

TEACHERS' INSTITUTE.

A Good Attendance and Interesting Session Yesterday.

The Clatsop County Teachers' Institute met at the high school yesterday, commencing at 9 a. m., with Superintendent Lyman presiding.

Jennie Woodward, Melville; Ruby Foster, Jewell; Bell Wooden, Medley; Ella McCabe, Clifton; Maud West, Walruski; Lizzie White, Mary Dealey, Minnie Sovey, Mary Fasset, Kate Grant, Maud Bayles, Katie McKean, Nora Nickerson, Ethel Andrews, Hattie Sayre, Nellie Nickerson, Lettie Lyons, Mary White, Catharine Powell, Dora Badollet, Helen Dickinson, Maggie Laws, Mrs. Jennie Busey, Mrs. Carrie Krager, Mrs. Cora Stuart, Astoria; Mr. Albert Williams, Mr. A. L. Clark, Mr. J. D. Hawes, Astoria; Mr. Sherman Case, Seaside; Mr. A. W. Prescott, Skipanon; Mr. C. C. Brower, Young's River; Mr. R. N. Wright, Astoria.

The work then opened in earnest by Prof. Lyman stating the objects of the institute and the work to be accomplished. His remarks were forcible and practical.

Miss Lizzie White then presented, as suggested by Supt. Lyman, the history of the committee of ten whose report was to be the main study of the committee.

After this she gave a well condensed summary of their report on reading. A general discussion then ensued on a sentence contained in this report, namely, spelling should be learned incidentally in connection with every subject, and not from a spelling book.

C. C. Brower thought the report partially true, but the spelling book a good thing.

J. D. Hawes then said that he thought that spelling should be done without a text book.

R. N. Wright thought not too much spelling is now done, and if the book were eliminated less would be done.

Supt. Lyman thought the committee had gone too far; that spelling requires a great deal of practice from the spelling book, as set lessons by continuity of work, and a great deal of it.

A. W. Williams would stick by the spelling book.

Mrs. Krager would select words from all books in connection with the regular spelling lesson; Miss Powell would have some pupil select the hardest words from all lessons and present them to the class; Miss West would combine the book and incidental work; Miss McKean had found that pupils could understand words, for instance, in geography, that they could not spell, especially in the lower grades.

The discussion was prolonged for quite a while and many practical points were brought out. In conclusion Supt. Lyman gave this summary: Spelling must not be slighted. We must first acquire the thought, the concept, then the word to express the thought, and third, the correct form of that word. Finally, Supt. McElroy said, "Neglect no detail in school work."

Mr. Williams then presented the subject of good order. Order means method, management, a certain amount of machinery. Be careful, though, not to get into a rut or groove that will destroy the life activity of the pupil. Good order means every pupil attending to his own business. Movements in the room, into the room without clash; the school will not be more orderly than the teacher.

Miss Fasset presented an excellent paper on school government: Firmness and determination of essential elements; the little ones at school not images but human beings, and should be treated as such; the importance of the teachers' influence; incentives to obedience; do not advocate the self government method; perfect silence not desirable; too much cannot be said of suitable surroundings—good light, good desks, etc. As the teacher, so is the school. Miss West then led in the discussion, saying she thought the pupils should be impressed with the fact that an annoying pupil annoys the school as much as the teacher. The subject of good order was thoroughly ventilated and there were many valuable helps to teachers put forth.

Supt. McElroy then gave a brief summary of the discussion. Avoid the buzzing study in the school room without good order; not enough to secure good order, it must be maintained.

The afternoon session opened at 1:30 o'clock, with a song pleasantly rendered by the high school choir, after which the little ones from Mrs. Busey's room gave a motion song, which showed skillful training and was a good object lesson to all present.

Supt. McElroy then gave an interesting address to the teachers upon the morning subject of "School Order and School Discipline." He said teachers procrastinate; do not begin early enough in the term; are not persistent enough; do not watch carefully all the time; discipline the secret of success; see to the going-out and the coming-in of pupils; causes of disorder; want of discretion on the part of the teacher; want of proper supervision on the school ground; do not be too dignified, but yet firm; difficulty not always with the pupil, but the parent back of them; avoid the self-reporting system; do not give too many demerit marks; it has a wrong reflex action; a wrong thing to place well trained boys and girls by the side of vicious for the sake of reforming the vicious ones; do not give too much attention to little trifling things; do not become a chronic complainer; it is not best to detain pupils after school; police care of children by teachers after the pupil leaves school for home is a question for discretion on the part of the teacher.

Prof. McElroy's remarks were full of

interest to the teacher, and were well worth the close attention of every teacher present.

