

AUGUST FOR HEALTH

It Must Be Whether You Take a Vacation or Not.

Take Time Now to Strengthen Nerves and Body.

See That Every Part of the Body Becomes Well Fed.

Eleven months for business, for money-making, for absorbing work. Take August for becoming strong and well. Get back to your proper weight, relieve the tired nerves of their irritability; fill the body with ruddy, vigorous, serviceable blood. You will work to twice the purpose with a clear head and a body undisturbed by aches and pains.

Give **Paine's Celery Compound** a fair trial in August. Weariness and lack of strength is a matter of the nerves and brain. It is the exhaustion of the nerve centers that produces the feeling of lassitude and depression.

Digestion and assimilation are the first to become affected by diminished nerve power, and as these functions are so closely connected with every part of the body the entire system shares in the disorder. Men and women above middle age take little exercise, their blood becomes slow and impure, and all their important organs sluggish, while a constantly increasing load of anxiety and care keeps their nerves from being properly nourished. Such persons will find a steady gain in health, in vigor, and good spirits from **Paine's Celery compound** taken steadily through the month of August.

The reason for the high regard in which **Paine's Celery compound** is held by physicians for building up the weak, the sickly, and the nervous, is because all its ingredients are known to medical men to feed the nerves and to provide pure and rich blood for all the weak parts of the body. Every trace of nervous exhaustion disappears when the nerves that govern the functions of the body are thus abundantly supplied with their appropriate food.

The disturbances of the nervous system, whether neuralgia, rheumatism, debility, extreme nervousness, or heart trouble, are due to derangements in nutrition. Headache, a sense of weight on top of the head, a feeling of constriction about the forehead; these are very significant symptoms and should be heeded. Better and more complete nutrition is demanded for the nerves and brain. Thin, pale faces, wasted frames, unhealthy skin, and low spirits tell unmistakably of blood too thin and poor to properly nourish the body.

Paine's Celery compound brings an increased, natural appetite, assists the assimilation of the food, and quietly restores a healthy nervous action.

SCIENTIFIC NOTES.

The aerial space within the limit of our vision is calculated to have a diameter of 120,000,000 miles and a circumference of 1,329,742,000 miles. And this is only a fragment of the immensity of space.

It has been computed that the death rate of the globe is 68 per minute, 97, 730 per day, or 35,717,780 per year. The birth rate is 70 per minute, 100,800 per day, or 36,817,200 per year, reckoning the year to be 365 1/4 days in length.

The photographers of the Paris Observatory have just finished for the Academy of Sciences the clearest view ever seen of the moon. They have photographed her surface in sections, which fit, making a great image, five feet in diameter. The work is so perfect that towns, forests and rivers would be perceptible if they existed.

Dr. Kitasato, the Japanese bacteriologist, has been investigating the plague in Hong Kong, and believes he has found the cause of the disease in a bacillus resembling somewhat that of anthrax. It consists of short, slender, straight rods. Animals inoculated with cultures of those micro-organisms died with symptoms of the plague.

A fish exerts its great propulsive power with its tail, not its fins. The paddle wheel was made on the fin theory of propulsion, and the screw propeller had its origin in noting the action of the tail. It is now shown that the fins of the tail actually perform the evolutions described by the propeller blades, and that the fish in its sinuous motion through the water depends on the torsional action of the tail to give it power.

Deaths by starvation are becoming commoner among the rich than among the poor. The emaciation that comes of chronic indigestion simply proclaims an ill-nourished body, starving without hunger. Every physician in New York, from whatever social circle his patients are drawn, treats many cases of starvation. The milk diet, so much talked of for the past twenty years, and so little understood, is really a device to feed these starving men and women who perish for lack of nourishment in the presence of plenty.—*New York Sun.*

A newspaper in Illinois recently brought suit against forty-three men who would not pay their subscriptions, and obtained judgment in each case for the amount of the claim. Of these, twenty-eight made affidavit that they owed no more than the law allowed them, thus preventing attachments. Then, under the decision of the Supreme Court, they were arrested for petit larceny, and bound over in the sum of \$300 each. All but six gave the bonds. The postal laws make it petit larceny

to take a paper and refuse to pay for it.

