

Classified Column

Classified Column Rates
One cent the word each time.
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FOR SALE—R. I. Red fryers milk fed, crate fattened. Maxed-ons 977-B St. 235—3 mo*

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MISCELLANEOUS

WANTED—A married man to work on dairy ranch. Call 273-J-1. 252-3

WANTED—Man with team plow and scraper. Apply at Cannery. 253-2

WANTED—Heavy chickens—Depot Hotel, Ashland. 253-6

Second Hand goods bought, sold, exchanged, repaired. Collected and delivered. Chair Doctor, Cor. 3rd and A St., Phone 295R. 232-2mo.

I DO FANCY cement work, chimneys, septic tanks; also cemetery work, etc., J. D. Peffley, 143 6th St. 227—1mo*

ANY GIRL IN TROUBLE—May communicate with Ensign Lee of the Salvation Army at the WhiteShield Home, 565 Mayfair Ave., Portland, Oregon.

Suburban home, modern house, good barns, lots of fruit, 55 acres grain and pasture land, plenty of wood. This is a splendid country home for someone who wants to go into dairy and poultry business. Price and terms attractive.

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PROFESSIONAL

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DR. ERNEST A. WOODS—Practice limited to eye, ear, nose and throat—X-ray including teeth. Office hours, 10 to 12 and 2 to 5, Swedenburg Bldg., Ashland, Ore.

DR. E. B. ANGELL—Chiropractic and Electro-Therapy. Office phone 48; residence 142. First National Bank building.

DR. HAWLEY—Above Tidings office, Phone 91.

DR. C. W. HANSON
Dentist
Special attention given to pyorrhea. Office upstairs in Beaver Block. Phone 178-J. 233-1f.

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Baker—Sensational free gold strike reported from Phelan mines.

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Place To Find
What It Wants
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Never Any Doubt

about the quality, flavor and richness of our products—Superior bread is superior in every particular.

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Phone 199



~their flavor is MATCHLESS
Selected for quality, size and taste—it would be hard to suggest a better dessert

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Quality Outstanding
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ALL DISAPPEARED

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After Using Korex,
He Says.

"I am 68 years old," says W. D. Luttrell of Lincoln, Nebraska, "but since taking korex compound I feel like I was 30. Since using it I have gained 21 pounds and have never felt better in my life. Aches and pains all have disappeared. There is nothing too good to say for korex. It has made me young again."

Hundreds of others have made equally enthusiastic reports about the delightful relief experienced after using korex in cases of depleted vigor, weakness after the flu, poor circulation, lack of appetite, aching muscles and low glandular activity. Many say that the beneficial effects are complete and lasting. All those feeling the need of a quick invigorator will be interested in learning that the American distributors of korex compound, have arranged for korex compound to be sold in Ashland at East Side Pharmacy. Just ask for korex.

KOREX Compound
an
Invigorating Tonic
In Tablet Form

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PORTLAND, OREGON
MENTION THIS PAPER WHEN WRITING

Hints From a House-
Wife's Kitchen DiaryEarly Summer
Hints

A NEW RHUBARB RECIPE

Rhubarb is the first spring trophy for the enameled ware preserving kettle. For housewives who find the plain rhubarb too acid for the palates of their household, there have been devised various rhubarb compotes. These are very good in themselves, as jam, and make excellent filling for fruit pies and tarts.

One of these is made of rhubarb and prunes. Cut the rhubarb into inch pieces and place in an enameled ware preserving kettle. Soak the prunes all night, or until soft. Remove the stones from the prunes; add the prunes to the rhubarb. The proportion should be one cup of stoned prunes to two cups of rhubarb. Add just enough cold water to keep the fruit from burning and cook slowly over a moderate fire. When well cooked, add sugar in the proportion of one cup of sugar to three cups of the mixture. Cook until all is a smooth jam. As a variation of this, sliced bananas may be added.

ware colander, enameled ware skimmer, ladle, and several long-handled enameled ware spoons and the mechanical end of preserving is provided for. To keep fruit after cooking, nothing is as good as glass jars with light screw-down tops.

DISHES FOR THE SUMMER HOME

Owners of country cottages or bungalows are now getting their orders for the season. It is always rather depressing to enter one of these shut-up dwellings and mark the damage or deterioration of the winter. In our climate moth and rust do corrupt, all right, even if thieves do not break through and steal.