Mr. Hawes then followed, naming a few elements of disorder. He summarized by saying that inattention was the chief element of disorder. Keep them busy.

Sherman Case, of Seaside, suggested that if pupils became weary they be allowed to go home—give them a little more freedom.

Supt. McElroy then replied to some inquiries, and in the course of his remarks spoke of the state reform school, which, in his opinion, is one of the best investments Oregon ever made, and the state would be better off if she had a dozen more. Here the secret of good discipline is hard work.

Director Dealey then made some remarks in reference to the teacher's supervision of pupils to and from school; also compulsory education.

Mr. Smith spoke with interest upon this subject, and made some profitable points.

Supt. McElroy then entertained the teachers with an outline of plans, means and results of the educational exhibit at Chicago.

The teachers listened attentively, and the professor's description was highly practical and full of information. The teachers regret very much that Supt. McElroy is compelled, owing to important business, to return to Salem, and cannot be with them during the entire institute. He is a live institute worker and a practical school man, and the teachers regret that he will not be with us again as state superintendent.

The institute adjourned until 9 a. m. today.

ABSOLUTE MERIT.

No other plaster has been produced which gains so many testimonials of high value as those continuously accorded to Allcock's Porous Plaster; and the only motive for these exceptional commendations is the fact that it is a medicinal and pharmaceutical preparation of superior value. Beware of imitations. Ask for and insist upon Allcock's.

Brandreth's Pills are a good corrective.

KEEP UP WITH THE TIMES. Don't cling to the imperfect things. Do you use cereal foods on your breakfast table? Then you need cream. Borden's Peerless Brand Evaporated Cream is decidedly superior in richness and flavor to ordinary milk or cream.

CHILDREN WHO SUFFER from scrofulous, skin or scalp diseases, ought to be given Dr. Pierce's Golden Medical Discovery, for purifying the blood. For children who are puny, pale or weak, the "Discovery" is a tonic which builds up both flesh and strength. What is said of it for children applies equally to adults. As an appetizing, restorative tonic, it sets at work all the processes of digestion and nutrition, rouses every organ into natural action, and brings back health and strength. In recovering from "grippe," or in convalescence from pneumonia, fever, and other wasting diseases, it speedily and surely invigorates and builds up the whole system. For all diseases caused by a torpid liver or impure blood, as Dyspepsia and Biliousness, if it doesn't benefit or cure in every case, the money is returned.

"She Looketh Well"

to the ways of her household." Yes, Solomon is right; that's what the good housekeeper everywhere does. But her ways are not always old ways. In fact she has discarded many unsatisfactory old ways. For instance, to-day she is using



The New Shortening, instead of lard. And this is in itself a reason why "she looketh well" in another sense, for she eats no lard to cause poor digestion and a worse complexion.

COTTOLENE is much better than lard for all cooking purposes, as every one who has tried it declares. Have you tried it?

For sale everywhere. REFUSE ALL SUBSTITUTES. Genuine made only by N. K. FAIRBANK & CO., ST. LOUIS AND CHICAGO, NEW YORK, BOSTON

SWIFT'S SPECIFIC For renovating the entire system, eliminating all poisons from the blood, whether of scrofulous or malarial origin, this preparation has no equal.

For eighteen months I had an eating sore on my tongue. I was treated by best local physicians, but obtained no relief; the sore gradually grew worse. I finally took S. S. S. and was entirely cured after using a few bottles.

Treatise on Blood and Skin Diseases mailed free. THE SWIFT SPECIFIC CO., ATLANTA, GA.

DO YOU USE BORDEN'S PEERLESS BRAND Evaporated Cream. Evaporated Cream or Unsweetened Condensed Milk, and desire the best? You can obtain it by asking your grocer for Borden's Peerless Brand Evaporated Cream. Guaranteed by the thirty years' reputation of the New York Condensed Milk Company to be decidedly superior to anything of the kind heretofore offered. Warranted an absolutely pure milk product! Yes, we guarantee it, and the public have learned that our guarantee is substantial. Prepared by the New York Condensed Milk Co.

ASTORIA WOOD YARD

D. & D. R. Campbell, Proprietors. Dealers in all kinds of—

First Class Fuel.

Fire, Vine Maple, Spruce Limbs, Alder, Hemlock and Ash. Also, best grades of Wellington, Newcastle, Cannel, and Cumberland coal.

Leave orders at Canrahan & Co's store, or at yard, foot of Spruce street. Orders promptly filled, and SATISFACTION GUARANTEED.

FAT PEOPLE.

