## SHLAND DAILY TIDING

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### CONSERVING FORESTS

The popular notion that the great forests of the West coast were on the way of the other forests of Americaheaded for depletion, and only a matter of years when they would have disappeared, is exploded in an article by Henry Schott, Director West Coast Lumber Trade Extension Bureau, in the current number of Nation's Business Magazine.

Mr. Schott explains that the lumbermen of the West Coast are actually operating and planning their business and their installations on the basis of an industry not for the next twenty, forty or sixty years, but for all timeto maintain a permanent supply of lumber for the United States.

The policy under which the West Coast lumbermen are operating is to harvest the ripe forests and have the lumber go into useful purposes when it is at its best, and to grow a new crop just as the grain farmer of Kansas or Iowa operates in his grain fields.

The question arises why such facts were not brought to the attention of the conservation enthusiasts. That's for the lumberman to answer. Finally the responsibility for his neglect must come back to him. Most of the lumbermen, particularly the older generation centered their work and their thoughts in the forests and the middle of September. the mills. They left the selling, the contact with the consuming public, to others. Theirs was the production end; there lay the main interest in the industry as far as they gress, which convenes this year improbable event of a completewere concerned.

Only recently have they come to the realization that it is a matter of duty to defend their industry and to challenge and refute statements so often based upon unconscious misinformation or ignorance.

As they have cooperated in conserving and protecting the forests against fire, they are now uniting to protect their industry against groundless aspersions. And with that policy, the old attitude of letting the consumer. find his way to the supply is also abandoned.

Instead, the lumberman now brings the facts to the buyer. He is cooperating.

### EATING FRUIT IS BENEFICIAL

The benefits derived from eating fruits are undoubt-Fruits are a natural and healthy stimulent to digestion. They act upon the digestive organs somewhat like ber elections. green vegetables, but they have the additional advantags of containing acids and of appealing to the aesthetic sense. Some people look on fruit as a luxury, but there are very good reasons why we should eat fruit daily. In addition to this, fruit furnishes a certain indigestible bulk or roughage which tends to retain water in the intestines and thus helps to regulate the bowels-

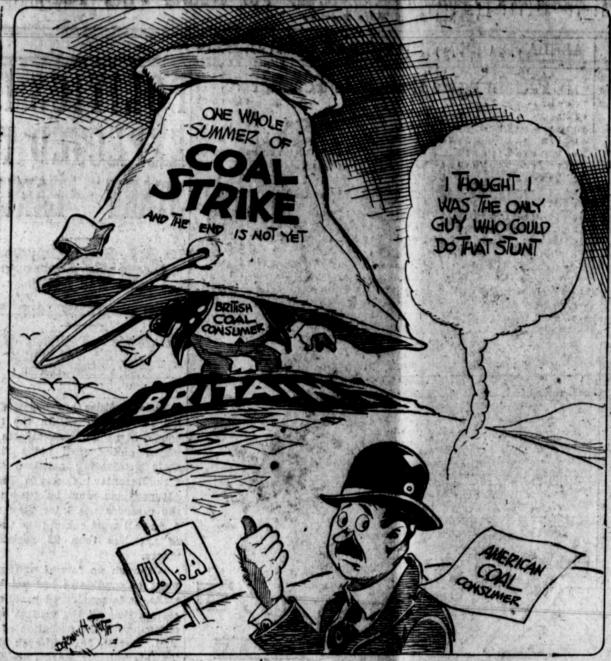
Children's physicians recommend that all babies of the age of six years should be given a small amount of mild fruit juice or temato juice daily. This is partienlarly necessary in cases of infants' fed on cows' milk or prepared milk foods. Unless some of these juices are given; a disease known as scurvy may develop. The mild form of this disease often stands unrecognized for a time, being noted only in the slowing up of the growth of the child later on.

Fruit is one of the so-called protective foods and it should be used in some form daily. Fresh fruits, because of their large content of water, are always cooling, refreshing and appetizing. Fruit that is not thoroughly ripe. or is decomposed, should not be used. Apples are a staple fruit, low in price and easy to prepare They are the most abundant market fruit. Their many varied uses are too well known to require comment.

... When we chew fibrous fruit, such as raw fruit, it is said that we exert a pressure of 100 to 150 pounds on the teeth. This insures a good ventilation of the lungs, and in children, particularly, tends to develop better teeth and jaws. Raw fruit, again, leaves the teeth freer from adhering matter than do soft foods. It also stimulates the secretion of a strongly alkaline saliva which coats the teeth and counteracts the action of particles of food which would otherwise remain. It is wise, therefore, to end a meal with raw fruit, since it not only adds to the cleansing of the teeth, but it also helps to preserve them. Fruit juices are invaluable as restoratives to health, since they tax the digestive organs very little and are quickly

to have attention to diet, exercise, rest, etc., makes

## Stealing Our Stuff



NEA Service Writer

Washiington - Notwithstanding the congressional campaign, whichis giving politicitians in their home states and districts something to think about, Washington will begin to wake up, congressionally speaking, about

There always is a great deal to do at a "short session" of con-repealing. Even in the somewhat ed by railroads and hotels. on Dec. 6, and not much time to ly Democratic Congress the presi-

little prospect-until the speci- veto. fied date in December, but committees can be getting things in From Medfordshape to work rapidly in the scant three months before the law ends the 69th Congress "sine die."

