become soft and no longer pick up litter from the carpet take the brush out and dip it in a solution of baking soda in hot water. Hairbrushes may be improved in the same way.

Peeling potatoes and putting them in salted water for awhile before boiling are said to improve the flavor.

When lamp chimneys were universal, to toughen them they were put in a vessel of cold water and put on the stove and allowed to come slowly to a boil. Undoubtedly other articles of glass might be toughened in the same way.

Tough meat or fowl should not be fried or roasted unless parboiled first.

Save the lemon rinds and when ready to boil towels or other white articles that have become dingy or stained drop several of the rinds into the water and the goods will come out finely bleached.

Always slice some of the lemon rinds and put in lemonade. The oil from them flavors the lemonade to suit most tastes better than the juice alone.

Bits of lean or fat meat can be run through the food chopper, well seasoned and wrapped in pie crust, to make delicious meat finger rolls, served either hot or cold.

Method of Washing a Car To Keep Varnish Bright

The high gloss on a new car in many instances is lost in a short time because it is irreparably marred in the first washings. The varnish on a new car requires a month as a minimum time in which to set properly. In warm weather it is often advisable with a newly purchased automobile to shower the body, hood and fenders with clear cool water. This will aid in hardening the varnish coating and so reduce the danger from scratching and abrasion.

The life of the finish on any car does not depend on the polishing agent that is given in washing, but on quite the opposite. The body should not be rubbed any more than is absolutely necessary. In case the car is muddy it is always well to remove the foreign substance as soon as possible to avoid spotting. This should be done with clear running water, first thoroughly soaking the mud and then washing it off. On account of its scouring effect water under pressure should never be used for this purpose.

Perhaps the greatest enemy a high body finish has is a sponge in which sand or grit has collected. Even in the case of dust it is better to remove this with slow running water. Dusters which are employed by many owners seriously affect the paint by turning the dust into an abrasive.

When the body surfaces have been well cleaned off by running water they should be gone over with a new sponge, care being taken that the sponge is always moved in a straight line. Following this treatment, the finish is to be thoroughly rinsed and then dried with a chamolite skin, which should be thoroughly washed and wrung out during the drying process.

A Pantry Whetstone.
An article that should be found and used in every pantry is a good coarse whetstone. Doubtless you will have to keep it hidden from the men folks, but it is a great help to a busy woman always to have sharp knives and not have to haggle the bread or the meat or the potatoes.

Light as Chaff

The Artist's Joke.
An English artist once staying in the north of Ireland thought to have a joke at an old farmer's expense. So he proposed to paint a picture of the farmhouse for 5 guineas. The farmer agreed, but was very particular he should be painted standing at the door. When the painting was finished to the farmer's disgust he found the careless artist had omitted "to paint him in." But the witty artist passed it off as a great joke, saying, "Oh, you have just gone in to get the 5 guineas!" "Oh, have I?" said the old farmer irately. "That's very well. Just hang it up and wait till I come out with the money!"

Quick Thinker.
An old man living in South Berkshire was leading two lively calves out to the morning. When he came to the field he tied one of the calves to one of his bootstraps and the other to the opposite bootstrap while he opened the rickety gate. The calves ran away. When he was picked up his wife asked him:

"Didn't you know any better than to do a foolish trick like that?" "Yes," he answered. "I hadn't been dragged four rods before I saw my mistake."

WHEN IN DALLAS

STOP IN AND SEE OUR STOCK OF Bicycles and Sundries

WE DO ALL KIND OF MECHANICAL REPAIRING Auto Top Work

Hanson's Shop

217 Main Street, Dallas, Oregon

FALLS CITY MEAT MARKET

C. J. BRUCE, Proprietor.

...UNDER NEW MANAGEMENT...

Fresh Beef, Pork, Fish, Poultry, Etc.

Will buy your Beeves, Veals, Hogs and Chokens.

CALL AND GIVE US A TRIAL. WE WILL PLEASE YOU.

FALLS CITY MEAT MARKET

WISHING ALL MY FRIENDS A HAPPY AND Prosperous Year

N. N. CHRISTY

N. Main Street - Falls City, Oregon

WE WILL TAKE YOUR MEASURE FOR A SUIT OF Ed. V. Price & Co's Clothing

FALLS CITY LUMBER & LOGGING CO.

"Work-shop pains and their quick relief"

The constant strain of factory work very often results in Headaches, Backaches and other Aches, and also weakens the Nerves.

DR. MILES' ANTI-PAIN PILLS will quickly relieve the Nerves, or Pain, while

Dr. Miles' Heart Treatment is very helpful when the Heart is overtaxed.

IF FIRST BOX, OR BOTTLE, FAILS TO BENEFIT YOU, YOUR MONEY WILL BE REFUNDED.

SEVERE PAIN. "I used to suffer a great deal with lumbago in my shoulders and back. A friend induced me to try Dr. Miles' Anti-Pain Pills and I am only too glad to be able to attest to the relief that I got from these splendid pills. They form a valuable medicine and do all that is claimed they will do." LEWIS J. CUTLER, Marietta, Ohio.

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The Ideal Woman's Tonic

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Candies, Cigars and Cigars, at L. B. WOODRILEY'S

Headquarters for Candy and Cigars WEATHERLY CONFECTIONERY.

SOUTHERN PACIFIC COMPANY
Passenger Train Schedule Effective July 15, 1917

| | 151 | 153 | 157 |
|------------|-------|-------|-------|
| WESTBOUND | 8:15 | 10:15 | 11:30 |
| Salem | 7:05 | am. | 3:45 |
| Dallas | 8:15 | 10:55 | 5:15 |
| Falls City | 8:45 | 11:30 | 5:45 |
| Bl'k Rock | | 11:50 | |
| EASTBOUND | 154 | 156 | 159 |
| | am. | pm. | pm. |
| Bl'k Rock | | 1:00 | |
| Falls City | 9:20 | 1:20 | |
| Dallas | 10:00 | 1:45 | 6:25 |
| Salem | 11:00 | 3:10 | 7:20 |

C. POWERS, AGENT