

WOMEN ALWAYS TIRED.

Mrs. Henry Ward Beecher Says She Has Known

But Half a Dozen Women Who Were Thoroughly Well.

The Routine of Domestic Tasks Over drain Their Nerve Force.

"Among all my friends—and the number of my acquaintances has necessarily been rather large," says Mrs. Henry Ward Beecher, "I can recall but half a dozen thoroughly well women."

So many, in order to obtain the reputation of being good housewives, work from morning till night, cooking, sweeping and overhauling.

"What would the household like," they ask, "if I were not constantly looking after it?"

It would certainly look a great deal more home like if the wife and mother kept her health and high spirits instead of growing old and careworn from the struggle with dust and neglect of their tired, aching nerves, and pale watery blood that daily becomes more and more badly nourished.

It is not the healthy weariness of muscle and brain, so easily forgotten after a good night's sleep; but it is the



MRS. E. L. WING.

weariness that remains till morning, and follows one through the day, that should cause anxiety and a desire for prompt relief.

When the nerves and the blood have thus become so badly nourished and the strength thus reduced, food—food appropriate for building up the nerve tissue—and rest, are the plain and simple means, in fact, the only means of restoring vigor and health. All the material so urgently needed by the million of exhausted nerve cells and by the thin, depleted blood are found in that remarkable invigorator, that food for the brain and nerves, Paine's celery compound. It fills the nerves and muscular tissues all over the body with the means of rapid growth, the blood gains new red corpuscles and grows ruddy and capable of thoroughly feeding the body. The strength returns, and headaches, dyspepsia, neuralgia, and nervous debility disappear when the tone of the system has been thus raised and the body abundantly supplied with fresh, life-giving blood.

The very first week in which this perfect nerve food, Paine's celery compound is conscientiously employed, it will declare its tonic effect by the feeling of returning strength, a marked increase in the appetite, freedom from pain and depression.

Paine's celery compound cures radically and permanently rheumatism, heart weakness, diseases of the liver and kidneys, and encourages the excretory organs to expel whatever impure humors there may be in the blood. This is evident by the healthier, clearer condition of the skin that physicians say invariably follows when they prescribe Paine's celery compound, as they so commonly do where the body needs building up and when recovery is slow after acute diseases.

Here is the experience of Mrs. E. L. Wing, of Putney, Vt., told in her own words:

"I had been afflicted with rheumatism and neuralgia for many years. In a year and a half I have taken eight bottles of Paine's celery compound and have not been so free from these troubles in 15 years as I am now. I advise all who are afflicted in any way with rheumatism or neuralgia to use Paine's celery compound.

"For the nerves and tired feelings, I think it is the best dose of ambition that I have ever found. Before I had taken one bottle I felt almost like another person. Other medicines have given me only temporary relief. But the compound has done me more permanent good than the doctors or any other medicine, and I can hardly feel grateful enough for the benefit that I have derived from its use."

A GALLANT LITTLE CRAFT.

Although Tempest Tossed by the Great Storm, the Coloma Behaved Admirably.

George Stroubridge, the well-known druggist, says the Sun, in receipt of a letter from Captain Noyes that shows that the trim little bark Coloma is all right as a seafarer. The letter was written October 23 in longitude 120 degrees 10 minutes and latitude 26 degrees 02 minutes, and was posted with a passing ship, heading for this coast. The Coloma was at that time two or three days out of Astoria, and it was just about the time of the great storm

in which the Ivanhoe is supposed to have been lost. Considerable anxiety was felt here by friends of the passengers for her safety. Captain Noyes writes that it was blowing and raining like "all fish-hooks." The wind was strong from the east, and as he turned the nose of the Coloma toward the south the little craft behaved admirably.

Among the passengers on board the Coloma, besides the gallant captain and his crew, were Miss Durham, daughter of R. L. Durham, and a lady friend, and Mr. Deen and family, of this city, and Mr. Williams, of Hong Kong.

Captain Noyes also writes that the crew he took on board is standing the voyage splendidly, and that, notwithstanding the close proximity of water, the milk had not deteriorated in quality or diminished in quantity.

PENNOYER'S HOT TALK.

He Denounces Cleveland, Dr. Parkhurst and Wall Street.

A Good Word for Tammany—The Campaign in Washington—Democrats All for Harmony.

(Oregonian.)

Governor Sylvester Pennoyer seems to regard the outcome of the recent election in the light of a huge joke on the Democratic party, planned and executed by Wall street and President Cleveland. The defeat of the Democratic party, he says, did not surprise him, but he was somewhat astonished at the "bigness" of it. The governor, by request, prepared the following brief statement for the press:

"Two years ago the people jumped out of the frying-pan into the fire. This year they have jumped back into the frying-pan again. This election is really an unwitting rebuke to Cleveland for adhering to the Republican financial policy until the country is nearly bankrupt."

When seen at his residence last night Governor Pennoyer very emphatically declared that he had nothing to add to the above expression of his views at the present time, but he courteously answered a number of questions propounded to him upon various phases of the election. Several times he hesitated, as if about to give vent to his feelings, but after glancing thoughtfully at the corner of the rug at his feet, shook his head, laughed heartily, and said that he might say something that would startle the public, but guessed that he had better not do so now. When pressed to explain Tammany's defeat, he at length said:

"A very prominent citizen of this city, ex-Senator Corbett, said publicly a year ago that he owned property in New York and in Portland, and that he knew from experience that the taxes in the former city were only half as great as at home. Tammany gave New York an economical government. It may have been a little corrupt, but not more so than that of any other large city in the land. The recent Lexow inquiry only developed the fact that the police were taking money from the prostitutes and gamblers, and where don't they do that?"

