[SUNDAY] [JUNE 26, 1881]

[1]

The Daily Astorian.

Vol. XV. Astoria, Oregon, Saturday Morning, June 25, 1881. No. ~~48~~ 49

REST.

Warnings Against the Perils of Overwork.

UNPRECEDENTED INCREASE IN DERANGEMENT OF THE NERVOUS SYSTEM.

MUST GIVE UP OUR SANITY OR OUR SCHOOLS.

THE AGE OF RAILROADS, TELEGRAPHS, DAILY NEWSPAPERS AND SENSATIONAL NOVELS.

The Gospel of Rest.

Of all the peoples on the face of the earth the Americans are the least inclined to listen to this gospel. Ever since Benjamin Franklin published his Poor Richards Almanac, the Gospel of Labor has been incessantly dinned into their ears. Generation after generation has grown up under the dismal creed that no one could work too much, and that rest and recreation was but another name for indolence. But for some years the conviction has been growing among thoughtful physicians that stimulation to activity has been greatly overdone, and that at present there is more need of warnings against the perils of overwork than of exhortations to industry.

This is Certainly True

In regard to business men and the professional classes. Of course there are drones in every hive, and even in the United States men of leisure may be found, though there are not enough of them to constitute a class. Business for men of leisure, it has been said, would cure many of their complaints. It is quite as certain, and in the United States it is a truth of wider application, that leisure for men of business would prolong many lives. We are confident, says the American Journal of Insanity, that the origin of much of the nervousness and impaired health of individuals who are not decidedly sick, is owing to the want of needed rest. Death from over brain work or

Excessive Devotion to Business

Is declared on the highest medical authority to be common in all large American cities. In most cases of this kind the victim is virtually a suicide, since it is in his power to take needful rest and recreation if he so chooses. But multitudes of professional and business men who are their own masters in this respect, and are under no compulsion from their necessities, go on month after month, and year after year overstraining the nerves and brain, until they are suddenly smitten down by paralysis, heart disease or cerebral apoplexy, or until their ardor and energy are gradually dampened by the insidious advances of softening of the brain. There are others who

Undermine Their Health.

And shatter their constitutions by excessive labor, who are scarcely to be regarded as free agents, and who are objects of commiseration rather than blame. Car drivers and conductors on the street railroads are not the only classes who are compelled to toil from fourteen to seventeen hours a day for scanty wages, and with scarcely a full holiday throughout the year. According to the last report of the American Association for the Prevention of Insanity, the increase of the class of diseases arising out of derangement of the nervous system, has been unprecedented during the last decade. And it is to this class of diseases that insanity in all its forms belongs. This increase is attributed mainly to overwork and

Excessive Mental Activity.

Dr. George M. Beard, a specialist on the subject of nervous and brain diseases, says in a recent essay: A century ago the problem was how to make everybody work; to-day the problem is how to keep people from overworking; the child of the last generation was goaded and spurred into study; the children of this generation must be checked and restrained, must be kept back and held in from study. We must give up either our sanity, or our schools; as many of them as are now administered. The danger from overwork and an over strain of the mental and physical powers is greater in this age than ever before, and greater in this country than in any other. The very

Progress of Civilization

Involves an increase in the complexity and intensity of mental action. Men leading a simple, primitive life, with few excitements or distractions, are seldom afflicted by any form of nervous disorder. But in an age of railroads, telegraphs, telephones, daily newspapers and sensational novels, and in a country where there is a presidential election every four years, and more or less political excitement all the year round; a country where every man is engaged in an incessant struggle for wealth, or position, or power, he who will not take intervals of rest, and will not alternate recreation with labor, is inevitably doomed to some form of nervous exhaustion, if not to insanity or premature death. There are few who are aware

How Many Diverse Shapes

The revenge which Nature takes on those who outrage her, may assume. An eminent New York physician declares that Brights disease of the kidneys, nephritis, granular kidney, heart disease and even gout and neuralgia are mainly caused and aggravated by protracted mental strain and business worry. Yet in a society constituted as ours is, with its fierce competitions, its rivalries, its ambitions, and the universal struggle for riches, there is probably little hope of obtaining a patient hearing for the Gospel of Rest. The eager competitors, with their eyes fixed upon the goal toward which they are struggling, will in the vast majority of cases persevere in the exciting race, despite of every warning until the hands suddenly drop powerless, or the benumbed brain unexpectedly

