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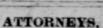
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to yolks and add gradually to dry Every housewife who is interested ingredients; mix well, and fold in n the development and weifare of the stiffly beaten whites and the the Pacific coast will have purchased California r'ce during the past week's heated waffie iron.

rice campaign. Sweet California Rice Cakes Rice deserves to be more com-Two cups cooked California rice, able for this dish. monly used and better appreciated Work guaranteed. Phone 63., P. on the Pacific coast, particularly the 1 egg, 4 cup sugar, Beat egg, add California Rice and Meat Loaf California rice. The average house- sugar and rice. Shape into flat cakes Two cups cold cooked meat, cut wife does not know or realize to and roll in flour and fry on a hot in dice, I cup stock or gravy, 3 tablewhat extent rice is grown in Cali- griddle. Serve with maple syrup or spoons shortening, 3 tablespoons of Plain California Rice Pudding world where rice is raised it forms! the principal diet of all classes, rich and poor alike, and the rice-eating

nations comprise at least one half the population of the world. One reason rice is not more poplar in the average household is because the housew'fe does not underring occasionally; add remaining in- with a tomato sauce. stand how to cook this cereal so that gredients and bake from a half to It is appetizing and palatable. Un one hour longer. Do not stir after One cup California rice, 4 tablefortunately it is usually served in a formless, sticky mass, neither appealcome a golden brown on top. ing to the eye nor appetite. But, California Rice Fruit Pudding properly prepared, rice takes on a different appearance; it will be dry

pleasing to the eye as well as to plain pudding. California Custard Rice Pudding Important Method of Cooking Rice This is really a very easy method for cooking rice and, prepared in this manner, all the nutriment is retained 2 eggs, 1/2 cup scalded milk, 1 tea- Season with salt and add olives just Starting California rice to cook in spoon vanilla or grated rind and before serving. Cooked cold rice may has a tendency to impair the flavor -so it is better to add it after the rice is almost cooked. Rice cooked set aside to cool. Beat eggs, add the in this manner w'll be dry, each gra'n additional half-cup scalded m'lk, sudistinct, and no tendency to stickigar and flavoring; combine with rice ness. If desired, the rice mya be and pour into a buttered baking dish cooked in milk; however, it is really and bake slowly until firm. Pour a more satisfactory to first cook the little melted butter over the top and rice in cold water, then add milk sprinkle thickly with powdered sufor puddings, etc. Old fashioned rice gar and return to over to glaze. For for itself in a year in ice bills. pudding calls for uncooked rice and chocolate rice pudding, melt two New White Sewing Machines, al-Chestnut Brown Color | milk, cooked in the oven. This is a squares of unsweetened chocolate and ways on hand. Used machines for very delicious pudding. When cook- add to the mexture, omitting the rent. ing rice in milk be sure the milk is flavoring.

California Rice Croquettes

Two cups cooked California rice

Boiled Califirm'a Rice Wash the thoroughly in several waters until water is clear. Put in parts cold water, cover closely and rapidly about " minutes, then add teason to least to each cup of uncooked rice, riduce heat, cover closely and let steam about 15 minutes, or un'l rice is for der and dry Do not stir nor add more water and

fresh. Curdled rice padding

been added too soon, or because the

A delicate pudding in which rice

has cooked to a cream, requires a

slow even, milk only a day eld, no

salt, flavoring or fruit added until

the rudding is almost cooked.

oven is too hot

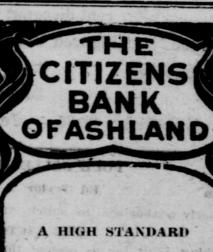
each grain distinct, no appearance of

stickiness whatsoever, and will be

keep closely covered. Rice Muffins One cup flour, 1/2 teaspoon salt, 1-3 cup sugar, 4 teaspoons baking powder, 1 egg beaten, 1 cup milk, 1 cup cooked California rice, 1 table spoon beaten shortening. Sift first four ingredients; add milk to the beaten egg, then cooked rice, dry ingredients and melted shortening. Be t until smooth and bake in well greased heated muffin pans in a hot oven about 20 minutes.

Rice Griddle Cakes One cup flour. 1/2 teaspoon salt. 1 tablespoon sugar, 4 teaspoons baking powder, 1 egg beaten, 1% cup milk, 1 cup cooked California rice. ift first four ingredients; beat egg, add milk, then cooked rice, and add gradually dry ingredients, beating to a smooth batter. Bake at once on a hot griddle.

Rice Waffles One cup flour, 1/2 teaspoon salt, 3 teaspoons baking powder, 2 eggs beaten separately, 1% cups milk, 1 cup cooked California rice. 2 tablespoons melted shortening. Sift first three ingredients. Beat whites of eggs until stiff, the youlks until creamy; add milk and cooked rice



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is eminently satisfactory.

1 egg beaten, 1 teaspoon onion juice, 1 teaspoon lemon juice, 1/2 teaspoon salt, pepper to taste, 1 tablespoon melted butter. Mix all ingredients, shape into balls, roll in bread crumbs and then in slightly beaten egg, to which a tablespoon of water has been added; then in crumbs again, and fry in deep fat until a golden brown. Serve as a garnish for meat or fish. California Rice with Fruit

Sweeten and mash to a pulp any fresh or canned fruit. Mold cooked rice in custard cups. Turn out and shortening. Cook at once on a well pour the fruit mixture over each one. Any of the berries, cooked prunes or canned apricots or peaches are suit-

flour, 2 cups cooked California rice. 1/2 teaspoon salt, 1 teaspoon onion Two cups fresh milk, 2 tablespoon juice, pepper to taste. Melt shorten-California rice, 1/4 teaspoon salt, 1/4 ing, add flour, mix until smooth. cup sugar, 1 teaspoon of vanilla. Add stock, cook until thick. Add Wash rice thoroughly and dra'n; remaining ingredients, except rice. place in a buttered pudding dish and Butter a breadpan, line with rice, pour in milk. Bake 'n a slow oven pressing firmly. Add meat, cover for about one and a half hours, stir- with rice. Bake until firm and serve

adding ingredients, but allow to be spoons butter or olive oil, 1 small onion sliced thin, 1 cup stock, 1 cup strained tomato, 2 tablespoons chop-Add a cup of chopped figs or a ped ripe olives, 1-3 cup grated cheese, cup of seeded raisins to the plain 2 tablespoons shredded green peprice pudding when adding the salt, per. Heat shortening and fry onion sugar, etc. Bake as directed for slowly until a golden brown; add the uncooked rice, which has been well washed and drained. Fry rice One-third cup California rice, 1 until yellow, stirring constantly, then cup cold milk, 1 cup cold water, 1/2 add stock, strained tomato and green teaspoon salt, 1 tablespoon butter, pepper. Simmer until rice is tender. juice of lemon. Wash rice well; put be used, heating it in the tomato and rice, milk and water in a saucepan stock. This makes a very nice stufand cook until soft; add butter and fing for green peppers or tomatoes

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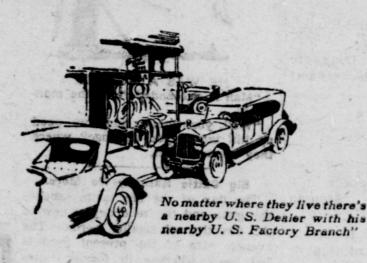
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