Probably this is just the Information you have been seeking

LIAS anyone ever told you that II coffee and tea contain caffeine and thein-which are well-known drugs, as any doctor can tell you?

If you are troubled with nervous headaches; if you lack energy; if you don't sleep soundly and restfully at night, it may be because of the coffee or tea you are drinking.

Why not test it out for yourself and see? Stop coffee or tea for a week or two. Drink Postum instead. See if this delicious, pure cereal beverage does not help build up your system by letting you get sound, deep sleep.

The rich, satisfying flavor of Posta m will surprise and please you - and like thousands of former coffee-drinkers you may never go back to coffee-drinking again.

Ask your grocer today for Postum. Have it served piping hot, in all its rich, aromatic fragrance-and see how well you like it!

Postum comes in two forms:-Instant Postum (in tins) prepared instantly in the cup by the addition of boiling

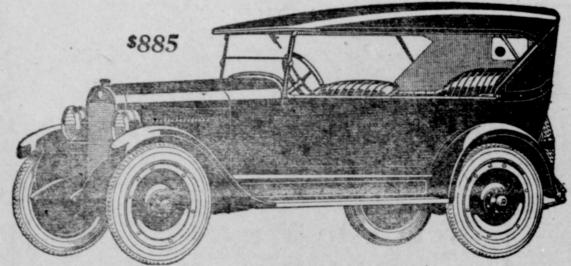
water. Postum Cereal (in packages, for those who prefer to make the drink while the meal is being prepared) made by boiling fully twenty minutes.

"There's a Reason"

for Postum

Postum Cereal Co., Inc., Battle Creek, Mich.





Owners of the good Maxwell report that it is unusually repair-proof. The tremendous inroads it is making in public favor are directly due to its superior performance.

> Cord tires, non-skid front and rear; disc steel wheels, demountable at rim and at hub; drum type lamps. Alemite lubrication, motor driven electric horn; unusually long springs, new type water tight windshield Prices F O. B. Detroit, revenue tax to be added: Touring Car, \$885; Roadster, \$685; Four-Passenger Coupe. \$1235; Sedan. \$1335

A.W. WALKER AUTO CO.

Phone 18

MEDFORD, OREGON

The Good

CHARLES LOOMIS REFUTES RUMOR **ABOUT CANDIDACY**

STATEMENT BY CHARLES L. LOOMIS

In order to settle some misunderstandings and misgivings in regard to my candidacy for mayor, I desire to make the following statement, and will ask the Tidings to print it

I am charged by some factions as being the candidate of Jesse Winburn, and by others as being the can-Dill and Mr. Johnson.

I desire here to state that I am not the candidate of any of them. Unless I can be the candidate of the COUNTY COURT PROCEEDINGS people, regardless of factions and individuals, then I miss my desire. The citizens of Ashland need to be brought together in harmonious work for the upbuilding of the town. It seems to me to be one of Ashland's paramount needs, and I shall strive for that end. I absolutely refuse to be the candidate of any individual or faction. If I am elected one citizen shall have as much influence in guiding my administration as another, regardless as to what faction they may adhere. To successfully deliver the sort of administration I hope to give Ashland, I will need the support of all the people and if elected, I shall certainly ex- Rawles Moore, district attorpect that and shall try to conduct ney's office expense\$130.49 the affairs of the city in such man- Carl R. Beebe, grand jury

It is said that my candidacy was W. L. Craig, grand jury witlaunched at a Jesse Winburn banquet, and, therefore, I am a Jesse P. H. Daily, grand jury wit-Winburn candidate, and will be directed in my administration by him. I think a fair explanation of how I Helen C. Gale, grand jury came to become a candidate is due

