

CLASSIFIED ADS

The Cost is Small

One Cent a Word For Instruction. No Ad Less Than 25c.

FOR RENT - Apartments
FOR RENT - Furnished apt and sleeping rooms, 26 So. 2nd St. 251-4f

FOR RENT - Furnished small apartments and cabins with garages. Reasonable by month or week. Barber Apts. 183 Grand. 111-4f

FOR RENT - Furnished rooms, both sleeping and housekeeping, near school. Holmes Grocery. Phone 55. 251-2*

FOR RENT - Furnished front apartment, two rooms and kitchenette with garage. 155 7th street. 253-2*

FOR RENT - A modern two room apartment, completely furnished, splendid location. Reasonable. Ideal for students. 244 Hargadine. 253-4f

FOR SALE - MISCELLANEOUS
FOR SALE - Good milch cow, fresh in August. Phone 6721. 243-3*

FOR SALE - Small rock crusher, 3 H. P. boiler, stove grates and backs, lawnmowers sharpened and repaired. Castings and machine work at Eagle Iron and Brass Foundry, 140 Oberlin St. 213-1-mo.*

FOR SALE - The best pie cherries in Oregon. Limited amount. Get in your order early. 335 Almond St. 253-2*

FOR SALE - Bing cherries, 10c per lb., pick them yourself. 430 Holly. 250-5*

I WILL PAY for cherries and berries, 1725 Boulevard or phone 495-J. W. E. Pierson. 243-8*

FOR SALE - Real Estate
SERVICE STATION and Camp Ground - Over 20 acres land, 9 acres alfalfa, store and 6-room house combined, 4 bungalows for tourists, garage, tool shed, some cabins, spring water system, shower baths, two gas pumps, near good small town, splendid money maker. Price \$8500, terms on part. H. C. Galey, 65 E. Main St. 253-3*

FOR SALE - 6 acres irrigated, on Pacific highway near town, some fruit. Call 563 north main. 234-1 mo.*

IF YOU WANT a good home inquire at Brown & Rice, 93 N. Main. 08-4f

WANTED - Miscellaneous
PIANO INSTRUCTION - Mrs. Harold Atkins. Tel. 441-J. 237-1 mo.*

HAMAKER TRANSFER a n d Storage Co. office at residence, 174 North Main. Phone 419.

ANY GIRL IN TROUBLE - May communicate with Ensign Lee of the Salvation Army at the White Shield Home, 565 Mayfair Ave., Portland, Oregon.

WANTED: Good man and good team wants work. Mr. W. L. Farley, 140 Lincoln. 253-2*

WANTED: Plain sewing. Phone 227 or call at 431 E. Main. 253-6*

VIOLIN LESSONS
 Harvey Woods,
 333 No. Main St.
 Phone 454 249-8*

WANTED - Children to care for during day while mothers work. Meals furnished - Christian home. Mrs. W. B. Jensen, 147 Ohio street. 251-3*

WANTED - Old lady to stay with Mrs. Brush nights, 540 Oak street. 253-4f

LOST
LOST - Pair of field glasses in the park. Finder return to the Tidings office. Reward. 253-2*

FEMALE HELP WANTED
LADIES WANTED for home work. Painting handkerchiefs, dresses, lingerie, hats, etc. No experience necessary. We teach you. Excellent pay. Write at once. Beautext Co. 628 Montgomery St., San Francisco. 253-1*

COUNTY HEALTH NOTES

We all need a definite objective in eating. Our good sense tells us that most dietary fads are absurd. Relying upon our appetites in the choice of foods can not always be considered a wise procedure. The fats and the thins, the anemics and the apoplectics are ever-present evidence of the unreliability of appetite alone as a guide. We eat for two purposes, first to supply the body with fuel for the days work and second to furnish material to rebuild worn-out body tissues. We should not live to eat, but if we get pleasure from our meals, so much the better.

It is important to get the right proportion of the various types of foodstuffs if we are to make what we eat do us the most good. The chief source of energy for body heat and action are the combinations of carbon, hydrogen, and oxygen called carbohydrates, of which starch and sugar are examples. The various fats, like butter, egg yolk and olive oil are also used by the body for the same purpose.

