

LOCAL AND PERSONAL NOTES

A Daily Chronicle of those who come and go, and events of local interest.

Masonic Calendar

This Week

Thursday—Stated communication, Ashland Lodge No. 23. Petitions, reports and miscellaneous business. No refreshments.

Friday—Hilliah Temple's ceremonial. Formal program begins at 1 p. m., at the Armory. Banquet at Elks Temple.

Nothing better than salt rising bread. Bon Ton. 84tf

Visitor in Central Point—

Mrs. Henry Enders, Jr., returned to her home in Central Point today to visit her mother who has lately returned from a Portland hospital. Mrs. Enders will return home this evening.

Oh Boy! That salt rising bread. Bon Ton. 84tf

Get Powell's famous apple cider at Powell's Confectionery corner 4th and A Sts., any time. Call 130 and have it delivered. 109-tf

New Machine Here—

Wm. Reinhart, owner of the Plaza pool hall is the latest owner of a new Maxwell machine which he is driving around the city.

Yes real salt rising bread. 80tf

High School Girl Returns—

Miss Pearl Wardle was among high school students who spent Christmas in Sacramento and Stockton with relatives. She has returned to continue her studies.

Cliff Payne makes book stands.

Mrs. Allen Ill—

Mrs. S. A. Allen is confined to her home with a gripe-cold. She has been unable to be in her office for several days.

Have a fit at Orres—Tailors for men and women. 89tf

Here from Montague—

Mr. and Mrs. C. B. Lamkin returned to Ashland to attend the funeral of Mr. Lamkin's brother, H. R. Lamkin, which was held this morning at 11 o'clock. The Lamkins are living on their farm near Montague.

Complete line of Ashland-Canned Goods at Detricks. 94-tf

Sickness is Prevalent—

Mrs. F. D. Wagner has been quite indisposed with a severe cold this week. Mrs. Angie Engle is suffering severely from a gripe-cold.

Kohman's salt rising bread. 1 lb. loaf 10c, 1 1/2 lb. loaf 15c. Bon Ton. 84-tf

Lads Have Measles—

Shirley Tuttle, four-year-old son of Leet Tuttle, Bobbie Berg, son of Leet Tuttle, Bobbie Berg, Taylor, all sons of Tiding's employes are sick with measles. All the lads were thoroughly broken out, but are going to recover soon. There are many cases of measles reported in the city and schools are suffering from long lists of absences.

We deliver the goods—Detricks 94-tf

J. B. Leach Heard From—

Friends of J. B. Leach, former resident of Ashland, an eccentric old coddler, heard lately from Mr. Leach, who is a resident of the Masonic Home in Forest Grove. Mr. Leach writes his own letter and declares that he has never felt better in his life, at one time this winter he tipped the scales at 197 pounds. Mr. Leach claims the distinction of being a charter resident of the home in Forest Grove.

Look at White Wizard ad.

Try Paulsrud's for your cleaning and pressing. Our work guaranteed odorless. 102-tf

Spends Christmas in Klamath Co.

Lester Beck, son of Mr. and Mrs. A. E. Powell, has returned from Hildebrand, in Klamath County, where he spent a wonderful vacation. He was in Klamath county during the hard storms and spent most of the time coasting, skating and sleigh riding.

Navel Oranges 2 doz. for 25c. Detricks Groceries. 94-tf

Out-of-town Guests—

Mr. and Mrs. Kirkpatrick, of Klamath Falls, were out-of-town guests last night. Wm. Kyke and wife, of Florence, Ore., and Mrs. J. W. Bergman and C. F. Bergman, also of Florence, were visitors last night from out-of-town. John Jones is among late arrivals from Bloomfield, Iowa.

Cleanup prices on odd lots in suits and overcoats, at Paulsrud's. 102-tf

January wall paper clearance sale—26 per cent discount—Swenson and Peebler.

Expected Home Today—

Mrs. Aaron Andrews is expected home today from a lengthy visit with relatives in southern California cities. She visited in Santa Cruz, Los Angeles and San Diego.

Call 411-R for cozy rooms, cabins and small apartments. 104tf

Rugs—Congoleum, Blabon Art Floor Coverings, Axminster, Brussels, Wiltons, in January Special Sale at Swenson and Peebler's.

Here from Canada—

Mr. and Mrs. O. Helms arrived here recently from an extended Eastern trip and visit in many cities. They are from Alberta, Canada, but have come here to live at the home of Mrs. Helms' father, George Yockey, in the Bellevue district.

