

AUGUST FOR HEALTH

It Must Be Whether You Take a Vacation or Not.

Take Time Now to Strengthen Nerves and Body.

See That Every Part of the Body Becomes Well Fed.

Eleven months for business, for money-making, for absorbing work. Take August for becoming strong and well.

Get back to your proper weight, relieve the tired nerves of their irritability, fill the body with ruddy, vigorous, serviceable blood.

Give Paine's Celery Compound a fair trial in August.

Weariness and lack of strength is a matter of the nerves and brain. It is the exhaustion of the nerve centers that produces the feeling of lassitude and depression.

Digestion and assimilation are the first to become affected by diminished nerve power, and as these functions are so closely connected with every part of the body the entire system shares in the disorder.

The reason for the high regard in which Paine's celery compound is held by physicians for building up the weak, the sickly, and the nervous, is because all its ingredients are known to medical men to feed the nerves and to provide pure and rich blood for all the weak parts of the body.

The second half was crammed full of Greco-Roman contests, the most interesting of which was a bout to the goals between C. W. Smith and four blue-jackets.

The disturbances of the nervous system, whether neuralgia, rheumatism, debility, extreme nervousness, or heart trouble, are due to derangements in nutrition.

Let us pray: O death is hard if it's Rough on Rats, Or drowning, or powder and shot; But a "crack in the mud," From a goal crowd crush Is the hardest death of the lot.

From a goal crowd crush Is the hardest death of the lot.

Great are the perils that menace Great Britain's rule in India, where nearly 300,000,000 natives are maintained in subjection by barely 100,000 English, of whom half are soldiers, and the dangers that threaten her Empire in Africa are of a much more serious character.

It has been computed that the death rate of the globe is 68 per minute, 97, 730 per day, or 35,717,780 per year.

The aerial space within the limit of our vision is calculated to have a diameter of 120,000,000 miles and a circumference of 1,329,742,000,000 miles.

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Dr. Kitasato, the Japanese bacteriologist, has been investigating the plague in Hong Kong, and believes he has found the cause of the disease in a bacillus resembling somewhat that of anthrax.

A fish exerts its great propulsive power with its tail, not its fins.

Deaths by starvation are becoming commoner among the rich than among the poor.

Everybody knows this is a good place to be, but everybody does not take measures to be there.

A newspaper in Illinois recently brought suit against forty-three men who would not pay their subscriptions, and obtained judgment in each case for the amount of the claim.

The postal laws make it petit larceny to take a paper and refuse to pay for it.

IT WAS GREAT FUN.

The Football Game Between Astoria and the Monterey.

The football match on Thursday afternoon between the Astoria Football Club and a team from the United States ship Monterey afforded bushes of fun for a good crowd of people, who between had breaks and wrestling matches were kept busy roaring and cheering all through the match.

Old Jove had prepared a special wind for the occasion, and the warship boys had the luck to get before it under reefed top-sails, and close hauled in every particular, even to waist measures.

Mickey Flynn, one of their half-backs, had attained a preliminary reputation for football ability by announcing to the crowd that the sport was as old to him as "aitin' spuds," and that he was prepared to "di the Hashtrory's" up in style, from the word go.

On Sunday, August 26, there will be an excursion over the O. R. and N. Co.'s steamers R. R. Thompson and T. J. Potter, and then over the Seashore road to Clatsop Beach.

On and after September the first, I will be able to furnish the people of Astoria with first-class oysters in any quantities to suit.

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This is to certify that I have used Krause's Headache Capsules periodically for over a year, and have very much pleasure in stating that they have always proved very beneficial and have relieved me in from ten to fifteen minutes.

For sale by Chas. Rogers, Astoria, Or., sole agent.

"A TALENTED EDITOR."

Gentlemen—I had occasion to use several boxes of Krause's Headache Capsules while traveling to Chicago to attend the National Democratic Convention.

For sale by Chas. Rogers, Astoria, Or., sole agent.

