

LOCAL AND PERSONAL NOTES

A Daily Chronicle of those who come and go, and events of local interest.

Ward Hammond Home—

Ward Hammond is home for a few days with Rev and Mrs. P. K. Hammond and also to visit Miss Marguerite Hammond, who is home from Corvallis. He is working at Copco.

In Klamath Falls—

Mr. and Mrs. Rance Morris went to Klamath Falls Monday and spent Christmas with Mr. and Mrs. O. L. Carter.

Ladies, have you had a formal introduction to White Wizard?

Former Ashland Girl Weds—

The marriage of Wm. M. Welch and Gertrude Higinbotham in Yreka, Cal., December 24 marks the union of two Central Point and Medford families. Mr. Welch is the son of Mr. and Mrs. John Welch of Central Point and has been working at the Willard Electric shop in Medford. Mrs. Welch lived here a few years ago and has visited friends frequently since moving to Medford, where she has worked in the Medford telephone office. They will be at home after January first in Medford.

Old fashioned lasses cream taffy at Rose Bros.

Girls looking for a husband had better be careful whose husbands they get. You will find a good selection—at Orres tailor shop upstairs—getting measured for one of the fine all wool suits for \$24.75 with extra trousers free.

Vacationing in Grenada—

Miss Alice Vanderstufus was able to return to Grenada to spend a vacation with her parents, Mr. and Mrs. P. Vanderstufus. Miss Vanderstufus is expected here next week to visit at the home of Mrs. John Fineran, a sorority sister. She is music supervisor in schools at San Rafael, Cal.

Navel Oranges 2 doz. for 25c. Detricks Groceteria.

Maxedon Family Entertain—

Arthur Maxedon arrived Saturday night from San Francisco, where he is on duty outside the navy. He was expected home for his holidays and is visiting at the home of J. R. Maxedon on B St. With the arrival of Miss Hazel Shaver from Modoc Point, in Klamath county the Maxedon family was re-united for a short time. Arthur Maxedon will return to San Francisco Sunday evening and Miss Shaver departs tomorrow morning.

Large loaf quality bread 10c—Bon Ton.

Spent Holidays Here—

Mr. and Mrs. Richard Reddington, of Tennant, Cal., spent holidays here with friends.

For the best tamales try Rose Bros.

Will Return to College—

Miss Frieda Hanson will enter O. A. C. with the beginning of the winter term. This will not be her first term in college, but will prepare her for straight sophomore work next year when she plans to return and graduate. In the time between her other college work she taught school successfully.

Do You Know White Wizard?

Former Residents Heard From—

Mr. and Mrs. Fred Tracy plan to return from Sorrento, Florida to New York. The Tracy's are known here as Mr. Tracy worked in the Western Union repeating office a few years ago, prior to moving to California. In a letter written friends, they state they may go to Denver and it is possible they may extend their visit to Ashland.

College is Agreeable—

The Misses Ruth Eske and Lucy Davis are among the scores of others who are home for the holidays. Both girls have become more than enthused with their work at the University and declare that standards are high and hard to meet. They are living together and work at spare hours.

We deliver the goods—Detricks

Master Jack Enders Here—

Master Jack Enders is the guest of his father, Henry Enders. He is here from Medford and enjoying a full visit.

Ready-to-wear suits and overcoats at Paulserud's.

Holidays Are Good Ones—

The Misses Gladys and Ruby Derrick were able to spend Christmas at their former home in Salem. Innumerable school friends happened to be in Salem the same time and their visit was a continual round of gaities and dancing. Wednesday evening found them in Ashland with the whole trip a delightful memory.

Completa line of Ashland Canned Goods at Detricks.

Dr. Walker Returned—

Dr. Donald Walker returned last night to Astoria after a short vacation spent here with Mr. and Mrs. F. H. Walker. He will join Mrs. Walker in Portland, as she remained there rather than coming to Ashland for the holidays.