How many rolls of wall paper in the pile? You Guess at Swenson and Peebler's, Largest Home Furnishers in Ashland.

Milk only 10c a quart at Rose Bros.

Returns Home Benefitted—

C. Shaw likes Ashland and has faith in the hot springs. He recently came here from North Bend Ore., to take treatments at Jackson Hot Springs and was so improved with a series of treatments that he has returned home greatly benefitted.

Fresh whipping cream always on hand at Rose Bros.

Cider Stand Purchased—

Mr. and Mrs. A. E. Powell, who operated the Powell's stand on the Southern Pacific platform until it was discontinued Oct. 22d have bought the Norton's shop on the corner on Fourth and A street, opposite the depot and will run the confectionery. They will continue to carry all the latest magazines along with the famous apple cider and best of home fruits. Extensive repairing is to be done on the interior of the building.

\$4.00 for writing a letter. There is no strings on it. See White Wizard ad.

Orres Cleans remodels and repairs garments for men and women upstairs. 106-2

To Enter Behnke-Walker—

Irving Porter left last night on No. 54 for Portland to enter Behnke-Walker business college. He has been spending a vacation with his parents on North Main street.

Fresh Chili Beans at Rose Bros.

For the best tamales try Rose Bros. 84-tf

Birth—

Born to Mr. and Mrs. I. R. Fridegar, January 9, 1924, a daughter.

Large loaf quality bread 10c—Bon Ton. 84tf

For pleasing see Orres. 106-2

Mrs. Davenport Ill—

Mrs. A. H. Davenport is still unable to return to her work in McGee's. Mrs. Davenport was forced to stay at home a few weeks ago with a slight cold, but came back to work after a day's absence.

Mr. Automobile Owner:—Do you know there is a difference in automobile rates? You can save money by insuring with me. Yeo, of course. 77-tf

Entered College—

Miss Freida Hanson returned to Corvallis with several other college students and has entered her final freshman year school. She resides at the home of Mr. and Mrs. A. H. Davenport when not teaching.

Let us fill your pail with Swifts Silver Leaf lard—costs less than shortening, goes farther and is more nutritious. Detricks. 94-tf

Orres cleans clothes clean. Phone 64. 89-tf

Sales Reported—

Property located at the corner of Ashland and Meade streets was sold lately from J. P. Robinson, of Portland, to John Pillerman. The place will be improved by the new owner. The Lamb property on Alida street is reported sold by J. J. Deakin to James Youngs, of Winthrop, Wash., who came to live here. An improved farm of 120 acres, five miles east of Ashland was sold lately to Frank Spafford, of Medford, from Leonard Le Blanc. All sales are reported by J. J. Deakin.



BUSTER KEATON in "OUR HOSPITALITY"

At the Young Theatre, Friday and Saturday.

NOTICE—If you own property, you carry insurance; it always pays to get my rates before you insure. Yeo, of course. 77-tf

Your moneys worth or your money back on White Wizard goods.

Late Arrival Regretted—

After hold funeral services this morning for the late H. R. Lamkin until the latest possible hour. Mrs. C. B. Lamkin arrived from Montague. She motored from Montague and was unable to arrive in time for the ceremony.

Klamath Falls Visitor Departs—Miss Louise Henry who has been visiting her sister, Miss Laura Henry since Monday returned to her home in Klamath Falls this morning. She was also a guest at the S. H. Short home.

Visiting from Tennant—

Mrs. O. O'Wingfield, of Tennant, Cal., is visiting at the home of her mother, Mrs. J. W. McDough at 830 Iowa street. She will remain here a few days longer.

Arrived Yesterday—

Clifford Jenkins arrived yesterday from Roseburg and will attend the funeral of his mother who died this morning. Mrs. Jenkins will probably come later.

St. Helens—Loading 1,000,000 feet of lumber for New York and 2,900,000 feet cargo for Japan.

POLITICAL ANNOUNCEMENT

For County Clerk

I hereby announce myself as a candidate on the republican ticket for nomination for the office of County Clerk at the May primaries.

I have for the past 5 years been a Deputy County Clerk and am familiar with every branch of the office, and if elected, I will give close attention to the duties of the office and feel confident that I will prove worthy of your support. DELILIA STEVENS.