The day that my name was first Angie Halley, grand jury witmentioned as a candidate for mayor, I had responded to a telephone in- Howard Hill, grand jury wit-burn for the purpose of getting some J. Hale Jr., grand jury wit-50 citizens together to indorse and insist on the candidacy of Dr. R. L. J. F. Hale, grand jury wit-to urge Burdic's candidacy. Dr. Hank Johnson, grand jury Burdic was present and absolutely declined to ahow his name to be E. E. Kelly, grand jury witused as a candidate, whereupon Mr. Lester Layton, grand juror. Greer, without my knowledge and Delbert A. Lyons, grand juror 29.00 without consulting me in regard to Chas. Lindsay, grand juror 33.80 it, proposed my name as a candidate. B. F. Lindas, grand jury witto me, because, up to that time, I had not considered the matter at Harry Lofland, grand jury all. After his suggestion a petition asking me to become a candi- John Miller Jr., grand jury date was circulated, and I was in-Bert Moses, grand jury witformed that it had been signed by every person at the tables, in num- Alex Norris, grand jury witber about 50, of as fine citizens as ness Ashland possesses. A few days after B. L. Phillips, grand jury that, the railroad boys, among whom witness I count many very dear friends, or- Frank Silva. grand juror . . . ganized a Loomis-for-Mayor club, James W. Smvlie, grand juror 29.80 without any suggestion from me, and Lorraine Stoltz, grand jury pledged their unqualified support to James M. Tackelberry, grand my candidacy. In the meantime, many friends and neighbors, from Ray E. Wilson, grand jury every walk of life and every part Mr. Wynkoop, grand jury witof the city, called on me and urged me to accept the candidacy. I con- L. S. York, grand jury witsidered the matter for some time be- ness fore I decided to stand as a candi- Paul York, grand jury witdate. I tried to view it from all angles. I took into consideration my physical infirmity and my mental capacity. I love Ashland and feel Jackson County Fair Associathat a more progressive administration of her affairs would redound to F. M. McKinnis\$ her great good. So, after consider- Earl H. Utter ing the matter from every angle, I C. A. Harris

if elected. made even a better place in which

to live and rear our families. advtf CHARLES L. LOOMIS.



Mile, Paule Dumont, daughter

County Library Fund E. Fay Woolsey, librarian's	
salary\$ E. Fay Woolsey, current li-	66.66
brary expense Mildred Bliton, assistant li-	20.00
brarian's salary Marjorie Myers, assistant li-	70.00
brarian's salary Medford Book Store, library	25.00
books	3.20
W. G. Steel, library books	8.65

General County Fund witness E. E. Goodie, grand jury witness 2.40 jury witness 2.00 3.00 Total, \$781.89

So, I stand today as a candidate of no man or set of men. I feel grateful for the hearty support I am getting from all of the above named gentlemen. I do not think any one of them has the desire to dictate to me, if I am elected. None of them I am making the campaign without a pledge to any of them, nor shall I make any pledges to anybody, except to every citizen, that if you have confidence enough in me to elect me mayor, I shall appreciate the great honor and the good will indicated by your support and pledge myself to give the city my best attention and the best that is in me for a better, more economical and efficient government, with the prayer that the Great Architect of the destinies of nations and cities may give me the good judgment to administer the affairs of the city in a manner that will be a pride to citizens and of great good to the city we all love and want to see developed to greater proportions, and

ROMANCE IN WASHINGTON



date of Mr. Enders, by others as be- the French military attache in Washing the candidate of Mr. Greer, and ington, and Capt. Georges Thenault. others as being the candidate of Mr. aeronautical attache of the French embassy, whose engagement has been

County Library Fund	
E. Fay Woolsey, librarian's	
salary\$	66.66
E. Fay Woolsey, current li-	
brary expense	20.00
Mildred Bliton, assistant li-	
brarian's salary	70.00
Marjorie Myers, assistant li-	
brarian's salary	25.00
Medford Book Store, library	
books	3.20
W. G. Steel, library books	8.65
	0.00
Total, \$	193.51
C	

County Fair Fund tion, fairgrounds expense \$9440.50 BOUNTY confidence both in my mental and W. T. Buck 4.00 physical ability to fill it efficiently, F. E. Nichols Total, \$ 29.30 CHAUNCEY FLOREY, County Clerk

BUSINESS AND PROFESSIONAL

One cent the word each time.

POLITICAL ANNOUNCEMENTS

J. O. RIGG Candidate for member of the leg-

slature at the November election. If I go, I go to serve the best interests of the state, and of Jackson county, especially.

STATE REPRESENTATIVE

Having been nominated by the people at the May primary, I hereby solicit your support and votes as one of the two State Representatives in the Legislature, to be elected at the November election .- JOHN H. CAR-

Putting Her at Ease. We were being entertained at dinner at the home of a friend who had prepared a most delectable meal. Her dessert had failed and she had substituted prune whip for which she made apology.

I said: "There is nothing we like petter-whenever I haven't much to eat for a meal I serve prune whip and our family think they had a fine dinner."-Chicago Tribune.

Heroic Measures. 'You and your husband go away

every summer, don't you?" 'Yes, but I dislike doing it." "Then why do you go?"

"I have to have Tom live in a stuffy totel for a few weeks every year to make him appreciate the way I keep onse."-Boston Transcript.