"Tammany was the only power that successfully fought Wall street, and we owe it much for that. It was Tammany that elected Thomas Jefferson, and that fought the power of the banks under the banner of Jackson and election president. I attribute the downfall of Tammany to the combined power of Wall street, Grover Cleveland and Parkhurst—a trinity of skunks. Cleveland is a fraud, so is Parkhurst, and Wall street is the greatest of the three. I have a warm spot in my heart for Tammany, if for no other reason than simply because it always reckoned Cleveland a fraud. It was the money power that elected Cleveland, and through him, defeated Tammany, and now the people will be kept dancing about in the frying-pan for another two years."

"I do not care to say more, nor can I make any prediction for the future. The time is not ripe. The Democratic party has been defeated, and badly defeated, and we must now wait to see how it will recuperate."

During the time he was talking the governor seemed to be brimming over with good humor. He apparently was tempted to express his views more freely, but refrained from doing so for reasons which he did not explain.

From an outside source it was learned that Governor Pennoyer grew quite familiar over the defeat of Representative Wilson in West Virginia. He sent him a copy of his recent Thanksgiving proclamation, with the following words underscored:

"In the day of adversity, consider."

Shoes and blues rhyme, but if you buy your shoes, you will never have the blues. The fall stock is now ready, and every bit of the extravagance has been taken out of the price. Goodman & Co.

Clap a magnifying glass upon a piece of Marshall's twine. Notice the threads—plump, round, even. Honest work in every twist that changed that flax into cord. The best fishermen on the river use Marshall's twine. Why shouldn't you.

The Astoria Wood Yard has received a lot of dry oak wood which is just the thing for those wishing a cheerful wood fire in their open grates this winter. Leave orders at Carnahan's

Captain Sweeney, U. S. A., San Diego Cal., says: "Shiloh's Catarrh Remedy is the first medicine I have ever found that would do me any good. Price 50 cts. Sold by J. W. Conn."

All the patent medicines advertised in this paper, together with the choicest perfumery, and toilet articles, etc., can be bought at the lowest prices at J. W. Conn's drug store, opposite Occident Hotel, Astoria.

Dr. Price's Cream Baking Powder

KARL'S GLOVER ROOT. IT GIVES FRESHNESS AND CLEAR SKIN. CURES CONSTIPATION, INDIGESTION, DIZZINESS, ERUPTIONS ON THE SKIN, BEAUTIFIES COMPLEXION. For Sale by J. W. Conn.

NOTICE. Notice is hereby given to all persons holding Clatsop county warrants...

"EAGLE CANNING CO." POSTPONEMENT. At a meeting of the Board of Directors of the above company held...

A GOOD ANSWER. "You must make a pretty good hammer by this time, Mr. B.," said a man to the proprietor of a factory he had just visited.

MINCED SEA CLAMS. That are put up by the Beach Pickling Works, at Warrenton, and sold by Ross, Higging & Co., Pat Lawler & Co.'s Fish Market, and Foard & Stokes Co., are put up carefully and every bottle warranted to be fresh and good.

NOTICE OF APPOINTMENT OF ADMINISTRATORS. Notice is hereby given that the undersigned has been appointed administrator of the estate of Daniel McInnis, deceased, by the County Court of Clatsop County, Oregon.

NOTICE OF APPOINTMENT OF ADMINISTRATORS. Notice is hereby given that the undersigned has been appointed by the county court of the State of Oregon for Clatsop county, and the time for hearing thereon, by said court, set for Monday, December 2d, A. D. 1894, at the hour of 2 o'clock p. m., and all persons having objections thereto, will then and there appear, and show cause, if any, why the same shall not be allowed, and the administrator discharged.

NOTICE OF APPOINTMENT OF ADMINISTRATORS. Notice is hereby given that the undersigned has been appointed by the county court of the State of Oregon for Clatsop County, administrators of the estate of Hong Chong, deceased. All persons having claims against said estate are hereby notified to present the same duly verified, as by law required, to the undersigned at No. 543 Commercial street, Astoria, Oregon, within six months from this date, and all persons indebted to said estate are required to forthwith pay unto the undersigned the amount of such indebtedness at the place aforesaid.

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For rates and general information call on or address G. W. LOUNSBERRY, Agent, Astoria, Or. W. H. HURLBURT, Gen. Pass. Agt., Portland, Or.

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Are You Going East? If so, drop a line to A. E. Sheldon, general agent of the "Burlington Route," 280 Washington st., Portland. He will mail you free of charge, maps, time tables, and advise you as to the through rates to any point, reserve sleeping car accommodations for you, and furnish you with through tickets via either the Northern, Union, Southern, Canadian Pacific, and Great Northern railroads at the very lowest rates obtainable.

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FIRST. That a ball of MARSHALL'S goes further.

SECOND. That they caught more fish than the same number of boats using other twine.

THIRD. That their nets were in better condition at the end of the season.

FOURTH. That they would not use any other twine.

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