When it comes to going over the kitchen equipment, lucky is the housewife who left enameled ware to face the winter's damp. No rusted-out kettles or saucepans for her! If she is getting ready to entertain, she will secure their gratitude by seeing that they are well provided with this easily cleaned ware. Also it will be an economy to include plates, cups and saucers of enameled ware for everyday or picnic use, as ordinary china fades ill when people are vacationing.

A STRING BEAN SWEET PICKLE

In the making of sweet pickles the enameled ware preserving kettle is indispensable. Its porcelain surface makes it safe to use with even the strongest vinegar, and no matter how long the pickles may be in the cooking their natural color will not be altered.

Try this year a little known sweet pickle made of very tiny string beans. Pick the beans when not over an inch or an inch and a half in length. Trim off each end. Place in an enameled ware preserving kettle and cover with sugar in the proportion of one cup of sugar to one of the beans. Then pour on any good vinegar until the beans are covered. Bring quickly to a boil and skim with an enameled ware skimmer. Then add slowly, adding whole cloves, a few allspice and a small quantity of stick cinnamon. These spices may be left in the jam with the pickles, or they may be skinned out. The pickles are equally good either way.

Pompeii and U. S.
Both Sign Their Bread

THE ancient Roman bakers had brought their products up to a high point of perfection 2000 years ago as is proven by the loaves discovered in the ruins of Pompeii and on exhibition in the Museo di Napoli. Each Pompeian loaf, as shown above, was circular and about the diameter of the American standard pie. It was from 50 to 100 millimeters thick. As a pie is cut, the dough was laid in eight equal sections. Fashion and custom required that it should "break even"

which it did. Hence the expression "breaking bread." While wheat was the basis of all bread, all other kinds of grain were used as a flavoring—for instance some wheat loaves were flavored with bean flour; corn flour or bran, as the case might be. The Pompeian bakers placed on their loaves the stamp of the composition "siligo granii" and "e cicero"—wheat and bean flour, to show that the bread was of good quality. American bakers today sign their own names to their loaves as a guarantee of perfection.

DANGER LURKS
IN BEAUTY AIDS,
DOCTORS WARN

Electric Curling Irons Are Deadly, Lipsticks Poison, Physicians Are Told

CHICAGO, June 26.—Even a permanent waving machine or electric curling iron is deadly! But, for that matter, hair dye and skeletons go well together and match pretty well with corsets and tonsils, cancer germs from chlorinated water and paraphenylenediamine in powder puffs, lead poisoning in lipsticks and even the varnish on baby's wooden soldiers. Human beings haven't much of a chance.

That was what members of the American Medical Association, who met in Chicago, told the wandering thousands who stood in awe-stricken wonder before exhibits demonstrating the fatality of modern living.

Poison from lead, carbolic acid, bichloride of mercury, arsenic, wood alcohol, or a nice little poison called paraphenylenediamine—all lurk in any cosmetic from freckle cream to henna dyes. Professor H. N. Cole, of Western Reserve University, told the doctors and anyone else who would listen. As a result the doctors adopted a resolution favoring a "pure rouge act."

Large, formidable machines, quite indescribable, were set up, and tests, equally inexplicable, were made to prove that the artificial mode of cultivating beauty was just another method of inviting disaster.

Curlers Deadly.
For the lady who becomes entangled in an electric hair-curling iron that becomes short circuited, Willis MacLachlan, of the General Electric Company, of Toronto, Canada, offered the suggestion that since the electric shock results in paralysis of the lungs, the prone method of artificial respiration be employed in such cases. The first thing, MacLachlan went on to say, is to untangle the victim from the instrument. This can be effectively accomplished by using some non-conductive article like dry wood, or even newspaper, to push the person away. Next, place the victim, face down, with one of her arms under her face, straddle her body, place both hands on the small of her back, fingers outward. Press in and out rhythmically. Sing some song like, "Yes We Have No Bananas," to keep in perfect cadence—or, if too excited to sing, count slowly. Continue for four hours if necessary. Don't stop under any consideration, even while the patient is being carried into an ambulance.

Tonsils Troublesome.
Tonsils, another physician declared, are responsible for mouth-breathing, sore throat, head colds, diphtheria, ear trouble, malnutrition and heart disease. While Dr. Albert D. Kaiser, of Rochester, N. Y., however, furnished convincing proof that every child's tonsils should be removed, Dr. W. W. Watkins of Phoenix, Arizona, presented equally convincing proof that the tonsils should stay with us.

"The chlorinated water used in the larger cities," said Dr. William Held, of Chicago, in his lecture on the "Study and Cure of Cancer," "means incessant chemical irritation of the alimentary tract, with its secretion preventing consequences. Cancer often results."

