

The Daily Astorian.

ASTORIA, OREGON: SUNDAY, DECEMBER 18, 1887

The wholesale liquor license in Fulton county, Ga., in which the city of Atlanta is located, has been fixed by the commissioners at \$1,600 per year.

The National Italian Line steamer Chandernager last Tuesday landed 1,327 passengers at Castle Garden, consisting of men, women and children picked up at Italian ports.

The supreme court of Indiana has made the highly commendable ruling that railroad employes have the right to summarily eject from a train any passenger who may use improper language in the presence of ladies.

The rate proposed by the government postal telegraph bill is 10 cents for each twenty words and 5 cents for each additional ten words, is fixed for distances of under 500 miles and an additional rate of five cents for each 250 miles over 500. A night rate of 35 cents and a day rate of 75 cents is fixed for each 100 words transmitted for newspapers, except that where the same dispatches are dropped off at more than one office the rates shall be 25 and 45 cents respectively for each dropped copy.

At the meeting of the Republican club at New York last Friday, Governor, of Ohio, offered the following resolution, which caused a sensation:

WHEREAS, It is the opinion of this national convention of Republican clubs that no man who at any time denounced Abraham Lincoln, while he was president of the United States, as a "buffoon and clown," or who ever declared from his seat in the United States senate that no man should denounce Jefferson Davis as a traitor, in his presence and go unrebuked by him, or in his official capacity as secretary of the interior ordered that the flag of the United States be displayed at half-mast on the occasion of the death of Jacob Thompson, or who, as United States senator, many years after the war, refused to vote that the tenth and fourteenth and fifteenth amendments to the constitution are valid and binding, ought to be appointed to, or hold the high office of justice of the supreme court of the United States; therefore,

Resolved, That L. Q. C. Lamar ought not to have been appointed a justice of said court.

The Birmingham, Alabama Age, a Democratic journal, has the following remarks on the president's message: "The party status to be developed by the message may be defined as follows: The Republicans will tacitly evade or avoid the negro alliance in Virginia, North Carolina, Tennessee and Alabama. They will practically eliminate the negro from politics, and on this line of action will strike out to capture the white vote prominently opposed to the president's theories. They will proceed after this method for two reasons. First, they have no cause to expect a change in the visible negro vote, if it be true, as they allege, that no matter how cast, it is never counted, save to one end. Next, should the Republican party be able to enlist the local support of the whites to any considerable extent, these would of themselves demand the free vote and fair count of the ballots of the negroes. It may be thus readily perceived that the Republicans would not count it a loss to suspend their traditional sympathy with the negro for their own and the negro's good. That this move will be made by the Republicans there can be no doubt. The Democratic masses of the Union will repudiate Mr. Cleveland's theories. They reflect the peculiar conditions of New York city, whose interests demand free trade. They are opposed to the overmastering interests of the people of the interior. The course of the president will disorganize the Democracy and for the reasons stated it will revolutionize the policy of the Republican party in the south. The decisions of the supreme court on the Virginia bond case, the Kansas prohibition case and the Illinois anarchists case have incalculably affected the southern people. These decisions have established the theory of state rights, and they emanate from a Republican court. These facts taken in conjunction will be all the more decisive of a disruption of party discipline, and all the more conducive to a full and free discussion by the people of the great paramount questions of the day."

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HOW TO GROW OLD.

A Clean Mind is a Clean Body Will Defy the Ravages of Time.

It is easy to grow old, as easy as breathing, it requiring no conscious effort. And so long as we shall breathe we will creep remorselessly on, its advancing tread measured by our heart-beats. But it is hard to grow old gracefully. The angelic innocence of infancy as intelligence awakens in the infant mind and experience hardens the infant heart dies back to the angels. It is not a continuous earthly possession. The struggle for life in this joyful world stamps its wicked impress alike upon our countenances and our characters. But there are people who are wickered than they appear to be, and there are others who are not so wickered as they look. Our inward and our outward semblance do not keep an even pace so that the mind of a man may be surely indicated by his appearance. Some of us may have easy fortune and bad health. Others may have lives of hardship and be blessed with good health and merry hearts. A rich man loaded with dyspepsia as well as gold and a poor man with a serene and contented face at the age of forty, while his coachman, blessed with content and a good digestion, will look cherry, comfortable and serene above the age of sixty. As a life of ease and luxury softens the features against wrinkles and gray hairs, and as a life of labor and hard knocks does not surely bring on premature decrepitude, there is left open a field of inquiry into the method of keeping youth in the body and the good behavior, so that his ravages shall be kept undisclosed as long as possible.