The repair of worn-out tissues or the building of new, comes from the proteins, those foodstuffs in which nitrogen is the important factor. Meats are rich in proteins are also peas, beans, milk and eggs. Information concerning the best combination of food stuffs and how much of each shall be used can be found in any good book on "diets."

In addition to the foodstuffs the body needs small amounts of salts of calcium, phosphorus, iron and other minerals. Also of importance are mysterious substances, the vitamins and about which so much is said and so little definitely known. Milk, eggs, green vegetables and fruits are some of the readily available sources of these necessary substances.

We also need roughage in our diet. This is obtained in bulky foods which give the teeth, the stomach, and the intestines plenty of work to do. Raw fruits and vegetables and such roots as carrots and turnips are examples. Water is equally important and is needed in large quantities than most people drink.

The two great essentials in diet are variety and moderation. Each person is a law unto himself. He must learn which foods are most suitable to his needs and how much he needs each day to keep himself at a slightly below normal weight for his age and height. General directions are given to assist in forming good eating habits.

Fruit at breakfast and at other meals is preferable to rich deserts and pastry. A pint of milk for adults and a quart for children, whole wheat cereals for breakfast, whole wheat bread for part of the daily portion, at least one green cooked vegetable and one raw vegetable should be consumed daily. With due regard for moderation in all things, we can rely pretty well on our appetites to guide us in choosing the rest of our meals until we can learn more about food values in diets. We must eat correctly to live well.

INCOME TAX, COUNTY UNIT MAIN ISSUES

(Continued From Page One)

merely furnish another large revenue for the state government to spend.

There are three measures in the general tax scheme to be decided tomorrow. Besides, the income tax there is the proposed new base for the 6 per cent tax limitation and the measure which will decide the control over local assessments by the state tax commission.

The 6 per cent tax limitation will probably be approved. Through political chicanery the base for the 6 per cent tax limitation was lowered under a previous administration until the base is so low at present that the 6 per cent increase allowed

under the law will not bring sufficient revenue for many years which is partly the reason the state's finances are in such a deplorable condition at present. It is generally conceded that this measure should be approved, and that the new base should be fixed at \$3,500,000.

"The Blue Blank," by which the state tax commission gained control of local assessments, is indefensible and, unless the disgust which was generally felt by the people against this "Blue Blank" has been changed, this measure will receive an overwhelming defeat.

Minor measures on the state ballot propose repeal of an obnoxious voting privilege to so-called section in the constitution denying the voting privilege to negroes, which is a 'dead-letter';

Business and Professional Directory

Convalescent Home
 128 Grants
 Where the sick and aged are cared for in pleasant home surroundings.

Dr. Charles A. Holmes
 Physician and Surgeon
 Office Phone 164-J
 Home Phone 164-L
 OFFICE HOURS
 10 to 12 a. m. - 4 to 6 p. m.
 Hershey Building
 Ashland, Oregon

DR. E. B. ANGELL
 Pioneer Bldg.
 Chiropractic
 Physiotherapy
 Radianic
 Remember
 This method is safe and brings health where others fail.
 Free examination this month.
 Potentiometer diagnosis included.
 Office Phone 48 Res. 142

DR. W. J. CRANDALL
 Oculogist
 Physician and Surgeon
 Eye, Ear, Nose and Throat.
 Office Phone 126
 First National Bank Building

DR. ERNEST A. WOODS
 Practice Limited To
 Eye, Ear, Nose and Throat
 X-Ray, Including Teeth
 Office Hours: 10 - 12 and 2 - 5
 Swendsburg Building

CALL
JERRY O'NEAL
 For Your Next Job Of
 Plumbing
 Shop in Beaver Bldg.
 37 First St. Phone 138

T. L. FOWELL
 General Transfer
 Good team and motor trucks.
 Good service at a reasonable price - Phone 83.

JORDANS SASH AND CABINET WORKS
 Corner Helm and Van Ness.
 Phone 161. 194-4f

WM. E. GOULD
 Contractor - Reclator - Builder
 Houses, lots, acreage and timber for sale, terms. Repairing, remodeling and new work.
 464 Mountain Ave. Phone 459J