IT WAS GREAT FUN.

The Football Game Between Astoria and the Monterey.

The football match on Thursday afternoon between the Astoria Football Club and a team from the United States ship Monterey afforded bushels of fun for a good crowd of people, who between bad breaks and wrestling matches were kept busy roaring and cheering all through the match. Old Jove had prepared a special wind for the occasion, and the warship boys had the luck to get before it under reefed top-sails, and close hauled in every particular, even to waist measures. Mickey Flynn, one of their half-backs, had attained a preliminary reputation for football ability by announcing to the crowd that the sport was as old to him as "allin' spuds," and that he was prepared to "di the Hashtrory's" up in style, from the word go. When Grant, who had volunteered to risk his life, by umpiring, blew the whistle, Mickey immediately distinguished himself by kicking off one of Crosby's feet, and then stunning himself in a violent concussion with his own goal post. During the rest of the game he was pouring his woes into the sympathetic ear of Bartholomew, informing him among other things "thim's was the divil's own rules," and that the collision above mentioned had "guy him a crack in de mush that he hadn't had for eight years in all his life." The main incident of the first half was the attempted murder of H. G. Smith, whose impartial decisions as linesman had up till then excited the greatest enthusiasm. Smith, however, bubbling over with sport, got a little too familiar with the sailors and began yelling "Monty's throw in." Mickey rushed up to the lines and declared his intention of "wipin' up de flure wid de clanc chavad" dude what was callin' him Sheeny names at all, at all. When McKinley interfered Mickey said very audibly, "thim Sassenachs made him sick," and that he didn't want no Scotch pullets tellin' him how to play a game he'd been fed on loike mother's milk."

The second half was crammed full of Greco-Roman contests, the most interesting of which was a bout to the goals between C. W. Smith and four blue-jackets. Smith has not yet returned and the worst is feared. Though a rash young man he was ever of a convivial disposition, and his sad end will be mourned by all. Poor Smith! Let us pray:—
O death is hard if it's Rough on Rats,
Or drowning, or powder and shot;
But a "crack in the mush,"
From a goal crowd crush
Is the hardest death of the lot."

BRITISH POSSESSIONS.

Great are the perils that menace Great Britain's rule in India, where nearly 300,000,000 natives are maintained in subjection by barely 100,000 English, of whom half are soldiers, and the dangers that threaten her Empire in Africa are of a much more serious character. In the colonized portions of the Dark Continent, the same spectacle is presented of a mere handful of white aliens ruling over millions of indigenuous human beings. But instead of the latter being submissive and peace-loving races like the Hindus, the African tribes are essentially war-like, proud of their thews and sinews, brave to a degree, and always ready to try conclusions with the whites. This disposition of the population is not only the case in the newly settled territories, such as Mashonaland, Matabeleland, Basutoland, and Bechuanaland, but even with the older colonies, such as those of the Cape and Natal, where the blacks outnumber the whites ten to one and are rapidly increasing, being attracted by the prospect of good wages, steady employment, and security in their possessions. To such an extent is the native population growing in South Africa that the British authorities have become alarmed thereat, and Prime Minister Rhodes, who runs things to please himself, in the southern and central portions of the Dark Continent, has announced his intention of procuring the enactment of a law prohibiting black immigration into British territory, much the same way as we have excluded the Chinese.

ASSIGNEE'S NOTICE.

Notice is hereby given to all whom it may concern that the undersigned has been duly appointed assignee of I. W. Case, and that he has qualified as such assignee by filing with the clerk of the circuit court of the state of Oregon for Clatsop county, his bond as required by law. All persons having claims against the said I. W. Case are notified to present the same to the undersigned, duly verified, at this office, of the Astoria National Bank, in the city of Astoria, in said county, within three months from this date.