Health Hints
by the
Father of
Physical Culture

The most general stomach disorder is that known as dyspepsia. This is a general term applied to faulty digestion. The disease must be considered more as a condition of functional disturbance of the glands of the stomach than as a diseased state of this organ.

Dyspepsia is an ailment, the growth of which is slow in character, willful disobedience to hygienic laws for a term of years often being necessary to produce a condition of chronic dyspepsia.

Constipation, often in aggravated form, must first be present before functional activity of the stomach can be seriously impaired. As the aliment develops discomfort is experienced after meals, the stomach becomes distended and flatulence follows. Owing to toxic absorption from the bowels nervous symptoms may arise such as headache, neuralgic pains, sleeplessness and dizziness. As digestion becomes increasingly difficult, the patient experiences after eating will cause proportionate discomfort. The difficulty often experienced in the cure of a case of chronic dyspepsia of long standing is primarily due to the burdened condition of the blood. This reacts upon the digestive juices, impairs their chemical efficiency and thus almost a combination of food, however digestible in theory, proves in practice a further addition to the existing burden.

Ulcer of the stomach is a frequent gastric affection which often follows as a consequence of prolonged and painful dyspepsia. The same condition of blood which, by changing the character of the digestive secretions, produces dyspepsia, will likewise be provocative of that internal soreness which precedes the outbreak of an internal ulcer. For this reason an ulcerated condition of this organ is much more common in women than in men.

The symptoms which precede a gastric ulcer are, in addition to those present in dyspepsia, hyperacidity and sour eructations, nearburn and severe stomach pain before meals. With the ulcer development more and more pain is experienced. Vomiting immediately after food is the serious symptom. These symptoms may appear and disappear for years, often the enforced rest imposed upon the stomach by the prompt rejection of all food, sufficing to bring about a temporary internal healing process.

Funeral Services Held—

Funeral services were held this morning for the late H. R. Lamkin, who passed away Tuesday in Yreka. Rev. Oldfield officiated at the service and special music was given by the Presbyterian choir. Interment was made in the Ashland cemetery.

Daily Fashion Hint



MODES OF UNUSUAL DISTINCTION

The coat, too, can be chic and simple, as the first model distinctly suggests. It is carried out in taupe marvellous, trimmed with check velours—a combination that forecasts the Spring fashions to be introduced at the smart Winter resorts. The fastening is at the left side and, if preferred, the trimming comes from the front of the coat may be omitted. Medium size requires 4 1/2 yards 34-inch plain and 1 yard 44-inch check material.

Ideal to wear under the season's wrap is one of the hip-length overblouses developed in crepe or satin. The model to the right is slashed at the front, underlaced and rolled with the collar. The underlacing is turned over on the outside to form a plait. At the shoulders a yoke effect is formed by extending the back over to the gathered fronts. Deep cuffs finish the long sleeves. Medium size requires 2 1/2 yards 36-inch material. The two-piece gathered skirt is attached to a camisole bodice and finished with a circular flounce. It requires 2 1/2 yards 34-inch material with 3/4 yard 36-inch lining for the camisole.

First Model: Pictorial Review Coat No. 1876. Sizes, 16 to 20 years, and 34 to 46 inches bust. Price, 45 cents. Second Model: Blouse No. 1870. Sizes, 34 to 46 inches bust. Price, 35 cents. Bodice Skirt No. 1831. Sizes, 37 to 51 inches hip measure. Price, 35 cents.

HARMONIOUS VIEWPOINTS NECESSARY TO PROGRESS

By S. W. STRAUSS,
President American Society for Thrift.

NOT all waste is the result of inefficient habits or methods. Thriftlessness does not consist entirely of being merely slipshod. The greatest of all losses arising from discordant mental attitudes.



It is lack of human harmony that is creating chaos in Europe today. It was lack of human harmony that brought the civilized world into that cataclysm which ended five years ago.

Lack of human harmony has caused the death of nations, the bankruptcy of business institutions, the ruin of personal fortunes, and the failure of individuals over and over again since the world began.

But what produces human harmony? Is it enforcing one's own will, opinion, desires, or selfish purposes on others without respect to their rights and feelings? Or is it meeting the situation with broad vision, liberal heart and clear thinking?

We have but to study our own lives and our own experiences to find the answer to this great truth.

Discord, jealousy and destructive motives, if they have ever found a place in our lives, have invariably reacted to our own detriment. On the other hand, when we have approached our problems and difficulties with just and generous consideration for others we have found that we gained strength, support and a helping hand.