Notice is hereby given that by virtue of a decree of sale, made in the circuit court of the state of Oregon, for the county of Clatsop, on the 27th day of February, 1894, of W. H. Kirkpatrick and against M. M. Ketchum and Ida H. Ketchum, and execution thereon issued August 1st, 1894, I will on the 2nd day of September, 1894, at the hour of ten o'clock a. m., and at the court house door in said Clatsop county sell to the highest bidder for cash the lands described herein, or a sufficient amount thereof to make the sum of \$3,308.03 and interest thereon since February 27, 1894, at the rate of 8 per cent per annum, and accruing costs, to-wit: lots 6, 7 and 8, and NW 1/4 of NW 1/4, section 28, in T. 5 N., R. 7 W., in Clatsop county, Oregon.

Dated, this 2nd day of August, 1894. J. W. HARE, Sheriff, By R. G. PRAEL, Deputy

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THE DISCONTENTED MAN.

He grieved because the times were hard And everything went wrong; Such weather would his trade retard. The butter tasted strong, His coffee never looked quite clear, And everything he bought was dear.

In fact, from early morn till night, He gloried in his woes; No earthly thing was ever right, And all his friends were foes.

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Are You Going East?

Be sure and see that your ticket reads via THE NORTH-WESTERN LINE.

CHICAGO, ST. PAUL, MINNEAPOLIS and OMAHA RAILWAYS.

This is the GREAT SHORT LINE Between DULUTH, ST. PAUL, CHICAGO

And all Points East and South.

Their Magnificent Track, Peerless Vastly Equipped Dining and Sleeping Car Trains and Motto: "ALWAYS ON TIME."

Have given this road a national reputation. All classes of passengers carried on the vestibule trains without extra charge. Ship your freight and travel over this famous line. All agents have tickets.

W. H. MEAD, F. C. SAVAGE, Gen. Agent. Trav. F. and P. Agt. 248 Washington st., Portland, Or.

FREEMAN & BREMNER, Blacksmiths.

Special attention paid to steamboat repairing, first-class horseshoeing, etc. LOGGING CAMP WORK A SPECIALTY. 197 Olney street, between Third and Fourth, Astoria, Or.

I. W. CASE, Insurance Agent.

The Following Companies: German-American, New York City, N. Y. Union Fire and Marine, of New Zealand. National Fire and Marine Ins. Co., of Hartford. Connecticut Fire Ins. Co., of Hartford. Home Mutual Ins. Co., San Francisco. New York Plate Glass Ins. Co. Phoenix, of London. Imperial, of London

THE OCCIDENT HOTEL

Is the Best of Its Class On the Pacific Coast.

AN UNEXCELLED TABLE. Rates, \$2 daily and upwards.

The C. P. UPSHUR Co., Shipping & Commission Astoria, Oregon.

We are selling The Best Men's Shoes For \$3 to be Had in This country.

That's the pith of the whole matter. We don't mess at the statement either. We know the shoes that're sold at \$3, at \$3.50, at \$4. We've seen the outside—which everybody sees—and the inside, which only the know-how eyes and fingers can get at. There's the test!

Our \$3 shoe is made from calf skin with kangaroo top. JOHN HAHN & CO.

V. T. SANDERSON & CO., Spile Driving and Wharf Building. WORK GUARANTEED. Residence 769 Exchange Street.

J. A. FASTABEND, GENERAL CONTRACTOR, PILE DRIVER, HOUSE, BRIDGE AND WHARF BUILDER. Address, box 180, Postoffice, ASTORIA, OR

CHICAGO, MILWAUKEE And ST. PAUL RAILWAY

Connecting with All Transcontinental Lines is the Only Line running ELECTRIC LIGHTED CARS BETWEEN St Paul and Chicago.

HEATED BY STEAM, And furnished with Every Luxury known in modern railway travel.

For SPEED, COMFORT and SAFETY This Line is Unequaled.

Tickets on sale at all prominent railway offices. For further information inquire of any ticket agent. C. J. EDDY, General Agent. J. W. CASEY, Trav. Pass. Agt. PORTLAND, OREGON.

A LOCK

Is something you want, if not today, you will want it sometime. We keep carpenter's tools too, and if this weather will only pull itself together you will want plenty of Hardware of which we have a plenty only waiting your call.

J. B. WYATT, HARDWARE DEALER

SANTAL-MIDY

These tiny Capsules are superior to Balsam of Copaliba, Cubeba and Injections. They cure in 48 hours the same diseases without any inconvenience. SOLD BY ALL DRUGGISTS

ASTORIA IRON WORKS Concomity St., foot of Jackson, Astoria.