The man who pleases where he goes, can go where he pleases—especially if he wears one of Orres fine tailored-suits. See the \$24.75 specials with extra pants free.

Manager Returns—

H. J. Butterfield, manager of the Twentieth Century here, spent Wednesday in Medford at the company store acting in the absence of the Medford manager.

Yes we have no cotton suits to day they are all wool. I mean those \$24.75 ones with two legs and extra seat thrown in free at Orres tailor shop upstairs.

Story Hour Saturday—

There is to be a Story Hour Saturday afternoon at 2:30 at the public library. Good stories and a good time with all the trimmings is planned.

Cliff Payne makes stands.

Variety is the Spice—

Mr. and Mrs. A. M. Beaver and daughter, Miss Minnie, accompanied by Mrs. Walter Herndon and two sons, motored to the Summit Ranch Christmas day to eat turkey dinner. Mr. Beaver almost paralyzed those who were with him when he drove to the top of the mountain in 40 minutes. The roads were slick and the condition a bit hazardous, absolutely no accidents of any kind spoiled their day.

Do you know what takes the place of sunshine and makes white clothes whiter in the winter time? Answer—White Wizard.

Out-of-town Visitors—

The Misses Lucy Outman and Lucille Holdridge, of Talent, were guests in Ashland different days this week. Both are students in state colleges and are home with the remainder of students for their vacation.

Hear the "House of Rimmon" at the Presbyterian Church New Year's eve; dramatic reading by Dr. Mattie Shaw under the auspices of the Wednesday Club.

Business Visitor—

Z. P. Webster, of Talent, was a business visitor in Ashland today.

Under the auspices of the Wednesday Club, Dr. Mattie Shaw has consented to give the "House of Rimmon" New Year's Eve at the Presbyterian church. Everyone invited.

Home Again, Gone Again—

The W. E. Sanford family returned yesterday morning from a wonderful vacation spent in San Francisco and Sacramento. Only on Christmas day was there any rain, and the remainder of the time was spent with beautiful drives and perfect entertainment. Mrs. Sanford and Miss Helen Sanford plan to leave in the morning to spend the rest of two weeks in Portland.

Konnan's salt rising bread, 1 lb. loaf 10c, 1 1/2 lb. loaf 15c.

Grants Pass—New sawmill cut Bon Ton.

PAROLE IS TUCKER'S CHRISTMAS PRESENT

George Tucker, formerly a member of the county's prohibition forces, was granted a parole the day before Christmas. Tucker recently pleaded guilty to a charge of possessing liquor and was sentenced to 60 days in jail and to pay a fine of \$100. Tucker was injured in an automobile race at Salem last fall and is still suffering from injuries, which fact prompted the clemency extended. He will, however, be compelled to pay the fine.

JACK FROST BANISHED FOR 3-MONTH PERIOD

MOUNDSVILLE, W. Va., Dec. 27.—This city is going to be cool for three months, at least. Jack Frost has been sentenced to serve three months in jail and to pay a \$100 fine for illegally possessing moonshine.



Health Hints by the Father of Physical Culture

Those who are enthusiastic upon the subject of physical culture are not infrequently favored with a warning that they are likely to become "muscle-bound," this coming usually from dyspeptic-looking persons who do not know the meaning of the term. Somewhere they have heard the phrase, and guessing that it describes a condition to be disapproved of, do not hesitate to cry it aloud at every opportunity. In some cases they gather a vague idea that it means such an excess of muscle that one is unable to move the various parts of the body.

However, one need have no fear of any such difficulty if his methods of training are at all rational, and it may be said just at the outset that no mere bulk of muscle will interfere with one's most free and easy movement of every part, provided it is properly developed. It is only the proper and restricted use of the muscles, and not the amount of development, that can cause a "muscle-bound" condition. The term has reference to a shortening of the muscles which makes impossible complete extension and flexing of the member concerned. This condition is the result of exercises which call for greatly restricted movements, rather than the fullest possible extensions and flexions. It does not matter how heavy or massive one's muscular development, he will not be muscle-bound if he has faithfully followed this necessity for complete movements through all his training.