Park Obesity Pills will reduce your weight PERMANENTLY from 12 to 15 pounds a month. NO STARVING, sickness or injury. NO PUBLICITY. They build up the health and beautify the complexion, leaving no wrinkles or flabbiness. STOUT ABDOMENS and difficult breathing surely relieved. NO EXPERIMENT, but a scientific and positive relief, adopted only after years of experience. All orders supplied direct from our office. Price \$2.00 per package, or three packages for \$5.00 by mail, postpaid. Testimonials and particulars, (sealed) 2 cents. All correspondence strictly confidential. PARK REMEDY CO., Boston, Mass.

The Fire's Out!

The hired girl's out; the cake and biscuit is out. Company has come. "Nothing to eat in the house." What's to be done? Why, send the eldest boy out the back gate, down to Cleveland's Bakery on Main street, and get what you need for just such emergencies.

STAMPS

Have changed colors very frequently of late; but our competitors change colors every time they see our work. We make wagons, shoe works and do all kinds of general BLACKSMITHING

Perhaps you know this already. Certainly you do, if you have ever employed us. G. A. Stinson & Co.

The C. P. UPSHUR Co., Shipping & Commission Astoria, Oregon.

ASTORIA IRON WORKS,

Concomly St., foot of Jackson, Astoria.

General Machinists and Boiler Makers

Land and Marine Engines, Boiler work, Steam-hoist and Cannery Work a Specialty. Castings of All Descriptions Made to Order on Short Notice.

John Fox, President and Superintendent A. L. Fox, Vice President O. B. Prael, Secretary

Push a Lucky Man

Into the Nile, says the Arabian proverb, and he will come out with a fish in his mouth. Our Buyer was elated last month, and when he returned home he says: "I got 'em; got 'em cheap; got 'em to sell; got 'em so as to undersell all other dealers in Five Kentucky Whiskies on the Coast. Over fifty demijohns of it went out yesterday—but customers went with them." HUGHES & CO.

J. A. FASTABEND, GENERAL CONTRACTOR, PILE DRIVER, HOUSE, BRIDGE AND WHARF BUILDER.

Address: 105 1/2, Postoffice, ASTORIA, OR.

THE ORIGINAL AND GENUINE (WORCESTERSHIRE) LEA & PERRINS' SAUCE

Imparts the most delicious taste and zest to EXTRACT of a LETTER from a MEDICAL GENTLEMAN at Madras, in his brother at WORCESTER, Mass., 1851.

SOUPS, GRAVIES, FISH, HOT & COLD MEATS, GAME, WELSH RABBIT, &c.

Beware of Imitations! see that you get Lea & Perrins' Signature on every bottle of the original and genuine. JOHN DUGAN'S SONS, NEW YORK

INJUNCTION THREATENED

But we wouldn't quit. The car lines complain that we are hurting travel by not hurrying feet. Our shoes are made for comfort. All sizes for all people. JOHN HAHN & Co

THE advantages of a bank account are numerous.

It is not to business men we are talking—they know all about it—but to salaried men and women. There's safety—if the bank is a good one. There's convenience—the money always ready and always out of harm's way, out of the reach of your own petty squandering. It is easy to spend small sums when you have a large sum in your pocket.

We open accounts in our Savings Department for as small an amount as \$1, and pay you interest. We will be glad to send our last statement if you care to see it.

The Astoria National Bank

D. K. WARREN, President. J. E. HIGGINS, Cashier. J. C. DEMENT, Vice-Prest. D. K. WARREN, J. C. DEMENT, C. S. WRIGHT, JOHN HOBSON, H. C. THOMPSON, THEO. BRACKER, Directors.

THE ASTORIA SAVINGS BANK

Acts as trustee for corporations and individuals. Deposits solicited. Interest will be allowed on savings deposits as follows: On ordinary savings books, 4 per cent per annum. On term savings books, 6 per cent per annum. On certificates of deposit: For three months, 4 per cent per annum. For six months, 5 per cent per annum. For twelve months, 6 per cent per annum. J. Q. A. BOWLBY, President. BENI. YOUNG, Vice President. FRANK PATTON, Cashier. W. E. DEMENT, Secretary. DIRECTORS: J. Q. A. Bowlby, C. H. Page, G. A. Nelson, Beni. Young, A. S. Reed, D. P. Thompson, W. E. Dement.



NEW CARPETS

We can say of carpets what was said of furniture a day or two since—that this stock is not only the best in Astoria, but twice over the largest. There's Lying inspiration in our prices, too. No matter what kind of carpets you want, come to us, for we have it. Chas. Heilborn & Son.

SANTAL-MIDY

These tiny Capsules are superior to Balsam of Copalva, Cubeba and Injections. They cure in 48 hours the same diseases without any inconvenience. SOLD BY ALL DRUGGISTS

FREE

\$100 worth of lovely Music for Party... The NEW YORK MUSICAL ECHO CO. Broadway Terrace Bldg., New York City. CANNIBALS WANTED.