General Machinists and Boiler Makers Land and Marine Engines, Boiler work, Steamboat and Cannery Work a Specialty. Castings of All Descriptions Made to Order on Short Notice.

John Fox, President and Superintendent A. L. Fox, Vice President O. B. Prael, Secretary

QUICK TIME

San Francisco

ALL POINTS IN CALIFORNIA Via the Mt. Shasta Route of the

The Only Route Through California to Points East and South.

THE SCENIC ROUTE OF THE PACIFIC COAST

PULLMAN BUFFET SLEEPERS SECOND-CLASS SLEEPERS

Attached to express trains, affording superior accommodations for second-class passengers.

For rates, tickets, sleeping car reservations, etc., call on or address E. P. ROGERS, Assistant General Passenger and Freight Agent, Portland, Or.

THE CONSIGNEE SALE

Will close the Auction Saturday night, August 25th, for the purpose of arranging the large stock for the Final Sale. New consignments arriving daily. The goods are placed on the market for nearly half what others sell the same, in this city. The inducements offered the public are immense, Clothing, Hats, Ladies and Gents Furnishings, Dry Goods Laces, Embroideries, Toilet soap etc Save money by purchasing the above lines at the Consignee sale.

600 Commercial St. (Cor. W. 9th.)

Remember the poor man's friend.

You Have Pride In Your Baby

Have pride in your Baby Carriage. Get a good one. Get it here, and that in itself is a guarantee that it's the best and handsomest that money will buy. And the money will buy more here than anywhere else.

HEILBORN & SON.

Str. ECLIPSE,

MAKES TRIPS TO GRAY'S RIVER THURSDAYS AND FRIDAYS. Parties wishing to charter apply on board, at Ross, Higgins & Co.'s Dock, or their office.

A. V. ALLEN, DEALER IN Groceries, Flour, Feed, Provisions, Fruits, Vegetables, Crockery, Glass and Plated Ware. Loggers' Supplies. Cor. Cais and S. 20th Street, Astoria, Ore.

S. H. WILLET, PLUMBING, Gas and Steam Fitting, Hot Air, Steam and Water Heating, Agent for Champion Hydraulic Beer Pumps. 179 Twelfth street, Astoria, Or.

• If You Want Cannery and Fishermen's Supplies, Call on

ELMORE SANBORN & CO

Cotton Rope, Cotton Twine, Marshall's Twine, Trap and Seine Web, Tanbark, Acid and Salt, Strip Lead, Pig Lead, Copper, Tin Plate, Tin and Zinc, In Stock.

ASTORIA, - OREGON

How Are You Fixed for Insurance? Fire and Marine.

We are agents for the largest and best companies represented in Astoria.

Royal Insurance Co., assets, 21,562,376.00

London Assurance Corp'n 8,630,425.00

Etna Insurance Co. 10,915,829.00

Western—U. S. Branch, 1,617,195.00

New Zealand Insurance Co., 2,677,219.00

Combined Assets, \$45,403,044.00

ELMORE, SANBORN & CO.



Cuticura Soap

And a single application of CUTICURA, the great skin cure, will afford instant relief, permit rest and sleep, and point to a speedy, economical, and permanent cure of the most distressing of itching, burning, bleeding, scaly, and crusted skin and scalp diseases, after physicians, hospitals, and all else fail.

Cuticura Remedies

Exert a peculiar, purifying action on the skin, and through it upon the blood. In the treatment of distressing humors they are speedy, permanent, and economical, and in their action are pure, sweet, gentle, and effective. Mothers and children are their warmest friends.

Sold throughout the world. POTTER DRUG AND CHEM. CO., Sole Props., Boston. 25¢ "All about Baby's Skin, Scalp, and Hair," mailed free.

If tired, aching, nervous months ago knew the comfort, strength, and vitality in Cuticura Plasters, they would never be without them. In every way the sweetest and best.

FISHER BROS., SHIP - CHANDLERS, HEAVY AND SHELF HARDWARE.

Wagons & Vehicles in Stock Farm Machinery, Paints, Oils, Varnishes, Loggers' Supplies, Fairbank's Scales, Doors and Windows. Provisions, Flour, and Mill Feed Astoria, Oregon.

Dr. Price's Cream Baking Powder

See that you get the genuine Dr. Price's Cream Baking Powder. Sold by all grocers.