Old-fashioned weight lifters have taught us to guard against muscle-binding by their example. Their work with the weights involved great stress upon the muscles, and while they developed the necessary bulk and power, they did not move the weights any further than necessary. Their muscles were shortened accordingly, and people began to offer a supposed argument against physical culture because it made people muscle-bound. However, it was only the mistaken method, even for even weight-lifting may be practiced so that it will not have this result.

There are many who fancy that while exercise is of benefit to young people, yet it is not suitable for those in advanced years. This is the greatest mistake, for it is the lack of exercise in most cases which is the cause of that physical decrepitude which is so commonly associated with age.

New railroad from Crane to Seneca will be built at cost of \$1,500,000. Two sawmills to be constructed.

Grants Pass—New sawmill cut Bon Ton.

CURRENT IS CHEAP IN LOS ANGELES

Electricity Rates Are Lower Than in Any Other Big City, Is Claim.

SEATTLE RANKS NEXT

Des Moines and Kansas City Next; Average L. A. Bill Is \$1.40 a Month.

LOS ANGELES, Dec. 27.—Los Angeles municipal electric lighting rates are the lowest of any large city in the United States.

The average Angeleno pays \$1.40 monthly for the electric light in his home or supply power for the family waffle iron, while in Boston the bill is \$2.63. In New Orleans the average bill is \$2.51, while in Providence the monthly amount is \$2.38.

Statistics compiled by E. F. Scattergood, chief electrical engineer for the municipal power bureau, contain surprising figures on the average lighting bill.

THE SAN FRANCISCO SAVINGS AND LOAN SOCIETY

(The San Francisco Bank) 526 California St. and Branches San Francisco

For the quarter year ending December 31st, 1923, a dividend has been declared at the rate of four and one quarter (4 1/4) per cent per annum on all deposits, payable on and after January 2nd, 1924. Dividends not called for are added to the deposit account and earn interest from January 1st, 1924. Deposits made on or before January 10th, 1924, will earn interest from January 1st, 1924.

Interesting Traveler Returns—

Glenn Inlow arrived in Ashland Wednesday morning for a short visit with parents at 78 Mountain avenue. Mr. Inlow returned recently from the Orient where he was an eye witness to the terrible disaster in Tokio, Japan last September and some of the stories he tells and photographs he has, makes more vivid the complete destruction and terrible suffering, especially of women and little children.

Oregon has liberated in excess of 10,000 Chinese pheasants in fields of Eastern and Western part of state.

Classified ads bring results.

in 24 representative cities of the nation with a population of 100,000 or more.

Seattle, Wash., where the municipality owns the lighting system and creates its current by water power, ranks next to Los Angeles with an average of \$1.50, and Des Moines, Iowa, is third on the list with a rate of \$1.59. Kansas City, with another municipally owned plant, reports a rate of \$1.65, and cities farther west have greater rates.

"In the average home the use of electricity amounts to 25 kilowatt hours per month," Scattergood said in explaining the figures, "and at least 70 per cent of the customers are residence consumers."

"For the average lighting consumer the annual bill in Los Angeles is less than \$17. In Boston it is over \$31, and in San Francisco, under new and lower rates, were saved \$3,500,000 in 1922 by the low rates in effect here as compared with the San Francisco rates."