Refuses to Honor the Draft

Drawn upon it. To many the appalling collapse comes without a warning, or at least without any that has commanded more than momentary attention. It comes to the successful lawyer at the hight of his fame, and while still immersed in business; to the politician while planning new triumphs, and looking forward to a long career; to the merchant or speculator while revolving schemes and enterprises which are to add millions to his accumulations. Thus with strength overtaxed, and life slipping away, and eyes fixed upon a goal never to be reached, the victim of inordinate ambition or sordid cravings falls by the wayside, having never tasted what is best and most satisfying in life.

Having Sacrificed Happiness

And rational enjoyment to the restless excitement of a pursuit as vain as the labor of Ixion. What most men regard as the great prizes of life, wealth, fame, high position, even when attained are apt to be purchased too dearly. What is a vast fortune to a man who is the victim of a disease that incapacitates him for enjoyment, and enables his heirs to calculate the time when they shall come into their inheritance? Fame, riches and power are but a hollow mockery to him who finds that they have been won at the expense of health and vitality, and that just as he grasps them his judicious physician feels called upon to advise him to make his will.

—For the genuine J. H. Cutter old Bourbon, and the best of wines, liquors and San Francisco beer, call at the Gem, opposite the bell tower, and see Campbell.

—Capt. J. H. D. Gray is now prepared to supply the best qualities of fir, hemlock, vine maple, spruce limbs, etc. Leave orders at the wood yard, foot of Benton street.

—For a first-class oyster stew, fry, pan-roast or fancy roast, go to Rosene's on Main street, opposite N. Loeb's. Families supplied by the hundred or the sack, open or in the shell.

—Look out for a big lot of San Francisco National brewery beer to arrive by steamer, Oregon, at Max Wagner's agency.

—Mr. John Rogers of the Central Market, has made arrangements to keep all the finest fresh fish, etc., in their season.

····Never go shopping without consulting the advertising columns of THE ASTORIAN. They will tell you where the best bargains are to be had, and just what merchants are alive and doing business.

Similar to that of W. W. Francis.

Waterbury American.

Dr. Robert G. Stanwood mysteriously disappeared while spending a vacation from his duties as the principal of the Waterbury high school. It was not until a month ago that he was heard from. He was at Brunswick, Georgia. Mrs. Stanwood hastened south and has been with her husband ever since. Mrs. Stanwood found her husband so changed in appearance that she hardly knew him. His memory is gone, and, having apparently forgotten his learning, he is at work in a lumber yard. From all that can be gathered from his disjointed recollections on the day when he disappeared from Maine, he was out sailing, and going farther than he intended, attempted to catch a train. While hurrying with all his might a yacht came round from among the islands and seemed bent on running him down. He raised his oar to ward them off, when one of the villains struck him on his head, completely paralyzing him and rendering him senseless. Brain fever must have supervened. That is the last that he remembers. The probability is that they robbed him, and then landed him in a helpless condition. When he knew his identity and realized anything, or, in other words, came to his right mind, he found himself in Savannah, as destitute as the poorest tramp, living from hand to mouth.

Outlasted its Usefulness.

Standard.

The work of demolishing the old house at the northwest corner of First and Columbia streets was commenced yesterday. It was built nearly twenty years ago, we are informed, by a Mr. Robinson, the party from whom Robinsons hill derived its name, commonly known as "Pretty Robinson," and was sold by him to S. J. McCormick who for many years resided there. At the time when it was built and for years after it was one of the most stately residences in the city. By the march of improvement it has now become necessary that the old building should be removed to make room for a more pretentious and imposing structure and one better suited to the growing importance of that section of the city, which it is the intention of the present owner of the property, Mr. W. S. Ladd, to have erected at once. The plat in front of the house has already been denuded of its coating of verdant turf and soon the numerous fruit trees, which for so many years have alternately showered down blossoms and fruit, will follow, and another old landmark will be gone.

The Queen on a Tricycle.

London Truth.

