ture to reach the boiling point again,

then add remaining sugar and cook

top of the strawberries and place in

One cup hulled strawberries cut

and store in glasses as you would

sugar, one cup cream whipped, two

Lady fingers or stale sponge cake.

CASCO BAL

Father says -

ATHLETIC

Ashland Tidings Heavy Shipment of Established 1876 Published Every Evening Except Pears Is Expected THE ASHLAND PRINTING CO. OFFICIAL CITY AND COUNTY

TELEPHONE 39 Subscription Price Delivered in City One month\$.65 Six months 3.75 Chicago brought \$8.50 a box. Later One year 2.50 shipments in car lots brought from ADVERTISING RATES: Display Advertising

Single insertion, each inch 30c storms that have blown off the fruit. YEARLY CONTRACTS Display Advertising two times a week......25c i'very other day......20c Local Beaders. Each line, each time. 10c To run every other day for one

Classified Column. One cent the word each time. more, 1/2 c the word each time. Legal Rate:

To run every issue for one month

First Time, per 8 point line Each subsequent time, per 8 point

Card of Thanks, \$1.00.

Obituaries, 21/2 cents the line. Fraternal Orders and Societies. Advertising for fraternal orders ation fee and dues, no discount. Religious and benevolent orders will be

What Constitutes Advertising! tutes news and what advertising, we print this very simple rule which is used by newspapers to differin-atiate between them: "ALL future events, where an admission charge is made or a collection is taken Fruit Raisers Tell IS ADVERTISING." This applies to organizations and societies of every kind as well as to individuals.

All reports of such activities after they have occurred is news. All coming social or organization meetings of societies where no money contribution is selicited, inftiation charged, or collection taken is NEWS.

> We make all quotations on JOR WORK

THE FRANKLIN PRICE LIST. Same prices-Reasonable Price-

Entered at the Ashland, Oregon,

Immodest words admit of no defence, For want of decency is want of sense

Blessed are those who, on the stage, on the screen, on the lecture platform, in books, in the press, in the daily contacts of life, mak oth-

The art of keeping cool and unruffled is the simplest of arts. Because it is so simple is the reason so many do not practice the art.

Being secretary of the treasury during this crucial period is a man's size task, as Mr. Mellon can attest.

There is only one 'ism that is tolerable among loyal citizens of this

country-Americanism CIVIC IMPROVEMENT CLUB

DISCONTINUES MEETINGS

By MRS. JOHN H. DILL The Civic Improvement club met of a local moving picture theatre. at the round table in Lithia Park A new policy has been inaugurated twenty minutes, counting the time yesterday afternoon. A short busi- at the theatre Smith manages. There after boiling actually begins ness session was held and it was are no ticket sellers or takers in the decided that meetings would be dis- lobby. All persons are admitted free continued until the first Tuesday in September, as there is no special to the door where a box with a slot work to be done until that time.

SHOO FLY Spray your animals with Shoo Fly and keep the flies away.

ICELESS COOLERS

Use Iceless Cooler and make it pay for itself in a year in ice bills.

New White Sewing Machines, always on hand. Used machines for ally all the theatre patrons pay. The

From R. R. Valley

The first shipment of early California pears to Bosto nauctioned for \$7 a box and a similar shipment to \$5.80 to \$6.50 a box. It looks good for the Northwest this year for that is the only section where the crop is near normal, except in California where the prospects are gradually being reduced by hot winds and

The Medford-Ashland district expects to ship around 550 carloads of pears and the Yakia estimates are in for 1600 earloads. Railroads are making preparations for the heavy crop and it is expected that there month, each line, each time 7c will be no car shortage this year.

or more, each line, each time.... 5c Oregon Growers Co-operative association states that a high wind in To run every issue for one month or the Sacramento valley has blown off about 6000 or 7000 tons of pears. making a reduction of nearly 30 per cent in that district which means a 5c 10 per cent reduction of pear crop estimates for the whole of Call-

or societies charging a regular initi- Delta and Placer counties from hot the fruit acids act as an appetizer winds, will materially reduce the charged the regular rate for all ad- California yield which, earlier in the vertising when an admission or other season was estimated at 75 per cent normal. The July report of the The best time, then, to eat acid fruits United States department of agricul-In order to allay a misunderstand- ture, bureau of crop estimates, indiing among some as to what consti- cates that the pear crop in many raisins, dates and bananas, are best