The table of rates in various cities based on an average of 25 kilowatt consumption for each consumer follows:

| | |
|----------------------|--------|
| Boston, Mass. | \$2.63 |
| New Orleans, La. | 2.51 |
| Providence, R. I. | 2.38 |
| Norfolk, Va. | 2.25 |
| San Antonio, Tex. | 2.25 |
| Memphis, Tenn. | 2.25 |
| Atlanta, Ga. | 2.03 |
| Minneapolis, Minn. | 2.03 |
| Salt Lake City, Utah | 2.03 |
| Baltimore, Md. | 2.00 |

| | |
|---------------------|------|
| New Haven, Conn. | 2.00 |
| Buffalo, N. Y. | 1.96 |
| Denver, Col. | 1.92 |
| Philadelphia, Pa. | 1.89 |
| Milwaukee, Wis. | 1.89 |
| Chicago, Ill. | 1.85 |
| San Francisco, Cal. | 1.80 |
| New York, N. Y. | 1.75 |
| Portland, Ore. | 1.75 |
| Detroit, Mich. | 1.66 |
| Kansas City, Mo. | 1.65 |
| Des Moines, Ia. | 1.58 |
| Seattle, Wash. | 1.50 |
| Los Angeles, Cal. | 1.41 |

TOO LATE TO CLASSIFY

FOR RENT—A cozy house-keeping room, rooming house and all conveniences. Phone 411-R, 153 Granite.

FOUND at Armory Thursday night: 1 pr. rubbers; 1 ladies glove; 1 pkg. collars size 15. Owners may have same by paying for advertising. Tidings office.

FOR SALE—My pleasant corner home, 399 Beach St.; also pile of fertilizer; an excellent heavy buggy; registered Jersey cow; Leghorn Pullets. R. D. Sanford.

FOR SALE—Buescher C Melody saxophone—nearly new. Call 42 Second St. or phone 110.

5 ROOM COTTAGE, barn, garage, chicken house, 1 acre variety of fruit on highway close in. Cash value \$2500, will trade for ranch and pay difference. Staples Realty Agency.

Vining Theatre THURS. JAN. 3

Matinee and Night

Matinee Commencing 2:30

The Oldest Theatrical Attraction In The World. Our 53rd. Annual Tour

STETSON'S STUPENDOUS PRODUCTION

UNCLE TOM'S CABIN

SOLO BAND CONCERT ORCHESTRA STREET PARADE

PRICES MATINEE: Kiddies 25c; Adults 50c. EVENING: 50c, 85c and \$1.10.

Extra! Special!

For a limited time only I am going to give you the greatest bargain of your life—a Suit or Overcoat tailored to your measure—from all Wool Materials for only \$24.75 with an extra pair of trousers thrown in as a New Year present.

THESE PRICES ARE THE ONLY PRICES AT WHICH WE CAN AFFORD TO SELL THESE SUITS AND OVERCOATS

\$24.75

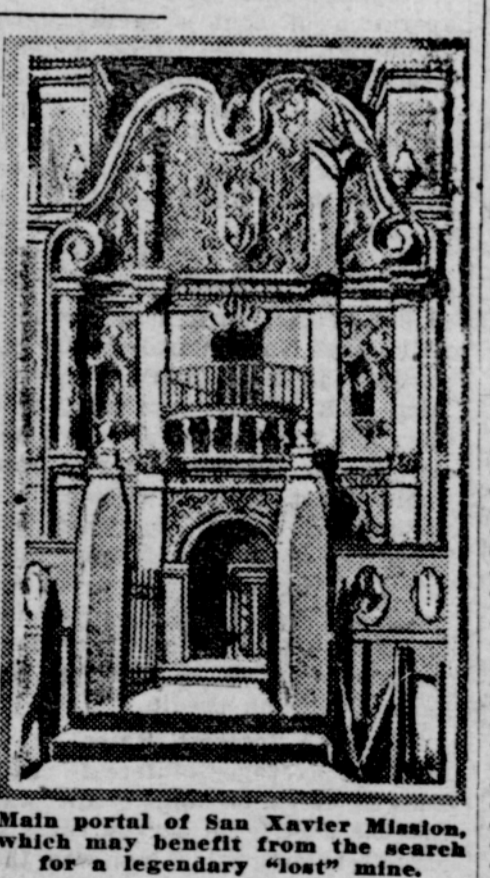
Extra Trousers Free

One hundred and forty seven all wool patterns to select from—first come, first served—most of these can not be duplicated for less than \$45.00 for Suit or Overcoat alone, at other places. Remember we guarantee a perfect fit and you must be satisfied or money back. You pay only a small deposit down—balance at your convenience.