The administration is particularly anxious to get things "snug- Gets 4 Point Deerged down" next winter, because of question - that it will lose con- Creek. trol of the Senate at the Novem-

ies acted on as it wants them act-

Once acted on thus, the administration assumes that matter will "stay put" for the ensuing two years, inasmuch as it doesn't expect to lose control of the House of Representatives, too. however much it may be worrying about the Senate.

The Senate alone can't do any dent can veto anything he dis-Actual legislation can't start likes, and it's unbelievable that called clever. in the absence of a special call the Democrats will make gains by the president, of which there's enough to override a presidential

Mrs. J. J. McMahon and son land last week visiting Mrs. Mc- being fooled than out of being Mahon's mother, Mrs. Bolton.

Wm. Curtis returned to Ash apprehensions — of course not land Thursday with a 4 point deer. admitted, but felt, beyond any He has been hunting at Elk

From Talent-

If so, the coming "short ses- Mrs. C. W. Long of Talent was brother, whom she has not seen sion" of the dying Congress will an Ashland visitor Wednesday.

A sweet disposition is cure for homeliness.

Men listen to gossip as greed ily as women spread it.

Men like to be called "differ-

Travel is a costly habit invent

A good deal more than states

country off the rocks. It really seems that many peo Robert of Medford wree in Ash- ple get more enjoyment out of

manship is needed to keep

Hez Heck says: "About the worst affliction a gal kin have is to be all figger and no head.'

Left for Postland-

Mrs. Ruth Reed left Thursday for Portland to visit with her

# OUT OUR WAY

# By Williams



BY HEDDA HOYT

NEW YORK - (UP)-Fringe is most important for evening gowns and wraps this seaosn, We find three tiers of fringe of fiveinch width acting as a flounce effect at the bottoms of several smart velvet evening coats. Usually the fringe matches exactly the color of the velvet and it dips downward slightly at the rear of the garment, extending upward toward the front. Frocks using the tiered skirt effect have the tiers edged in fringe of silk or beads. Hem borders of many frocks are terminated with fringe.

Dolman lines are dominating in evening wraps hence wide sleeves and loose wrappy lines are depicted in velvet, fur, metal brocades and gold or silver lame cloth. Collars and cuffs of these Dolman coats are usually trimmed in fur.

The tendency to raise the waist line upwards in front is typical in many instances on Fall gowns. Where the rear of the gown has the deep blouse, the raised waist line is repeatedly used at the front: Many times the rear blouse terminates in drapery as it nears the front and is held by an ornament of some sort.

The brimmed hat must be of drooping type to be considered smart at present. Small, medium and wide brims are all being used in felts and velvets and brime are invariably slightly drooping

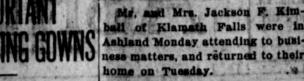
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The popular street hat has a high (Written for the United Press) men turn the brim upward direct- for 1925. ly over the forehead with the re-maining brim dipping irregularly. One must wear the hat well down over the eyes to do this successfully. Belting ribbon is the popular trim for these rakish shapes. Though the black shoe will be extremély popular as Fall nears, black patent will not be consid-

> sets and red strappings are popular at resorts at present. Advertise In The Tidings.

ered as smart as ebony suede or

some of the dull lustered kids.

Black shoes trimmed with red in-

draped crown with an irregular- this "Blackbird" song, the lyuch-ly turned-down brim. Some wo- ings for 1926 already exceed those

One can't help but notice the increase in earthquakes around Italy since Mussolini took charge.

The price of food has jumped up three per cent this year while nobody was looking.

Work hard and save your money so you can play golf and have as much fun as your caddy.

What's in a name? Mr. Dette, in New York, left \$340,664.



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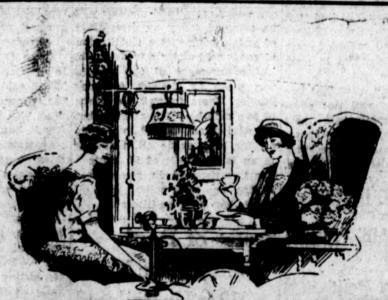
the flexibility and handling ease of a three speed transmission—the power and am ness of a valve-in-head motor—the bility and dependability of rugged con tion—the beauty and advertising val unusually fine appearance—all com with a remarkable economy of oper

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JOUNG Mrs. Wellford was I talking about her husband's recent illness.

"Bill was home for a whole week. It was his first real chance to see me in action as a housewife-we've been married only a year, you know.

"The third day he said to me: 'Sally, you need an Extension Telephone. You're wearing yourself out, running up and down stairs and from room to

room every time the telephone rings. I never realized before how much a woman will put up with without complaining. I wouldn't stand for it a minute in my office." (Wellford's Inc. was a model office.)

"And so?" said her visitor.

"There it is," said Sally proud-

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