Dated at Astoria, Oregon, this 2nd day of August, 1894.
D. K. WARREN,
Assignee.

ON THE SAFE SIDE.

Everybody knows this is a good place to be, but everybody does not take measures to be there. An efficient preventative places us on the safe side of incipient disease, and there is no one more reliable than Hostetter's Stomach Bitters in cases where the kidneys are inactive, which is the preliminary to various destructive maladies, which disregarded have a fatal termination. Bright's disease, diabetes, dropsy, oedema, are but the outgrowths of neglected inaction of the kidneys and bladder. They should be checked at the outset with Bitters, which will prevent their progress by arousing the renal organs to activity, and thus place those who resort to this saving medicine on the safe side. This preservative of safety also conquers constipation, liver complaint, malarial fever, nervousness and dyspepsia.

THE DISCONTENTED MAN.

He grieved because the times were hard
And everything went wrong;
Such weather would his trade retard.
The butter tasted strong,
His coffee never looked quite clear,
And everything he bought was dear.

In fact, from early morn till night,
He gloried in his woes;
No earthly thing was ever right,
And all his friends were foes.
But this fact most his patience tried:
His wife was always satisfied.

CLATSOP BEACH EXCURSION.

On Sunday, August 26, there will be an excursion over the O. R. and N. Co.'s steamers R. R. Thompson and T. J. Potter, and then over the Seashore road to Clatsop Beach.

Round trip tickets for sale on the O. R. and N. Co.'s dock for one dollar. The total receipts will be donated by both companies for providing life saving apparatus on Clatsop Beach.

NOTICE TO OYSTER CONSUMERS.

On and after September the first, I will be able to furnish the people of Astoria with first-class oysters in any quantities to suit.
Oysters by the sack, gallon, quart or pint, delivered in any part of the city. Heins' celebrated oyster cocktails put up in four-ounce bottles, will be delivered to the trade at 70 cents per dozen.

Orders left at Foard & Stokes or at Christensen & Co.'s will be promptly attended to. Place of business, corner of Astor and Seventh streets. Telephone No. 44.
C. H. HEINS.

FOUND THEM THE BEST.

This is to certify that I have used Krause's Headache Capsules periodically for over a year, and have very much pleasure in stating that they have always proved very beneficial and have relieved me in from ten to fifteen minutes. I have been a sufferer from headaches for many years, and have never found anything to do me as much good as Krause's Headache Capsules.
Yours Truly,
LOUIS HERMAN,
234 Poplar St., Wichita, Kan.
For sale by Chas. Rogers, Astoria, Or., sole agent.

"A TALENTED EDITOR."

Gentlemen—I had occasion to use several boxes of Krause's Headache Capsules while traveling to Chicago to attend the National Democratic Convention. They acted like a charm in preventing headaches and dizziness. Have had very little headache since my return, which is remarkable.
Yours respectfully,
JOHN U. SHAFER,
Ed. Renovo (Pa.) Record.
For sale by Chas. Rogers, Astoria, Or., sole agent.

SHERIFF'S SALE.

Notice is hereby given that by virtue of a decree of sale, made in the circuit court of the state of Oregon, for the county of Clatsop, on the 27th day of February, 1894, of W. H. Kirkpatrick and against M. M. Ketchum and Ida H. Ketchum, and execution thereon issued August 1st, 1894, I will on the 2nd day of September, 1894, at the hour of ten o'clock a. m., and at the court house door in said Clatsop county sell to the highest bidder for cash the lands described herein, or a sufficient amount thereof to make the sum of \$3,308.03 and interest thereon since February 27, 1894, at the rate of 8 per cent per annum, and accruing costs, to-wit: lots 6, 7 and 8, and NW 1/4 of NW 1/4, section 28, in T. 5 N., R. 7 W., in Clatsop county, Oregon.
Dated, this 2nd day of August, 1894.
J. W. HARE, Sheriff,
By R. G. PRAEL, Deputy.