Orres Tailor Shop, Upstairs

Novel Inspires New Yorkers' Search for "Lost" Indian Mine

New York—Like a page out of a thrilling romance of the West is the incorporation of a company that has for its aim the discovery of a fabulously rich gold mine, located in the vicinity of Tucson, Arizona, the existence of which is legend handed down from generation to generation by the members of the tribe of Papago Indians, whose ancestors inhabited that land from pre-historic times.



Running true to the type of the movie romance is the further fact that, although the incorporation of the company has been made at Albany, N. Y., by hardheaded New York business men, the seekers for the lost mine will be headed by a full-blooded Papago Indian.

According to Harry G. Kosch, attorney, at 1540 Broadway, New York City, the reading of "The Mine With the Iron Door," Harold Bell Wright's latest novel, is largely responsible for the organization of the "Canada del Oro Mining and Development Corporation," as the gold seeking company is named. Novelist Wright's latest book deals with the romance of a "lost" mine, which had been known and worked by the Indians before the advent of the Spanish into that section of America, which is now the State of Arizona.

There was so much realism and historical verity to the tale that one of the incorporators, reading it, investigated the foundation of the story and found that at the Mission of San Xavier there is the site in evidence one end of a road for mules and burros, the other end of which, before it was swept out of existence by an earthquake or a mountain slide, tradition says, ended at the portals of the mine.

The new company is named the Canada del Oro (Canyon of Gold) from the locale in Mr. Wright's novel and the incorporators, after checking up on the history and the legend of the canyon, feel they have such a good chance for success that they have arranged for equipment to begin production in the mine and to reduce the ore. Perhaps before they are through, however, they may have some experiences as thrilling as those Mr. Wright portrays in his book.

Clearance Sale of Ready to Wear

Take Advantage of A Great Chance to Save

Every Winter Coat, Every Silk Dress, Every Wool Dress all go at

10 FOR 3

WOMENS COATS - PRICED NOW

\$11.30, \$12.25, \$17.00, \$19.95, \$24.35 \$26.65, \$35.00

WOOL DRESSES - PRICED NOW

\$7.65, \$9.70, \$13.20 \$15.70, \$17.00, \$19.75, \$26.00, \$28.35

SILK DRESSES - PRICED NOW

\$13.20, \$17.00, \$19.75, \$21.00, \$26.00 \$28.35

All Childrens Coats Go In This Clearance Sale

At Greatly Reduced Prices

SEE OUR WINDOWS

THE SALE That Never Disappoints!

E. R. ISAAC & CO. "The Quality Store"

THE SALE Always Waited For!

SPECIAL! Pure virgin wool overcoats \$20. at Paulserud's.

Have a fit at Orres—Tailors for men and women.

To Ashland—

Miss Mabel Russell returned to her home in Ashland Friday, for the winter after spending most of the summer on her homestead here. Miss Russell will be greatly missed as a Sunday School leader.—The Sikhlyou News.

Paulserud's Suits give satisfaction.

In Los Angeles—

Manager G. A. Smith, of the depot hotel, is in Los Angeles a few days and Mr. Dettler of the dining car service, is in charge of the hotel during Mr. Smith's absence.

Let us fill your pail with Swifts Silver Leaf lard—costs less than shortening, goes farther and is more nutritious. Detricks.

Return to Klamath Falls—

Miss Pauline Cliff returned Wednesday to Klamath Falls to resume her work in a city bank. She spent Christmas with her mother and sisters here.

Orres cleans clothes clean. Phone 64.

Christmas in Klamath Falls—

Mr. and Mrs. Herbert McCarthy spent the holidays with Mrs. McCarthy's parents, Mr. and Mrs. J. H. Foster, in Klamath Falls.

NOTICE—If you own property, you carry Insurance; it always pays to get my rates before you insure. Yeo, of course.