R. R. Officials Of Shipment Needs

officials of the Southern Pacific road may be used for jams and fruit but- Cream should be beaten very stiff, in Medford July 12 to discuss prob- ters. lems relating to the movement of Too often fruit is considered a strawberries and marshmallows. Fill the apple crop this fall. This was luxury rather than a necessity. The sherbet cups or tall glasses with the annual meeting at which the judicious use of both fresh and mixture, garnish with whole berries shippers have an opportunity to state cooked fruits means better health and serve very cold. their needs to the railroad men and and satisfaction for each members of Bar le Duc Currants nearly all of the concerns engaged the household. The addition of su- Use only large firm fruit. Weigh n shipping fru't from Oregon were gar to cooked fruit greatly increases and use an equal weight of strained

ted this fall there will no doubt be a strong demand for re- about the inversion of the sugar, mer, then cook down the syrup unfrigerator cars this season, but it is which is one of the first steps in its til thick. Pour it over the fruit expected that the Southern Pacific digestion. will be able to furnish all of the cars needed in Oregon when the crop be-

that all of the roads will cut down fruit is never perfect in either

MOVIE PATRONS PROVE

UNTIL SEPTEMBER ty-nine out of every hundred per- Prepare the fruit; weigh and allow sons in the United States, and every- three-quarter jound of sugar to body in Hornell is honest, accord- every pound of Lerries. Crush the (Cor. Sec. Civic Improvement Club) ing to Charles S. Smith, manager fruit, put over a slow fire and heat

After viewing the show they walk

liked the performance they drop thirty cents in the box. There is no attendant to stop the patrons if they don't care to drop the money in the box. There is a girl stationed at a little booth just inside the lobby to provide change for the patrons who want the correct amount.

Manager Smith says that practiconly ones who don't drop their money into the box, according to Smith, Peil's Corner are the ones dissatisfied with the

Domestic Science Department Conducted by

Mrs. Belle De Graf

omestic Science Director

Sperry Flour Co.

thick, not watery.

Strawberry Sauce.

ies of fruit keep well and have clear complexions. Fruits have no great value from a nutritive standpoint. They are composed largely of water, which makes them refreshing, varying amounts of fruit sugar and, most important of all, are valued for the minerals and acids they contain. Fruit sugars are easily digested and the minerals and acids act as regulators, body-cleansers and blood purfiers, and also aid the body in acidizing other kinds of food. A glass of orange juice taken the first thing in the morning acts as a medicine. This is due to the fact that no other

while beneficial, it will lack the med-Many people find that acid fruits interfere with digestion when eaten with cereal or other starchy foods. This will not happen, however, if either food is eaten alone. To many when taken as a first course for breakfast, and it will often stimulate a somewhat lagging appetite.

food is present in the stomach at

the time. If taken with other foods.

must be decided by each individual. Sweet fruits, such as prunes, figs, states varies from failure to a half to serve with starchy foods and cereals. With the exception of bahanas all these fruits furnih enough sugar beaten stiff, then add one at a time, for the cereal.

Eat only round ripe fruit. Raw green fruit is dangerously indigest a slow oven. ible, but may be cooked and found Marshmallow Strawberry Pudding perfectly satisfactory. Over-ripe or partly decayed fruit is poisonous in halves, one-third cup marshmalfrom the bacteria it contains and lows, cut fine, one cup cream whipshould never be used, raw or cooked. ped, one-third cup sugar, one tea-Fruit shippers met with railroad Fruit merely bruised, but not spoiled spoon vanila extract.

its nutritive value and cooking sugar honey. Heat honey, add fruit, let Due to the large crop of apples at a high temperature in conjunction simmer very slowly about five minwith the acid of the fruit brings utes, remove the fruit with a skim-

