

well as to make it mandatory to secure a permit before starting any building activity. We do not know of any instance where an ordinance of this kind would have worked a hardship upon any one in the past, and we feel positive that it will not do so in the future.

Now, as a new year is approaching, is a good time to start keeping such a record.

## **Relaxation For Health**

Dr. William Gilbert Anderson, director of the Yale gymnasium, is trying to educate his students to sit quietly a moment or two each hour, permitting every muscle to relax. If people were taught in their youth to do that, Dr. Anderson maintains, they would last longer and be much more efficient.

Exercises to keep fit is the more commonplace advice. Both are good and both are necessary. In this hustling America both are generally neglected, though exercise perhaps gets a little more attention than relaxation.

Many a business man or woman who won't spare an hour a day for energetic and healthful exercise won't spend even 12 minutes a day relaxing. It is a short-sighted zeal for making every minute count that in practice actually causes hours to be wasted through decreased health and efficiency.

Dr. Anderson's advice ought to be more widely uttered. Try his hourly moment of relaxing and see what it does to you. At first it will come very hard to persons accustomed to driving themselves. tensely. "Once the art is mastered, however, it will bring unexpected good results. Many a knotty problem or bad temper or business error will be solved or prevented by the fresh mental and spiritual strength let in by that regular, brief period of rest and poise.

An Old Mule

drowning 20,000,000 automobile horns.

which virtually began with his birth.

comparable to Jim's?

thing like that.



taking our fancy fruits and	The smartest girl in school is never the prettiest.	writer in a comic magazine, inspectors found, wrote a
sending them out under Cali- fornia labels but we were hardly prepared for this ap- propriation of our scenic wonders. Clatsop county should be warned and put Cannon Beach and Coxcomb hill under lock and key. # # # #	A fresh shave and haircut make the clothes look old. How rarely a woman faints when nobody is near by to see her!	story of a triangle between a king, his queen and an am- bassador. It closed with: "If you want to know the moral of this story, send 10 cents in cash to Box 137, Leaven- worth, Kan." The lessee of box 137 had never heard of the story of the jokesmith.
(Grants Pass Courier) Speaking of warm weather one local lady has picked narcissus blooms from her garden. In some instances roses are still in bloom and	Tomorrow's troubles may be sidestepped by doing things right today.	DIJON, France — When a maiden of Meuilley went to the town hall to obtain a birth certificate and marriage
there are dozens of other kinds of flowers still bloom- ing. (Medford Mail-Tribune) The principal of the Eu- gene high school seems to have been suffering from the delusion that he was running the school. The superintend- ent of the Roseburg schools,	The law' is a game that is played from both ends, the middle being you. Others may not be smart, but they always know what the y would do if they were in your place. Hez Heck says: "I reckon no-	license, she learned that on the rolls she was entered as a boy and liable to military service in the next class in- corporated in, the French army. LOS ANGELES — A new form of piano technique has been introduced by Henry Cowell, California composer. Cowell uses his elbow, fore-
formerly of Herrin, Ill., has resigned to assume the same . job at Marshfield.	body has a harder time gittin' in- to heaven than a paper-hanger."	arm and palm in striking the keys.
The second s		All the second

ilitary SAN FRANCISCO, Dec. 17. ass in-French Christmas stockings this year. A new These and many other genuine ue has Henry poser. ican palates. Much of the liquor that is ready has been landed; more importations. A federal grand jury here has men and women for alleged conday, a deer was seen to cross the have surrendered and it has been Creek and the household and the have taken refuge in Canada to see this unusual sight of a wild planning still more unique and, DAILY BIBLE PASSAGE "And the Lord said unto Jesus has no use for the outside show or grand stand play on the part of His fol-lowers; He looks on the heart of His followers. It is a com

ufacturers.

certain fellow made for me la rote a ween a week. an am-

I am still working on the batteries. Run the Kohlers today. Partly cloudy today, what little wind that was blowing came from the west. Temp. H. 56, L. 44, R. 12, M. 50.

