$\xlongequal{\text { The ghaily distotian. }}$

Wrax tends to long life is a study With more profit as focts are used for uaread in theory, sent thanks through Masseccausetts to men and women of
eieghty years and more, inquiring ns to
habits state ot enee teet habits, state of eyes, teeth, hearing and
the like, getting oree 3,500 replies the like, getting orer 3,500 replies
and it in these there is nothing to re tate the assertions of the theoriste there is yet onthing to sustain them
They ate meat, save in a few eases, lat they pleseased, and thongh none of them, if we take their word for it
base drank treely of spirits, all, o hase chrank treely of spirits, all,
nearly all, have taken them on ocea. sion. These old people are from
cities, twws, agricultural and maritime districts, in nearly all cases lead ing ative lives, eating three meals
day, the dinner being, as is the cus. day, the dinner being, as is the cus
tom in New England, in the midade of the day, ot meat, regetables and
pie, and very hearty. Curiously eonugh, though the women are of
medium height, the men are mostl mediun height, the men are motil
tall, above average. And so mreatli do blue and gray eyes prevail that
other shades are notable exceptions Baldness is rare, the hair being ussually
brown and thick, but the brown and thick, but the
very poor or entirely gone.
very poor or entirely gone.
These old people, men and women alike, are early risers almost withon
exception, and fully nineteen out of every twenty have observed this cus tom throngh life, except, perhaps i some short period of youth. Exe
cise has been hard up to sixty-five seventy years and after that peoriod,
has consisted (when regular occupaor gardening or both. Except in as active and as fond of some sort of women are at thirty-five. One of the most significant facts gathered in thi
canvass is that regarding occupation Out of 1,000 men, thronghout life, 461
have been farmers; 92 have been carpenters; 70, merchants; 61, mariners 49; laborers; 42 , shoemakers; 41 man -1
utacturess; 23 , clergymen; 23 , sons; 16 , blacksmiths; 16, bankers; 12 each, iron workers, mill hands, physi-
cians, and lawyers, and the rest are divided among nearly all the other
trades and prosessions trades and professions. Eight hun-
dred out of twelve handred of the women have been farmers wives, and have been honsew of
Tea and coffee was indulged in by some of them to oxcees; and of the men, nearly all have both smoked and chewed tobacco, the amount daily
consumed by some having been enormons. Which cares were as heavy as those family; their work not less arduon
Most of them led lives which some might call monotonous, yet with occa-
sional excitement, to them as great as sione intenser kinds to those more
the
used to it used toit
Summing up all that the compiler has set down from the answers sent
to his questions, we find that all were regular in their habits, with plenty to
oecupy their hands and minds and oceupy their hands and minds and
getting plenty of fresh air. This getting plenty of fresh air. This
seems to be a primal quantity in the
solution of the problem of loug life. Men like these, with plenty of work
and fresh air, are able to cat and smoke, even to a point we wonlil call
excoess, without apparent injury, nnd exeens, to frink at times with no evil
evesulting. It is those of seleutary
res. habits, who do no hard labor and get
little exercise or fresh air, who must be the most careful.

Mr. Datios postmaster of the house
being lately intervier being lately interviewed as to the com
plexion of the honse, replied plexion of the house, replied that cording to his figures, if Seymour and the Democrats 161 .It Seymour,
from Connecticut, is defeated the Re from Connecticut, is defeated the Re-
publicans will have one more and the Democrats one less. Mr. Dalton's he expresses the correct situation. Vroronis, B. C.,
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