Wholesome Forms

For this reason jams, marmalades Raspherry Charlotte Russe g'ns to move, and it is not thought and preserves are considered one of One cup raspberries, one third cup that serious delays will be met with the most wholesome ways in which sugar may be eaten. To be at its teaspoons of granulated gelatine, one-Getting the fruit to market in the best for cooking or canning, fruit fourth cup cold water. shortest possible time is of vital im- should be a little under-rine. When portance to the shipper on account canning or preserving, to obtain the of price fluctuations and the perish- best results, the fruit should retain ability of the fruit, and it is expected both shape and flavor. Over-ripe on the time between here and east- or shape. Berries and all small fruits should be handled in small quantities to avoid crushing them and should be washed before removing the stems or hulls. Fruits should THEATRE MANAGER be used most liberally; in fact, cou-

sidered a necessity. HORNELL, N. Y., July 21.—Nine- General Recipe for All Berry Jams to the boiling point, then boil about

When the body begins to stiffe: and movement becomes painful i is usually an indication that th kidneys are out of order. Kee these organs healthy by takin

GOLD MEDAL

The world's standard remedy for kidney Pamous since 1696. Take regularly an keep in good health. In three sizes, al

Don't Expose Your Property to Loss

If you were carrying \$5,000 or more of cash in your car you'd want to have it insured.

But are you not driving your car, with about all of your property exposed?

If you injure a man, and he obtains a damage verdict against you, you've got to pay it.

If you haven't the cash, your property can be sold to get it. Don't risk your house, your bank account, your business. Let a first class automobile policy stand between your worldly goods and the result of that possible accident. DO IT NOW. A few dollars today may save you a few thousand tonight.

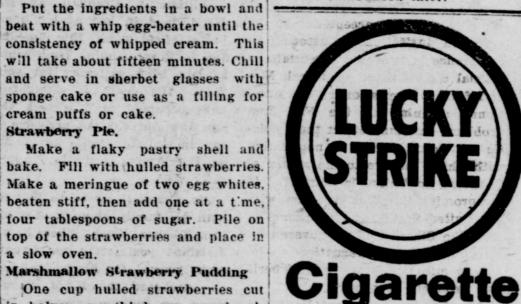
Soak gelatine in cold water, then dissolve by setting in a dish of hot water, stir until cool and creamy, then add to the raspberries which have been pressed through a sleve and sugar added. Set mixture in cold water and stir until thick, then carefully fold in the whipped cream. Line a mold with lady fingers, pour in the mixture and set aside to bemaking only a small quantity of jam come firm. Unmold to serve. add half the sugar: allow the mix-

FARM BUREAU PICNIC

until when tested-by placing a The Jackson County Farm Bureau spoonful on a cold plate—the jam picnic to be held in Lithia Park, Ashdoes not separate and the syrup is land, Saturday, July 23, promises to be the biggest event of the season. If making a large quantity of jam, Farmers from all over the county add sugar in small quantities, alloware planning on coming by whole ing the jam to reach the boiling point communities, also large farmer delebefore adding more. A very little gations from Josephine and Klamath lemon juice improves the flavor of

Wash a cup of hulled strawberries add half a cup sugar, a pinch of nut- senting the Medford pitchers issues meg and set aside in a cool place unt!l wanted. Use as a sauce for of Ashland. Assistant County Agent cottage pudding, corn starch, blanc Holibaugh is scouting among the mange, tapico pudding, any form of farmers for a team to clean both gelatine or pour over vanila ice Medford and Ashland, and is confident he will find the team to do it.

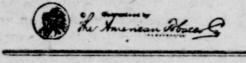
A tug of war and other events are One cup hulled strawberries, one being arranged between communicup granulated sugar, one egg white ties. Other events on the program will be announced later.



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delicious Burley tobacco flavor.

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Comply With the Law

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CCORDING to the ruling of the Oregon A Dairy and Food Commission all dairy butter sold or exposed for sale in this state must be wrapped in butter paper upon which is printed the words "Oregon Dairy Butter, 16 (or 32) ounces full weight," with the name and address of the maker.

To enable patrons of the Tidings to easily comply with this ruling this office has put in a supply of the standard sizes of butter paper and will print it in lots of 100 sheets and upward and deliver it by parcels post at the following prices:

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