CALIFORNIA TO HAVE RARE OLD LIQUORS

Clever Disguises Are Work ed out to Deliver Liquors Safely

Bourbon whiskey from Glasgow French Vermouth from Shanghai and Swedish punch from Barcelong will snuggle in California

products of the world's stills left their homelands as bonded liquor undisguised, landed on the Pacific coast as shingles and were delivered at back doors as pickles. Some journeyed around the world avoiding taxes, eluding coast mands guards-and mellowing for Amer-

make Yule candles brigther, alstill coming in, despite a federal drive against the \$10,000,000 rum ring" which is behind the illegal

indicted nearly a half hundred

spiracy to violate prohibition laws. Of this number only nine admitted that most of the others where they are believed to be

him, Now do ye Pharisees make clean the outside of the cup and the platter; but your inward part is full of raven-ing and wickedness." Luke

paratively easy matter to be a Pharisee and fool some o our neighbors and friends, but uor into this country. we do not feel God nor our-

selves.



margins of escape. The Squeeze Kid could worm through the barred

windows of most banks. To this choice coterie Dan the Dude gritted with frank, cold re-sentment and fear: "I'm sure young Ford is on to me, the same s his old man was. Understand this, now, you bozos. He's got to be bumped off quick, see? Besides, the chance that he might get something on us-I've got personal reasons

Grim acquiesence all around: a meanful looking to "gats." continued:

"Wait an hour or so. Give the other fellows time to get him rattled and upset, or to beat him up. Then you'd ought to be able to plop

him without making a mess or leaving traces. There'd be

that had earned him the sobriquet doubt about it at all if it wasn't for of "Dan the Dude." There was this that damned sharp nosed dog-" essential difference between the "A dog at 100 feet ain't such a

there'll

more police dog."

be

Murtagh of the Ward clubrooms hard target when me eyes are in and the Murtagh of the undergood shape. Look-" Like a flash Black Mike whipped out his gun and shot the head off a lackless world. In the former his overtone was unctuous; here it was steelhard. rat that had been prospecting

An ill-visaged and piratical group of huskies slouched forward to do homage. The Cabinet of Evil kow-towing to its Prime Minister. The Executive Committee of the prospecting some fifty feet away. "You're eyes seem to be func-tioning real sweet," grinned Mur-An ill-visaged and piratical group

Executive Committee of the pre- tagh.

cious Hudson Busters. In the back-"Ain't it the truth?" chimed in Bottleneck. "Well, lemme tell you, chief. Before noontime there'll be ground tough face on tough face, rowdy body on rowdy body, massed like dumb serfs, watching, wor-shipping. Murtagh the Powerfulno more police dogs on the rolls of the great New York police departthe mystically powerful Medicine Maker. 'The One who arranged bails, who got them off with repriment, and one of the brightest young cops will be gone out, too. Mother and sweetle kin watch for little Jimmy till their eyes pop out today, for he ain't goin' home!"

There was a great tension, a restlessness,' a subdued excite-ment amongst the Hudson Busters

CHAPTER 6

Jimmy subconsciously felt that the atmosphere about him was this morning. That fact communi-cated itself to the cunning Chieftain instantaneously. He snarled charged with suppressed uneasiness, with evil purpose, as he scoured the streets this morning at the foremost henchman-an ath letic, businesslike man, with the body of an Adonis and the face of with Rinty faithfully pacing beside him. Streets bright with sunshine despite their tawdriness, their careless, smelly litter. a satyr, the Secretary of State, to outward appearance, of that Cabi-

"What the hell's all the gloom Those men and women who were going about their honest basiness about, Bottleneck?

looked at him with interest, at the He that was called "Bottleneck" dog with admiration, but at both spat wrathfully at a hole where an inquisitive mouse had shown its with a cort of impersonal pitying, sleek head for an instant, then Jimmy felt. One or two burly longrasped out of the corner of his shoremen flipped casual, friendly twisted lips, in the "hard guy's" words at him.

characteristic way, to the man whose chief aide and Heutenant he "Watch your P's and Q's down In this neighborhood, young feller.

The Busters is rough on new cops." Jimmy took pride in this positive element of danger. He glowed de-"Ain't you hear? General Order came up from the Commish him-self this A. M. for the bulls to set fiantly under it as a healthy man might under a baleful sun. And a deadline down here. All our boys he to'ked to Rinty constantlyhas got to keep acrost Eleventh."

has got to Murtagh's face was cloud. gry. "When did you hear of this? How is it I didn't get tipped off? Why did you wait till now to tell me, instead of the minute you heard it, so that I could have tried thread it thread i

"Stop, hell! The Mayor himself couldn't stop this Commish when he gets that thick mick mind of his made up. And Captain O'Brien (To be continued)

daring methods of smuggling lig-Hood River-High school athetic field grading will cost \$1,-

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