The Fast Mail Route. PUTS YOU in Chicago Omaha, Kansas City, St. Louis and all Eastern Points

24 to 36 Hours Ahead Of Any Other Line.

Pullman and Tourist Sleepers Free Reclining Chair Cars, Dining Cars are run daily via the Union Pacific Flyer leaving Portland at 7:00 p. m.

Astoria to San Francisco.

OCEAN STEAMERS SAILING DATES. Columbia, Wednesday, April 4. State, Monday, April 8. Columbia, Saturday, April 14. State, Thursday, April 19. Columbia, Tuesday, April 24. State, Sunday, April 29.

Astoria and Portland Steamers.

Steamer R. R. Thompson leaves Astoria at 6:45 a. m., daily except Sunday, via Washington side of the river; returning, leaves Portland at 8 p. m., daily, except Saturday. The Thompson makes landings on both sides of the river above Waterford, on both up and down trips.

S. H. H. CLARK, OLIVER MINK, E. ELLERY ANDERSON, JOHN W. DOANE, FREDERIC R. COLBERT, Receivers.

For rates and general information call on or address G. W. LOUNSBERRY, Agent, Astoria, Or. W. H. HURLBURT, Ast. Gen. Pass. Agt., Portland, Or.

CHICAGO, MILWAUKEE And ST. PAUL RAILWAY

Connecting with All Transcontinental Lines is the Only Line running BETWEEN St Paul and Chicago. —AND— Omaha and Chicago.

ELECTRIC - LIGHTED - CARS

HEATED BY STEAM, And furnished with Every Luxury known in modern railway travel.

For SPEED, COMFORT and SAFETY This Line is Unequaled.

Tickets on sale at all prominent railway offices. For further information inquire of any ticket agent.

C. J. EDDY, General Agent. J. W. CASEY, Trav. Pass. Agt. PORTLAND, OREGON.

GREATLY REDUCED RATES

MADE BY THE Southern Pacific Co.

FOR THE CALIFORNIA Midwinter Fair

ROUND TRIP TICKETS GOOD FOR 30 DAYS

PORTLAND TO SAN FRANCISCO AND RETURN \$27.50

Including FIVE GATE Tickets to the Fair

EXCURSION TRIPS FROM SAN FRANCISCO to other points in California will be allowed purchasers of special Midwinter Fair tickets at the following round-trip rates:

TO STATIONS 100 MILES OR MORE FROM SAN FRANCISCO, ONE AND ONE-FIFTH one way fare. For Special rates and full information, inquire of J. C. KIRKLAND, Dist. Passenger Agent at 134 Front St., Portland Or. or address the undersigned. RICH'D GRAY, T. H. GOODMAN, Gen. Traffic Manager. Gen. Passenger Agent. SAN FRANCISCO, CAL. E. P. ROGERS, A. G. P. A., Portland, Oregon.

CANADIAN PACIFIC RAILWAY.

AMERICA'S Greatest Trans-Continental Railway System.

FROM OCEAN TO OCEAN —IN— Palace Dining Room and Sleeping Cars. Luxurious Dining Cars. Elegant Day Coaches.

—ALSO— Observation Cars, allowing Unbroken Views of the Wonderful Mountain Country.

\$5.00 and \$10.00 Saved on all tickets east. Tourist cars the best on wheels. Equipments of the very finest throughout.

—ALSO— CANADIAN PACIFIC ROYAL MAIL STEAMSHIP LINE To China and Japan.

Empress of India leaves Vancouver February 5. Empress of China leaves Vancouver March 5. Empress of India leaves Vancouver April 2.

AUSTRALIAN STEAMER SERVICE Leaves Feb. 16 and March 16 for Honolulu and Australian ports.

For ticket rates and information, call on or address JAS. FINLAYSON, Agt. Astoria, Or.

A. B. Calder, Traveling Pass. Agt., Tacoma, Wash. Geo. McL. Brown, Dist. Pass. Agt., Vancouver, B. C.

HUNTER & MORGAN, Proprietors of the Portland Butchering Co.'s Markets

Corner Second and Benton streets. Corner Third and West Eighth streets

If You Want Cannery and Fishermen's Supplies,

Call on ELMORE SANBORN & CO.

Cotton Rope, Cotton Twine, Marshall's Twine, Trap and Seine Web, Tanbark, Acid and Salt, Strip Lead, Pig Lead, Copper, Tin Plate, Tin and Zinc, In Stock.

ASTORIA, OREGON.