THE GOOD THINGS

OF AUTUMN are many, but among the numberless blessings of peace and prosperity there is nothing so esgood, nutritious bread-the kind that tastes good, looks as good as it tastes, and proves its goodness by bringing health and vigor to all who eat it. Such bread is the kind made by

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> > ESTATE

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Houses to Rent

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W. A. SHELL BARBER

Safety blades resharpened like new. Single bit, 30c doz. Dobule bit, 60c doz

Children's Work A Specialty

have ever indicated any such desire. For State Citizens

-Operating under banking laws especially drafted to protect the best interests of the citizens of the state, this institution is in a particularly favorable position to give unusual banking service.

-A state bank for citizens of the state.

The Citizens Bank of Ashland

Ashland, Oregon

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DR. ERNEST A. WOODS-Practice limited to eye, car, nose and throat. Office hours, 10 to 12 and 2 to 5. Swedenburg Bldg., Ash

OR. J. J. EMMENS-Physic'an and Surgeon. Practice limited to eye, ear, nose and throat. G'isses supplied. Oculist and aurist for S. P. R. R. Offices, M. F. and B. Bldg., Medford, Ore. Phone 567

DR. MATTIE B. SHAW-Residence and office, 108 Pioneer avenue, Telephone 28. Office house, 10 to 12 a. m.; 2 to 5 p. m., only.

CHIROPRACTORS.

DR. E. B. ANGELL-Chiropractic and Electro-Therapy. The combination does wonders. First Nat'l Bank Bldg. Phone 48-142. "Nature abhors a vacuum" tf

CONVALESCENT HOME

CONVALESCENT HOME - Good cheer. Good care. Good food. Terms reasonable. 153 Granite St., Phone 411-R.

MUSICAL INSTRUCTION VIOLIN STUDIO-116 Church St Individual instruction on violin-Sevcik method Orchestra and ensemble work. Harmony, theory and history. Leonard C. Petit.

TRANSFER AND EXPRESS

FCR prompt and careful service auto trucks or horse drays, call Whittle Transfer Co. Phone 117 Office, 89 Oak street near Hotel

T. L. POWELL-GENERAL TRANS FER - Good team and motor trucks. Good service at a reason able price. Phone 83.

WANTED.

WANTED-50 to 100 cords 4-foot first growth fir. Ashland Hotel

WANTED-Furnished house for two adults. Inquire 173 Oak St. or

WANTED TO BUY-Second hand lumber or old buildings. Merton E. Thompson, 128 Factory St.

FOR RENT.

FOR RENT-Five room, ground floor furnished apartment, with piano. Lights and water furnished. Inquire Needlecraft Shop, 50 East Main

FOR EXCHANGE

FOR TRADE-160 acre unincum bered ranch on Pacific highway and county road, near Hilt; small house and outbuildings; good stock or chicken ranch with plenty of wood and tillable land. Will trade for unincumbered Ashland acreage: prefer no house, but would ensider acreage with smal! house. Eleanor Greer, 199 Gran.

FOR SALE.

FOR SALE-Small dairy route of ten cows. Inquire 272 Orange Ave., or phone 444-J.

FOR SALE-A number of good milk cows. Will be fresh next month. Price reasonable. Also young pigs. See J. W. Bailey, Talent, Ore. 30tf

SWEET CIDER-Made fresh every day. Two gallons 75c, one gallon 40c, delivered. Phone 9-F-11.

APPLES-20 ounce Pippins, 50 lb. box, 75c delivered. Phone 9-F-11. FOR SALE-Goat milk. Adderss P.

O. Box-463. FOR SALE-Fixtures of Fourth St meat market. Call 157 Mechanic

FOR SALE-Mitchell 1916 car, ia tains. Price \$250. Call 462 B street, evenings.

FOR SALE-Why not build out on the highway, where you can keep a cow and chickens. I have some nice 5-acre tracts on highway. Can sell cheap and give terms. Only 10 minutes out. O. A. Manning, Talent, Or.

FOR SALE-Chiffonier and girls' bicycle. Inquire 220 Garfield.

FOR SALE-Eight room modern home; one acre of fruit in good location. Phone 199. 39tf

Good Insurance

up with the idea of protecting the people of Ashland and vicinity with SOUND INSURANCE. We ANCE; if we considered it safe for the assured, we would have had it to sell at this office years ago. The agent of cheap insurance gets all his stuff is worth. No one can afford to lose even once on fire insurance.

Billings Agency

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