Tricycling has become the fashionable pursuit of the young men in society, and as the ladies never fail to follow in the wake of fashion when set by their admirers, the tricycle has been adopted by them with the greatest eagerness. At first it was considered rather fast, and looked upon with shyness, but since the newspaper account of the ride taken by her Majesty and the Princess Beatrice, each royal lady mounted on her iron horse and careering gayly on the high road and through the green lanes round Osborne, all scruple has vanished. It is urged that no danger can exist, as the Queen, who is a heavy, fat old lady, was enabled to sit her steed with as much ease and confidence as when in former days she used to prance so proudly on her high mettled horse before the troops at review. And so professors of the bicycle and tricycle abound in London, and the racing and chasing along the suburban roads at twilight and the laughing and chatting as the iron coursers shoot by, give quite a new aspect to the solitary walks round London.

—Why suffer such unspeakable tortures? Rheumatism has been conquered. Kendalls Spavin Cure is the victor. Read the advertisement.

—Fresh candies made daily at the Astoria Candy Factory—next door to Stevens & Sons book store—opposite the bell tower.

The Bards Farewell to His Home.

FOR THE ASTORIAN.

Fare thee well verdant spot, fair mead of the toil;
Of lonely years spent in reclaiming thy soil
From deep tangled brush-wood and gnarly-limbed trees,
And foul stagnant waters that cumbered thy leas.
Excuse the blank look, while the whispered good bye
Sweeps the cords of the heart, and sounds like a sigh:
And clouded, perchance, by the shade of regret,
Deem not that I grieve for the labor and sweat
That filled thy breast for the mantle of green
That waves with the breeze in the suns mellow sheen.
For each toilsome day brought with night sweet repose,
And the moral sequence vouchsafe unto those
Whose honest endeavors are foiled in the fight,
And Hope, like a Lever, took part of the weight.
While I bend my dim gaze o'er wood-land and dell,
Each familiar spot has its own tale to tell:
Perchance of a pleasure, that leaves but a smart,
Or hardships o'er come, that cold comforts impart;
But the glamour of home, that enveloped the place
With ideal charms, are dissolving apace;
And hopes flickering glim sheds a ray on the gloom,
And whispers, "Content is the chief charm of home."

—John Thomas.

Sea-Side, June 22, 1881.

AMUSEMENTS.

HILL'S VARIETIES.

Geo. Hill, proprietor and manager, Fred Gere, stage manager, A. Ostrander, leader of orchestra, Geo. Lambert, leader of brass band. Nickerson once more to the front, and will manipulate the bones. Mr. Jno. Cook will officiate with the tamborine and Gere will interlog; Miss Lou Cook in new songs and dances. James Morice a vocal gem, seven people on the first part, a splendid orchestra, and the best brass band in Oregon, and don't you forget it. Come one come all and be convinced that Astoria can and does support the best variety company outside of Frisco. New orchestral selections by our efficient orchestra, and new music by our excellent brass band on the grand stand at precisely 7 P. M. Curtain rises at exactly 8 P. M. Entrance on Benton street; entrance to private boxes, on Chenamus street.

A cough, cold or sore throat should be stopped. Neglect frequently results in an incurable lung disease or consumption. Brown's Bronchial troches do not disorder the stomach like cough syrups and balsams, but act directly on the inflamed parts, allaying irritation, give relief in asthma, bronchitis, coughs, catarrh, and the throat troubles which singers and public speakers are subject to. For thirty years Brown's bronchial troches have been recommended by physicians, and always give perfect satisfaction. Having been tested by wide and constant use for nearly an entire generation, they have attained well-merited rank among the few staple remedies of the age. Sold at 25 cents a box everywhere.

—Impure blood causes poor circulation, then disorders, such as liver and kidney complaint, dyspepsia, constipation, piles, skin disorders, etc., which are curable by King of the Blood. See advertisement.

The Peruvian syrup has cured thousands who were suffering from dyspepsia, debility, liver complaint, boils, humors, female complaints, etc. Pamphlets free to any address. Seth W. Fowle & Sons, Boston.

—S. Glaser & Co., successors to F. Sherman & Co., having bought the meat and vegetable market of F. Sherman & Co., would respectfully ask a continuance of the patronage bestowed on the former proprietors.

