Local and Personal
natain tuen Anto fripy


First Company Secures World Renowned Artist


For twenty hours this food is baked-one reason you like it-another reason why it digests so easily.
One of the important things in connection with
any cereal food is to have it thoroughly baked or
cooke. For baking or cooking changes the starch
of the grains.

SIMPSON'S HARDWARE


## $\$ 1.00$ Genuine Gillette Safety Razor

phar said corporation,", we are plan-
for sur
ning how to make it community. The bullding will sta
col sometime in September and we are
going to have a big drive for money going to have a big drive for money
during that month.
You wit save yourself time and
hearing by sending your checks now hearing by sending your checks now
to Mrs. Mary Wilshire, 87 Granite
street. We are not going to ask you to advertise in a program, or to at
tend an entertainment, or contribute to a rummage sale, or buy a cake.
we want you to give outright of your

## We sell <br> Brick Ice Cream

chocolates
vanmal
STRAWBERRY
MAPLE NGT
Ashland Creamery


BUSINESS AND PROFESSIONAL

## 

ATTORNEYS.

 $\frac{\text { OHIROPRACTORS. }}{\text { GEO. J. KINZ - Chiropracto }}$ Residence Plione tol 40.
SHLAND HRALTHATORITM-D

DRS, SAWYER \& CRANDALL
OSTEOPATHIC PHYSICIANS
Pioneer Builining.

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Grape-Nuts is the longest baked of all cereal foods,
It is scientifically baked at carefully regulated tem-
peratures for 20 hours. This is one of the reasons peratures for 20 hours. This is one on the reasons
why Grape-Nuts digests so easily; why it agrees
with mapy people who cannot with many people who cannot take any other form
of cereal without producing fermentation.

A goodly part of Grape-Nuts is converted into
dextrose, ready to be immediately assimilated by
the system, and yield strength and energy the system, and yield strength and energy. A
further portion has partially undergone this change, further portion has partially undergone this change,
while there remains sufficient unchanged cereal to strengthen the digestive organs. It is then in a
condition to meet the various requirements of the
digestive system.

If you want to eat a most strengthening and nour-
ishing food, and one that will digest more readily, go to your grocer today and get a package of Grape to your grocer today and get a package of Grape-
Nuts. Eat it with stewed fruit or as a cereal with milk or cream; or make it into an appetizing pudding Every member of the family will enjoy its deli-
cious flavor and wholesomeness.

Grape-Nuts-the Body Builder
"There's a Reason"



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Don't Expose Your Property to Loss






Billings Agency


J. D. Beeson has returned frou
Lake or wooss where he has been
engaged in construction work, hav-


Cool ort in Rose Bros. Ice cream
parlor where quality tee creams and
Deer Hunt on Umpqua Rivern-
o. w. Long. an emploge of the
Southern Pacific company, lef yee
terday for the "big sticks" on the

 and family were business visitors in
Ashland yesterday. They are return-
ing to their home at Corvalls, after Oregon.
If you want the best there is, eat

## May Locate Here- Mr. and Mrs. Sidney Foster, of Nyssa, who have been considering the purchase of property in this

 city, left for Roseburg yesterday. They stated that they may returnto this city with plans for locating
here. some control over public
which can't be controlled
municipal authirities
mumicipal authirities. It is claimed
a number of publice dances are being
given in Jackson county which do
not comply with these regal regula-
tions-Mail Tribune
$\qquad$ month for the support of the band;
1916 it was $\$ 5$ each month and two