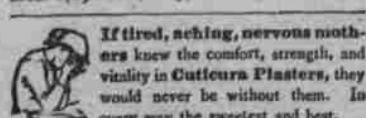
Cuticura Soap

And a single application of CUTICURA, the great skin cure, will afford instant relief, permit rest and sleep, and point to a speedy, economical, and permanent cure of the most distressing of itching, burning, bleeding, scaly, and crusted skin and scalp diseases, after physicians, hospitals, and all else fail.

Cuticura Remedies

Exert a peculiar, purifying action on the skin, and through it upon the blood. In the treatment of distressing humors they are speedy, permanent, and economical, and in their action are pure, sweet, gentle, and effective. Mothers and children are their warmest friends.

Sold throughout the world. POTTER DRUG AND CHEM. COY., Sole Props., Boston. 5¢ All about Baby's Skin, Scalp, and Hair, mailed free.



FISHER BROS., SHIP-CHANDLERS, HEAVY AND SHELF HARDWARE.

Wagons & Vehicles in Stock
Farm Machinery, Paints, Oils, Varnishes, Loggers' Supplies, Fairbanks' Scales, Doors and Windows.
Provisions, Flour, and Mill Feed
Astoria, Oregon.

Dr. Price's Cream Baking Powder
New and Gold Medal Baker's Flour, San Francisco

Are You Going East?

Be sure and see that your ticket reads via

THE NORTH-WESTERN LINE.

CHICAGO, ST. PAUL, MINNEAPOLIS
—and—
OMAHA RAILWAYS.

This is the
GREAT SHORT LINE
Between
DULUTH, ST. PAUL, CHICAGO

And all Points East and South.

Their Magnificent Track, Peerless Vented Dining and Sleeping Car Trains and Motto:

"ALWAYS ON TIME."

Have given this road a national reputation. All classes of passengers carried on the vestibule trains without extra charge. Ship your freight and travel over this famous line. All agents have tickets.
W. H. MEAD, F. C. SAVAGE,
Gen. Agent. Trav. F. and P. Agt.
248 Washington St., Portland, Or.

FREEMAN & BREMNER, Blacksmiths.

Special attention paid to steamboat repairing, first-class horseshoeing, etc.
LOGGING CAMP WORK A SPECIALTY.
197 Olney street, between Third and Fourth, Astoria, Or.

I. W. CASE, Insurance Agent.

The Following Companies:
German-American, New York City, N. Y.
Union Fire and Marine, of New Zealand.
National Fire and Marine Ins. Co., of Hartford.
Connecticut Fire Ins. Co., of Hartford.
Home Mutual Ins. Co., San Francisco.
New York Plate Glass Ins. Co.
Phoenix, of London. Imperial, of London

THE OCCIDENT HOTEL

Is the Best of Its Class on the Pacific Coast.

AN UNEXCELLED TABLE.

Rates, \$2 daily and upwards.

The C. P. UPSHUR Co., Shipping & Commission
Astoria, Oregon.

We are selling

The Best Men's Shoes For \$3 to be Had in This Country.

That's the pill of the whole matter. We don't guess at the statement either. We know the shoes that're sold at \$3, at \$3.50, at \$4. We've seen the outside—which everybody sees—and the inside, which only the know-how eyes and fingers can get at. There's the test!

Our \$3 shoe is made from calf skin with kangaroo top.
JOHN HAHN & CO.

V. T. SANDERSON & CO., Spile Driving and Wharf Building. WORK GUARANTEED. Residence 769 Exchange Street.

J. A FASTABEND, GENERAL CONTRACTOR, PILE DRIVER, HOUSE, BRIDGE AND WHARF BUILDER.

Address, box 180, Postoffice, ASTORIA, OR

CHICAGO, MILWAUKEE And ST. PAUL RAILWAY

Connecting with All Transcontinental Lines is the Only Line running

ELECTRIC LIGHTED CARS

BETWEEN St Paul and Chicago.

—AND—
Omaha and Chicago.

The Express Trains consists of Vestibule, Sleeping, Dining and Parlor Cars.

HEATED BY STEAM.