Always is this true! Always is it the great secret of advancement, no matter in what realm of activity we find ourselves.

Help ourselves by helping others! The heights are never gained over the stepping stones of other men's failures.

Follow over the pathway that is indicated by your own best instincts. It is the part of true thrift to develop harmony in our lives because only in this way are we able to reach the utmost possibilities of self-advancement and usefulness to others.

Classified ads bring results.



Health Hints
by the
Father of
Physical Culture

BERNARR MACFADDEN

There is a substitute for exercise which may sometimes be employed with benefit in many cases in which it is impossible to engage in real muscular activity.

This substitute is massage. In many cases of illness, or of injury, massage can be used upon those parts of the body not actually involved in the injury, so as to maintain circulation and strength while the victim is convalescing. Otherwise the muscles will waste away while one is on one's back and in the case of extreme age, where one is too feeble for such active exercise, massage is available as a means of maintaining good circulation, strength and health.

In the case of a healthy man or woman it should be said that massage cannot entirely take the place of exercise. It cannot supply the active, strength-giving qualities of the latter, but even in this case, it will be helpful as a supplement to exercise. Massage consists of a kneading or manipulating of the muscles and tissues in such a way as to relieve stiffness, promote elasticity, and especially to increase circulation. Improved circulation is really the chief purpose, and it must be noted that if good circulation is maintained, health of the tissues involved will follow as a matter of course. The cells will be supplied with new building material, waste and dead matter will be carried off by the blood, and this will help keep the tissues strong and elastic.

Massage tends to increase circulation, because by the compression or squeezing of the tissues involved the blood is forced, not only out of the larger blood-vessels, but even out of the tiny capillaries, while with the next instant of relaxation, a new supply of arterial blood pours into them. This is again forced on its way, with the acquired waste matter and impurities, by the next compression or massage stroke. The increased circulation has a refreshing effect upon any part of the body subjected to its influence. Every child knows the value of rubbing a sore and stiffened muscle. Massage is a scientific development of "rubbing".

Massaging the muscles and tissues in such a way as to relieve stiffness, promote elasticity, and especially to increase circulation. Improved circulation is really the chief purpose, and it must be noted that if good circulation is maintained, health of the tissues involved will follow as a matter of course. The cells will be supplied with new building material, waste and dead matter will be carried off by the blood, and this will help keep the tissues strong and elastic.

Classified ads bring results.

RIFLES PLACED FOR PROTECTION OF TREASURY

SALEM, Jan. 10.—As an added protection against the invasion of robbers there has been installed in the state treasurer's office two racks, in which repose late model rifles.

TOO LATE TO CLASSIFY

FOR SALE—Pedigreed White Leghorn Cockerels from 250 to 285 egg mating cheap if taken at once. Mrs. W. D. Booth, Phone 257-Y. 109-3

FOR SALE—Cheap Ford touring car. Call 480 Mountain Ave. 109-3

LOST—Pair dark shell rimmed glasses. Finder return to Kay Neil, 343 East Main St. Reward. 108-2

Radio The NEW YEAR

—and with your future entertainment and connection with the progressive world—keep in touch and in tune—put a radio set in your home for happiness, education and home building. Install a radio. The greetings of the whole year can be had by radio.

Southern Radio Supply

1-3 off Fancy Goods and Handkerchiefs

All Fancy Baskets—	Less One Third
"Myrtle Wood Pieces—	Less One Third
Table Lamps and Desk Lamps—	Less One Third
Fancy Earthenware, Vases, Jardinières and Fern Bowls—	Less One Third
All Dolls and Doll Furniture—	Less One Third
Fancy Jewelry, Combs, earrings—	Less One Third
Fancy Boxed Handkerchiefs—	Less One Third
Hand Painted China, less	20 per cent
Beautiful Earthen Tea Pots, less	20 per cent
Boxed Stationery, less	20 per cent
Birds and Bird Cages, less	20 per cent

Bargains in Used Phonographs January Clearance Prices

The Enders Company
Where Your Dollar Has More Cents

THE PLAN IN BRIEF

- Proposes
1. That the United States shall immediately enter the Permanent Court of International Justice, under the conditions stated by Secretary Hughes and President Harding in February, 1923.
 2. That without becoming a member of the League of Nations as at present constituted, the United States shall offer to extend its present cooperation with the League and participate in the work of the League as a body of mutual counsel under conditions which
 3. Substitute moral force and public opinion for the military and economic force originally implied in Articles X and XVI.
 4. Safeguard the Monroe Doctrine.
 5. Accept the fact that the United States will assume no obligations under the Treat of Versailles except by Act of Congress.
 6. Propose that membership in the League should be opened to all nations.
 7. Provide for the continuing development of international law.