—Charles Stevens & Son are in receipt of a fine stock of mouldings, and are now prepared to make picture frames to order. Call and inspect their stock.

—Max. Wagner's San Francisco National brewery beer can't be beat.

For Port Townsend, Victoria, Nanaimo, Fort Wrangle and Sitka.

Carrying U. S. Mails.

THE STEAMSHIP CALIFORNIA,

JAMES CARROLL.....Commander

Will leave Portland for the above ports from Flander's Dock

No freight for Alaska taken after 12 o'clock the day previous to departure.

For Freight or Passage apply to ED. C. HUGHES, Parsec.

TUTT'S PILLS

INDORSED BY PHYSICIANS, CLERGYMEN, AND THE AFFLICTED EVERYWHERE.

THE GREATEST MEDICAL TRIUMPH OF THE AGE.

SYMPTOMS OF A TORPID LIVER.

Loss of appetite, Nausea, bowels costive, Pain in the Head, with a dull sensation in the back part, Pain under the shoulder-blade, fullness after eating, with a disinclination to exertion of body or mind, Irritability of temper, Low spirits, Loss of memory, with a feeling of having neglected some duty, weariness, Dizziness, Fluttering of the Heart, Dots before the eyes, Yellow Skin, Headache, Restlessness at night, highly colored Urine.

IF THESE WARNINGS ARE UNHEEDED, SERIOUS DISEASES WILL SOON BE DEVELOPED.

TUTT'S PILLS are especially adapted to such cases, one dose effects such a change of feeling as to astonish the sufferer.

They Increase the Appetite, and cause the body to Take on Flesh, thus the system is nourished, and by their Tonic Action on the Digestive Organs, Regular Stools are produced. Price 25 cents. 35 Murray St., N. Y.

TUTT'S HAIR DYE.

GRAY HAIR OR WHISKERS changed to a GLOSSY BLACK by a single application of this DYE. It imparts a natural color, acts Instantaneously. Sold by Druggists, or sent by express on receipt of $1.

Office, 35 Murray St., New York.

Dr. TUTT'S MANUAL of Valuable Information and Useful Receipts will be mailed FREE on application.

A Fair Proposition.

From this date the Astoria photograph gallery will conduct business on the following plan. We will take negatives of any lady and everybody that will favor us with a call, we will print a proof of the same free of charge, no one being under any obligation to order from such negatives unless they desire to do so.

We will take the Astoria engine companies and all lodges and societies, any time they will assemble for the purpose, and present each lodge or society with one picture of such group, either taken all together or in separate pictures and grouped afterwards.

We will take views of residences and buildings, hotels, canneries, mills, etc., on the same terms, viz: We will take the negatives free of charge.

We do this in order that our work shall stand on its merits, as we are prepared to do good work. No one need wait until they go to San Francisco.

FOLLOWING ARE OUR PRICES:

	Per doz.	½ doz.
¾ or full length boudoirs...	$6 00	$4 50
" " cabinets...	4 00	2 50
" " cards.....	2 50	1 50
Bust pictures and boudoirs.	7 00	5 00
Vignettes cabinets.....	5 00	3 00
" cards.....	3 00	2 00

THOS. G. BROOKS & Co.

Peruvian Bitters.

Cinchona Rubra.

The Count Cinchon was the Spanish Viceroy in Peru in 1630. The Countess, his wife, was prostrated by an intermittent fever, from which she was freed by the use of the native remedy, the Peruvian bark, or, as it was called in the language of the country, "Quinquina." Grateful for her recovery, on her return to Europe in 1632, she introduced the remedy in Spain, where it was known under various names, until Linnæus called it Cinchona, in honor of the lady who had brought them that which was more precious than the gold of the Incas. To this day, after a lapse of two hundred and fifty years, science has given us nothing to take its place. It effectually cures a morbid appetite for stimulants, by restoring the natural tone of the stomach. It attacks excessive love of liquor as it does a fever, and destroys both alike. The powerful tonic virtue of the Cinchona is preserved in the Peruvian Bitters, which are as effective against malarial fever to-day as they were in the days of the old Spanish Viceroys. We guarantee the ingredients of these bitters to be absolutely pure, and of the best known quality. A trial will satisfy you that this is the best bitter in the world. "The proof of the pudding is in the eating," and we willingly abide this test. For sale by all druggists, grocers and liquor dealers. Order it.