And furnished with Every Luxury known in modern railway travel.

For SPEED, COMFORT and SAFETY This Line is Unequaled.

Tickets on sale at all prominent railway offices. For further information inquire of any ticket agent.
C. J. EDDY, General Agent.
J. W. CASEY, Trav. Pass. Agt.

PORTLAND, OREGON.

A LOCK
Is something you want, if not today, you will want it sometime. We keep carpenter's tools too, and if this weather will only pull itself together you will want plenty of Hardware of which we have a plenty only waiting your call.
J. B. WYATT,
HARDWARE DEALER

SANTAL-MIDY
These tiny Capsules are superior to Balsam of Copaliba, Cubebs and Injections. They cure in 48 hours the same diseases without any inconvenience. SOLD BY ALL DRUGGISTS

ASTORIA IRON WORKS
Concomity St., foot of Jackson, Astoria.

General Machinists and Boiler Makers
Land and Marine Engines, Boiler work, Steamboat and Cannery Work a Specialty.
Castings of All Descriptions Made to Order on Short Notice.

John Fox, President and Superintendent
A. L. Fox, Vice President
O. B. Prael, Secretary

QUICK TIME

—TO—
SAN FRANCISCO

—AND—
ALL POINTS IN CALIFORNIA

Via the Mt. Shasta Route of the

The Only Route Through California to Points East and South.

THE SCENIC ROUTE OF THE PACIFIC COAST

PULLMAN BUFFET SLEEPERS

—AND—
SECOND-CLASS SLEEPERS

Attached to express trains, affording superior accommodations for second-class passengers.

For rates, tickets, sleeping car reservations, etc., call on or address E. P. ROGERS, Assistant General Passenger and Freight Agent, Portland, Or.

THE CONSIGNEE SALE

Will close the Auction Saturday night, August 25th, for the purpose of arranging the large stock for the Final Sale. New consignments arriving daily. The goods are placed on the market for nearly half what others sell the same, in this city. The inducements offered the public are immense, Clothing, Hats, Ladies and Gents Furnishings, Dry Goods Laces, Embroideries, Toilet soap etc Save money by purchasing the above lines at the Consignee sale.

600 Commercial St.
(Cor. W. 9th.)

Remember the poor man's friend.

You Have Pride In Your Baby

Have pride in your Baby Carriage. Get a good one. Get it here, and that in itself is a guarantee that it's the best and handsomest that money will buy. And the money will buy more here than anywhere else.

HEILBORN & SON.

Str. ECLIPSE,

CAPT. M. SKIBBE,
Makes trips to Gray's River Thursdays and Fridays. Parties wishing to charter apply on board, at Ross, Higgins & Co.'s Dock, or their office.

A. V. ALLEN, DEALER IN

Groceries, Flour, Feed, Provisions, Fruits, Vegetables, Crockery, Glass and Plated Ware. Loggers' Supplies.
Cor. Cass and S. 2nd Sts. Astoria, Ore.

S. H. WILLETT, PLUMBING,

Gas and Steam Fitting, Hot Air, Steam and Water Heating, Agent for Champion Hydraulic Beer Pumps.
179 Twelfth street, Astoria, Or.

ELMORE SANBORN & CO
Call on

ELMORE SANBORN & CO
Cotton Rope,
Cotton Twine,
Marshall's Twine,
Trap and Seine Web,
Tanbark, Acid and Salt,
Strip Lead, Pig Lead,
Copper, Tin Plate,
Tin and Zinc,
In Stock.
ASTORIA, - OREGON

How Are You Fixed for Insurance? Fire and Marine.

We are agents for the largest and best companies represented in Astoria.

Royal Insurance Co., assets,	21,562,376.00
London Assurance Corp'n	8,630,425.00
Etna Insurance Co.	10,915,829.00
Western—U. S. Branch,	1,617,195.00
New Zealand Insurance Co.,	2,677,219.00
Combined Assets,	\$45,403,044.00

ELMORE, SANBORN & CO.