There are as many ways of preserving a youthful appearance as there are men and women who try to do it. One gentleman of the writer's acquaintance who is going gray through his 60s, and who looks to be still in his 40s, ascribes his wonderful preservation to the constant use of the Turkish bath. Unquestionably he has hit upon one of the grand secrets of juvenility. It is proverbial that cleanliness is next to godliness, but a clean skin and a clean shirt tends also to calm the temper and promote bodily ease. Is it going too far to say that a man or woman who is bathed and cleanly clothed is less likely to perpetrate any form of dishonesty than one not so cleansed and so attired? The writer thinks not. In support of this theory there comes freshly to the writer's mind the case of a man, the pink of neatness—"the glass of fashion and the mold of form"—who fell into the habit of periodical and protracted soaps. For days before the beginning of a debauch his close friends could not see a crease in his dress, or the omission of his daily bath. By this sign they learned to know when an outbreak was imminent. His debauch might last for days or weeks, during which time he would never change his clothing. Suddenly he would cry a halt, and, while still in a state of intoxication verging upon oblivion, would bathe, shave, shampoo and array himself in his best, and from that moment would again be a gentleman until another erratic period drew near. Who shall say that if by some occult means he could have been continually kept up to his habitual cleanliness and tidiness of person he would have fallen from grace? Not that the soiled linen was the cause of the demerit, for in the beginning, but that the clean linen would have helped him to combat it more successfully. But to return.

All the great forms of religion insist upon bodily cleanliness. The hygienic system formulated by Moses can hardly be improved upon with all the advancement of modern science. The Koran is rigid as to purity of the person. But the mind must also be kept clean. If that could be secured, the innocent look of childhood might be always preserved to us. Our faces would grow strong and noble and reverend, without becoming, as they now do, the outward evidence of ignoble thoughts and purposes.

Man, like other animals, was made to live the greater part of the time out of doors. Out-of-door exercise is essential to vigor of body, and vigor of body is essential to youthfulness of appearance. It is the indoor confinement of women—the constant wearing of corsets and the vitiated air and the necessary neglect of natural forms of exercise—that makes their beauty fade permanently. It is as natural for girls to romp and play in the open air as it is for colts to do so, and the health and strength of the horse would be vitally impaired by the hot-house bringing-up which the girls have to undergo before they attain to years of maturity.

Shakespeare makes Caesar say that towards the many times before their death. And so they do. And so do thousands upon thousands of persons who grant their lives away. They make themselves old with imagined aches and pains and anticipated distress. It is not good to give way to megrims. Anticipation brings the misery that it looks for. If we think we are sick we shall be sick. If we anticipate decrepitude it will run to meet us.

Bottoming trouble is another fruitful cause of gray hairs and crowfeet. And this is a weakness more common in women than in men; for while a man may be unduly nervous and worried about his business and other affairs of import, his wife will fret over trivial affairs. She worries about the dust on the furniture, the scorching or underdone bread, the style of her bonnet or the fit of her gown, and these things make her old as surely as do real troubles. Let us then keep clean minds in clean bodies. Let us not take too much stock in this world's goods. Let us keep light hearts, and interest ourselves in the happiness and enjoyment of others. By so doing, we may grow old without feeling old, and without looking old—that is, we will grow old gracefully.—Philadelphia Record.

Cruising For Fish.

The schooner Teaser, with seven Gloucester fishermen on board, sailed last night for a cruise off the cape looking for halibut. She will spend some time on the fishing banks near the cape to determine if halibut can be caught there in the winter. There are plenty of these fine fish off the banks in the summer season, but they are seldom fished for in the winter. If they cannot be found there, other points will be prospected for them. She will be absent on this cruise about ten days. This is the first experiment in an industry which promises to grow into great proportions on the Sound in the near future.—Post-Intelligencer, 16.

Mr. Kinney, a well known expert in such matters, returned recently from an exploration of a newly discovered pass from the Columbia to the Nehalem river by way of Oak ranch creek. He says the elevation is not more than 400 feet, and that the grade is comparatively an easy one. He says the new railroad should come up the Columbia river to the Klatskanie, thence up the Klatskanie to Oak Ranch pass, thence through to the Nehalem. He believes the arrangements with the Astoria people will soon be completed and the road put through.—Mist, 16.



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