····Get your legal blanks at THE ASTORIAN office. A full line of over two hundred styles.

MISCELLANEOUS.

G. W. HUME

Wholesale and Retail Dealer

—IN—

GROCERIES, PROVISIONS, LUMBER.

ETC., ETC., ETC.,

TIN PLATE

BLOCK TIN, PIG LEAD,

SEAMING COPPERS,

SOLDERING COPPERS

SALMON TWINE,

COTTON TWINE,

NET LINES,

MANILLA ROPE,

SAIL CLOTH,

ANCHORS,

FLOATS, MAULS, HANDLES,

OARS, OARS.

MURIATIC ACID,

LACQUER, VARNISH,

TURPENTINE, BENZINE,

COAL OIL

GUM BOOTS, RICE, ETC., ETC., IN QUANTITIES TO SUIT.

ASTORIA, - - OREGON.

MRS. H. A. DERBY,

MASONIC HALL, - ASTORIA, OREGON.

Will open her new stock

On Thursday, May 5th, 1881.

Consisting of

A FINE ASSORTMENT OF

The Josephine Seamless Kid Gloves

Warranted to be the best in the market.

Also, a large assortment of

Infants Wear and Ladies Dressing Saques.

A large variety of

NEW MILLINERY GOODS

Purchased by herself

Hats, Bonnets, Velvets,

Satins, Ribbons, Ruchings,

Collars, Etc., Etc.,

MAIN STREET, - ASTORIA, OREGON.

MISCELLANEOUS.

A. V. ALLEN. C. H. PAGE.

Page & Allen

(SUCCESSORS TO E. S. LAERSEN.)

Wholesale and retail dealers in

Groceries,

Provisions,

Crockery.

Glass and Plated Ware,

TROPICAL AND DOMESTIC

FRUITS AND VEGETABLES.

Together with

Wines, Liquors, Tobacco and Cigars

The largest and most complete stock of goods in their line to be found in the city.

Corner of Cass and Squemoeqhe Streets,

ASTORIA, OREGON.

Barbour's

IRISH FLAX THREADS

Salmon Net Twine.

Cotton Seine Twine,

Cork and Lead Lines,

Cotton Netting, all sizes.

Seines Made to Order,

Flax and Cotton Twine,

Fishing Tackle, etc.

BARBOUR BROTHERS,

511 Market Street, San Francisco

HENRY DOYLE & Co., Managers.

PERUVIAN BITTERS.

CHINCHONA RUBRA, AND CALIFORNIA GRAPE BRANDY.

THE GREATEST

MEDICAL DISCOVERY

OF THE AGE.

See our local columns for particulars, and as you

VALUE HEALTH,

READ!

Chas. Stevens & Son

CITY BOOK STORE.

BROWN'S BUILDING

opposite the

BELL TOWER,

In room lately occupied by Schmeer's Confectionery,

Largest and Best Assortment

Of novelties in the stationary line usually found in a first-class book store, consisting of

BOOKS, FINE STATIONERY, GOLD PEN GOODS, ALBUMS, CHROMOS, FRAMES, STEREOSCOPES, DIARIES.

All of which will be sold at prices which

DEFY COMPETITION.

P. S. The latest Eastern and California periodicals constantly on hand.

CHAS. STEVENS & SON.

W. E. DEMENT.

ASTORIA, OREGON.

DRUGS AND CHEMICALS,

Toilet and Fancy Articles,

PATENT MEDICINES, ETC.

Prescriptions carefully compounded at all hours.

Homeopathic Tinctures and Pellets, and Humphrey's Specifics also kept.

SHIPPING TAGS

THE BEST QUALITY, WILL BE SOLD by the hundred, or by the box, printed or plain, to suit customers, at THE ASTORIAN office.

BUSINESS CARDS.

JAY TUTTLE, M. D.

PHYSICIAN AND SURGEON,

OFFICE—Over the White House Store.

RESIDENCE—Next door to Mrs. Munson's boarding house, Chenamus street, Astoria Oregon.