Ashland Daily Tidings

Ashland, Oregon

Do you approve the winning plan Yes
in substance? No
(Put an X inside the proper box.)

Name Please print

Address

City

City State

Are you a voter?

Mail promptly to

THE AMERICAN PEACE AWARD

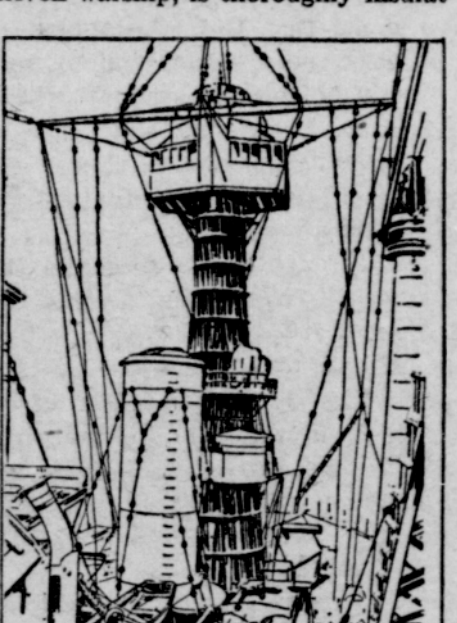
312 Madison Avenue, New York City
If you wish to express a fuller opinion also please write to the American Peace Award.

What the World Is Doing

AS SEEN BY POPULAR MECHANICS MAGAZINE

Insulators on Warship Like Strings of Beads

Every rope and stay of the "Colorado," Uncle Sam's new electrically driven warship, is thoroughly insulated.



ed, the knobs giving it the appearance of being decorated with strings of large beads. Because of the great amount of current generated aboard the vessel and also because the radio is so necessary for its guidance, no electrical leakages can be permitted anywhere aboard. According to navy officials, the craft is one of the best insulated ships afloat.

Cities Half Century Hence to be "Built in Air"

Moving the calendar ahead fifty years, some noted experts see American cities with towering skyscrapers, beside which even the tallest and most beautiful buildings of today will seem very ordinary. Even the small towns will have structures as large as those now considered huge. Street traffic will have been almost eliminated, workers will travel in subways, dirigibles, or on elevated roads at high speed. The telephone will have added improvements. Radio sets will be essential in every office and home. Houses will be heated by electricity

Automatic Gear to Replace Clutch in Autos

In the invention in England of an automatic automobile gear, which dispenses with the clutch, gear box, and the usual type of rear-drive axle, certain engineers see the beginning of a new era in the industry that will be marked by many revolutionary changes in the vehicle's mechanism. The device is said to instantly adjust itself to loads and grades without attention from the driver.

Phone Receiver Held to Ear by Bracket; Frees Hands

Free use of both hands is permitted a person using a telephone equipped with a folding steel arm recently invented, that holds the receiver to the ear. Clamped to the stand, it is easily adjusted to any position desired. With a single movement of the arm, the receiver hook is raised to signal the operator. To disconnect, the holder



A Ski Toboggan

The exhilarating sport of sliding downhill on the snow crust has much to commend it. It also has its dangers, as the crust softens toward spring, and a heavy sled is liable to break through, catapulting its passengers headlong into the frozen snow, which breaks up and presents jagged cutting edges capable of inflicting considerable



injury. A sled that is so built as to practically eliminate this danger is shown in the drawing.

It is made from a pair of old skis, securely fastened together by means of three cross pieces and two diagonal braces, as shown in the upper details. The top board and foot rail are attached to this framework by means of wood screws, and a hole is drilled through the end of each ski to take a 3/4-in. rope. This sled will slide just as easily and just as far as any other sled, and will not break through the snow crust, or turn over, due to the width of the runners. It is also light in weight and can be easily managed by small children.

Cleaning an Oil-Soaked Belt

To clean an oil-soaked belt, coil the belt loosely in a box or tub and fill the box with whiting, being sure to get the whiting between the surfaces for the entire length. Let it remain thus overnight, and the whiting will absorb the oil and leave the belt clean.