Baby often chews enough varnish off his wooden soldiers to start him well on the way to lead poisoning, one authority declared. But, for that matter, baby often gets enough paint off the wooden part of his teething toy to start that fatal disease.

Powder contains a poisonous substance which clogs the pores, authorities on cosmetics declared. Most of the hairdye, as well as the rouge and other cosmetics, contain this cheap dye, full of a poison called paraphenylenediamine. That is why when some people dye their hair black it comes out green, while others try to be blondes, and they find themselves with pink hair. The physicians declare they will press the resolution demanding pure rouge until it is incorporated in the Pure Foods Act.

Eugene — On July 2 Eugene will vote on \$500,000 bond issue for the building of a public auditorium.

SPOONING SHOULD
NOT PRECEDE, BUT
FOLLOW MARRIAGE

UTICA, N. Y., June 26.—Spoonng is a necessary part of life, but it should come after marriage, not before the trip to the altar, declared Mrs. Alfreda J. Howell, girls' counselor, of the New York Civic League and a recognized authority on marriage problems.

"As the child grows older avoid all things that will stir up unclear thoughts or lead to temptation," she advised. We are out to subvert or abuse God's great gift of creative power. God has given that power to everything that lives.

"While the home, the school and the church have been silent on this subject, there are other forces that have not been silent. Unclean literature and commercialized amusements are making an appeal to this instinct, stimulating it and turning it into a destructive force.

"Most young people indulge in what is now termed 'petting.' They seem to think it is a normal game and that if they don't 'pet' they are not normal. The girls say: 'If we don't let the boys hug and kiss they don't take us out and call us flat tires, or dumb bells.' The boys say: 'The girls expect it of us.'"

Both Are Mistaken.
"Both are mistaken. They get the idea from the movies, as there is plenty of it on the screen and often in the audience. The movies are not the only places. Often parents tease little children about the opposite sex and thus arouse sex consciousness and a perverted notion of lovemaking. "How often a girl becomes an easy victim of petting parties!"

"The result is an overstimulation of a consciousness that is neither normal nor wholesome. Spoonng should not have a place with pure-minded people, or in the lives of boys and girls who have not set up their homes. Girls should continue their friendships to boys of their own age.

"Never look on spoonng as a harmless game, or as a subject of ridicule. It has a place in life, but after the marriage altar. Mothers should talk to their boys as well as to their girls, as fathers generally will not.

"Be slow to censure or blame, but quick with sympathy and understanding. The teen age just suffers from lack of these qualities."

Daily Fashion Hint



SMART BEYOND DESCRIPTION

Paris-inspired are these straight-line frocks, designed especially for development in cotton fabrics. One of the plain crepes, with novelty weave rather than pronounced design, is used for the first dress, which is trimmed with tiers of its own material. A deep collar finishes the V-shaped neck, while the short sleeves are bound with bias folds of self-material. Medium size requires 5 1/2 yards 36-inch crepe.

A black-and-white combination of unusual charm is featured next, voile being the material used. The front and back are in two sections, the lower front section being cut out in a curved line above the narrow string belt. Cuffs and collar are trimmed with the skirt material. Medium size requires 1 1/2 yard 36-inch plain and 2 3/4 yards 36-inch figured material.

First Model: Pictorial Review Dress No. 2099. Sizes, 34 to 48 inches bust, and 16 to 20 yards. Price, 45 cents.

Second Model: Dress No. 2071. Sizes, 34 to 48 inches bust, and 16 to 20 yards. Price, 45 cents.

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Lithia Bakery



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Friers For
Sunday
Dinner

Eagle Market

N. Main Phone 107

Medford—New six-story addition to Hotel Medford, entailing an expenditure of \$55,000, opened to public.

NOTICE TO CONTRACTORS

Sealed Bids will be received by the Oregon State Highway Commission at ten o'clock A. M. on the 26th day of June, 1924, at Room 520, Multnomah County Court House, Portland, Oregon, for the construction of maintenance quarters on the Pacific Highway south of Ashland near the station of Siskiyou. Buildings to be 22 by 32 feet and 22 by 44 feet. Each bid must be accompanied by cash, bidders bond or certified check for an amount equal to 5 per cent of the total amount of said bid.

Plans and specifications may be obtained from the Oregon State Highway Commission at Salem, Oregon or inspected at the office of the Residential Engineer, Room 308, Medford National Bank Bldg., Medford, Oregon.

Oregon State Highway Commission,
ROY A. KLEIN, Secretary.
248—2 Fri

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in summer

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—No fire to keep up

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