DR. M. D. JENNINGS,

PHYSICIAN AND SURGEON.

Graduate University of Virginia, 1868 Physician to Bay View hospital, Baltimore City, 1869-'70.

OFFICE—In Page & Allen's building, up stairs, Astoria.

F. CRANG, M. D.,

PHYSICIAN AND SURGEON,

Room No. 3, Astorian Building.

RESIDENCE—Corner of Benton and Court streets, Astoria, Oregon.

F. P. HICKS,

DENTIST,

ASTORIA, - - - - OREGON.

Rooms in Allen's building up stairs, corne of Cass and Squemoeqhe streets.

J. Q. A. BOWLBY.

ATTORNEY AT LAW.

Chenamus Street, - ASTORIA, OREGON

C. W. FULTON,

ATTORNEY AT LAW,

ASTORIA - - - OREGON

Office over Page & Allen's store, Cass street

E. C. HOLDEN,

NOTARY PUBLIC,

AUCTIONEER, COMMISSION AND INSURANCE AGENT.

D. A. McINTOSH,

MERCHANT TAILOR,

Occident Hotel Building,

ASTORIA - - - OREGON

C. H. BAIN & CO.,

DEALER IN

Doors, Windows, Blinds, Transoms, Lumber, Etc.

All kinds of Oak Lumber, Glass, Boat Material, etc.

Steam Mill near Weston hotel, Cor. Genevive and Astor streets.

UHLENHART & SCHOENE.

Occident Hotel Hair Dressing Saloon

ASTORIA - OREGON.

Hot, Cold, Shower, Steam and Sulphur

BATHS.

Special attention given to ladies' and children's hair cutting.

Private Entrance for Ladies.

WILLIAM FRY.

PRACTICAL

BOOT AND SHOE MAKER.

CHENAMUS STREET, opposite Adler's Book store, - ASTORIA, OREGON.

Perfect fits guaranteed. All work warranted. Give me a trial. All orders promptly filled.

W. L. M'CABE, Astoria. J. A. BROWN Portland.

BROWN & McCABE,

STEVEDORES AND RIGGERS.

Astoria office—At E. C. Holden's Auction store. Portland office—24 B street. 13-tf

E. A. QUINN.

dealer in

FAMILY GROCERIES,

NAILS, MILL FEED AND HAY

Cash paid for country produce. Small profits on cash sales. Astoria, Oregon, corner of Main and Squemoeqhe streets.

I. W. CASE,

IMPORTER AND WHOLESALE AND RETAIL DEALER IN

GENERAL MERCHANDISE

Corner Chenamus and Cass streets.

ASTORIA - - - OREGON

Song of the Albany Beer!

Respectfully Dedicated to and Sold by

CHAS. GRATTKE, - - - - ASTORIA.

Good evening kind friends, just listen to me,
And when you have heard me, I'm sure you'll agree,
I will give you a story, and sing it out clear
And the name of my song is the ALBANY BEER.
You can find it all round in this city of gold,
And the way that they make it has never been told.
That's a secret they keep and hold very dear,
For the whole country is drinking that ALBANY BEER.

The brewery is large and the machinery is fine,
And every order is sent to you right up to time.
They get all kinds of orders from far and from near,
And every one's healthy that drinks ALBANY BEER.
For every thing there looks so clean and so neat,
And their beer is so sparkling, it cannot be beat.
If you are feeling bad or the blues do appear,
You can drive them away by drinking ALBANY BEER.

I have an old father, who's now eighty-three,
And this is the advice he gave unto me.
He spoke to me kindly with a voice bright and clear:
"If you want to be healthy, drink ALBANY BEER."
Since then I have done so, and I'm hearty and sound,
At the round age of fifty I can always be found
At my daily labor before the sun does appear
And each day and night I drink ALBANY BEER.
Also, on draught, THE CELEBRATED BOCK BEER.

C. GRATTKE, - - WELCOME SALOON, Roadway, opposite O. R. & N. Co's Dock.

To-Night. *To-Night.*

GRAND BALL.

AT MUSIC HALL,

THIS EVENING.

A General Reduction

OF TWENTY-FIVE PER CENT. ON ALL

Clothing and Furnishing Goods.

AT N. LOEB'S.