Office 220 4th St. - Satisfaction Guaranteed Prices Reasonable.
F. MURHEAD
 New Method Cleaning
 Rugs Cleaned, Dyed and Sized
 Window Shades Cleaned and Repaired - All Kinds of Carpet Work Patronize home industry

H. C. STOCK
 MORTICIAN
 Helene Biede
 Licensed Lady Assistant
 Deputy Coroner Office

BLOX
 \$5.50 Load
 Bone Dry - Fresh - From
 Factory. Small Grindingwood
 \$2.75 per load
 Hamaker Transfer
 Phone 410

Peil's Corner
 Look at your mowers for broken and worn parts before cutting commences. We keep in stock repairs for any or most of mower's made.
 Garden tools, hose, lawn mowers, fencing and posts of every description.

The Eclipse Lawn Mower
 The Kind They Use In The Park
 AT
Simpson's Hardware
 "The Winchester Store"

THE COUNTY UNIT For JACKSON COUNTY TO BE VOTED JUNE 28TH, 1927 THE COUNTY UNIT-WHAT IT IS

- 1-For Jackson County it is a county school district for all the elementary schools of the county outside of Medford and Ashland.
- 2-It is a district that administers to all the elementary schools of the county outside of Medford and Ashland.
- 3-Educationally speaking, it means equality of opportunity.
- 4-County Unit means more standard schools.
- 5-All the wealth of the county bears equally the cost of schools.
- 6-It means a united assessed valuation of approximately \$22,000,000.00 on which to draw for the support of the schools.
- 7-It means that all county district benefits from the O and C Land Grant taxes.
- 8-It means a board of five directors elected from five zones of the county district to serve the schools of the county without salary.
- 9-It means that existing districts maintain their identity with a local school committee with advisory powers.
- 10-It can provide a nine months term for every school in the county.
- 11-It gives the people of the county a broadening view of educational matters as they think in county terms.
- 12-Teachers are provided with proper equipment with which to conduct their work.

BENEFITS OF THE COUNTY UNIT SYSTEM FOR ADMINISTRATION AND TAXATION AS COMPARED TO OUR PRESENT 74 DISTRICT PLAN

- 1-Reduces high tax levies in thickly populated districts.
- 2-All business transactions are on a cash basis.
- 3-Provides better trained teachers.
- 4-Provides equality of opportunity for all children to attend good schools.
- 5-The office of county superintendent is removed from politics.
- 6-It is easier to find five competent men and women to serve as directors than to find 222 directors, as at present in Jackson County.
- 7-It is easier to find one trained clerk or business manager than 74 clerks, as at present.
- 8-A saving in the purchase of supplies for all the schools of the county at wholesale prices.
- 9-"Country kids" can have instruction and supplies equal to that offered city children.
- 10-The standards for instruction and for equipment would be set by best district.

WHAT COUNTY UNIT DOES NOT MEAN

- 1-It does not mean increased taxes.
- 2-It does not mean salaried directors.
- 3-It does not mean loss of any community center.
- 4-It does not mean removal of the rural school supervisor.
- 5-It does not mean consolidation of rural schools, necessarily.
- 6-It does not mean that the county board controls high schools.
- 7-It does not mean an un-American and un-democratic institution.
- 8-It does not mean the creation of several high salaried offices.
- 9-It does not mean an experiment in administration of educational affairs.
- 10-It does not mean that graft and party politics rule the policies of the county board.
- 11-It does not mean confiscation of pianos and violas now in possession of local districts.
- 12-It does not mean the taking of children away from home, or of taking farm children to the cities, to be educated.

Paid Adv.

No Flight For Hawaii Started

OAKLAND AIRPLANE PORT, SAN LEANDRO BAY - An element of mystery entered the projected flight of the army plane today when the flight commander, Lieutenant Lester, J. Maitland whisked off from here less than an hour after his arrival, while preparations were under way for fueling the Folkner Monoplane at the Crissy Field, a plane alighted and bore Maitland away. It was rumored he was called away to conference with General Mason M. Patrick, chief of the air service.

FARM NOTES

Japanese barnyard millet is being established as a regular forage crop in some sections of the Oregon coast, says a new experiment station report written by A. E. Enghretson, superintendent of the John Jacob station near Astoria. Coast county agents have been using it as one of their demonstration crops for three years.

The station recommends it for one purpose only, soiling or green feed. It is ready to use from about August 10 to September 20, just when pastures are shortest and dairy cows falling off in milk production. It has proved the best green feed available in the coast region at that time of year, taking the place of corn, which is not suited to most coast locations. It does better than corn in the cool districts and does not ripen over the long feeding period.

This millet is a high-yielding, palatable soiling crop, giving an average yield of 12 to 15 tons per acre with as much as 20 on rich soil well moistened. It has not been seen by the station ever to lodge, no matter how heavy it is when struck by wind and rain storms.

In growing the crop the seed bed is the most critical factor, preferably well worked down into a fine and firm condition from early plowing. It starts slowly and suffers from weeds if present, but after a good start competes with any weed. It calls for a rich soil, manure being the one known necessary fertilizer, which is applied on uplands at 15 tons per acre. It is seeded at 20 to 30 pounds per acre depending on the richness of the land. It will not

Hugh Jury Cost County \$1,312

Cost of the jury, Hugh D'Autremont including balliff's fees, hotel expenses and fees and mileage totalled \$1,312, according to County Clerk Delliah Stevens Myers, who announced that the actual cost of the trial to the county ran close to \$10,000. Positive figures in the cost if the case will not be available before July 1, she said.

The witness receiving the largest warrant in the case was J. F. Courtney of Hartford, Conn., pistol and firearm expert who received \$333. Average warrants received by witnesses residing in the state was from \$60 to \$80, these figures including mileage and fees.

There were 70 witnesses called by the state and 14 called by the defense.

Cost of cases against the twins, Ray and Roy, were not included in the total given by Mrs. Myers, as the cost of the case against Hugh.

Confirmation Well Attended

Our Lady of the Mountain Catholic church of this city was well filled Sunday afternoon when Archbishop Edward Howard of Portland, head of the Catholic church in western Oregon administered the right of Sacrament of Confirmation on 17 candidates.

Archbishop Howard, who is a masterful speaker, delivered a splendid sermon.

The ceremonies were most beautiful. Father W. Waite of Portland accompanied the Archbishop to this city and was in attendance at the service.

Hollywood Notes

The Duncan sisters, better known for their stage interpretations of "Topsy and Eva," have taken a house in Santa Monica and are to become semi-permanent members of the film colony.

While they have not deserted the stage entirely they have signed a long term contract with Joseph Schenck of United Artists.

Under the contract it is understood, they will make one picture a year and carry on their stage work in the interium.

Mellicent Sunday, ex-daughter-in-law of Bill Sunday, evangelist, has arrived in Hollywood with a pet dog, alimony from Billy Sunday Jr., and a desire for a screen career.

The former Follies girl has an ambition to play comedies.

Now Chang Tso-lin says China must have peace. They might as well have peace, with no place left on the front page any longer.

BOAS DEFEAT MEDFORD PEARPICKERS BY 7-4 SCORE

(Continued From Page One)

and was followed by Orr who walked. Force followed with a two bagger and in the series of errors by the Pearpickers the three scored. Robbins scored in the sixth when he hit first, and advanced by stealing bases until he was able to score on a sacrifice hit by Miller.

Davis' home run featured the sixth inning. The Boas led by one run until the ninth inning when Hughes was first at bat and hit first. He was followed by Morgan who was given his base on balls. Robbins next at bat hit a two bagger scoring Hughes who had advanced on stolen bases to third, and Orr who followed Hughes.

A big crowd witnessed the game which was played at the Jackson county fairgrounds diamond.

Mom and Pop



By Taylor

On the ballot for the special election to be held June 28 is a constitutional amendment which provides that the 6 per cent limitation provision of the Oregon Constitution may apply to the Portland School District as it now applies to all other school districts throughout the state.

This measure effects no other district in Oregon than the Portland School District and Portland residents will appreciate your support.

VOTE 302 YES

Paid Adv.